Punt Returns

Wall Returns: Backside inside players secures fakes and stays out of picks

After punt sprint directly at returner. L-3 or R-3 are first to set up wall and must spring back directly in front of returner and set the wall. Each blocker stay 5 yards apart in the order set in the diagrams.

Backside, outside players forces the punt with aggressive rush.

Hold up: Players keep their men from releasing vertically into coverage as long as possible.

**Strong Hands:** Fit into block inside opponents frame. Work heavy over players outside number.

Strike to gain control- Punch with legs and hips. Keep your base and balance, move feet and use hands.

Middle Return: Each return man takes a player and funnels him to the outside