Procedures for Signing Up for Summer Camps

Prior to any student participating in the Ayala High School Summer Camps, the following things must be completed:

- Complete the online athletic clearance registration at http://ca.8to18.com/Ayala/
- Have a Pre-Season Athletic Health Screening (Athletic Physical)
- Have personal health insurance or purchase secondary health insurance (Myers-Stevens available through the school) in the Athletic Trainers Office
- Complete a summer camp registration form.
- Make your payment-1 of 4 ways- to Ayala High School
 - 1. Mail to AHS (postmark by 6/15/15)
 - 2. In Person, drop off @ Ayala High School
 - 3. Bulldog Web Store-see registration form for IP address
 - 4. Credit Card-see registration form for information
- Turn in all required paperwork to the appropriate office

Multi-camp discounts are available for Swim & water polo only.

Participation in the summer program does not guarantee equal playing time in tournaments or summer league competition.

Prorated prices for partial camp attendance are not available.

There are no make-up sessions or refunds for missed days due to space & time limitations.

No refunds after classes begin. Prior to the first meeting students may request a refund in writing. An administrative fee of \$10.00 will be charged for all refunds. No cash refunds will be issued. Refunds by check will not be processed until late August.

All camp dates/locations are subject to change if deemed necessary by the Coach.

AYALA HIGH SCHOOL BULLDOGS



SUMMER SPORTS CAMPS 2015

9th, 10th, 11th & 12th grade only

PENDING TRANSFERS TO AHS ARE NOT ELIGIBLE TO PARTICIPATE

Summer Camps are used as a priority to enrolling student/athletes into 6^{th} period athletic PE during the school year.

www.ayalasports.com



Boys Basketball Summer Camp

Camp is designed to improve skills for those wanting to participate at the High School level.

Camp Director: Varsity-John Mounce & Staff

Dates: 6/15 thru 07/24 Times: 6:00-10:00pm

Location: AHS
Cost: \$160.00
Camp Director: JV-AHS Staff
Dates: 6/16 thru 07/26
Times: 6:00-10:00pm

Location: AHS Cost: \$160.00

Incoming Freshman—1 week skills camp

Camp Director: Frosh-John Mounce & Staff

Dates: 6/15-6/19 Times: 6:00-8:00pm

Location: AHS Cost: \$60.00

By Invitation Only (freshman)

Invitation will be offered following the skills camp.

Date: 6/23 thru 7/26 Times: 6:00-8:00pm

Cost: \$130 (includes jersey)

All times subject to change for all levels

Tournament games are at various times & locations for all levels



Girls Basketball Summer Camp

Camp is designed to provide the best possible instruction to help develop each individual. Emphasis will be placed upon improving ability & technique. Each camper will receive

specific instruction on how to play the game & how to

improve themselves on & off the court. No experience

necessary. League & tournament games will be at different times & locations.

Camp Director: Amy Campbell & Staff

Dates: 6/15 thru 7/24 Monday thru Friday
Varsity: 9:00AM-1:00PM All returning Varsity
JV: 11:00am-1:00PM All others

Cost: \$150.00

(Includes t-shirt, coaching stipends & league fees)





Girls Soccer Summer Camp

Girls will compete in summer league games to identify & develop various skills/strategies specific to the sport of soccer.

Camp Director: Matt Hodges-AHS Head Coach

INCOMING FRESHMAN August 3-6 8:00-10:00am **RETURNING PLAYERS** August 10-13 8:00-10:00am

Location AHS Stadium

Times 8:00am-10:00am (both camps)

Cost: \$85.00

(Includes t-shirt, league fees & stipends)



Boys Soccer-Incoming Freshman Summer Camp

Participants will have an opportunity to meet the Ayala Coaches & their fellow classmates while training & working to improve their soccer skills.

Camp Director: Manny Plascencia

Dates: August 3-6
Time: 8:00-10:00am
Where: AHS Stadium
Cost: \$75.00

Boys Soccer-Returning Players Summer Camp

Participants will train with the coaching staff and work to improve skills.

Camp Director: Manny Plascencia
Dates: August 17-20
Times: 8:00-10:00am
Where: AHS Stadium
Cost: \$75.00



Boys & Girls Swim Camp

Athletes will prepare for High School competition. Emphasis will be placed on strokes, starts, and turns. This is **NOT** swimming lessons. Designed for those interested in competitive swimming.

Camp Director: Bob Mount

Dates: 6/15 thru 7/23 Monday thru Thursday

Times: 8:00-9:30am

Location: AHS Swimming Pool

Cost: \$130.00 (Includes Coaching Stipends)

\$15.00 discount if enrolling in boys/girls beginners water polo camp @ same time

Boys Beginners Water Polo Summer Camp

This camp will teach water polo skills and fundamentals to students who plan to participate in high school water polo. We will compete in at least one tournament with league night games. Athletes will need to have a Speedo & goggles. No experience necessary.

Camp Director: Paul Marceau & Staff Dates: June 15 thru July 24

5-8:00pm Mon.-Thurs. 7-11:00am Friday

Location: AHS pool deck

Cost: \$160.00 (Includes entry fees, t-shirt & coaching stipend)

\$15.00 discount if enrolling in swim camp at same time

Who: Anyone who has never played water polo

Advanced Boys Water Polo Summer Camp

Camp will focus on water polo skills and fundamentals for future Varsity athletes participating at the high school level. Includes weekend tournaments and night league games.

Camp Director: Paul Marceau & Staff Dates: June 15 thru July 24

Days: 6-9:00am Mon.-Thurs. 7-11:00am Friday

Location: AHS pool deck

Cost: \$160.00 (Includes entry fees, t-shirt, & Coaching Stipends)

Who: All experienced Water Polo athletes



Incoming Frosh Boys Baseball

This camp is for incoming Freshman and anyone not currently in the Baseball who are interested in playing next year. Campers will get instruction and experience what high school practices are like.

Camp Director: Chris Vogt & Staff

Dates: June 15-25 Monday-Thursday Times: 9:00-11:00am AHS Varsity Field

Who: Incoming 9th graders & those new to the program

Cost: \$185.00

(Includes coaching stipend)

10th, 11th & 12th grade Returning Players

This camp is for current Ayala baseball players only. Players will be evaluated during the 10-12 league games. Participation is necessary to be considered for inclusion in the Fall 6th period Athletic PE class.

Camp Director: Chris Vogt & Staff

Dates: June 17-July 17 Monday-Thursday

Times: TBA on the AHS Varsity Baseball Field

Cost: \$135.00

(Includes Coaching Stipend & League fees)



Softball Summer Camp

Incoming freshman, any new players & all returning players
This 3 day camp will focus on fundamental skills and techniques involving
throwing/batting/fielding & running. Coach will be teaching & evaluating
all girls interested in playing at Ayala High School in the coming school
year.

Camp Director: Coach Ameluxen

Dates June 11,12 & 15 (Thursday/Friday/Monday)

Times: 8:30am-11:30am Location: AHS softball fields

Cost: \$50.00 (Includes Coaching stipends)

Must bring your own shoes, bat, helmet & glove



Volleyball Summer Camp

To instruct players in passing, serving, attacking and setting in a competitive team environment.

<u>Incoming Freshman</u> (1week skills camp)

Camp Director: Bernie Wendling & Staff
Dates: June 22 thru June 26
Days: Monday - Friday
Times: 4:00 to 6:00pm

Cost: \$50.00 (includes coaching stipends)

BY INVITATION ONLY (freshman)

Invitation will be extended after skills camp completed

 Dates:
 06/29 thru 07/24

 Days:
 Mon-Wed-Fri

 Times:
 4:00-6:00pm

Cost: \$60.00 (includes t-shirt, tournament fee & coaching stipend)

Varsity/JV

Camp Director: Bernie Wendling & Staff

Dates: June 15 thru July 24 (Mon-Fri)

Times: V/JV-7:00-9:00am (league in the evening)

Cost: \$110.00

(Includes t-shirt, league fees & Coaching Stipends)







Track & Field Summer Camp 9-12th grade

Workouts to improve speed, ability & strength along with running and jumping techniques.

Camp Director: Jeff Allen & Sheena Draucker

Dates: 7/28-8/21

Initial meeting @ 8:00am on 7/27 in AHS Stadium

Times: 8:00-10:00am Monday thru Wednesday

Cost: \$75.00



Cross Country-Boys & Girls Summer Camp

In preparation for the Fall Season, come be a part of Ayala's Championship Program-one of the top in the State! Anyone can run at our summer program, a mixture of running, high intensity workouts, drills, races and activities. Fall Season Teams and 6th Period Athletics by invitation only

For grades 9, 10, 11 & 12.

Camp Director: Tony DiMarco & Staff

Dates: 6/15-7/4 Weight Training 7:00-8:00am (room H131)

Running on your own

7/6-8/21 7:00-9:00am Monday - Friday

Location: AHS Track

Dates & Times subject to change

Cost: \$100.00 (Includes t-shirt & Coaching Stipends)



Boys & Girls Golf 9th thru 12th grade

The AHS Golf program hosts the camp for all high school level golfers. You will gain instruction, rules, seminars, on course situation, range & practice area time, and play.

Camp Director: Ron Capps

Start: June 17 thru July 17 Every Wed. & Thursday

Time: 3:00pm-6:30pm

Cost: \$200.00

(Includes green fees, prizes & coaching stipend)

Where: Los Serranos Country Club



Girls & Boys Tennis Camp Grades 9-12

Summer camp is designed to improve skills, offer match play, singles and doubles drills for those wanting to compete at the High School level.

Camp Director: Paulette Ojinaga/Jackie Trendt-Saiid/Joed Lara

Dates: June 22-July 29
Time: 7:00-10:00am
Location: AHS Tennis Courts

Cost: \$50.00 (includes tennis balls & coaching stipends)
must bring your own racquet, court shoes, visor & water bottle





Freshman Wrestling Camp

In preparation for the wrestling season. Comprehensive skills & techniques will be shown. Drills, live wrestling & weight training will be incorporated into work-outs. Strategies and theory of competitive wrestling will be shown to prepare wrestlers for the next year's wrestling season. Camp is designed to prepare wrestlers to win AHS 15th Sierra League championship.

Camp Director: Coaches Martin, Brunier, Northrop, Orewyler Dates: June 16-July 23 Tuesday thru Thursday

Times: 5:45pm to 7:00pm Location: AHS Wrestling Room

Cost: \$75.00 (includes coaching stipend & t-shirt)

Wrestling Camp 10-11-12th grades

The focus of Wrestling Camp will be to teach advanced techniques and theory of high school wrestling.

Camp Director: Coaches Martin, Brunier, Northrop, Orewyler Dates: June 16-July 23 Tuesday thru Thursday

Times: 6:30-8:30pm

Location: AHS Wrestling Room

Cost: \$100.00 (includes coaching stipend & t-shirt)
For an insight into Ayala's Wrestling program: http://vimeo.com/21096405

To see highlights of Ayala's Wrestling team: http://youtu.be/uvNH4dh7b1M

www.ayalasports.com

Reminder to all Parents

Ayala High School will offer a **one** time athletic physical on campus for \$20.00. This will cover your student from June 2015 through May 2016.

• Complete the online athletic clearance registration at http://ca.8to18.com/Ayala/

Please call Teresa Cazett at 627-3584 ext. 2631 to make an appointment.

Girls May 26th 3:00-6:00pm Boys May 28th 3:00-6:00pm



Ayala High supports Student/Athletes Work hard at keeping your grades up!



GIRLS WATER POLO SUMMER CAMP

VARSITY-This camp is designed to improve team tactics and fundamentals. Develop muscle strength, endurance and conditioning.

Coach: Lindsay Rangel Dates: June 15 -July 24

Times: Mon-Wed-Fri 6-8am Tuesday=Games

Tuesday/Thursday 7:00-9:00am Wrestling Room Mon-Thursday 1:30-2:30pm Weight Lifting

Where: AHS Pool Deck

Cost: \$170.00 (Includes coaching stipend & tournament) **JV, INCOMING FROSH & NEW PLAYERS:** Designed to learn &

improve fundamentals of water polo as well as develop strength & conditioning.

Dates: June 15-July 24

Times: Tues, Wed, Thursday 6:30-8:30pm

Tuesday/Thursday 7:00-9:00am Wrestling Room

Mon-Thursday 1:30-2:30pm Weight Lifting

Where: AHS Pool Deck

Cost: \$170.00 (includes coaching stipend & tournaments)

\$15.00 discount if enrolling in Swim camp @ same time

To receive daily text updates: Text "follow LadybulldogsAHS" to 40404



AHS Football Summer Camp

Introduction to Ayala Football, with emphasis on conditioning, skills & weight training; camp will provide basics in terminology & techniques.

A MUST for those interested in Ayala Football!



INCOMING FRESHMEN (9th grade)

Camp Director: Rick Ammentorp & Staff

Dates: June 15 thru July 18

Monday thru Thursday

Times: 7:00am-9:30am

Location: Back fields & Weight room

Cost: \$165.00

Includes Coaching Stipends & league fees
also includes various weekend activities

For additional information please see "The Freshman Huddle" tab on our website at www.ayalafootball.com

VARSITY/JUNIOR VARSITY

Camp Director: Randy Reams & Staff

Dates: June 15-July 18

Monday thru Thursday

Times; 5:30am-9:30am

Location: AHS Stadium & Weight room

Cost: \$165.00

Includes entry fees & Coaching Stipends

also includes various weekend activities

Ayala High School Summer Camp Registration Form

NAME						
	(PLEASE PRINT CLEARLY)					
PHONE	E					
CIRCLI	E GRADE (15/16 sch	ool year)	9	10	11	12
CAMP Name (ie: Incoming Freshman Boys BKB Skills Camp)					mp)	(Camp Fee)
CAMP Name (ie: Varsity/JV Football Camp)						(Camp Fee)
			4 Ways	to Pay		(Total)
1. 2. 3.	High School Athletic Department, 14255 Peyton Dr., Chino Hills 91709. If you want a receipt you must include a self addressed stamped envelope. Send payment & registration form with your student in person to the Athletic Office. Register and pay on line at the Bulldog Web Store @ http://www.ayalabulldogwebstore.com					
3. 「	Credit Card:		ation only av	vailable until June	15, 2015	

Registration fee **includes** \$10.00 per student for Certified Athletic Trainer stipend.

Exiration Date:

Prior to being cleared for summer camp you must complete your athletic online registration (including sports physical) and turn it in to Teresa in the trainer's office. **USB card not required for summer camps**. On campus physicals will be offered on 05/26 (female) & 05/28 (male) between 3:00 & 6:00pm. You must call Athletic Trainer, Teresa Cazett for your appointment (909-627-3584 ext. 2631).

Billing Address Zip Code: _____ Security Code (3 digit or 4 digit for A/E): _

Credit Card #:

*Participation in a summer camp does not guarantee equal playing time or a spot on the team during the regular season of sport.

*Participation in a summer camp is not required to try out during the regular season of sport.