**Cyclone Football** Parent Authorization I herby authorize the staff of Eastern View High School's Football Camp to use their best judgment in any emergency requiring medical attention. I also certify that my child is physically able to participate in all of the activities of the camp. I herby waive and release Eastern View High School, it's employees, or camp instructors for any and all liability for loss or injury sustained or incurred while my child participates in or while traveling to the Cyclone Football Camp. Signature:\_\_\_\_\_ **Emergency Contact Information** Name: Day Time Phone: Insurance Company:\_\_\_\_\_ Policy Number:\_\_\_\_\_ Address: Camper Name: Age: Grade: T-Shirt Size: Allergy Information: Morning **Evening** Session

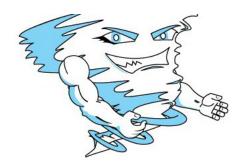
Method of Payment: \$50 or \$85 Checks Payable to EVHS Football Cash

Both



Eastern View High School 16332 Cyclone Way Culoeper. VA 22701 Phone: 540-825-0621

E-mail: Cyclones\_football@hotmail.com ghatfield@culpeperschools.org



# Cyclone 2014 Football Camp June 16-18 2014



Morning and Evening sessions available

Eastern View High School 540-825-0621

## Guest Speakers Include former and present Cyclones

#### Things to bring to Camp

Tennis shoes and/or football cleats Athletic shorts and t-shirt Water or Sports Drink (No Soda) Bagged Snack (there will be a 30 minute break)

There will be a morning and evening session. You are invited to attend either or both. If you sign up for either a morning or evening session the cost is \$50 for the three days. If you sign up for both sessions it will be \$85.00.

#### Camp Staff

Cyclone Football Camp will be staffed by the Eastern View High School football staff. Assisting the coaches will be Cyclone Football Players who are preparing to play in college or for the upcoming Cyclone season. There will also may be volunteer coaches from the Culpeper Football Association to help with instruction.

#### Camp

The camp will stress fundamentals of football. Campers will receive individual instruction on both offensive and defensive techniques. The camp will focus on the total student athlete with sessions on goal setting and grades. While the camp is focusing on the fundamentals of football, the staff will ensure the campers are having fun while learning and creating excitement about football in Culpeper County.

#### **Camp Participants**

Ages 7—14



### Camp Schedule Morning

9:00—9:30 Attendance and Stretch 9:30—10:30 Offensive Practice 10:30—11:00 Cyclone Football 11:00—11:30 Break 11:30—12:00 Defensive Practice

#### **Evening Schedule**

5:30—6:00 Attendance and Stretch
6:00—7:00 Defensive Practice
7:00—7:30 Cyclone Football
7:30—8:00 Break
8:00—8:30 Offensive Practice
\*tentative Schedule

Contact Greg Hatfield 16332 Cyclone Way Culpeper, VA 22701 Phone: 540-825-0621

E-mail: ghatfield@culpeperschools.org