

Free Seminar

Wednesday, March 6, 2013
5:30–9:15pm



4TH YOUTH SPORTS INJURY PREVENTION CONFERENCE

Conference is **FREE** but
preregistration is necessary.
Register at
AAMCevents.org or
call **443-481-5555**.

If you are a coach or a trainer of youngsters between the ages of 9 and 19, you don't want to miss the fourth annual Injury Prevention Conference sponsored by Anne Arundel Medical Center.

This program was specially created to promote the awareness and prevention of how sports injuries can sideline children and cause them problems as they get older.

- › Hear from AAMC specialists on a variety of topics, including tips to prevent injuries, understanding concussions and the value of good nutrition.
- › See real surgical pictures of common athletic injuries, and learn proven routines you can incorporate into training sessions that will help reduce the risk of injury.
- › A healthy dinner will be served.
- › Certificates of attendance will be provided to participants who require them.

The Anne Arundel Medical Center is accredited by MedChi, The Maryland State Medical Society to provide continuing medical education for physicians. The Anne Arundel Medical Center designates this live educational activity for a maximum of (3) AMA PRA Category 1 Credit™. Physician should claim only those hours of credit commensurate with the extent of their participation in the activity.

Attend this
FREE seminar
Wednesday, March 6, 2013

- › Registration & Dinner
5:30–6pm
- › Program
6–9:15pm

AAMC Health Sciences Pavilion
7th floor, Doordan Institute
2000 Medical Parkway
Annapolis, Md. 21401

