

Livonia Orioles Cheer

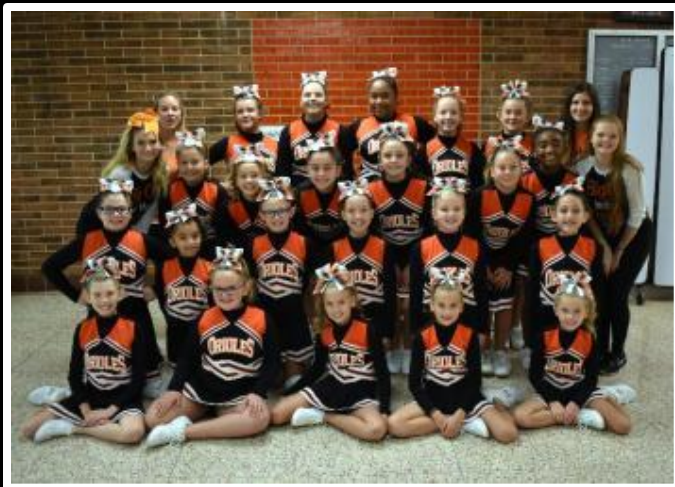
2018 Parent's Meeting



ORIOLES CHEER



**Flag
Freshman**



**Junior
Varsity
Varsity**



Introductions



ORIOLES CHEER

Cheer Directors:

Lesley Boley & Jodi Svoboda (assistant)

Football Directors:

Jerry Tiernan, Joe Boley, & Bob LeBar

Cheer Coaches:

Flag - Heather Flack & Sam Huffaker

Freshman – Debbie Kelly & Amy Cashin

J.V. – Jenny Hixon & Angela Papazian

Varsity – Jenn Dewar & Bridget Makila

“Junior coaches” are high school students who volunteer to help teach pom and cheer routines. All parent communication must go through the adult coaches.

“Team moms” help coordinate activities- please see your team coaches if you are interested in this role.

Orioles Website



ORIOLES CHEER

Check us out

Everything you need is just a click away

www.livoniaorioles.com

Contact Information

Key Dates, Forms, and Pictures



Practice Location:

Buchanan Elementary School
16400 Hubbard Road.
Livonia, MI 48154

Buchanan is located on the east side of Hubbard, between 5 & 6 Mile roads.

**** Sometime in October, practice will move to an indoor facility– most likely Johnson Upper Elementary (Hix Road, south of Joy)**



ORIOLES CHEER

Important Dates:

May 8th – Uniform fitting at Dickinson Center 6pm- 9pm (sign up for a time slot)

July 23rd, 24th & 25th Cheer Camp 6pm-8pm, Cheer Packs also distributed

August 5th- Cheer for the Cure 7am– details to follow

August 6th– First day of practice @ Buchanan Elementary

August 10th – Oriole Pool Party @ Castle Gardens Pool Club

August 11th – Bentley Field Clean Up (tentative, Bentley is the Orioles home field for games)

August 14th- Picture day!

August 23rd – Pep Rally @ Buchanan Elementary

August 25th- 1st game of the season!

September 30th- Family Day game

October 14th- PINK OUT game

October 28th – CHEERFEST competition!

Orioles annual fundraiser



ORIOLES CHEER



What ? A raffle:

- ▶ Includes cheerleaders and football players
- ▶ Each family is asked to sell 20 tickets @ \$5/each (i.e., \$100 worth) .
- ▶ Families with 2+ athletes are asked to sell 30 tickets @ \$5/each (i.e., \$150 worth).
- ▶ Money is due when tickets are picked up: \$100 (or \$150 for families with 2+ athletes)
- ▶ 4 winners are drawn, cash prizes are: \$1,000; \$750; \$500; and \$250

When ?:

- ▶ Ticket stubs due back at cheer camp July 23rd- 25th
 - ▶ The drawing takes place on Friday August 10th at 6pm at Bentley Field
- NEED NOT BE PRESENT TO WIN \$\$\$\$**



ORIOLES CHEER

Volunteers Needed



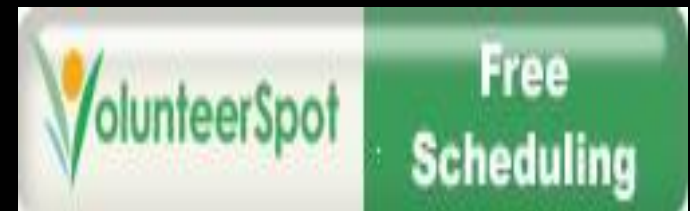
We Want Oriole Parent's

We are looking for a family to take the lead on our "PINK OUT" game– organize the event and donations. This will count for ALL three of your spots. Please see Lesley or Jodi if interested.



There are a lot of great ways for parents to volunteer:

- 1. All families MUST sign up for THREE volunteer positions this season.**
- 2. If a family does not fulfill their 3 spots, they will not be invited to the end of the year banquet and will lose veteran status– we cannot run the season without volunteers.**
- 3. Team parents: Each squad needs a parent to help as the "Team Mom"- someone to help coordinate events, handle snack sign-up, family day, etc.**



Other positions needed to have a great season...



ORIOLES CHEER

Digital Picture Takers: Take pictures at practice, games, and events. We need these for the yearbook. They are uploaded to the Shutterfly link on the Orioles website.

Yearbook Staff: We are in need of 1-3 parents who will help create the yearbook this year. See Jodi if interested.

Spirit wear: Andrea Shook is running spirit wear this year.

Field Directors: Organize volunteers at home games and attend football player weigh-ins at away games. See a football director if you are able to take the lead on this!

Concession Manager: Heather Pac is looking for an assistant to help run concessions. If interested see a director or Heather Pac.

**Help
Wanted**

Uniforms & Cheer Pack 2018



ORIOLES CHEER

Skirt & Shell— to be returned at the end of season- please bring a \$100 deposit check to uniform fitting made out to “Livonia Orioles”. The check will be returned to you at the end of season (uncashed) if there is no damage to the skirt and shell. Please do not alter the uniform without director permission.

2018 Cheer Pack includes:

- **Cheer Shoes**
- **Black Long Sleeve Bodysuit**
- **Black Boy Shorts**
- **Black Dance Pants**
- **Spirit t-shirt & Pink Out t-shirt**
- **Game Day Bow & Competition Bow**
- **New Orioles jacket**
- **Cheer Camp - 3 days of teambuilding, activities & conditioning**

Other purchases:

- ▶ **Cheer bag— must purchase if you do not have one. They are \$30. We are no longer renting bags. You may add this amount to your cheer pack check.**
- ▶ **Hoodie- hoodies are optional and are great to show Orioles spirit at school! There will be an order form at the fitting date. (hoodies are not required, but encouraged)**
- ▶ **Rain jacket- if your cheerleader does not have one- please make sure they have a clear or translucent jacket for games.**

Cheer Bag-

What should your cheerleader keep in it?



ORIOLES CHEER

Complete Uniform (game days)

Band-Aids

Hair Ties

Hoodie

Dance Pants

Rain jacket/poncho

Sun Block

Bug Spray

Water

***Please note WATER is the only drink allowed at practice and at games.**

ALWAYS bring complete uniform in bag. Coaches will advise on uniform the night before, however it may change through-out the game based on the weather.



Practice bag:

What should your cheerleader keep in it?

- **Shorts / Tee-shirts are best for warmer evenings.**
- **Sweat-pants / sweat-shirts for cooler evenings.**
- **Proper Athletic Shoes are REQUIRED.**
- **No Jeans, skirts, string tank tops, or Jewelry of any kind.**
- **Hair MUST be pulled back off face.**

***Please note: Do not get cheerleaders ears pierced anytime between May-November- cheerleaders will be required to remove earrings for competition- no exceptions.**

Oriole Spirit Wear



There will be a link on the Orioles website for parents to order spirit wear. Please be on the lookout for it.

In-stock items are available at all Orioles events and most practices (i.e., walk up, no need to order via the website). In-stock items are currently car stickers and bottles.

Additional in-stock items may become available later in the season. Please email Andrea Shook at if you have any questions.

Attendance Expectations



It is important that cheerleaders attend practices and games. It is difficult to learn new cheers and routines with missing cheerleaders. Formations depend on all cheerleaders being present. If your child cannot attend a practice or game, your coach should be notified in advance. Should your cheerleader miss consecutive practices as a result of injury, a doctor's note should be submitted to the coach.

Expect practice Monday through Thursday from 6-8pm for the first two weeks (August 6th-16th). Coaches will communicate the practice schedule for each squad for August 20th & beyond via e-mail.

Once school begins, practice times will be adjusted. At this point, squads will be working on Cheerfest formations and attendance becomes even more important.

Practices beginning October 15th (leading up to CHEERFEST on October 28th) are mandatory. Unexcused absences may result in your cheerleader sitting out of the competition.

ATTENDANCE IS IMPORTANT FOR ORIOLES SUCCESS! THIS IS A COMMITMENT TO THE TEAM.

Frequently Asked Questions



ORIOLES CHEER

Common Questions...

Attendance Rules ? Refer to the previous slide

What to bring/wear ? Fully packed cheer bags / practice bags

Placement in formations and routines ? Determined by coaches –rotating lines

Injuries ? 2 minute rule– rejoin practice or call home

Weather ? We cheer in the rain! You will be notified asap if there is a change in practice or a game due to weather.

Where you can find virtually any answer ?

***Our Rules Handbook (available on the website)**

***Our Website**

***Weekly Squad Emails**

***Your Coach**

***Cheer Coordinator/Football Directors**

Other important things to know:



- **New in 2018: Our league requires each cheerleader to submit evidence of a physical examination prior to the start of practice. Lakes Urgent Care (36622 Five Mile, 734 853 6510) provides them at \$0 cost each Thursday.**
- **No cheerleader cell phones are permitted to be out at practice— keep them in your bags. Parents should be available by cell during practice/games.**
- **Please go to the bathroom prior to practice. We only have port-a-johns at Buchanan for emergencies.**
- **Squads take water breaks as needed- please make sure your cheerleader comes with a full water bottle.**
- **Please remember our junior coaches are full-time high school students. If you have an issue or concern, please discuss it with your head coach.**
- **Snacks are provided during games. If your child has a food allergy, please provide your child with their own snack. Please avoid nuts in team provided snacks.**
- **Please make sure if your child uses an EpiPen or inhaler that they have it in their bag at all times.**

The Perfect Partnership



For this to be a successful season; coaches, parents and athletes have to commit to a positive partnership.

- **We must commit to work collaboratively, co-operatively, have open and honest communication and mutual respect.**
- **Problems happen when people in the partnership cross their lines of responsibility.**
 - **Athletes- train and compete.**
 - **Coaches- coach**
 - **Parents- parent.**
 - **Communication is everything!**
- **Parents should remain calm and dignified at a sporting event.**
- **Don't run down the coach or other parents.**
- **Don't challenge the coach in front of athletes.**
- **Encourage and praise effort, not just excellence.**

24 Hour Rule



ORIOLES CHEER

If something upsets you, the Orioles long standing rule for cheer and football is to wait 24 hours before addressing the matter.

Coaches 1st

Directors 2nd

**Please do not address such matters with
Junior Coaches**



Parental Communication with their cheerleader:



- ▶ **Listen.**
- ▶ **Teach values.**
- ▶ **Develop character.**
- ▶ **Encourage independence!**
- ▶ **Be respectful of other parents.**
- ▶ **Avoid coaching from the bleachers.**
- ▶ **Participation & Crowd Response.**
- ▶ **Attitude & Effort- be a positive role model.**
- ▶ **Unconditional Love.**
- ▶ **Show your support, not your displeasure.**
- ▶ **Avoid complaining to others- go to the person if you have concerns and discuss the matter at hand with that person. If you are really upset, refer to the 24 hour rule per the previous slide.**
- ▶ **We fully support an “anti-bullying” culture. Bullying has not been an issue in the past and let’s keep that going in 2018 & beyond.**

Social Media...



Use it to show off your cheerleader... not to complain about something that happened.

Yes, it may be your own page, but if you are friends with everyone, it is not very private.

This is meant to be a fun and positive experience for everyone, no need for the drama.



What do you need for the fitting on May 8th?



ORIOLES CHEER

- 1. Uniform deposit check (must be a check)- \$100 payable to the Livonia Orioles. If the uniform is returned in good condition at the end of the season, the check will never be cashed.**
- 2. \$140 cash/check/money order payable to Livonia Orioles for cheer pack.**
- 3. \$10 concession donation – cash preferable**

Potential additional costs– cash/check or money order to Livonia Orioles:

**If you need to buy a backpack (i.e., for new cheerleaders or if you want a new one)-- \$30.
Backpacks will no longer be rented out.**

Hoodies– if you would like to purchase a hoodie for your cheerleader (optional)-- \$25.

****You may add the cost of backpack and/or hoodie to the cheer pack check.**

**** Have your cheerleader wear a tank top or a swimsuit/gymnastics outfit under their clothes so they can easily try on items for sizes.**

**** Make sure they have socks to try on shoes.**

Other cost this season:



August:

Raffle ticket \$

October:

Yearbook (optional)- \$15

PINK OUT donations- cost varies

Coaches gifts (optional)- \$15

Cheerfest:

- * tickets- cost to be determined soon.
- * flowers (optional) – approx. \$10
- * Cheerfest spirit wear (optional)- prices vary

Banquet:

- * Tickets- cheerleader is free with \$10 concession donation/ \$24 extra tickets