

Annual Report



Our framework for building healthful communities:

Sports as a key to engaging *communities*.

Communities as architects of their own *vision*.

Vision as a long term *commitment* to change.

Our success is measured by postive and sustainable community impact.

hablab.org



To our family helping make dreams a reality.

Dear Supporter,

It was in the summer of 2010, while filming a documentary surrounding the culture of the annual Northern Cheyenne Chief's Pow-Wow, that we all came into close view of the many challenges faced by the Northern Cheyenne community. The problems faced by the reservation were impossible to ignore. Abject poverty, epidemic drug and alcohol abuse, suicide, and general lack of services are the unfortunate reality of life on the reservation. We knew we had the abilities and skill sets to help and we knew that to overcome the challenges, we needed to focus on the many positives. No improvement has sticking power if it doesn't grow from common ground and for many communities across the globe, this common ground is found in sports.

For the Northern Cheyenne Reservation, basketball is that common ground. Basketball is a popular and positive influence across all districts on the Northern Cheyenne Reservation. For the Northern Cheyenne, basketball was the glue.

Back in Washington D.C. we established the "Habitat Laboratory" or Hablab Inc. as a formal vehicle to support underprivileged communities like the Northern Cheyenne. As former college level athletes ourselves, we could attest firsthand the power of sports to bring people and communities together.

The following year we held the first annual Northern Cheyenne Basketball Clinic for 150 players with just 1 coach and a small group of volunteers supported by out-of-pocket funds. This year, in 2012, thanks to support of individuals and organizations like yours, we were able to expand our reach to 200+ children, community members and educators. On the court our program featured 4 nationally renowned high school and college coaches as well as education programs about substance abuse, bullying, and suicide prevention. By all measures, this year's Clinic was an amazing success and amazing fun for all participants – coaches, parents and players alike.

In 2013 we will continue to grow the clinic according to our Healthier Communities Framework. 2013 will see a stronger focus on nutrition and healthy living education, increased parent and community engagement, as well as a scholarship program to support the most promising and dedicated players. We have no doubts that our goal of community engagement through positive experiences will be even stronger in 2013.

The Northern Cheyenne have taught us that empowerment stems from community engagement and that without community engagement, no improvement will be a sustainable improvement. As the directors of Hablab, we thank you for your dedication to communities like the Northern Cheyenne. The generous support of individuals and organizations like yours help us to complete our mission and build upon our framework for realizing healthier communities. We look forward to including you in our family of loyal supporters for 2013.

Sincerely,











The HabLab Healthy Communities Framework

Sports as a catalyst for healthful environments

Sports

Engaging communities through sports

Essentials:

- Recruit coaches
- · Establish venue
- · Foster relationships/trust
- Organize food & transport
- · Get the community involved
- Connect with existing community organizations (don't reinvent the wheel)
- Focus on experience
- Reward positive effort and team-building

approx. \$15,000 - 20,000

1 year

Sports-for-change

Creating momentum for healthier communities

Essentials:

- Continue sports engagement
- Focus on nutrition
- Focus on healthy living
- · Focus on healthy minds
- Create new, positive traditions.
- Compliment/reinforce cultural assets
- Build community relationships and trust.
- Establish scholarships for players to travel and extend their experience.

approx. \$20,000 - 30,000

1-2 years

A Healthier Vision

Community based design of healthful spaces

Essentials:

- · Continue sports-for-change
- Establish forum for community visioning
- Establish community goals
- Engage design students
- · Confirm program
- Conduct code analysis
- Prepare concept design package
- Prepare schematic design package
- Review and confirm sustainability measures
- Finalize schematic design
- Review final schematic design package
- Issue for pricing & fundraising

approx. \$70,000 - 100,000

1 year

A Healthier Environment

Building healthful spaces

Essentials:

- Confirm special requirements
- Integrate engineering and technology solutions
- Integrate work of specialty consultants
- Integrate sustainability measures
- Finalize design
- Finalize finishes and furniture selections
- Prepare and issue design development package
- Proceed toward construction documentation, permitting and development

Project dependant.

1-2 years



















The Northern Cheyenne Basketball Clinic

Basketball for a healthier Northern Cheyenne Community

[SPORTS-FOR-CHANGE]

Who and Why

The Northern Cheyenne Basketball Clinic is designed as a catalyst to support the preservation of Native Values and healthy living on the Northern Cheyenne reservation in Southeastern Montana. Health and nutrition are critical issues within the Native community where both diabetes and obesity rates soar well above national averages. The clinic is a vehicle for bringing the community together and promoting Native Values through sports, nutrition and education.

What we've done and where we're going

In 2011, a small group of volunteers and coaches initiated the first annual Hablab sports camp on the Northern Cheyenne Reservation to teach basketball to underprivileged reservation youth. The inaugural camp attracted 100+ children for 3 full days of sports and was a resounding success.

In 2012 we initiated our sports-for-change program and more than doubled the players, parents and community members involved. We provided healthy, catered meals for the athletes. We also integrated Native speakers and teambulding activities to educate participants about the prevention of bullying, substance abuse and suicide - all serious issues for the reservation community.

Our goals in 2013 are to build on the sports-for-change success of 2012. In 2013 we are expanding our health and nutrition program and expanding it to include sports medicine. We will also provide improved transportation, equipment and food.

Keeping up with our progress

At HabLab we understand the importance of documenting our success to inspire others to contribute and make a difference in communities like the Northern Cheyenne. We carefully and sensitively document every aspect of our projects through video, photography and meticulous accounting. This information is available not only to comply with 501(c)(3) reporting requirements, but also so that our supporters can play an active role in our progrmas - so that everyone can be a part of the community.

Requested Support for 2013

HabLab values gifts of all amounts from our generous supporters. Thank you for considering this program. To ensure that our program's success continues into 2013. We are currently seeking the following support:

Program Support

\$7,500 and up

Supports HabLab and our framework of long-term goals for the Northern Cheyenne and other affected communities. These funds also support scholarships for exceptional athletes to play their sport at other locations across the country.

Transportation

\$700-\$1,000

There is no viable public transportation on the reservation. We provide free transportation to from homes to the clinic facilities for all players, parents and community members.

Food and Nutrition

\$3,000-\$5,000

This will help support our goals of providing nutritious food, and health education to clinic participants. Sports medicine and nutrition speakers from the University of Montana will also be supported by these funds.

Equipment

25-50 Full Size Basketballs

Used for the clinic as well and gifted to community members for use after the clinic.

Athletic Wear

250 Shirts/Shorts with Clinic logo

Branded camp takeaways. Additionally, many children come to the clinic without access to, or a budget for, proper attire.

Water bottles

250 water bottles

Branded camp takeaways. Additionally, our goal is to cut down on disposable plastics and send a message of sustainability.

Misc. Door Prizes

Gifts under \$100

At the conclusion of each clinic we like to show our appreciation and support to the hardest working and most improved campers with gifts of equipment, electronics, gift cards, etc.

Thank you for your consideration. We look forward to hearing from you:

Telephone: +1 (732) 701-7084 E-mail: donate@hablab.org

Online: http://www.hablab.org/support/

The HabLab Team



Joseph Kunkel, AAIA Director and Founding Partner Northern Cheyenne Tribal Member

Joe is a design architect working in the Washington, DC region. He is a Northern Cheyenne Tribal Member, and organizes and coordinates the Northern Cheyenne Basketball Clinic. Joe played Division I tennis which helped him earn a degree in Architectural Engineering.



Benjamin Callam, AAIA, LEED AP Director and Founding Partner

Ben is a design architect, software designer, and educator currently working in Mexico City, Mexico. Ben is a ten-time NCAA All American Swimmer and has teaching and coaching experience on 3 continents. As Director and Founding Partner of Hablab, he is focused on program outreach and media relations.



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Jeremey FiskeDirector and Founding Partner

Jeremy is a filmmaker and entrepreneur from Boston, MA. He has a keen eye for visual design, composition, creativity and marketing. He is the writer, director and producer of several independent films and has also worked in production on many major Hollywood features such as Shutter Island, The Zookeeper, and Moneyball. He brings a distinct understanding of the importance of multimedia engagement in the education process.



Alick Dearie, AIA Program Coordinator

Alick is a registered architect in Washington, DC. He has been an instrumental part of organizing and coordinating the Northern Cheyenne Basketball Clinic. On the court Coach Alick was an assistant coach with Coach Farello for ten years after having played for him at Eleanor Roosevelt High School.

Glenn Farello Head Coach

Coach Farello is the Head Boy's Coach at Paul VI High School in Washington, DC. In 18 years he has been named Highschool Coach of the Year eight times.



Rufus SpearOrganizer
NC Tribal Member

Rufus represents the Rocky Mountain Tribal Wellness Initiative, for the Montana Wyoming Tribal Leaders Council on the Reservation.





Brad Barbarick
Coach

Coach Barbarick is the Head Men's Coach for the Concordia Cavaliers, at Concordia University in Portland Oregon.



Curtis Symonds
Coach

Coach Symonds is an Assistant Coach at Paul VI High School in Washington, DC. He was the president of the WNBA Washington Mystics (05-07).



Coach Williams is an Assistant Coach at Paul VI High School in Washington, DC. He played four years of varsity basketball for the University of Oklahoma.



Marty Dearie
Assistant Coach

Coach Marty is a zoo keeper at the National Zoo in Washington, DC where he works primarily with the zoo's two giant pandas.





Bethany Hemlock-Fatupaito, MPH

RMTWI / MT-WY TLC
Bethany, is the Project
Manager for the Rocky
Mountain Tribal Wellness
Initiative, a substance abuse
program, at the Montana
Wyoming Tribal Leaders
Council in Billings, MT.



Morgan Denny RMTWI / MT-WY TLC

Morgan is the Project Coordinator for the Rocky Mountain Tribal Wellness Initiative, a substance abuse program, at the Montana Wyoming Tribal Leaders Council in Billings, MT.



HabLab Inc. is a 501(c)(3) pending, not-for-profit organization.