

# CLEAR BROOK HIGH SCHOOL

### **Baseball Mission Statement**

### Develop student-athletes who are committed to achieving excellence in the classroom, on the field, and in the community.

#### Program Goals

- 1. Field a successful team at all three levels:
  - a. In the classroom
  - b. On the field
  - C. In the community
- 2. Provide each player with the opportunity to learn, develop, and improve baseball skills on a daily basis.
- **3.** Provide each player with an atmosphere that encourages mental, social, and emotional maturity.
- 4. Play the last game in class 6A Baseball in Austin, Texas.
- 5. Open doors for college advancement.

#### Famous Baseball Quotes

"You teach me baseball and I'll teach you relativity...No we must not. You will learn about relativity faster than I learn baseball." -Albert Einstein

"Every day is a new opportunity. You can build on yesterday's success or put its failures behind and start over again. That's the way life is, with a new game every day, and that's the way baseball is." - Bob Feller

"If you're not practicing, somebody else is, somewhere, and he'll be ready to take your job." - Brooks Robinson

"Baseball is ninety percent mental. The other half is physical." - Yogi Berra

*"Baseball is the only place in life where a sacrifice is really appreciated."* - Author Unknown

"Hitting is timing. Pitching is upsetting timing." - Warren Spahn



#### **Baseball Team Policies**

- 1. Your first responsibility at Clear Brook High School is to work towards your education and attend class. Baseball is secondary to your schoolwork. Your baseball responsibility begins in the classroom.
- 2. If you are encountering difficulty in any of your classes, you will be encouraged to request additional help from your teachers. It is your responsibility to attend tutorials to make up assignments and receive extra help. Remember *"No Pass No Play".*
- 3. When involved in any athletic endeavor, you must remember that you represent Clear Brook High School and must follow the District Student Code of Conduct. Respect the coaching staff, your classroom teachers and your parents.
- 4. No Profanity or vulgarities. The use of profanity will be dealt with on an individual basis by the coaching staff. Repeated infractions may include parental involvement.
- 5. Social Media accounts will be closely followed and mandated. No bashing, degrading, or verbally abusing others. This includes your team and the school. You will still represent the CBHS Baseball Program in a respectful manner.
- 6. Our locker room is our home. It is the responsibility of ALL players to keep it clean. You will be expected to keep the locker room in first class condition. NO SPIKES will be worn in any part of the locker room. All shoes will be cleaned prior to entering the weight room area.
- 7. It is against district policy to use tobacco products on school premises. Therefore, the use of tobacco will be in violation of district policy and penalties will be enforced.
- 8. Under age drinking is detrimental to the team image, pride and objectives of the baseball program. The State of Texas drinking age is 21. Policies set by the district will be strictly enforced. Alcohol or illegal drugs will **NOT** be tolerated on or off the team.
- 9. Uniformity of appearance is important in any team sport. Each of us will wear the same color and style of cap, in the manner the cap was designed to be worn. Uniforms will be tucked in, belts worn and all laces tied.
- 10. Every player will be expected to wear their hair in a manner that looks neat. Ponytails and facial hair are not allowed. Penalty will be missed participation until requirements are met.
- 11. The proper uniform for practice will be practice pants, baseball T-shirt, practice sleeves if it is cold or windy, jackets or sweatshirts brought to the practice field, spikes, and CBHS school cap. Take pride in this. You must expect to dress for every practice unless informed otherwise by a coach.
- 12. Hustling is an important part of the game. Running on and off the field at the end or start of innings is expected. Walking to your position not only makes you look bad, but it affects the appearance of the entire team and will not be tolerated.



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- 13. Accept coaching in a positive, constructive manner. The coaching staff will do everything possible to better the student as both a baseball player and a person. Coaching is never a personal attack.
- 14. Do NOT dispute an umpire's call, no matter how much it seems he is in error. We assume he is trying his best, just as we assume you are trying your best. The coaches WILL represent you and the team in any dispute with the umpires.
- 15. <u>Absolutely no contact with parents or any fan on game or pre-game time</u>. No alternate transportation to or from games (coaches reserve the right to decide)
- 16. Do not throw bats, gloves, or helmets. The penalty for throwing equipment may involve immediate removal from the game and possible purchase of damaged equipment.
- 17. No loud, violent, or physical display of stress or frustration will be tolerated. **Do not prolong a negative scene.**
- 18. Always encourage your teammates on and off the field.
- 19. Verbally abusing opponents will not be tolerated. "Beat'em" with your stick/glove/arm.
- 20. Respond to coaches with "Yes, Sir/No, Sir".
- 21. It is a privilege to take equipment, uniforms, T-shirts, etc that belongs to Clear Brook High School. You will be held accountable for ALL equipment issued. You will be expected to return all issued items at the end of the season. Failure to do so, without meeting financial obligations, will result in your name being put on the not clear list.
- 22. Be on time for practice and games. Habitual tardiness indicates a lack of desire to play. If you are tardy you will perform additional conditioning after practice. Unexcused absence from practice the day before a game may result in the player not being allowed to dress for the next game.
- 23. Do not participate in outside team competition of any kind during our season unless school related.
- 24. Players are expected to get extra work on their own in order to maximize their skills.
- 25. Clear Brook High School is a closed campus. You are not allowed to leave campus at any time during the school day. Leaving campus is an assumption of truancy and will be dealt with according to school policy. Additional discipline will be handled by the coaching staff.

STUDENT SIGNATURE\_\_\_\_\_ PARENTS SIGNATURE\_\_\_\_\_ DATE