

# Seymour Basketball Coaches Corner

Volume 1

September 13, 2016



## Exciting New Times with Seymour Basketball!

Exciting things are happening with Seymour Basketball! The new coaching staff is off and running with open gyms already beginning. The numbers at open gym have been unbelievable with over 25 players showing up for every workout! This doesn't include athletes that are playing in a fall sport—WOW! It's an exciting time to be an Owl!

The boys are working hard both in the weight room and on the basketball floor. They are gelling as a unit and are very excited to get started this winter. It will be here before we know it!

—*Coach Phillips*

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### New Coaching Staff

Tyler Phillips—Head Coach

Buddy Hall—JV Coach

Jeff Nicholson—Freshman Coach

Dustin George—Assistant Coach

Mike Greathouse—Assistant Coach



# Upcoming Events

Swish Tryouts are as follows:

3rd Grade:

October 3rd, 6-8 pm

4th Grade:

October 4th, 6-8 pm

5th Grade:

October 5th, 6-8 pm

6th Grade:

October 6th, 6-8 pm

\*There will also be a makeup day on Saturday, October 8th from 9—11 am for any boy who couldn't make his original try out date.

\*All tryouts will take place in the Auxiliary Gym at Seymour High School.

There will be recreational league information for any boy who doesn't make a swish

team and wishes to play basketball this season.

The annual Seymour Basketball Golf Scramble is coming up!

We will hold this event at Shadowood Golf Course on October 14th (the Friday of Fall Break.) Registration will begin at 11 am with a shotgun start at noon.

The cost per team is \$300 per team. Mulligans will also be available for purchase. There will also be a 50/50 putting contest going on during the day. Come support our boys in a great day of fun!



## Food for thought.....

- John Maxwell states that we give 80% of our time to 20% of our priorities. That means if you have 5 solid priorities, the top 1 is getting 80% of your time. What are your top priorities? Are you giving 80% of your time to the right 20% of your priorities?
- Coach Wooden always started a season teaching his Division I basketball players how to properly put on their socks before practice. Sounds silly right? He did this because he knew that socks put on improperly would lead to blisters, which would lead to missed practice, which would lead to that individual not getting better, which would lead to the team not getting better, which would lead to losses. That's called attention to detail. Little things matter—how closely are we paying attention to detail in our lives?



## The Parent Club is off and running!

The boys basketball parent club is off and running this year! They have had a few meetings thus far and have begun planning various fund raising ideas for the boys' basketball teams this season.

As of September 13th, the parent club was in need of a Vice President and various parent representatives for this year. If you are interested in either of those positions, please contact Robin Cummings, the parent club president.

Future meetings will be posted on the basketball website, the facebook page, and on the basketball twitter account. If you don't have access to any of these, please contact Coach Phillips or Robin Cummings about meeting dates, times, and locations.

All parents are currently selling Seymour Basketball Gear! This gear is Nike and Under Armour and is very quality gear! It is priced at or lower than most retail stores as well. The boys' basketball team will benefit from the sales, so it's a win-win situation for everyone! To order your gear, find any parent involved in the parent club and ask to see the Fancloth gear they are selling. The Parent club will be taking orders through October 14th; the gear will be delivered on Hoosier Hysteria day. Make sure you get your orders in!

### EYE ON IT

#### Seymour Athletics

Congratulations to all Seymour Fall Sports on successful starts to their respective seasons! These student-athletes are representing the school and community of Seymour with class and dignity. If you haven't seen them in action, make sure you do that soon! Go Owls!

### SALT Hours

Our boys will be a part of a program in Seymour Basketball known as "SALT" which stands for "Serving and Leading together." The goal is to teach these young men how to be servant leaders. Each player will be required to complete community service hours during the school year. If you have community service projects and need assistance, please contact Coach Phillips if you would like to have a Seymour High School Basketball Player assist you in your project.





## Hoosier Hysteria

Hoosier Hysteria will run a little differently under Coach Phillips. This year, Hoosier Hysteria will take place at Seymour High School. It will feature all Seymour boys' basketball teams, from the 3rd grade swish up to the Varsity basketball team. Each team will be on showcase for the community to come out and see! It will be a great kickoff to the start of 2016-2017 Seymour Basketball.

In addition to Hoosier Hysteria, the parent club will be offering soup and sandwiches during the day! We will have tables set up around the top of the gym so you can enjoy your soup and sandwich dinner while watching the various Seymour basketball teams in action! Dinner and basketball, what could be better than that?!?

This will take place on Saturday, November 12th in the main gym. We will open the doors at 4:00 with the first Swish team playing at 4:30. The Varsity team should take the floor around 6:00. Cost to get into the event will be \$3 with the soup, sandwich, and drinks being sold separately.

If you would like more information about this event, please contact Coach Phillips or Robin Cummings. We hope to see you there!

### Attitude and Effort 24/7

This is the favorite saying of Coach Phillips; you will hear the boys saying this a lot! This will be the underlying motto of Seymour Basketball while under the direction of Coach Phillips. The boys will be taught to attack life, as well as basketball, with a great, positive, uplifting attitude and with 100% effort at all times. If you do this in every situation, how can you not be successful?

### Attitude and Effort 24/7!

### Go Owls Go!

### Coaches Corner

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## Seymour Basketball

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