

**SARATOGA NATIONAL
LITTLE LEAGUE**

Safety Plan

2016

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I. 2016 Policy Statement

SAFETY IS THE NUMBER ONE CONCERN OF THE SARATOGA NATIONAL LITTLE LEAGUE BASEBALL PROGRAM.

This Safety Plan represents one step in the ongoing effort of the Saratoga National Little League (SNLL) to provide a safe environment for our players and fans to enjoy the great American pastime, Baseball. Our commitment to safety can only be successful if each and every person involved with SNLL baseball reads, understands, and abides by the plan. The plan itself and the implementation of the plan must be continuously reviewed, revised, and updated using input from concerned members of the SNLL baseball family. It is expected that over the years this plan will provide the framework within which we conduct all business and baseball-related activities.

Anyone who has safety experience or just a desire to get involved is welcome to participate and should contact the safety officer. It is in everyone's best interest to have as many people involved with this program as possible.

II. What to do in case of a Medical Emergency

Have someone call Emergency Services (*If calling from a cell phone dial 911 or 584-1800*)

Important: Know what the emergency is (police, medical, fire)

Know where the emergency is (which field, dugout)

(Note: All games are played at the Wide Side Recreation Fields, accessible for EMS via Walnut St or Pleasant St.)

Seek help of anyone on site that has a medical background (doctor, nurse, EMT, etc.).

Locate the injured player's medical release form for pertinent information to give to emergency services and medical personnel. All forms are to be kept with the team's equipment.

Notify parents if they are not on the premises.

Notify the Safety Officer (Rebecca Johnson 520-237-6114).

Complete an "Incident/Injury Report" and provide it to the Officer of the Day at the Concession Stand. All Reports will be forwarded to the Safety Officer for filing. These Reports will be periodically reviewed by the Safety Officer to identify specific areas of need or attention in respect of accident prevention. The incident will be reviewed with the team, coaches, umpires and a League Official to determine the likely cause or causes of the incident and any remedial measure that may avoid a similar incident in the future.

III. Emergency Phone Numbers and Contacts

The following emergency telephone numbers will be listed in the Safety Plan and will be posted in the Concession Stand.

POLICE / FIRE / AMBULANCE	911
Saratoga Springs Police	584-1800
Saratoga County Sheriff's Department	885-6761
New York State Police	583-7000
Saratoga Hospital	587-3222
Niagara Mohawk	800-642-4272
Poison Control Center	800-336-6997

IV. Volunteer Applications And Background Checks

Any individual volunteering to perform a service for SNLL must complete an appropriate application and undergo a background check. A copy of the current "Little League Volunteer Application" is annexed hereto as *Exhibit "A"*. The application process and the checking of backgrounds are necessary to ensure the safety and well-being of our athletes and our fans. Applicants will be required to provide SNLL with residence information, employment history and at least three (3) personal references from non-relatives. Volunteers will be asked about prior criminal convictions. Background investigations will be conducted through First Advantage, in compliance with the Little League International Child Protect Program. The information provided to SNLL by its volunteers will remain confidential and are destroyed after 1 year.

V. SNLL Phone Numbers and Contacts

<i>Name</i>	<i>Job Title</i>	<i>Phone Number(s)</i>
Derrick Legall	President	(H) 584-4960; (C) 365-8135
David Karpinski	Vice President of Player Development	(W) 772-6677
Esther Rodriguez	Vice President of Fundraising	(Cell) 879-8950
Michelle Beebe	Secretary	(Cell) 791-9408
Brian Muller	Treasurer	(H) 587-1963; (C) 339-2004
Rebecca Johnson	Safety Officer	(Cell) 520-237-6114
Julie Gold	Uniform Coordinator	(Cell) 763-1366
Tammy Chandler	Concession Stand Coordinator	(Cell) 879-3671
Paul Salway	Minor League Player Agent	(H) 886-8500; (C) 703-0158
Mark Taber	Major League Player Agent	(Cell) 588-7292

Shon McClain
John Todorovic
West Side Concession Stand

Bantam Player Agent
Tball Player Agent

(Cell)
(Cell) 728-6012
587-1337

All board members email contact information is available on the SNLL website, www.saratoganationals.com

VI. SNLL Baseball Safety Code

The SNLL Baseball commission mandates the following safety code. It is to be read, understood, and implemented by coaches, managers, and players. Coaches should read and discuss the code with their teams. Players should then read and discuss this with their parents/guardians.

Responsibility for safety and policing our safety program lies with each and every member of the SNLL baseball organization. Everyone is expected to follow our safety code.

Good sportsmanship has been proven one of the best safety virtues. If we all keep sportsmanship as our primary goal, good safety habits will follow.

- Managers and Coaches will keep a copy of all medical release forms as a part of the team's equipment.
- Each team will keep a fully equipped first aid kit in their equipment bag at all times.
- Only league-approved managers or coaches are allowed to run games and practices.
- No games or practices will be held when weather or field conditions are poor, and especially during lightning storms.
- The play areas are to be inspected prior to games and practices to assure safe conditions. Look for damage, holes, stones, glass, and other foreign objects as well as any condition that may pose a threat to our players or fans.
- Equipment will be stored in dugouts or behind fences etc. and not within the area defined as the field of play.
- During practices and games, all players and coaches should be alert and "keep your eye on the ball" at all times.
- During warm-ups, players are to be spaced so that no one is in danger of thrown or batted balls. The warm-ups are to be performed in the area of play and not any area that may be frequented by and thus endangering spectators.

- Horseplay is not permitted.
- All players are to wear proper uniforms and equipment as specified by Little League International and/or SNLL.
- Parents of players who wear glasses are encouraged to provide athletic safety glasses for their children's use and protection.
- On deck batters are not permitted outside the dugout.
- Shoes with metal spikes are not permitted in the 12 year and younger age groups. (Plastic molded spikes are acceptable.)
- Catchers may not warm up pitchers unless they are wearing a catcher's mask and protective cup.
- No alcohol, nicotine products, or drugs are allowed on the premises at any time.
- No one is allowed to play in the parking lots, in construction areas, or on equipment or machinery at any time.
- No throwing rocks or dirt, or climbing on fences at any time.

Parents are responsible for the well-being of their young children. Baseball parks are dangerous playgrounds for little kids; there are countless opportunities for kids to get injured very badly. Please keep young children close at hand at all times.

Please report any present or potential safety hazard or danger to the officer of the day or any league official.

VII. Fundamentals Training

Fundamentals Training for this year's coaches will take place on 4/17/2016.

VIII. First Aid Training

First aid training will be provided at Spa Catholic on 4/10/2016. The two-hour presentation will be made by a certified EMT with considerable experience in the field. All coaches must attend.

IX. Responsibilities

League Officers and Administrators Responsibilities

The league officers and administrators are required to have a comprehensive understanding of the league's entire Safety Plan. They are responsible for ensuring that the policies and regulations set forth by the program are carried out by each and every member of the SNLL organization. League officers and administrators are also responsible for the day-to-day operation of SNLL.

Safety Officer Responsibilities

The Safety Officer is the liaison between the league officers and administrators and the rest of the organization (coaches, umpires, players, etc.) regarding safety matters, rules, and regulations. The Safety Officer shall:

- Develop, monitor, and revise the leagues safety program.
- Assist parents and players with insurance claims and dealing with the insurance company. Report and track all accidents.
- Keep a first aid log that lists accidents and injuries. The log will describe the occurrence, people involved, age group, and under what supervision.
- Ensure that each team has a first-aid kit and that the kits are kept properly stocked.
- Ensure that there are fire extinguishers in the required buildings.
- Procure and maintain all signs on the complex.
- Recruit members of the organization that have safety experience to get involved with the safety program.
- Maintain an inventory of first aid supplies for restocking equipment first aid kits.
- Complete Annual Little League Facility Survey.

Managers and Coaches Responsibilities

The manager is responsible for the team's actions on and off the field and to represent the team in communications with the administration, umpires, opposing teams, and the fans. Each manager and coach shall:

- Completely understand the Safety Plan and abide by and implement all rules and regulations.
- Make safety the number one concern during any activity that the team is under their supervision.
- Ensure that all members of the team conduct themselves in a safe and respectful manner.
- Meet with all parents and review the safety program and its expectations.
- Teach players the fundamentals of the game while advocating safety and safe play.
- Inspect each item of equipment to ensure that each is sound and in proper working order.
- Ensure that the team first-aid kit is fully stocked and on hand for all practices as well as games.
- Ensure that all players are outfitted with the proper equipment for the positions they are playing.
- Ensure that any player returning from an injury has a medical release form signed by a doctor. No player returning from an injury will be allowed to play without a signed medical release.
- Inspect the field prior to all practices and games to ensure there are no safety hazards present.
- Ensure all equipment is in its proper place in the dugout and off of the field.

Umpires Responsibilities

The umpires for each game shall:

- Prior to the game, check the equipment for both teams to insure that it meets little league specifications.
- Ensure that all catchers warming up pitchers are wearing full catchers gear.
- Inspect the field prior to all games to ensure there are no safety hazards.
- Govern the game as mandated by little league rules and regulations.

- Determine whether or not play should be suspended and or resumed due to inclement weather or unsafe conditions. Umpires should consult with managers and coaches and any league official who may be present; however, the umpires shall make the final decision.
- Ensure that no spectator be allowed on the field during a game unless an injury or other condition warrants the suspension of this rule.
- Make each call in a loud and clear manner.
- Ensure that players keep their hands and fingers out of the fencing.
- After each game, report any unsafe condition or event that occurred during such game.

Players Responsibilities

All players are to respect all other players, coaches, umpires, and spectators.

All players are to play the game and conduct themselves on Little League grounds with the best sportsmanship possible.

All players are to encourage and support all other players in a positive manner. This includes members of an opposing team. Negative comments and actions are unacceptable and will not be tolerated.

All players are expected to play the game of baseball to the best of their ability and in a safe and respectful manner.

All players are to adhere to the rules and regulations that they agreed to in the league's Safety Code.

X. Equipment

All equipment, including player's personal property, used during games and or practices must meet all Little League regulations and those stated in this safety manual.

The equipment manager is responsible for inspecting all equipment prior to issuing to team managers and at the end of the season when the equipment is returned. All equipment issued will be sound and fit for use as specified by Little League and this safety manual.

The manager is responsible to inspect the equipment frequently and replace any damaged and or ill-fitting equipment.

Each team will be equipped with a first aid kit and safety manual, six batting helmets, a complete set of catcher's equipment, at least three bats, and at least 16 baseballs.

All players will be provided with and required to wear a regulation Little League uniform consisting of a team shirt, long pants, and a baseball hat.

Helmets must meet NOCSAE regulations.

All bats must meet Little League regulations. Wooden bats are not allowed.

Catchers are required to wear complete protective gear, including protective cups for boys and regulation chest gear for girls.

Players coaching the bases must wear batting helmets, adults are not required to but it is recommended.

All batters and base runners are required to wear batting helmets.

The equipment is to be properly organized in the dugouts so players and coaches will not trip, and there is to be no equipment on the playing field.

XI. Facilities

Parking areas will be properly designated and all will adhere to the parking restrictions.

Bathrooms will be kept clean and organized. There will be soap and necessary paper products in both men's and ladies rooms at all times. Any issues regarding this should be brought to attention a board member.

The Concession stand will be kept clean and organized. There will be soap and necessary paper products available at all times.

It is expected that everyone will help to keep the fields in the top condition. Raking the field before and after games is advisable. Please be aware of all posted signs and conduct yourself in accordance therewith.

Safety procedures, equipment operation and safe food handling procedures are posted in the concession stand for reference by all personnel. Additionally the NYS Board of health must grant approval prior to our operation of the concession stand. Our NYS DOH permit is to be displayed in the concession stand.

All buildings and structures are to be kept secured and properly locked.

All doors, windows, etc are to function properly.

There will be no equipment or materials stored outside of any structure that will present a safety hazard to children.

All chemicals and organic materials shall be stored in their original containers or properly labeled. Any materials that have been spilled are to be cleaned up and properly disposed of immediately.

Any hanging tools or items stored overhead are to be appropriately secured.

PLAY BALL!