

Lutes  
**Girl's Basketball Camp**  
**\$150.00**

*(Call for family discounts!)*  
**Includes T-shirt, 24 hours  
of instruction, and special  
daily awards!**

Our camp focuses on the development of individual fundamental skills, as well as an understanding of basketball strategies while playing 1 on 1, 3 on 3, and 5 on 5 games.

Individual campers, school teams, as well as club teams are encouraged to attend. Campers will be divided into age groups upon arrival.

Players will be instructed on how to improve their shooting, passing, and offensive skills, as well as rebounding, and defensive fundamentals.

Receive instruction from the PLU Women's Basketball coaches, players, and past collegiate players from the Pacific NW area!

Campers will also enjoy participating in a team tournament, and fun shooting competitions.

**LUTES**  
PACIFIC LUTHERAN UNIVERSITY



**Head Coach**  
Jennifer Childress  
2nd Year



Coach Teeple



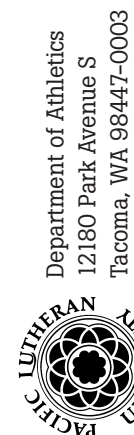
Coach Wade

The coaching staff at Pacific Lutheran University strives to develop a strong connection with the young players in our community. Our coaches and players promote girls basketball as a fun, rewarding experience that can lead to healthy lifestyle habits. Our primary goal is to inspire young women to continue improving their basketball skills while applying their personal best on the court of life.

**Questions?**

Contact:

Pacific Lutheran University  
Women's Basketball Head Coach  
[childrjl@plu.edu](mailto:childrjl@plu.edu)  
253-535-7353



Department of Athletics  
12180 Park Avenue S  
Tacoma, WA 98447-0003

ADDRESS SERVICE REQUESTED

**PLU**  
**Lutes**  
**Girl's**  
**Basketball**  
**Camp**

**July**  
**28-31, 2014**

Olson  
Auditorium

Grades 5th  
through 12th



# Girls Basketball Camp Registration

Visit [www.golutes.com](http://www.golutes.com) to sign up online and pay with credit card, or mail payment and registration form to:

Lutes Girl's Basketball Camp  
 c/o Jennifer Childress  
 Pacific Lutheran University, Olson Auditorium  
 Tacoma, WA 98447

Your camp tuition, less a \$50 non-refundable fee, will be returned without question if you cancel your enrollment prior to July 11, 2014. Following that date, refunds will be made for medical reasons only.

Please print clearly:

Camper Name \_\_\_\_\_ Age (during camp) \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone \_\_\_\_\_ Email Address \_\_\_\_\_

T-Shirt Size (please circle one): Adult S / M / L / XL      Child S / M / L

Parent/Guardian Name \_\_\_\_\_

Parent Cell # \_\_\_\_\_ Alternate Emergency Contact # \_\_\_\_\_

If coming as a team, what is your team name? \_\_\_\_\_

Any known medical conditions of which our staff/trainers should be aware? \_\_\_\_\_

Medical Insurance: \_\_\_\_\_ Policy # \_\_\_\_\_

## Release/ Waiver Agreement:

I grant permission to the staff of the PLU Girl's Basketball Camp to act on my behalf for my child for evaluation or treatment of minor medical problems. I understand that should a major medical problem arise, an attempt will be made to notify me by telephone. In the event I cannot be reached, I hereby give my consent to such medical treatment as deemed necessary by a licensed physician. In addition, I hereby release Pacific Lutheran University Girl's Basketball Camp, its employees, and agents from all claims on account of injuries which may be sustained by my child while traveling to, participating in and returning from the camp. I also agree to indemnify the Pacific Lutheran University Girl's Basketball Camp, its employees and agents from any claim which may hereafter be presented by my minor child as a result of illness or accident while attending the Pacific Lutheran Girl's Basketball Camp.

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

Payment type:  Check : Checks payable to *PLU Women's Basketball*

Money Order

\*\* A confirmation email and instructions will be sent to you once we have received your registration form and payment.



## Typical Daily Schedule 7 Hours

8:30 am Gym Opens

9:00 – 11:00 Basketball Drills

Stations /Activities

11:00 – 12:00 Full Court Games

12:00 – 1:00 Brown Bag Lunch from home

Open Gym/  
Bookstore

1:00 – 3:00 Basketball Drills

Stations/ Activities

3:00 – 4:00 Full Court Games

4:00 pm Camp Ends

(Note: on Thurs. we end at 12:00)

### Competitions:

1 on 1

3 on 3

FT Shooting

3 Point Shooting

Bump

Team Games

