



KING OF THE TRENCHES

LINEMAN CHALLENGE

REGISTRATION BEGINS AT 5:00

5:30 PM * JUNE 19, 2017

BLUE VALLEY HIGH SCHOOL

\$25 PER PARTICIPANT – please make checks payable to
"King of the Trenches"

TEAM CHALLENGE

AWARDS FOR THE TOP 5 MEMBER TEAM

INDIVIDUAL CHALLENGE

AWARDS FOR THE TOP PERFORMERS

9 MEASURED EVENTS

- 40YRD SCOOP/SCORE * TRACTOR TIRE FLIP
- PRO-AGILITY DRILL * 10 YRD. SLED-PULL
- 185 LBS. BENCH FOR REPS * MEDICINE BALL TOSS
- 10 YRD. SLED-DRIVE * OBSTACLE COURSE * PURSUIT DRILL



REGISTRATION AND WAIVER FORM:

PARTICIPANT

NAME: _____ GRADE: _____

OFFENSIVE POSITION _____ DEFENSIVE POSITION _____

T-SHIRT SIZE: M L XL XXL XXXL (Circle One)

COACH'S INFORMATION:

NAME: _____ SCHOOL: _____

Email: _____ PHONE: _____

EACH PARTICIPANT MUST COMPLETE THE REGISTRATION AND WAIVER FORM.

In recognition of and with the knowledge of the fact that engaging in any form of physical activity involves substantial risk of personal injury, I, the undersigned, warrant that _____ is presently in good physical condition and hereby agree to assume the risk of any injury that may result in the participation of these activities. Therefore, in consideration for being permitted to participate in such an event, I hereby release and forever discharge all instructors and staff from any and every claim, demand, or act of whatever kind, arising from any bodily harm, personal injury, or death resulting from any accident which may occur. I, the undersigned, affirmatively swear that I am the parent or legal guardian or a participant currently of the age of majority and am fully competent to and do hereby execute this release and waiver on behalf of the individual, heirs or assigns. I further represent and warrant that I have read and fully understand the terms of this document and their legal significance. In witness whereof I have voluntarily and without inducement from any party executed the Release and Waiver.

Parent / Legal Guardian

Participant

Date

Please mail the completed form to:

Allen Terrell
3247 W. 145th Terr.
Leawood, KS 66224

OR scan and email to:

Lew Rowe: lrowe@bluevalleyk12.org
Allen Terrell: aterrell@bluevalley.k12.org

Questions? Call Lew Rowe (316) 641-7708 or Allen Terrell (913) 744-1696