

Personal Training Contract

I _____ (full name) hereby agree to accept and be legally bound by this Personal Training Contract. By checking this document, I attest, contract, acknowledge, and agree that I am legally bound by its content.

ELIGIBILITY

- Clients must be currently authorized by their Physician in order to participate in this or in any other Fitness Program or Regimen with George Banks.
- Clients will be required to complete the proper documentation prior to participation within the personal training program.
- George Banks reserves the right to deny services to participants who may not be able to exercise safely within the program parameters.

CONDUCT OF TRAINING SESSIONS

- Client must wear proper attire (i.e. shorts, sweat pants, t-shirt, tennis/running shoes, etc.) Absolutely no jeans, jean shorts, sandals, open toe shoes of any kind.
- All sessions will be conducted at a location as agreed upon by George Banks & Client.
- Training sessions will be a maximum of 2 hours in length.
- Each client will have a personal training record that contains the number of sessions purchased.

RELEASE OF LIABILITY I have enrolled in a program of strenuous physical activity including, but not limited to walking, running, boxing, weight lifting, and the use of various conditioning and exercise equipment and facilities designed, offered, recommended and/or supervised by George Banks. I hereby affirm that I am in good physical condition and do not suffer from any disability that would prevent or limit my participation in this program.

I fully understand that if I may suffer injury as a result of my participation in the program I hereby release George Banks from any and all liability now or in the future.

PRICING AND PAYMENT I acknowledge that payment is required for 5 blocks of sessions in advance of actual training sessions. I agree to pay in advance for training sessions. **I understand this money is not refundable.** I understand this contract and terms it presents is for the purchase of sessions and any other purchase of services in the future. I acknowledge that this specific contract, release of liability, consent, and agreement is continuously valid indefinitely. **No refund will be granted for sessions that have not been completed.**

I fully understand that cash or Money Order must pay the cost of an individual or multiple person training sessions. All training sessions must be paid in full directly to George Banks prior to my participation in this program.

CANCELLATION AND LATENESS It is my responsibility to attend my personal