

Fossil Ridge High School Baseball Program 2017 Information Packet





Head Baseball Coach: Scott Masi
Assistant Baseball Coach: Brian Jenkins
Assistant Coach: David Garcia
Assistant Coach: Mike Small
Assistant Coach: Mitch Salmela

Fossil Ridge High School Administration

Principal: Will Allen
Assistant Principal: Mark Berry
Assistant Principal: Julie Chapman
Assistant Principal: Brad Nye
Dean of Students: Tara Oswald
Director of Athletics: Brandon Carlucci



Fossil Ridge High School Baseball Coaching Philosophy:

Our goal is to treat all players and coaches equally. There are no superstars on the team, who are above anybody else. We have set team guidelines, and the entire program must abide by these rules and regulations. We want to give our players every opportunity to experience success both on and off the field. We also want to make every effort possible to provide our players the most enjoyable experience, which will continue to teach life lessons in their future.

We expect our players to be good students. We expect them to conduct themselves in a mature manner in school, in the community and on the playing field. Players, who do not, will not be part of the Fossil Ridge Baseball Program. Fossil Ridge Baseball Players and Coaches represent our school, our program, their families and themselves. Professionalism is required from our players, coaches, parents and administration in order to demonstrate that the Fossil Ridge High School Baseball Program is a first-class organization. With this effort of all those involved, we believe we can achieve our goals.

The goal is to build, establish and maintain a tradition of excellence.

Thank you for your cooperation and continued support.

Scott Masi

Head Baseball Coach



BASEBALL RULES AND REGULATIONS

Fossil Ridge High School

1. COACHES' EXPECTATIONS:

- **Be On time.**
 - Tardiness will not be tolerated.
- **Be Positive**
 - Toward coaches, other players and most importantly yourself.
- **Be a man.**
 - Accept responsibility for yourself and your actions.
- **Accept criticism.**
 - Coaches are here to help make you a better ballplayer.

2. PLAY TIME IS IN NO WAY GURANTEED.

3. COME TO PRACTICE PREPARED WITH PROPER ATTIRE AND EQUIPMENT.

- **Practice Uniform:**
 - Consisting of: Fossil Ridge Baseball T-shirt or sleeves, Pants, shorts, pullovers, hoodies and hat.
 - **Only Fossil Ridge baseball apparel should be worn at practice and games**
- Shorts or sweats will be allowed for indoor practices.
- Gloves, Cleats, Bats, ETC
- Baseball hats are to be worn correctly at all times. Do not wear your hats backwards.

4. PRACTICE WILL BEGIN AND END AT THE SCHEDULED TIMES.

- Any player arriving late to practice will run two poles on the baseball field. Players taking part in study sessions, tutoring or make-up tests will be exempt from this policy.
- Players should try and make efforts to complete these issues in their free period or before school.

5. PLAYERS ARE TO ARRIVE TO SCHOOL ON TIME EACH DAY.

- Players that don't attend school will not practice/play that day.
- If you leave school early due to illness you may not participate in games/practice that day.
- Remember you are students first athletes second.



6. PLAYERS ARE TO ADHERE TO ALL PSD ELIGIBILITY GUIDELINES.

7. PLAYERS WILL SPRINT ON AND OFF THE FIELD AFTER EVERY HALF INNING.

8. PLAYERS DRESS CODE ON GAME DAY.

- This is to be decided on by the team.
- Game jerseys are to be tucked in at all times if worn. Game pants are not to be worn during the school day.
- Players should maintain proper haircuts , coaches discretion.
- Inappropriate clothing will no be tolerated in school, on the playing field or at team functions.

9. TRAVEL TO AND FROM BASEBALL GAMES.

- Players are to ride school-sponsored buses ONLY, to and from games. Not in any personal vehicles.
- Players will travel to and from games as a TEAM.
- On a case by case situation, will players be allowed to ride home with their parents ONLY.

10.CRITERIA FOR EARNING A LETTER ON THE VARSITY LEVEL.

- Players must start and finish the season in the Fossil Ridge Baseball Program.
- Players must demonstrate respect at all times to coaches, players, umpires, opposing team, school administrators and other school personnel.
- Players must play in a minimum of 9 varsity games.
- Lettering is up to the discretion of the coaching staff.

11.UMPIRES:

- All communication or conflicts will be handled by the coaching staff.

12.NO PLAYER IS TO EVER:

- Talk back to an umpire
- Gesture to an umpire
- Show them up in anyway.
- Argue a call for any reason.



13. CONSEQUENCES:

- **First Offense:**
 - Immediate removal from the game by the head coach
- **Second Offense:**
 - Conference with head coach and AD.

14. PLAYERS ARE TO ADDRESS THE COACHING STAFF AS:

- Yes, sir
- Yes, coach

15. NO CELL PHONES.

- Cell phones are expected to be turned off as you arrive to practice and may not be turned back on until the coach dismisses the team. This includes texting, unless there is an emergency.
- Cell phones will remain off for the first fifteen minutes after an away game. If this is abused, the coach may collect ALL cell phones and not return them until we arrive home.

16. PLAYERS ARE TO RESPECT ALL EQUIPMENT AT ALL TIMES. THROWING OF BATS, GLOVES, HAT, HELMETS OR ANY OTHER ITEM WILL NOT BE TOLERATED. REMEMBER, BASEBALL IS A GAME OF FAILURE. HOW YOU DEAL WITH THOSE FAILURES IS WHAT SEPARATES TRUE WINNERS FROM SORE LOSERS.

17. THE PLAYERS AND COACHING STAFF WILL USE PROPER LANGUAGE AT ALL TIMES. INAPPROPRIATE LANGUAGE WILL NOT BE TOLERATED AND WILL BE DEALT WITH ACCORDINGLY. THIS ALSO INCLUDES PARENTS. HARASSING UMPIRES HURTS OUR TEAM MORE THAN IT HELPS. PLEASE LET THE ATHLETES PLAY THE GAME – STAY AWAY FROM OUR BENCH.

Thank you in advance for your cooperation and continued support,

The Fossil Ridge High School Baseball Coaching Staff.



PARENT'S CODE OF CONDUCT

We understand that parents play a vital role in the development of student athletes and the success of our program. Therefore, we expect parents to do the following:

- Be a “team” fan, not a “my kid” fan.
- Weigh what their student-athlete says; some may slant the truth to their advantage.
- Don't instruct their student-athlete before or during a game, because it may conflict with the coaches plan and strategies. Also, parents are not allowed in the dugout.
- **Any communication with coach(es) need to be requested by email. Meetings by appointment. No texting. No communications after 9pm.**
- **24 hour rule will be in effect. No communication 24 hours after a game. Gives everyone time to cool down before we speak.**
- Praise student-athletes in their attempt to improve themselves as students, as athletes and as people.
- Recognize and show appreciation for an outstanding play by either team.
- Gain an understanding and appreciation for the rules of the contest.



RIDGE Values

Respect Integrity Determination Gratitude and Excellence.

As coaches, we believe playing baseball at Fossil Ridge High School is a privilege. There have been many great players that have taken the field as Sabercats. That being said, we have expectations of our athletes that separate them from the rest of the student body at FRHS. You must carry yourself with respect, integrity, determination, gratitude and excellence in the classroom, in the community and on the field.

- **Focus on Fundamentals**
- **Do the right thing:**
 - **In the classroom**
 - **In the community**
 - **On the field**
- **Don't be late:**
 - **To class**
 - **To practice**
 - **To games/buses**
- **Strive for excellence, be honest and be accountable.**
- **Work at game speed. All-out effort during practice is demanded and will make game habits automatic. Work on your weakness every day.**
- **Be dependable, loyal and cooperative. BE A MAN AT ALL TIMES.**
- **Control your emotions; losing control at any time is detrimental to the team's welfare.**
- **Players on the bench will applaud good plays, say only positive things and get off the bench and meet your teammate and congratulate him after he scores a run, sacrifice bunts, moves a runner over or does something else to help the team.**

Style of play and respect for the game will be greatly emphasized: HUSTLE REQUIRES NO TALENT.

- **Sprinting on and off the field will be required.**
- **We will hustle the balls back to the umpires and hand them the baseballs.**
- **We will run the bases aggressively.**
- **We will play hard, smart and tirelessly for the complete game. 1st inning thru 7th inning.**
- **We will become students of the game.**



KEYS TO WINNING

If our team shows the ability to follow this philosophy, we will always be in a position to win. We may not win them all, but we will have given ourselves the chance.

1. Team

- a. Play Hard/Hustle at all times.
- b. Practice harder.
- c. Trust one another.
- d. Believe in one another.
- e. Play with confidence.
- f. Pick each other up.
- g. Make the other team beat you.
- h. Stay positive.
- i. Never satisfied.

2. Pitchers

- a. Throw strikes.
- b. Challenge hitters.
- c. Work ahead.
- d. Keep ball down
- e. Focus.

3. Defense

- a. Make the plays you're supposed to make when you're supposed to make them.
- b. Deny big inning.
- c. Cover every base.
- d. You have somewhere to go on every play.

4. Offense

- a. Focus on one pitch at a time.
- b. Swing at strikes.
- c. Know the strike zone.
- d. Hit line drives and hard ground balls
- e. Run the bases aggressively.
- f. Do not miss signs.