



# ROOSEVELT FOOTBALL CALENDAR



## January 18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
December 31	January 1	2	3	4	5	6
			<p><b>EARLY OUT (12:40 PM)</b></p> <p><b>TEAM MEETING @ 12:50 PM (WINTER/SPRING CALENDAR &amp; EXPECTATIONS)</b></p>	<p><b>"RIDER STRONG" 3 PM</b></p>	<p><b>"RIDER STRONG" 3 PM</b></p>	
7	8	9	10	11	12	13
	<p><b>"RIDER STRONG" 3 PM</b></p>	<p><b>"RIDER STRONG" 3 PM</b></p> <p><b>SEMESTER FINALS</b> →</p>	<p><b>8<sup>TH</sup> GRADE FB MTG – MERRILL (OFF-SEASON CALENDAR &amp; EXPECTATIONS)</b></p> <p><b>EARLY OUT (12:40 PM)</b></p>	<p><b>"RIDER STRONG" 3 PM</b></p> <p><b>8<sup>TH</sup> GRADE FB MTG – CALLANAN (OFF-SEASON CALENDAR &amp; EXPECTATIONS)</b></p>	<p><b>"RIDER STRONG" 3 PM</b></p>	
14	15	16	17	18	19	20
	<p><b>NO SCHOOL – MLK DAY</b></p>	<p><b>"RIDER STRONG" 3 PM</b></p> <p><b>2<sup>ND</sup> SEMESTER BEGINS</b></p>	<p><b>EARLY OUT (12:40 PM)</b></p>	<p><b>"RIDER STRONG" 3 PM</b></p>	<p><b>"RIDER STRONG" 3 PM</b></p> <p><b>8<sup>TH</sup> GRADE WORKOUTS 4:30 PM</b></p>	
21	22	23	24	25	26	27
	<p><b>NO SCHOOL – STAFF PD</b></p>	<p><b>"RIDER STRONG" 3 PM</b></p> <p><b>8<sup>TH</sup> GRADE WORKOUTS 4:30 PM</b></p>	<p><b>EARLY OUT (12:40 PM)</b></p>	<p><b>"RIDER STRONG" 3 PM</b></p>	<p><b>"RIDER STRONG" 3 PM</b></p> <p><b>8<sup>TH</sup> GRADE WORKOUTS 4:30 PM</b></p>	
28	29	30	31	February 1	2	3
<p><b>OPEN GYM (1) – 12:45 PM (TRHS GYM)</b></p>	<p><b>"RIDER STRONG" 3 PM</b></p>	<p><b>"RIDER STRONG" 3 PM</b></p> <p><b>8<sup>TH</sup> GRADE WORKOUTS 4:30 PM</b></p>	<p><b>EARLY OUT (12:40 PM)</b></p>			



# R ROOSEVELT FOOTBALL CALENDAR



## February 18



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January 28	29	30	31	February 1	2	3
				"RIDER STRONG" 3 PM	"RIDER STRONG" 3 PM  8 <sup>TH</sup> GRADE WORKOUTS 4:30 PM	
4	5	6	7	8	9	10
OPEN GYM (2) – 12:45 PM (TRHS GYM)	"RIDER STRONG" 3 PM	"RIDER STRONG" 3 PM  8 <sup>TH</sup> GRADE WORKOUTS 4:30 PM	NATIONAL SIGNING DAY    EARLY OUT (12:40 PM)	"RIDER STRONG" 3 PM	"RIDER STRONG" 3 PM  8 <sup>TH</sup> GRADE WORKOUTS 4:30 PM	
11	12	13	14	15	16	17
NO OPEN GYM DUE TO RIDER YOUTH B-BALL TOURNEY	"RIDER STRONG" 3 PM	"RIDER STRONG" 3 PM  8 <sup>TH</sup> GRADE WORKOUTS 4:30 PM	LEADERSHIP ACADEMY – 6:30 AM  EARLY OUT (12:40 PM)	"RIDER STRONG" 3 PM  STATE WRESTLING 	"RIDER STRONG" 3 PM  8 <sup>TH</sup> GRADE WORKOUTS 4:30 PM	
18	19	20	21	22	23	24
OPEN GYM (3) – 12:45 PM (TRHS GYM)	NO SCHOOL – STAFF PD	"RIDER STRONG" 3 PM  8 <sup>TH</sup> GRADE WORKOUTS 4:30 PM	LEADERSHIP ACADEMY – 6:30 AM  EARLY OUT (12:40 PM)	"RIDER STRONG" 3 PM	"RIDER STRONG" 3 PM  8 <sup>TH</sup> GRADE WORKOUTS 4:30 PM	
25	26	27	28	March 1	2	3
OPEN GYM (4) – 12:45 PM (TRHS GYM)	"RIDER STRONG" 3 PM  GIRLS STATE B-BALL 	NO SCHOOL – FOR 9, 10, & 12 GRADERS.  11 <sup>TH</sup> – ACT TESTING  8 <sup>TH</sup> GRADE WORKOUTS 4:30 PM	NO SCHOOL – FOR 11 <sup>TH</sup> GRADERS  EARLY OUT (12:40 PM)			



# ROOSEVELT FOOTBALL CALENDAR




## March 18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
February 25	26	27	28	March 1	2	3
				"RIDER STRONG" 3 PM	"RIDER STRONG" 3 PM  8 <sup>TH</sup> GRADE WORKOUTS 4:30 PM	
4	5	6	7	8	9	10
OPEN GYM (5) – 12:45 PM (TRHS GYM)	"RIDER STRONG" 3 PM  HS PARENT MTG @ 6PM – TRHS CAFETERIA (INCLUDES INCOMING 9 <sup>TH</sup> GRADERS)  STATE BOYS B-BALL 	"RIDER STRONG" 3 PM  8 <sup>TH</sup> GRADE WORKOUTS 4:30 PM	LEADERSHIP ACADEMY – 6:30 AM  EARLY OUT (12:40 PM)	"RIDER STRONG" 3 PM	NO SCHOOL – SPRING BREAK BEGINS	
11	12	13	14	15	16	17
NO OPEN GYM	SPRING BREAK WT ROOM CLOSED 					
18	19	20	21	22	23	24
OPEN GYM (6) – 12:45 PM (TRHS GYM)	"RIDER STRONG" 3 PM  8 <sup>TH</sup> GRADE WORKOUTS 4:30 PM	"RIDER STRONG" 3 PM	LEADERSHIP ACADEMY – 6:30 AM  EARLY OUT (12:40 PM)	"RIDER STRONG" 3 PM  8 <sup>TH</sup> GRADE WORKOUTS 4:30 PM	"RIDER STRONG" 3 PM	
25	26	27	28	29	30	31
OPEN GYM (7) – 12:45 PM (TRHS GYM)	"RIDER STRONG" 3 PM  8 <sup>TH</sup> GRADE WORKOUTS 4:30 PM	"RIDER STRONG" 3 PM	LEADERSHIP ACADEMY – 6:30 AM  EARLY OUT (12:40 PM)	"RIDER STRONG" 3 PM  8 <sup>TH</sup> GRADE WORKOUTS 4:30 PM	NO SCHOOL – STAFF PD	



# ROOSEVELT FOOTBALL CALENDAR




April 18						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
April 1	2	3	4	5	6	7
<b>NO OPEN GYM</b>  <b>EASTER</b>	"RIDER STRONG" 3 PM  8 <sup>TH</sup> GRADE WORKOUTS 4:30 PM	"RIDER STRONG" 3 PM	LEADERSHIP ACADEMY – 6:30 AM  QB SCHOOL (1) @ 12:50 PM  EARLY OUT (12:40 PM)	"RIDER STRONG" 3 PM  8 <sup>TH</sup> GRADE WORKOUTS 4:30 PM	"RIDER STRONG" 3 PM  4 <sup>TH</sup> QTR DRILLS (1) – TEAM WORKOUT (6:15 AM)	
	8	9	10	11	12	13
OPEN GYM (8) – 12:45 PM (TRHS GYM)	"RIDER STRONG" 3 PM  8 <sup>TH</sup> GRADE WORKOUTS 4:30 PM	"RIDER STRONG" 3 PM	QB SCHOOL (2) @ 12:50 PM  LEADERSHIP ACADEMY – 6:30 AM  EARLY OUT (12:40 PM)	"RIDER STRONG" 3 PM  8 <sup>TH</sup> GRADE WORKOUTS 4:30 PM	"RIDER STRONG" 3 PM  4 <sup>TH</sup> QTR DRILLS (2) – TEAM WORKOUT (6:15 AM)	
15	16	17	18	19	20	21
OPEN GYM (9) – 12:45 PM (TRHS GYM)	"RIDER STRONG" 3 PM  8 <sup>TH</sup> GRADE WORKOUTS 4:30 PM	"RIDER STRONG" 3 PM	LEADERSHIP ACADEMY – 6:30 AM  TEAM MEETING @ 12:50 PM (LIFT-A-THON PLEDGE SHEETS)  EARLY OUT (12:40 PM)	"RIDER STRONG" 3 PM  8 <sup>TH</sup> GRADE WORKOUTS 4:30 PM	"RIDER STRONG" 3 PM  4 <sup>TH</sup> QTR DRILLS (3) – TEAM WORKOUT (6:15 AM)	
22	23	24	25	26	27	28
OPEN GYM (10) – 12:45 PM (TRHS GYM)	"RIDER STRONG" 3 PM  8 <sup>TH</sup> GRADE WORKOUTS 4:30 PM	"RIDER STRONG" 3 PM	LEADERSHIP ACADEMY – 6:30 AM  QB SCHOOL (3) @ 12:50 PM  EARLY OUT (12:40 PM)	"RIDER STRONG" 3 PM  DRAKE RELAYS  8 <sup>TH</sup> GRADE WORKOUTS 4:30 PM	"RIDER STRONG" 3 PM  4 <sup>TH</sup> QTR DRILLS (4) – TEAM WORKOUT (6:15 AM)	
29	30	May 1	2	3	4	5
OPEN GYM (11) – 12:45 PM (TRHS GYM)	"RIDER STRONG" 3 PM  8 <sup>TH</sup> GRADE WORKOUTS 4:30 PM					



# ROOSEVELT FOOTBALL CALENDAR



July 18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
April 29	30	May 1	2	3	4	5
		"RIDER STRONG" 3 PM	LEADERSHIP ACADEMY - 6:30 AM QB SCHOOL (4) @ 12:50 PM EARLY OUT (12:40 PM)	"RIDER STRONG" 3 PM 8 <sup>TH</sup> GRADE WORKOUTS 4:30 PM	"RIDER STRONG" 3 PM	
6	7	8	9	10	11	12
OPEN GYM (12) - 12:45 PM (TRHS GYM)	"RIDER STRONG" 3 PM 8 <sup>TH</sup> GRADE WORKOUTS 4:30 PM	"RIDER STRONG" 3 PM	PLEDGE SHEETS DUE TO COACH LINK BY 12:50PM EARLY OUT (12:40 PM)	"RIDER STRONG" 3 PM 8 <sup>TH</sup> GRADE WORKOUTS 4:30 PM	"RIDER STRONG" 3 PM	
13	14	15	16	17	18	19
<b>NO OPEN GYM</b> <b>MOTHERS DAY</b>	LIFT-A-THON @ 6PM (TRHS WT ROOM)	"RIDER STRONG" 3 PM MIDDLE SCHOOL SPRING FOOTBALL CLINIC (5-6 PM) @ MERRILL (ALL 7 <sup>TH</sup> & 8 <sup>TH</sup> GRADERS)	QB SCHOOL (5) @ 12:50 PM EARLY OUT (12:40 PM)	"RIDER STRONG" 3 PM	"RIDER STRONG" 3 PM	
20	21	22	23	24	25	26
OPEN GYM (13) - 12:45 PM (TRHS GYM)	"RIDER STRONG" 3 PM INCOMING 8 <sup>TH</sup> GRADE PARENT MEETING @ CALLANAN - 6 PM	"RIDER STRONG" 3 PM 8 <sup>TH</sup> GRADE WORKOUTS 4:30 PM	ALL FINAL PLEDGE SHEETS DUE TO COACH LINK BY 12:50 PM EARLY OUT (12:40 PM)	"RIDER STRONG" 3 PM 8 <sup>TH</sup> GRADE WORKOUTS 4:30 PM PLAYER DRAFT FOR SUMMER ACCOUNTABILITY TEAMS	"RIDER STRONG" 3 PM	TRHS GRADUATION @ KNAPP CENTER 
27	28	29	30	31	June 1	2
	MEMORIAL DAY - NO SCHOOL WT ROOM CLOSED	TEAM MTG @ 2:50PM: - SUMMER SCHEDULE & EXPECTATIONS				



# ROOSEVELT FOOTBALL CALENDAR



June 18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May 27	28	29	30	31	June 1	2
					<b>LAST DAY OF SCHOOL</b>	
3	4	5	6	7	8	9
<b>RIDER SKILLS &amp; DRILLS (1):</b> 5:30 – 7:30 PM (GRADES 9-12)  <div style="background-color: black; color: white; padding: 5px; text-align: center;"> <b>RIDER GEAR &amp; HELMET &amp; LOCKER CHECKOUT @ 4 PM - GRADES 9-12</b> </div>	<b>“RIDER STRONG – WEEK #1”</b> 9 AM – 10-12 GRADE 10:30 AM – 9TH GRADE GROUP	<b>“RIDER STRONG”</b> 9 AM – 10-12 GRADE 10:30 AM – 9TH GRADE GROUP	<div style="background-color: #000080; color: white; padding: 5px; text-align: center;"> <b>RIDER 7 ON 7 (1) 6:00 – 7:30 PM (ALL SNAPPERS &amp; SKILL PLAYERS)</b> </div>	<b>“RIDER STRONG”</b> 9 AM – 10-12 GRADE 10:30 AM – 9TH GRADE GROUP	<b>“RIDER STRONG”</b> 9 AM – 10-12 GRADE 10:30 AM – 9TH GRADE GROUP	
10	11	12	13	14	15	16
<b>RIDER SKILLS &amp; DRILLS (2):</b> 5:30 – 7:30 PM (GRADES 9-12)	<b>“RIDER STRONG – WEEK #2”</b> 9 AM – 10-12 GRADE 10:30 AM – 9TH GRADE GROUP	<b>“RIDER STRONG”</b> 9 AM – 10-12 GRADE 10:30 AM – 9TH GRADE GROUP	<div style="background-color: #000080; color: white; padding: 5px; text-align: center;"> <b>RIDER 7 ON 7 (2) 6:00 – 7:30 PM (ALL SNAPPERS &amp; SKILL PLAYERS)</b> </div>	<b>“RIDER STRONG”</b> 9 AM – 10-12 GRADE 10:30 AM – 9TH GRADE GROUP	<b>“RIDER STRONG”</b> 9 AM – 10-12 GRADE 10:30 AM – 9TH GRADE GROUP	
17	18	19	20	21	22	23
<b>NO SKILLS &amp; DRILLS</b>  <b>FATHERS DAY</b>	<b>“RIDER STRONG – WEEK #3”</b> 9 AM – 10-12 GRADE 10:30 AM – 9TH GRADE GROUP	<b>“RIDER STRONG”</b> 9 AM – 10-12 GRADE 10:30 AM – 9TH GRADE GROUP  <div style="background-color: yellow; padding: 5px; text-align: center;"> <b>USA FOOTBALL MASTER COACH TRAINING (4-8 PM) @ EAST HS</b> </div>	<div style="background-color: #000080; color: white; padding: 5px; text-align: center;"> <b>RIDER 7 ON 7 (3) 6:00 – 7:30 PM (ALL SNAPPERS &amp; SKILL PLAYERS)</b> </div>	<div style="background-color: yellow; padding: 5px; text-align: center;"> <b>RIDER CLUB YOUTH FB COACHES CLINIC (5-8 PM)</b> </div>	<b>“RIDER STRONG”</b> 9 AM – 10-12 GRADE 10:30 AM – 9TH GRADE GROUP	<div style="background-color: yellow; padding: 5px; text-align: center;"> <b>DM HOOVER 7on7 &amp; LINEMAN CHALLENGE (8AM – 3 PM)</b> </div>
24	25	26	27	28	29	30
<b>RIDER SKILLS &amp; DRILLS (3):</b> 5:30 – 7:30 PM (GRADES 9-12)	<b>“RIDER STRONG – WEEK #4”</b> 9 AM – 10-12 GRADE 10:30 AM – 9TH GRADE GROUP	<b>“RIDER STRONG”</b> 9 AM – 10-12 GRADE 10:30 AM – 9TH GRADE GROUP	<div style="background-color: #000080; color: white; padding: 5px; text-align: center;"> <b>RIDER 7 ON 7 (4) 6:00 – 7:30 PM (ALL SNAPPERS &amp; SKILL PLAYERS)</b> </div>	<b>“RIDER STRONG”</b> 9 AM – 10-12 GRADE 10:30 AM – 9TH GRADE GROUP	<b>“RIDER STRONG”</b> 9 AM – 10-12 GRADE 10:30 AM – 9TH GRADE GROUP	



# ROOSEVELT FOOTBALL CALENDAR



July 18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July 1	2	3	4	5	6	7
<b>RIDER SKILLS &amp; DRILLS (4):</b> 5:30 – 7:30 PM (GRADES 9-12)	<b>NO FOOTBALL ACTIVITIES</b> →					
8	9	10	11	12	13	14
<b>NO SKILLS &amp; DRILLS</b>	<b>“RIDER STRONG – WEEK #5”</b> 9 AM – 10-12 GRADE 10:30 AM – 9 <sup>TH</sup> GRADE GROUP	<b>“RIDER STRONG”</b> 9 AM – 10-12 GRADE 10:30 AM – 9 <sup>TH</sup> GRADE GROUP	<b>RIDER 7 ON 7 (6)</b> 6:00 – 7:30 PM (ALL SNAPPERS & SKILL PLAYERS)	<b>“RIDER STRONG”</b> 9 AM – 10-12 GRADE 10:30 AM – 9 <sup>TH</sup> GRADE GROUP	<b>“RIDER STRONG”</b> 9 AM – 10-12 GRADE 10:30 AM – 9 <sup>TH</sup> GRADE GROUP	
15	16	17	18	19	20	21
<b>RIDER SKILLS &amp; DRILLS (5):</b> 5:30 – 7:30 PM (GRADES 9-12)	<b>“RIDER STRONG – WEEK #6”</b> 9 AM – 10-12 GRADE 10:30 AM – 9 <sup>TH</sup> GRADE GROUP	<b>“RIDER STRONG”</b> 9 AM – 10-12 GRADE 10:30 AM – 9 <sup>TH</sup> GRADE GROUP	<b>RIDER 7 ON 7 (6)</b> 6:00 – 7:30 PM (ALL SNAPPERS & SKILL PLAYERS)	<b>“RIDER STRONG”</b> 9 AM – 10-12 GRADE 10:30 AM – 9 <sup>TH</sup> GRADE GROUP	<b>“RIDER STRONG”</b> 9 AM – 10-12 GRADE 10:30 AM – 9 <sup>TH</sup> GRADE GROUP	<b>SHRINE BOWL</b>  <b>RIDER CLUB YOUTH FB GOLF OUTING (8-2 PM)</b>
22	23	24	25	26	27	28
<b>RIDER SKILLS &amp; DRILLS (6):</b> 5:30 – 7:30 PM (GRADES 9-12)	<b>“RIDER STRONG – WEEK #7”</b> 9 AM – 10-12 GRADE 10:30 AM – 9 <sup>TH</sup> GRADE GROUP	<b>“RIDER STRONG”</b> 9 AM – 10-12 GRADE 10:30 AM – 9 <sup>TH</sup> GRADE GROUP		<b>“RIDER STRONG”</b> 9 AM – 10-12 GRADE 10:30 AM – 9 <sup>TH</sup> GRADE GROUP	<b>“RIDER STRONG”</b> 9 AM – 10-12 GRADE 10:30 AM – 9 <sup>TH</sup> GRADE GROUP	<b>SENIOR BBQ @ COACH LINK’S HOUSE – 6 PM</b>
29	30	31	August 1	2	3	4
<b>RIDER SKILLS &amp; DRILLS (7):</b> 5:30 – 7:30 PM (GRADES 9-12)	<b>“RIDER STRONG – WEEK #8”</b> <b>TESTING WEEK</b>  RIDER FOOTBALL CAMP: YOUTH (3-5 PM) HS (5:30 – 7:30 PM)	<b>“RIDER STRONG – WEEK #8”</b> <b>TESTING WEEK</b>  RIDER FOOTBALL CAMP: YOUTH (3-5 PM) HS (5:30 – 7:30 PM)				



# ROOSEVELT FOOTBALL CALENDAR



## August 18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July 29	30	31	August 1	2	3	4
			<b>"RIDER STRONG - WEEK #8"</b> <b>TESTING WEEK</b>		<b>HIGH SCHOOL:</b> <b>EQUIPMENT CHECKOUT &amp; HUDL ACCOUNT (3-5 PM)</b>	
			RIDER FOOTBALL CAMP: YOUTH (3-5 PM) HS (5:30 - 7:30 PM)	RIDER FOOTBALL CAMP: YOUTH (3-5 PM) HS (5:30 - 7:30 PM)	<b>HS PRE-SEASON PARENT MTG @ 6PM - TRHS CAFETERIA:</b> - PRE-SEASON PRACTICE - IN-SEASON SCHEDULE - PROGRAM EXPECTATIONS & POLICIES	
5	6	7	8	9	10	11
<b>OFF</b>	<b>HELMETS - 1</b> <b>PRE-SEASON PRACTICE STARTS</b> <b>PRACTICE #1/#2</b>  MTG'S @ 3 PM 4-5:30 PM 5:30 - 6:15 PM (BREAK) 6:30 - 8:00 PM <b>*** 9TH GRADE @ 3 PM ***</b>	<b>HELMETS - 2</b> <b>PRACTICE #3/#4</b>  MTG'S @ 3 PM 4-5:30 PM 5:30 - 6:15 PM (BREAK) 6:30 - 8:00 PM  <b>*** 9TH GRADE @ 3 PM ***</b>	<b>SHELLS - 3</b> <b>PRACTICE #5/#6</b>  MTG'S @ 3 PM 4-5:30 PM 5:30 - 6:15 PM (BREAK) 6:30 - 8:00 PM  <b>*** 9TH GRADE @ 3 PM ***</b>	<b>SHELLS - 4</b> <b>PRACTICE #7/#8</b>  MTG'S @ 3 PM 4-5:30 PM 5:30 - 6:15 PM (BREAK) 6:30 - 8:00 PM  <b>*** 9TH GRADE @ 3 PM ***</b>	<b>SHELLS - 5</b> <b>PRACTICE #9/#10</b>  MTG'S @ 3 PM 4-5:30 PM 5:30 - 6:15 PM (BREAK) 6:30 - 8:00 PM  <b>ACE FUNDRAISING CARDS PASSED OUT</b>	<b>FULL PADS - 6</b> <b>PRACTICE #11/#12</b>  8-10 AM 10 - 10:45 AM (BREAK) 11:00 - 12:00  ****TACKLING****
12	13	14	15	16	17	18
<b>OFF</b>	<b>FULL PADS - 7</b> <b>PRACTICE #13/#14</b>  <b>TEAM LIFT @ 1:45 PM</b> MTG'S @ 3 PM 4-5:30 PM 5:30 - 6:15 PM (BREAK) 6:30 - 8:00 PM  <b>*** 9TH GRADE @ 3 PM ***</b>	<b>FULL PADS - 8</b> <b>PRACTICE #15/#16</b>  MTG'S @ 3 PM 4-5:30 PM 5:30 - 6:15 PM (BREAK) 6:30 - 8:00 PM  <b>***OFFICIALS @ PRACTICE***</b>	<b>FULL PADS - 10</b> <b>PRACTICE #19/#20</b>  MTG'S @ 3 PM 4-5:30 PM 5:30 - 6:15 PM (BREAK) 6:30 - 8:00 PM	<b>FULL PADS - 10</b> <b>PRACTICE #19/#20</b>  MTG'S @ 3 PM 4-5:30 PM 5:30 - 6:15 PM (BREAK) 6:30 - 8:00 PM	<b>FULL PADS - 11</b> <b>PRACTICE #21</b>  <b>ALL LEVELS MEET @ TRHS @ 4PM</b> <b>RIDER/GATORADE BOWL:</b> <b>9TH/JV: 6:30 - 7:30 PM</b> <b>VARSITY - 8:00 - 10 PM</b>	<b>ACE FUNDRAISING CARD BLITZ DAY - COACHES W/ KIDS (10:15 - 12:00)</b>  <b>HELMET DECALS</b>
19	20	21	22	23	24	25
<b>OFF</b>	<b>GAME WEEK</b> <b>PRACTICE #22 - SHELLS</b> 2:45 PM - TEAM LIFT 3:50 PM - O/D MTG 4:45 PM - FLEX 6:15 PM - CHEER  <b>TEACHERS REPORT</b>	<b>GAME WEEK</b> <b>PRACTICE #23 - PADS</b> 7:15 AM - O/D MTG 4:00 PM - FLEX 6:15 PM - CHEER  <b>TEACHER WORKDAY</b> →	<b>GAME WEEK</b> <b>PRACTICE #24 - PADS</b> 7:15 AM - O/D MTG 8:15 AM - TEAM LIFT 4:00 PM - FLEX 6:15 PM - CHEER 6:30 PM - TEAM DINNER	<b>1<sup>ST</sup> DAY OF SCHOOL</b> <b>PRACTICE #25 - HELMETS</b> 7:00 AM - O/D/ST MTG 3:45 PM - HAND OUT JV/ VARSITY UNIFORMS 4:15 PM - BEYOND FOOTBALL 5:00 PM - FLEX 6:00 PM - CHEER  <b>9TH GRADE &amp; JV GAME</b>	<b>GAMEDAY #1 (HOOVER)</b> 4:00 PM (TEAM MEETING) 4:10 PM (NUTRITION BOOST) 4:30 PM (WALK-THRU) 5:15 PM (TAPE & DRESS)	<b>PICTURE DAY (10am-12pm)</b> <b>TEAM - 10-10:30 AM</b> <b>INDY - 10:30-11:15 AM</b> <b>GROUP - 11:15 - 12 PM</b>
26	27	28	29	30	31	September 1
<b>GAME WEEK SUNDAY</b> 12:00 - 4:45 PM (STAFF) 5:00 PM - TEAM MTG 5:15 PM - O/D MTG 6:15 PM - GO HOME	<b>(SHELLS)</b> 7:00 AM - TEAM LIFT 8:00 AM - BREAKFAST 8:30 AM - SCHOOL STARTS 3:50 PM - O/D INSTALL MTG 4:45 PM - FLEX 6:15 PM - CHEER	<b>(PADS)</b> 7:15 AM - O/D MTG 8:00 AM - BREAKFAST 8:30 AM - SCHOOL STARTS 4:00 PM - FLEX 6:15 PM - CHEER	<b>(PADS)</b> 7:15 AM - O/D MTG 8:00 AM - BREAKFAST 8:30 AM - SCHOOL STARTS 2:30 PM - TEAM LIFT 4:00 PM - FLEX 6:15 PM - CHEER 6:30 PM - TEAM DINNER  <b>EARLY OUT (???)</b>	<b>(HELMETS)</b> 7:15 AM - O/D/ST MTG 8:00 AM - BREAKFAST 3:45 PM - HAND OUT JV/ VARSITY UNIFORMS 4:15 PM - BEYOND FOOTBALL 5:00 PM - FLEX 6:00 PM - CHEER  <b>9TH GRADE &amp; JV GAME</b>	<b>GAMEDAY #2 (@ LINCOLN)</b> 4:00 PM (TEAM MEETING) 4:10 PM (NUTRITION BOOST) 4:30 PM (WALK-THRU) 5:15 PM (TAPE & DRESS)	





# ROOSEVELT FOOTBALL CALENDAR



## September 18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
August 26	27	28	29	30	31	September 1
						<b>OFF</b>
2	3	4	5	6	7	8
<b>GAME WEEK SUNDAY</b> 12:00 – 4:45 PM (STAFF) 5:00 PM – TEAM MTG 5:15 PM – O/D MTG 6:15 PM – GO HOME	<b>LABOR DAY – NO SCHOOL (SHELLS)</b>  1:45 PM – TEAM LIFT 3:00 PM – O/D MTG 4:15 PM – FLEX 6:00 PM – CHEER	<b>(PADS)</b>  7:15 AM – O/D MTG 8:00 AM – BREAKFAST 8:30 AM – SCHOOL STARTS 4:00 PM – FLEX 6:15 PM – CHEER	<b>(PADS)</b>  7:15 AM – O/D MTG 8:00 AM – BREAKFAST 8:30 AM – SCHOOL STARTS 2:30 PM – TEAM LIFT 4:00 PM – FLEX 6:15 PM – CHEER 6:30 PM – TEAM DINNER <b>EARLY OUT (??? PM)</b>	<b>(HELMETS)</b> 7:15 AM – O/D/ST MTG 8:00 AM - BREAKFAST 3:45 PM – HAND OUT JV/ VARSITY UNIFORMS 4:15 PM – BEYOND FOOTBALL 5:00 PM – FLEX 6:00 PM – CHEER <b>9<sup>TH</sup> GRADE &amp; JV GAME</b>	<b>GAMEDAY #3 (EAST)</b> 4:00 PM (TEAM MEETING) 4:10 PM (NUTRITION BOOST) 4:30 PM (WALK-THRU) 5:15 PM (TAPE & DRESS)	<b>OFF</b>
9	10	11	12	13	14	15
<b>GAME WEEK SUNDAY</b> 12:00 – 4:45 PM (STAFF) 5:00 PM – TEAM MTG 5:15 PM – O/D MTG 6:15 PM – GO HOME	<b>(SHELLS)</b>  7:00 AM – TEAM LIFT 8:00 AM – BREAKFAST 8:30 AM – SCHOOL STARTS 3:50 PM – O/D INSTALL MTG 4:45 PM – FLEX 6:15 PM – CHEER	<b>(PADS)</b>  7:15 AM – O/D MTG 8:00 AM – BREAKFAST 8:30 AM – SCHOOL STARTS 4:00 PM – FLEX 6:15 PM – CHEER	<b>(PADS)</b>  7:15 AM – O/D MTG 8:00 AM – BREAKFAST 8:30 AM – SCHOOL STARTS 2:30 PM – TEAM LIFT 4:00 PM – FLEX 6:15 PM – CHEER 6:30 PM – TEAM DINNER	<b>(HELMETS)</b> 7:15 AM – O/D/ST MTG 8:00 AM - BREAKFAST 3:45 PM – HAND OUT JV/ VARSITY UNIFORMS 4:15 PM – BEYOND FOOTBALL 5:00 PM – FLEX 6:00 PM – CHEER <b>9<sup>TH</sup> GRADE &amp; JV GAME</b>	<b>GAMEDAY #4 (@ ANKENY)</b> 4:00 PM (TEAM MEETING) 4:10 PM (NUTRITION BOOST) 4:30 PM (WALK-THRU) 5:15 PM (TAPE & DRESS)	<b>OFF</b>
16	17	18	19	20	21	22
<b>GAME WEEK SUNDAY</b> 12:00 – 4:45 PM (STAFF) 5:00 PM – TEAM MTG 5:15 PM – O/D MTG 6:15 PM – GO HOME	<b>(SHELLS)</b>  7:00 AM – TEAM LIFT 8:00 AM – BREAKFAST 8:30 AM – SCHOOL STARTS 3:50 PM – O/D INSTALL MTG 4:45 PM – FLEX 6:15 PM – CHEER	<b>(PADS)</b>  7:15 AM – STUDY TABLE 8:00 AM – BREAKFAST 8:30 AM – SCHOOL STARTS 4:00 PM – FLEX 6:15 PM – CHEER	<b>(PADS)</b>  7:15 AM – STUDY TABLE 8:00 AM – BREAKFAST 8:30 AM – SCHOOL STARTS 2:30 PM – TEAM LIFT 4:00 PM – FLEX 6:15 PM – CHEER 6:30 PM – TEAM DINNER	<b>(HELMETS)</b> 7:15 AM – O/D/ST MTG 8:00 AM - BREAKFAST 3:45 PM – HAND OUT JV/ VARSITY UNIFORMS 4:15 PM – BEYOND FOOTBALL 5:00 PM – FLEX 6:00 PM – CHEER <b>9<sup>TH</sup> GRADE &amp; JV GAME</b>	<b>GAMEDAY #5 (SC WEST)</b> <b>HOMECOMING</b> 4:00 PM (TEAM MEETING) 4:10 PM (NUTRITION BOOST) 4:30 PM (WALK-THRU) 5:15 PM (TAPE & DRESS)	<b>OFF</b>
23	24	25	26	27	28	29
<b>GAME WEEK SUNDAY</b> 12:00 – 4:45 PM (STAFF) 5:00 PM – TEAM MTG	<b>(SHELLS)</b>  7:00 AM – TEAM LIFT 8:00 AM – BREAKFAST 8:30 AM – SCHOOL STARTS 3:50 PM – O/D INSTALL MTG 4:45 PM – FLEX 6:15 PM – CHEER <b>JV GAME</b>	<b>(PADS)</b>  7:15 AM – STUDY TABLE 8:00 AM – BREAKFAST 8:30 AM – SCHOOL STARTS 4:00 PM – FLEX 6:15 PM – CHEER	<b>(PADS)</b>  7:15 AM – STUDY TABLE 8:00 AM – BREAKFAST 8:30 AM – SCHOOL STARTS 2:30 PM – TEAM LIFT 4:00 PM – FLEX 6:15 PM – CHEER 6:30 PM – TEAM DINNER	<b>(HELMETS)</b> 7:15 AM – O/D/ST MTG 8:00 AM - BREAKFAST 3:45 PM – HAND OUT JV/ VARSITY UNIFORMS 4:15 PM – BEYOND FOOTBALL 5:00 PM – FLEX 6:00 PM – CHEER <b>9<sup>TH</sup> GRADE GAME</b>	<b>GAMEDAY #6 (@ FT DODGE)</b> 4:00 PM (TEAM MEETING) 4:10 PM (NUTRITION BOOST) 4:30 PM (WALK-THRU) 5:15 PM (TAPE & DRESS)	<b>OFF</b>
30						
<b>GAME WEEK SUNDAY</b> 12:00 – 4:45 PM (STAFF) 5:00 PM – TEAM MTG 5:15 PM – O/D MTG 6:15 PM – GO HOME						



# ROOSEVELT FOOTBALL CALENDAR



## October 18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September 30	October 1	2	3	4	5	6
	<b>(SHELLS)</b> 7:00 AM – TEAM LIFT 8:00 AM – BREAKFAST 8:30 AM – SCHOOL STARTS 3:50 PM – O/D INSTALL MTG 4:45 PM – FLEX 6:15 PM – CHEER	<b>(PADS)</b> 7:15 AM – STUDY TABLE 8:00 AM – BREAKFAST 8:30 AM – SCHOOL STARTS 4:00 PM – FLEX 6:15 PM – CHEER	<b>(PADS)</b> 7:15 AM – STUDY TABLE 8:00 AM – BREAKFAST 8:30 AM – SCHOOL STARTS 2:30 PM – TEAM LIFT 4:00 PM – FLEX 6:15 PM – CHEER 6:30 PM – TEAM DINNER	<b>(HELMETS)</b> 7:15 AM – O/D/ST MTG 8:00 AM – BREAKFAST 3:45 PM – HAND OUT JV/ VARSITY UNIFORMS 4:15 PM – BEYOND FOOTBALL 5:00 PM – FLEX 6:00 PM – CHEER <b>9<sup>TH</sup> GRADE &amp; JV GAME</b>	<b>GAMEDAY #7 (@ MARSHALLTOWN)</b> 4:00 PM (TEAM MEETING) 4:10 PM (NUTRITION BOOST) 4:30 PM (WALK-THRU) 5:15 PM (TAPE & DRESS)	<b>OFF</b>
7	8	9	10	11	12	13
<b>GAME WEEK SUNDAY</b> 12:00 – 4:45 PM (STAFF) 5:00 PM – TEAM MTG 5:15 PM – O/D MTG 6:15 PM – GO HOME	<b>(SHELLS)</b> 7:00 AM – TEAM LIFT 8:00 AM – BREAKFAST 8:30 AM – SCHOOL STARTS 3:50 PM – O/D INSTALL MTG 4:45 PM – FLEX 6:15 PM – CHEER	<b>(PADS)</b> 7:15 AM – STUDY TABLE 8:00 AM – BREAKFAST 8:30 AM – SCHOOL STARTS 4:00 PM – FLEX 6:15 PM – CHEER	<b>(PADS)</b> 7:15 AM – STUDY TABLE 8:00 AM – BREAKFAST 8:30 AM – SCHOOL STARTS 2:30 PM – TEAM LIFT 4:00 PM – FLEX 6:15 PM – CHEER 6:30 PM – TEAM DINNER	<b>(HELMETS)</b> 7:15 AM – O/D/ST MTG 8:00 AM – BREAKFAST 3:45 PM – HAND OUT JV/ VARSITY UNIFORMS 4:15 PM – BEYOND FOOTBALL 5:00 PM – FLEX 6:00 PM – CHEER <b>9<sup>TH</sup> GRADE &amp; JV GAME</b>	<b>GAMEDAY #8 (ANKENY CENTENNIAL)</b> 4:00 PM (TEAM MEETING) 4:10 PM (NUTRITION BOOST) 4:30 PM (WALK-THRU) 5:15 PM (TAPE & DRESS)	<b>OFF</b>
14	15	16	17	18	19	20
<b>GAME WEEK SUNDAY</b> 12:00 – 4:45 PM (STAFF) 5:00 PM – TEAM MTG 5:15 PM – O/D MTG 6:15 PM – GO HOME	<b>(SHELLS)</b> 7:00 AM – TEAM LIFT 8:00 AM – BREAKFAST 8:30 AM – SCHOOL STARTS 3:50 PM – O/D INSTALL MTG 4:45 PM – FLEX 6:15 PM – CHEER	<b>(PADS)</b> 7:15 AM – STUDY TABLE 8:00 AM – BREAKFAST 8:30 AM – SCHOOL STARTS 4:00 PM – FLEX 6:15 PM – CHEER	<b>(PADS)</b> 7:15 AM – STUDY TABLE 8:00 AM – BREAKFAST 8:30 AM – SCHOOL STARTS 2:30 PM – TEAM LIFT 4:00 PM – FLEX 6:15 PM – CHEER 6:30 PM – TEAM DINNER	<b>(HELMETS)</b> 7:15 AM – O/D/ST MTG 8:00 AM – BREAKFAST 3:45 PM – HAND OUT JV/ VARSITY UNIFORMS 4:15 PM – BEYOND FOOTBALL 5:00 PM – FLEX 6:00 PM – CHEER <b>9<sup>TH</sup> GRADE &amp; JV GAME</b>	<b>GAMEDAY #9 (@ SE POLK)</b> 4:00 PM (TEAM MEETING) 4:10 PM (NUTRITION BOOST) 4:30 PM (WALK-THRU) 5:15 PM (TAPE & DRESS)	<b>OFF</b>
21	22	23	24	25	26	27
	<b>(SHELLS)</b> 7:00 AM – TEAM LIFT 8:00 AM – BREAKFAST 8:30 AM – SCHOOL STARTS 3:50 PM – O/D INSTALL MTG 4:45 PM – FLEX 6:15 PM – CHEER <b>POSSIBLE EQUIP CHECK-IN @ 4PM</b>	<b>(PADS)</b> 7:15 AM – STUDY TABLE 8:00 AM – BREAKFAST 8:30 AM – SCHOOL STARTS 4:00 PM – FLEX 6:15 PM – CHEER	<b>(PADS)</b> 7:15 AM – STUDY TABLE 8:00 AM – BREAKFAST 8:30 AM – SCHOOL STARTS 2:30 PM – TEAM LIFT 4:00 PM – FLEX 6:15 PM – CHEER 6:30 PM – TEAM DINNER	<b>NO SCHOOL – STAFF PD (HELMETS)</b> 7:15 AM – O/D/ST MTG 3:45 PM – HAND OUT VARSITY UNIFORMS 4:15 PM – BEYOND FOOTBALL 5:00 PM – FLEX 6:00 PM – CHEER	<b>NO SCHOOL – STAFF PD GAMEDAY – 1<sup>ST</sup> ROUND PLAYOFFS</b> 3:30 PM (FOCUS & RELAX) 4:00 PM (TEAM MEETING) 4:10 PM (NUTRITION BOOST) 4:30 PM (WALK-THRU) 5:15 PM (TAPE & DRESS)	<b>OFF</b>
28	29	30	31	November 1	2	3
<b>GAME WEEK SUNDAY</b> 12:00 – 4:45 PM (STAFF) 5:00 PM – TEAM MTG 5:15 PM – O/D MTG 6:15 PM – GO HOME	<b>(SHELLS)</b> 7:00 AM – TEAM LIFT 8:00 AM – BREAKFAST 8:30 AM – SCHOOL STARTS 3:50 PM – O/D INSTALL MTG 4:45 PM – FLEX 6:15 PM – CHEER <b>POSSIBLE EQUIP CHECK-IN @ 4PM</b>	<b>(PADS)</b> 7:15 AM – STUDY TABLE 8:00 AM – BREAKFAST 8:30 AM – SCHOOL STARTS 4:00 PM – FLEX 6:15 PM – CHEER	<b>POSSIBLE TEAM MTG @ 1 PM:</b> - WORKOUT SCHEDULE - CALENDAR - RECRUITING - EXIT INTERVIEWS - SEASON WRAP UP			



# ROOSEVELT FOOTBALL CALENDAR



## November 18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October 28	29	30	31	November 1	2	3
				(HELMETS) 7:15 AM – O/D/ST MTG 8:00 AM – BREAKFAST 3:45 PM – HAND OUT JV/ VARSITY UNIFORMS 4:15 PM – BEYOND FOOTBALL 5:00 PM – FLEX 6:00 PM – CHEER	<b>GAMEDAY – 2<sup>ND</sup> ROUND PLAYOFFS</b> 4:00 PM (TEAM MEETING) 4:10 PM (NUTRITION BOOST) 4:30 PM (WALK-THRU) 5:15 PM (TAPE & DRESS)	<b>OFF</b>
4	5	6	7	8	9	10
<b>GAME WEEK SUNDAY</b> 12:00 – 4:45 PM (STAFF) 5:00 PM – TEAM MTG 5:15 PM – O/D MTG 6:15 PM – GO HOME	<b>(SHELLS)</b> 7:00 AM – TEAM LIFT 8:00 AM – BREAKFAST 8:30 AM – SCHOOL STARTS 3:50 PM – O/D INSTALL MTG 4:45 PM – FLEX 6:15 PM – CHEER  SR. EXIT INTERVIEWS TRANSITIONAL WORKOUTS BEGIN IF NOT IN PLAYOFFS	<b>(PADS)</b> 7:15 AM – STUDY TABLE 8:00 AM – BREAKFAST 8:30 AM – SCHOOL STARTS 4:00 PM – FLEX 6:15 PM – CHEER	<b>(PADS)</b> 7:15 AM – STUDY TABLE 8:00 AM – BREAKFAST 8:30 AM – SCHOOL STARTS 2:30 PM – TEAM LIFT 4:00 PM – FLEX 6:15 PM – CHEER 6:30 PM – TEAM DINNER	(HELMETS) 7:15 AM – O/D/ST MTG 8:00 AM – BREAKFAST 3:45 PM – HAND OUT JV/ VARSITY UNIFORMS 4:15 PM – BEYOND FOOTBALL 5:00 PM – FLEX 6:00 PM – CHEER	<b>GAMEDAY – SEMIFINALS PLAYOFFS</b> 4:00 PM (TEAM MEETING) 4:10 PM (NUTRITION BOOST) 4:30 PM (WALK-THRU) 5:15 PM (TAPE & DRESS)	<b>OFF</b>
11	12	13	14	15	16	17
<b>GAME WEEK SUNDAY</b> 12:00 – 4:45 PM (STAFF) 5:00 PM – TEAM MTG 5:15 PM – O/D MTG 6:15 PM – GO HOME	<b>(SHELLS)</b> 7:00 AM – TEAM LIFT 8:00 AM – BREAKFAST 8:30 AM – SCHOOL STARTS 3:50 PM – O/D INSTALL MTG 4:45 PM – FLEX 6:15 PM – CHEER  SR. EXIT INTERVIEWS TRANSITIONAL WORKOUTS (2)	<b>(PADS)</b> 7:15 AM – STUDY TABLE 8:00 AM – BREAKFAST 8:30 AM – SCHOOL STARTS 4:00 PM – FLEX 6:15 PM – CHEER	<b>(PADS)</b> 7:15 AM – STUDY TABLE 8:00 AM – BREAKFAST 8:30 AM – SCHOOL STARTS 2:30 PM – TEAM LIFT 4:00 PM – FLEX 6:15 PM – CHEER 6:30 PM – TEAM DINNER	(HELMETS) 7:15 AM – O/D/ST MTG 8:00 AM – BREAKFAST 3:45 PM – HAND OUT JV/ VARSITY UNIFORMS 4:15 PM – BEYOND FOOTBALL 5:00 PM – FLEX 6:00 PM – CHEER	<b>GAMEDAY – FINALS PLAYOFFS</b> 4:00 PM (TEAM MEETING) 4:10 PM (NUTRITION BOOST) 4:30 PM (WALK-THRU) 5:15 PM (TAPE & DRESS)	<b>OFF</b>
18	19	20	21	22	23	24
<b>BANQUET @ 6PM</b>	SR. EXIT INTERVIEWS		<b>THANKSGIVING BREAK NO SCHOOL</b>			
	<b>WT ROOM CLOSED</b>					
25	26	27	28	29	30	December 1
	<b>TRANSITIONAL WORKOUTS (3)</b>					



# ROOSEVELT FOOTBALL CALENDAR



## December 18

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
November 25	26	27	28	29	30	December 1
2	3	4	5	6	7	8
	<b>TRANSITIONAL WORKOUTS (4)</b> →					
9	10	11	12	13	14	15
	<b>TRANSITIONAL WORKOUTS (5)</b> →					
16	17	18	19	20	21	22
	<b>TRANSITIONAL WORKOUTS (6)</b> →				<b>LAST DAY OF SCHOOL</b>	<b>WINTER BREAK BEGINS (DEC 22 - JAN 1)</b>
23	24	25	26	27	28	29
	<b>WINTER BREAK</b> →					
30	31					