Maverick Football 2018

Spring Football Practice May 21st-31st
3:00-5:30 @ MVHS
Gear Check May 21st-24th

HIGH SCHOOL TEAM CAMPS
J.V. CAMP JUNE 4TH-7TH 6:00-8:00 PM
VARSITY MINI CAMP JUNE 13TH-15TH 10:30-12:00 AM
VARSITY TEAM CAMP @ BSU JUNE 16TH-19TH 7:30 AM-10:00 PM
Summer Program June 4th - July 26th
8:00-10:30 am

To be a successful football program, your team must have your commitment and dedication during the summer.
Football teams are built in the off-season.
2018 S.I.C. CHAMPIONS!!!

Varsity Head Coach: Judd Benedick    Benedick.Judd@westada.org

~~ Camp Paperwork Due By May 18th ~~
Need to Know Dates:
Fresh & JB, New Players Physicals 10:00am – 11:30am
May 19th @ MVHS Gym $20

Equipment Checkout 5:30 pm:
Seniors-May 21st; Jrs.-May 22nd;
Soph.-May 23rd; Fresh.-May 24th

Spring Football 3:00-5:30 pm:
May 21st-May 31st @ MVHS;
9-12 GRADES (no practice memorial day)
9th grade practice starts @ 3:30 pm

Freshman Camp 6:00-8:00 pm:
May 29th-June 1st @ MVHS/RMHS
First two days @ MVHS, Last two days @ RMHS

JV Camp 6:00-8:00 pm:
June 4th – 7th @ MVHS

JV Jamboree 6:00-8:00 pm:
June 6th-7th @ RMHS

Varsity Mini Camp 10:30-12:00
June 13th-15th @ MVHS

Varsity Camp @ BSU 7:30 am-10:00 pm:
June 16th-19th @ BSU

Summer Programs Begins 8:00am-10:30 am:
June 4th 9-12 GRADES

No Summer Program the Week of July 2nd-6th
7 on 7 9:30am:
June 26, July 10
JV & VARSITY ONLY

Passing Tournament 8-4pm:
July 20th & 21st @ Optimist Complex
VARSITY INVITE ONLY

Lineman Challenge 8am-1pm:
July 21st @ Optimist Complex
VARSITY INVITE ONLY

Summer Program Ends- July 26th
July 27th—Dead Period Begins

August 6th- 1st Practice/Double Days Begin:
7a.m.-10:30a.m. 2:30-5:30p.m.
9-12 GRADES

Blue & White Scrimmage 4-9:00 pm:
August 16th Garden Valley
VARSITY ONLY

Other Information:
ALL ATHLETES ARE EXPECTED TO FUNDRAISE:
MAY 30TH SNAPRAISE; AUGUST 6TH GOLD CARDS

• If you have any questions about anything during the summer, email coach Benedick at Benedick.Judd@westada.org.

• Athletes who will be a freshman, junior or new players must have a physical to participate in athletics at MVHS, physicals will be given at MVHS on May 19th 10-12:00pm. Forms can be found on the website: mvhsmavericks.com. Cost is $20.

• All athletes must fill out the necessary SWOL paperwork provided by the training staff and have medical insurance.

• Coordinate all your athletic schedules with your respective coaches from other sports that you participate in. Tell them times and dates in advance.

• Communicate with Coach Benedick if you are not going to make a workout or scheduled event. If you have a game, vacation, camp, etc. AHEAD OF TIME.

• If you work during the summer, make sure your employer is aware of your schedule.

• You must order mandatory items from the spirit pack. (If you have a girdle, an MVHS practice jersey and belt, no need to reorder.)

Spirit Packs: All orders are completed online through BSN
***PAY ONLINE. DO NOT INCLUDE IN PROGRAM FEE CHECK.

See attached sheet with instructions on Spirit Pack Order. The window to order opens April 23rd and closes April 30th.

7 on 7 Uniforms are required for Varsity level skill position players. They are optional for everyone else.

There are OPTIONAL items to purchase on the BSN Site and on the booster website: mvhsmavericks.com

Spiri Pack Fee, 7 on 7 uniform and Pay to Play Fees Are NOT included in this packet

THIS IS CAMP REGISTRATION

Spirit Pack Fee & 7 on 7 Fee is Online; Pay to Play Fee to School Book Keeper in Fall

Fee Information:
• Summer Camp: $110
• Mandatory Field and Equipment Fee: $70 *This Fee is to help cover cost of all football related equipment. It is also to help cover the cost of field repair.

*Please return the completed Registration Form at the back of the packet and all Camp Fees to:

MVHS Football
C/O Mountain View Football Program
2000 S Millennium Way
Meridian, ID 83642

Make checks payable to:
MVHS Football

Football Booster Fees (Separate check):

Booster Membership:
$20-Individual no reserved seat
$40-Includes membership and 1 reserved seat at the 50 yd. line of home games
$80-Joint membership and 2 reserved seats (additional seats can be purchased for $10)

Pre-Game Meal Fee: $50 Min.
-This fee is for those that are unable to bring food to the weekly pre-game meal.

Sign up online at: http://www.mvhsmavericks.com/

PLEASE SEND SEPARATE BOOSTER CHECK TO:

MVFB BOOSTERS
PO Box 190724
Boise ID 83719-0724
Make Check payable to MVFB BOOSTERS
MOUNTAIN VIEW FOOTBALL DOMINANCE

- 2016 5A STATE CHAMPIONS
- THREE STRAIGHT STATE TITLE APPEARANCES FROM 2014-2016
- HIGHEST WINNING PERCENTAGE IN THE STATE FROM 2014-2017 AT 85%
- 2014, 2015, 2017 S.I.C. CHAMPIONS
- STATE PLAYOFF APPEARANCE IN 10 OF LAST 11 YEARS, INCLUDING 5 TRIPS TO THE SEMI-FINALS
- 2015 GATORADE PLAYER OF THE YEAR: TREY BELL
- 5A STATE PLAYER OF THE YEAR TWICE: TREY BELL '15 AND JOSH BUSS '13
- S.I.C. PLAYER OF THE YEAR TWICE: TREY BELL '15 AND JOSH BUSS '13
- 2016 S.I.C. OFFENSIVE AND DEFENSIVE PLAYER OF THE YEAR
- S.I.C. DEFENSIVE PLAYER OF THE YEAR 5 OUT OF LAST 8 YEARS; S.I.C. OFFENSIVE PLAYER OF THE YEAR 3 OUT OF THE LAST 4 YEARS
- NUMBER ONE OFFENSE IN 2015, 2016, 2017
- VARSITY RECORD VS. WEST ADA SCHOOL DISTRICT OVER LAST 3 YEARS: 18-3
- OVERALL VARSITY RECORD LAST FOUR YEARS: 41-7
- OVERALL FRESHMAN RECORD THE LAST THREE YEARS: 40-5, INCLUDING TWO 9-0 UNDEFEATED SEASONS
- FRESHMAN RECORD VS. WEST ADA HIGH SCHOOLS THE LAST THREE YEARS: 15-5
- 35 1ST TEAM ALL IDAHO PLAYERS IN THE LAST 12 YEARS
- 30 PLAYERS WHO HAVE LEFT OUR PROGRAM AND PLAYED COLLEGE FOOTBALL, INCLUDING 21 CURRENT PLAYERS
BSU CAMP INSTRUCTIONS

- THIS IS A VARSITY CAMP, ALL SENIORS AND RETURNING VARSITY PLAYERS NEED TO REGISTER FOR THIS CAMP.
- SOME JV/VARSITY FLOATERS WILL BE ASKED TO PARTICIPATE IN BOTH CAMPS, BUT WILL ONLY PAY FOR THE BSU CAMP, NOT BOTH.
- REFER TO THE ATTACHED CAMP SCHEDULE FOR PRACTICE TIMES AT BSU, WE ARE GROUP A.
- IF YOU ARE A VARSITY PLAYER, YOU NEED TO TURN IN YOUR REGISTRATION AND MONEY FOR CAMP TO COACH BENEDICK BY MAY 18TH. CAMP WILL BE PAID FOR WITH ONE CHECK FROM OUR SCHOOL AFTER ALL OF THE PLAYER FEES ARE COLLECTED AND DEPOSITED. DO NOT PAY INDIVIDUALLY ONLINE!
- IF YOU ARE A VARSITY PLAYER, YOU NEED TO VISIT THE WEBSITE BELOW AND REGISTER FOR THE BSU CAMP BY MAY 18TH. EVERY PLAYER GOING TO THE BSU CAMP MUST REGISTER OR YOU WILL NOT BE ABLE TO ATTEND.
- ONCE YOU VISIT THE WEBSITE BELOW, FOLLOW THE INSTRUCTIONS IN THE PACKET TO REGISTER. EVENTUALLY YOU WILL SELECT FOOTBALL SHOWCASE/TEAM CAMP JUNE 16TH-19TH.

- OUR PASSWORD TO REGISTER FOR CAMP IS Mavsfb18. ONCE YOU ENTER THAT CODE, YOU WILL BE PROMPTED TO FINISH THE REGISTRATION PROCESS.
- DON'T PROCRASTINATE OR MAKE ME HUNT YOU DOWN, DO IT NOW!

www.boisestatefootballcamp.com
<table>
<thead>
<tr>
<th>Saturday, June 16</th>
<th>Sunday, June 17</th>
<th>Monday, June 18</th>
<th>Tuesday, June 19</th>
</tr>
</thead>
<tbody>
<tr>
<td>10 AM - 2 PM</td>
<td><strong>Team &amp; Renegade Check-In</strong> (Chafee Hall)</td>
<td>7:00 AM</td>
<td>Wake Up</td>
</tr>
<tr>
<td>2:00 PM</td>
<td><strong>Day Campers Check In</strong></td>
<td>7:30-8:10 AM</td>
<td><strong>Group A Breakfast (SUB)</strong></td>
</tr>
<tr>
<td>2:30 PM</td>
<td><strong>HS Coaches Meeting (Football Center - All)</strong></td>
<td>8:00 AM</td>
<td><strong>BSU STAFF MEETING</strong></td>
</tr>
<tr>
<td>3:00 PM</td>
<td><strong>Renegade Team Splits</strong></td>
<td>8:30-8:30 AM</td>
<td><strong>Group B Breakfast (SUB)</strong></td>
</tr>
<tr>
<td>4:00 PM</td>
<td><strong>All-Camp Meeting (Indoor - All)</strong></td>
<td>8:40 AM</td>
<td><strong>Group A Roll Call - Pitman (Indoor)</strong></td>
</tr>
<tr>
<td>4:20 PM</td>
<td><strong>Divide into Stretch Lines by Team (Fit)</strong></td>
<td>8:45 AM</td>
<td><strong>Group A Stretch - Pitman (Indoor)</strong></td>
</tr>
<tr>
<td>4:30 PM</td>
<td><strong>Group B Dinner (SUB)</strong></td>
<td>9:00 AM</td>
<td><strong>Group A Individual</strong></td>
</tr>
<tr>
<td>4:30 PM</td>
<td><strong>Group A Roll Call - Pitman (Indoor)</strong></td>
<td>9:20 AM</td>
<td><strong>Group A 1 on 1 - Group Periods</strong></td>
</tr>
<tr>
<td>4:35 PM</td>
<td><strong>Group A Stretch - Pitman (Indoor)</strong></td>
<td>9:40 AM</td>
<td><strong>Group A Move to Fields for Thud</strong></td>
</tr>
<tr>
<td>4:45 PM</td>
<td><strong>Group A Individual Organizers/Tackling (Avila)</strong></td>
<td>9:50 AM</td>
<td><strong>Group A Team Thud</strong></td>
</tr>
<tr>
<td>4:50 PM</td>
<td><strong>Group A Individual</strong></td>
<td>10:45 AM</td>
<td><strong>Group A Challenge 3 Plays-10 yd line (Blue)</strong></td>
</tr>
<tr>
<td>5:10 PM</td>
<td><strong>Group A Move to Fields for Thud</strong></td>
<td>10:50 AM</td>
<td><strong>Group B Roll Call - Pitman (Indoor)</strong></td>
</tr>
<tr>
<td>5:15 PM</td>
<td><strong>Group A Team Thud</strong></td>
<td>10:55 AM</td>
<td><strong>Group B Stretch - Pitman (Indoor)</strong></td>
</tr>
<tr>
<td>5:40 PM</td>
<td><strong>Group A Challenge 3 Plays-10 yd line (Blue)</strong></td>
<td>11:00 AM</td>
<td><strong>Group A Off</strong></td>
</tr>
<tr>
<td>5:50 PM</td>
<td><strong>Group B Roll Call - Pitman (Indoor)</strong></td>
<td>11:05 AM</td>
<td><strong>Group B Individual</strong></td>
</tr>
<tr>
<td>5:55 PM</td>
<td><strong>Group B Stretch - Pitman (Indoor)</strong></td>
<td>11:20 AM</td>
<td><strong>Group B 1 on 1 - Group Periods</strong></td>
</tr>
<tr>
<td>6:00 PM</td>
<td><strong>Group A Off</strong></td>
<td>11:35 AM</td>
<td><strong>Group B Move to Fields/Team Prep</strong></td>
</tr>
<tr>
<td>6:05 PM</td>
<td><strong>Group A Dinner (SUB)</strong></td>
<td>11:50 AM</td>
<td><strong>Group B Team Thud</strong></td>
</tr>
<tr>
<td>6:10 PM</td>
<td><strong>Group B Individual Organizers/Tackling (Avila)</strong></td>
<td>12:30 PM</td>
<td><strong>Group B Challenge 3 Plays-10 yd line (Indoor)</strong></td>
</tr>
<tr>
<td>6:30 PM</td>
<td><strong>Group B Individual</strong></td>
<td>12:40 PM</td>
<td><strong>Group B Off</strong></td>
</tr>
<tr>
<td>6:35 PM</td>
<td><strong>Group B Move to Fields for Thud</strong></td>
<td>11:30-1:00 PM</td>
<td><strong>Group A Lunch (SUB)</strong></td>
</tr>
<tr>
<td>7:00 PM</td>
<td><strong>Group B Team Thud</strong></td>
<td>11:30-1:00 PM</td>
<td><strong>Group B Lunch (SUB)</strong></td>
</tr>
<tr>
<td>7:15 PM</td>
<td><strong>Group B Challenge 3 Plays-10 yd line (Blue)</strong></td>
<td>2:15 PM</td>
<td><strong>Group A Roll Call - Pitman (Indoor)</strong></td>
</tr>
<tr>
<td>7:30-9:45 PM</td>
<td><strong>7 on 7 Tournament (Blue &amp; Indoor)</strong></td>
<td>2:20 PM</td>
<td><strong>Group A Stretch - Pitman (Indoor)</strong></td>
</tr>
<tr>
<td>7:30-9:30 PM</td>
<td><strong>Big Man Challenge (Weight Room)</strong></td>
<td>2:30 PM</td>
<td><strong>Group A 1 on 1 - Group Periods</strong></td>
</tr>
<tr>
<td>7:30-8:30 PM</td>
<td><strong>Group A (185 Bench &amp; Dips)</strong></td>
<td>2:50 PM</td>
<td><strong>Group A Move to Fields for Thud</strong></td>
</tr>
<tr>
<td>8:30-9:30 PM</td>
<td><strong>Group B (135 Bench &amp; Dips)</strong></td>
<td>3:00 PM</td>
<td><strong>Group A Team Thud</strong></td>
</tr>
<tr>
<td>9:45 PM</td>
<td><strong>Day Campers Out</strong></td>
<td>3:50 PM</td>
<td><strong>Group A Challenge 3 Plays-10 yd line (Blue)</strong></td>
</tr>
<tr>
<td>10:45 PM</td>
<td><strong>In Room</strong></td>
<td>3:55 PM</td>
<td><strong>Group B Roll Call - Pitman (Indoor)</strong></td>
</tr>
<tr>
<td>11:00 PM</td>
<td><strong>Lights Out</strong></td>
<td>4:00 PM</td>
<td><strong>Group B Stretch - Pitman (Indoor)</strong></td>
</tr>
<tr>
<td>11:00 PM</td>
<td><strong>Dorm Checks (Venable, Schneider)</strong></td>
<td>4:05 PM</td>
<td><strong>Group A Off</strong></td>
</tr>
<tr>
<td>10:45 PM</td>
<td><strong>In Room</strong></td>
<td>4:20 PM</td>
<td><strong>Group B Individual</strong></td>
</tr>
<tr>
<td>9:30-10:30 PM</td>
<td><strong>Coaches Mini-Clinics (Set-up with BSU Position Coaches)</strong></td>
<td>4:35 PM</td>
<td><strong>Group B 1 on 1 - Group Periods</strong></td>
</tr>
<tr>
<td>10:45 PM</td>
<td><strong>In Room</strong></td>
<td>4:40 PM</td>
<td><strong>Group B Team Thud</strong></td>
</tr>
<tr>
<td>11:00 PM</td>
<td><strong>Lights Out</strong></td>
<td>5:20 PM</td>
<td><strong>Group B Challenge 3 Plays-10 yd line (Blue)</strong></td>
</tr>
<tr>
<td>11:00 PM</td>
<td><strong>Dorm Checks (Uscher, Tharp)</strong></td>
<td>5:30 PM</td>
<td><strong>Group B Off</strong></td>
</tr>
<tr>
<td>11:00 PM</td>
<td><strong>Dorm Checks (Gale, Pringle)</strong></td>
<td>4:15-5:15 PM</td>
<td><strong>Group A Dinner (SUB)</strong></td>
</tr>
<tr>
<td>7:00 AM</td>
<td><strong>Wakeup</strong></td>
<td>5:30-8:30 PM</td>
<td><strong>Group B Dinner (SUB)</strong></td>
</tr>
<tr>
<td>7:30-8:10 AM</td>
<td><strong>Group A Breakfast (SUB)</strong></td>
<td>6:45-9:15</td>
<td>7 on 7 Tournament (Blue &amp; Indoor)**</td>
</tr>
<tr>
<td>8:00 AM</td>
<td><strong>BSU STAFF MEETING</strong></td>
<td>6:45-8:45 PM</td>
<td><strong>Big Man Challenge (Weight Room)</strong></td>
</tr>
<tr>
<td>8:30-8:30 AM</td>
<td><strong>Group B Breakfast (SUB)</strong></td>
<td>6:45-7:45 PM</td>
<td><strong>Group A (Tug-o-War)</strong></td>
</tr>
<tr>
<td>8:40 AM</td>
<td><strong>Group A Roll Call - Pitman (Indoor)</strong></td>
<td>7:45-8:45 PM</td>
<td><strong>Group B (Tug-o-War)</strong></td>
</tr>
<tr>
<td>8:45 AM</td>
<td><strong>Group A Stretch - Pitman (Indoor)</strong></td>
<td>9:15 PM</td>
<td><strong>Day Campers Out</strong></td>
</tr>
<tr>
<td>9:00 AM</td>
<td><strong>Group A Individual</strong></td>
<td>9:30-10:30 PM</td>
<td><strong>Coaches Mini-Clinics (Set-up with BSU Position Coaches)</strong></td>
</tr>
<tr>
<td>9:20 AM</td>
<td><strong>Group A 1 on 1 - Group Periods</strong></td>
<td>10:45 PM</td>
<td><strong>In Room</strong></td>
</tr>
<tr>
<td>9:40 AM</td>
<td><strong>Group A Move to Fields for Thud</strong></td>
<td>11:00 PM</td>
<td><strong>Lights Out</strong></td>
</tr>
<tr>
<td>9:50 AM</td>
<td><strong>Group A Team Thud</strong></td>
<td>11:00 PM</td>
<td><strong>Dorm Checks (Gale, Pringle)</strong></td>
</tr>
</tbody>
</table>
How to Register for Camp (for Parents)

Step 1: Go to boisestatefootballcamp.com and click “Register Now”

Step 2: Boise State has a new camp system this year. Parents of a player will need to register and create an account for their family. The parent can then create profiles for each athlete in their household.
Step 3: Once you are logged in, add your kids (athletes) to the system.

Welcome, Danielle Charters

Find a Camp:
Select a sport from the list below to view camp offerings:
- Cheer & Dance
- Cross Country / Track & Field
- Cycling
- Football
- Gymnastics
- Men's Basketball
- Soccer
- Softball
- Swimming
- Tennis
- Volleyball
- Beach Volleyball
- Women's Basketball

Manage Athletes:
- Add Athlete

Manage Registrations:
- [List of options]

Step 4: Once you have created an athlete in the system, he or she will show up under "Manage Athletes." Once you see your athlete there, click on the sport you would like to register your child for under "Find a Camp"
Step 5: Once you click on a sport, the next page will show you all available camps to register for. The Team Registration for Team Camp is at the bottom of the football landing page. Click on "more info" for the camp you want to select.

## Football Camps

<table>
<thead>
<tr>
<th>Camp Type</th>
<th>Age Range</th>
<th>Grades</th>
<th>Location</th>
<th>Camp Director</th>
<th>Session Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>High School Specialist Camp</td>
<td>14 - 19</td>
<td>Freshman, 9th Grade - Senior, 12th Grade</td>
<td></td>
<td>Taylor Tharp</td>
<td>6/13/2018 - 6/18/2018</td>
</tr>
<tr>
<td>2018 Boise State Football Elite Individual Camp</td>
<td>18 - 20</td>
<td>Sophomore, 10th Grade - College</td>
<td></td>
<td>Taylor Tharp</td>
<td>6/13/2018 - 6/18/2018</td>
</tr>
<tr>
<td>Football Youth Camp</td>
<td>5 - 13</td>
<td>1st Grade - 8th Grade</td>
<td></td>
<td>Taylor Tharp</td>
<td>6/13/2018 - 6/18/2018</td>
</tr>
<tr>
<td>Boise State Football Showcase and Team Camp</td>
<td>16 - 19</td>
<td>Freshman, 9th Grade - Senior, 12th Grade</td>
<td></td>
<td>Taylor Tharp</td>
<td>6/16/2018 - 6/18/2018</td>
</tr>
</tbody>
</table>

*This One*
Step 6: Select an Athlete to Register

Camp Registration

Boise State Football Showcase and Team Camp - TEAM REGISTRANTS

Select Athlete to Register

Team Commuter Campers
- Registration Date: 6/16/2019 10:00 AM - 6/16/2019 12:00 PM
- Location: The Boise Centre, Box Office
- Camp Capacity: 100
- Check-in Time: 6/16/2019 12:00 PM
- Check-out Time: 6/16/2019 5:00 PM

Teams Overnight Campers
- Registration Date: 6/16/2019 10:00 AM - 6/16/2019 12:00 PM
- Location: The Boise Centre, Box Office
- Camp Capacity: 200
- Check-in Time: 6/16/2019 5:00 PM
- Check-out Time: 6/17/2019 5:00 PM
Step 7: Once you have selected your athlete, click “Start Registration.” The next page is where you will select your camp session and input your team code. (Note- team codes are session specific so your campers need to know if you are commuter campers or overnight campers). Make sure you click out of the team code box before selecting “Next”

Password: Mavsfb18

Camp Registration

Select Camp Session

Select Camp Session

<table>
<thead>
<tr>
<th>Select</th>
<th>Camp Session</th>
<th>Session Dates</th>
<th>Gender</th>
<th>Ages</th>
<th>Grades</th>
<th>Team Code</th>
<th>Price</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>Team Commuter Camp</td>
<td>June 16 - June 19</td>
<td>Boys</td>
<td>14-19</td>
<td>Freshman, 9th Grade - Senior, 12th Grade</td>
<td>ENTER</td>
<td>SHARING</td>
</tr>
<tr>
<td>2</td>
<td>Team Overnight Camp</td>
<td>June 16 - June 19</td>
<td>Boys</td>
<td>14-19</td>
<td>Freshman, 9th Grade - Senior, 12th Grade</td>
<td>ENTER</td>
<td>SHARING</td>
</tr>
</tbody>
</table>

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Step 8: Complete the registration process!
MOUNTAIN VIEW FOOTBALL
2018 REGISTRATION CAMP

FILL OUT YOUR PLAYER/FAMILY INFORMATION:

Parent/Guardian Names: ____________________________________________

Address: _______________________________________________________

Zip Code: ___________________________ Phone Number: ______________

Parents Email: __________________________________________ Parents Cell #

Player Name: ______________________________________ Player Fall Grade: 9

Contact/Insurance:

Emergency Contact: _______________________

Phone: ______________________________________

Family Doctor: ________________

Phone: ______________________________________

Athlete is covered by the following medical insurance:

Insurance Company: _______________________

Policy Number: __________________________

The team physician, trainer, or coaching staff may apply first aid until
the family doctor, parent, or guardian can be contacted.

Yes/No Initial ______

We give our consent for coaches, trainers, and team physician to use
their best judgment in securing medical aid and ambulance service in
case the parents cannot be reached.

Yes/No Initial ______

I hereby authorize the coaches, trainers and team physician to act for
me in case of an emergency and release the Summer Program, camp
and all staff members from any and all liability due to injuries or illness
incurred while at summer program, camp, or other related functions:

Yes / No Initial ______

I understand that MVHS and the Mountain View summer program are
not responsible for providing transportation to and from summer
events.

Yes / No Initial ______

ITEMIZE YOUR OPTIONS

<table>
<thead>
<tr>
<th>ITEMIZE YOUR OPTIONS</th>
<th>UNIT COST</th>
<th>TOTAL PRICE</th>
</tr>
</thead>
<tbody>
<tr>
<td>SUMMER CAMP</td>
<td>$110</td>
<td></td>
</tr>
<tr>
<td>SUMMER PROGRAM/EQUIPMENT FEE</td>
<td>$70</td>
<td></td>
</tr>
</tbody>
</table>

Total Due: ______________________

IF YOU ARE NOT PLANNING TO ATTEND CAMP, ONLY PAY
THE SUMMER PROGRAM/EQUIPMENT FEE

Mail Registration Form and Fees to:

Mountain View H.S.
C/O MT View Football Program
2000 S Millennium Way
Meridian ID, 83642

Make Checks out to: MVHS Football

Due by May 18th.

Orders will be audited and errors corrected. ALL SALES ARE FINAL. I understand that no refunds will be given in the event my player cannot or chooses not to
participate in the program. Please contact Coach Benedick with any concerns so we may address the issues immediately, we strive for your satisfaction.
Athletic Pre-Participation Physical Exams:  
2018-2019 School Year

It is an IHSAA requirement that student athletes receive a physical exam prior to the beginning of their freshman and junior years. In order to keep this cost effective for parents and convenient for students, your school’s athletic training department has developed a relationship with the Ada County Medical Society. For more than twenty years, we’ve come together on one day to deliver a comprehensive sports exam to our athletes.

The BIG BONUS!

Student athletes pay only $20 for this service. The amount charged is donated to Mountain View High School’s athletic training department, and is used to purchase educational and rehabilitation equipment. Should this amount present a hardship for your family, please ask your Athletic Trainer (Shayla Foster or Taylor Clark) for help.

We invite you to take advantage of this great opportunity!

DATE: Saturday May 19, 2018
PRICE: $20.00
LOCATION: Mountain View High School Gym
2000 S Millennium Way, Meridian, ID 83646
TIME: GIRLS: 8:30 – 10:15 AM.
       BOYS: 10:00 – 11:30 PM.

**We encourage you to come at your scheduled time, but will allow all student athletes to participate as long as it is between 8:30am and 11:30pm. No Athletes will be admitted after 11:30 PM. **

Medical History
The history portion of the physical form must be completed and signed by the parent or guardian prior to admission to the examination session.
Please note: Additional forms such as scout or church camp forms will not be completed at this time.

What to wear
Student athletes must wear shorts and t-shirts.

Parents
To help minimize congestion, parents are asked to wait for their student athletes in the cafeteria or gym. If you are not accompanying your child to this event, please be sure that they arrive with the SIGNED Consent Form.

Parking
Mountain View High School parking lot. North side of the gym. There are other events going on this day so please enter through the North East Side Gym Doors (signs will be present to help direct you).
Dear Parents and Guardians:

Prior to participating on a team for Mountain View High School, athletes must provide the Athletic Department with current address, emergency contact, insurance, medical alert and health history information **EVERY YEAR**. To expedite this process Mountain View High School uses an online data entry system.

To enter your information, visit [www.swol123.net](http://www.swol123.net).

1. **FIRST TIMERS**, you will need to join SportsWareOnline using the instructions below.
2. **ALREADY HAVE AN ACCOUNT?** Please scroll down to Page 2: “Updating Your Information”.

### STEP 1. Joining SportsWareOnLine

<table>
<thead>
<tr>
<th>Instruction</th>
<th>Example</th>
</tr>
</thead>
<tbody>
<tr>
<td>Go to <a href="http://www.swol123.net">www.swol123.net</a>.</td>
<td><img src="image1" alt="Example" /></td>
</tr>
<tr>
<td>Click the Join SportsWare button.</td>
<td><img src="image2" alt="Example" /></td>
</tr>
<tr>
<td>Enter your School ID for Mountain View High School:</td>
<td><strong>2000</strong></td>
</tr>
<tr>
<td>Enter your child's First Name, Last Name, and PARENT'S Email address and click the Send button.</td>
<td><img src="image3" alt="Example" /></td>
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**NOTE:** This is a **ONE** time process **PER CHILD** (you may use the same email for another child but password will be different) **REMEMBER this email!**

Please notify your Athletic Trainer when this step is complete to expedite approval.

Send an email to foster.shayla@westada.org or clark.taylor@westada.org that you have completed the joining process.

You will likely be approved quickly but may take as long as 24 hours depending on circumstances.

### TO COMPLETE PROCESS:

You will receive an email from admin@swol with the subject “SportsWare request accepted”.

**CLICK ON THE LINK** that is sent to you to continue to SportsWareOnLine to fill out the online profile and 2 Forms

**YOU MUST CLICK ON THE LINK WITHIN 24 HOURS!!**
### STEP 2. SETTING YOUR PASSWORD

<table>
<thead>
<tr>
<th>Instruction</th>
<th>Example</th>
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</thead>
<tbody>
<tr>
<td>Go to <a href="http://www.swol123.net">www.swol123.net</a></td>
<td><img src="image1.png" alt="Image" /></td>
</tr>
<tr>
<td>Enter your Email Address and click the <strong>Reset Password</strong> button.</td>
<td><img src="image2.png" alt="Image" /></td>
</tr>
<tr>
<td>You will receive an email to the email you used above with subject: “SportsWareOnline Password Request”.</td>
<td><img src="image3.png" alt="Image" /></td>
</tr>
<tr>
<td><strong>CLICK ON LINK</strong> to reset password! Enter the e-mail address used, new password and click the <strong>SAVE</strong> button.</td>
<td><img src="image4.png" alt="Image" /></td>
</tr>
<tr>
<td><strong>NOTE:</strong> USE your <strong>Child’s BIRTHDAY</strong> for the password — if you have twins add a letter or zero to the beginning or end.</td>
<td><img src="image5.png" alt="Image" /></td>
</tr>
</tbody>
</table>

### STEP 3. UPDATING YOUR INFORMATION (*YOU DO THIS EVERY YEAR!* )

<table>
<thead>
<tr>
<th>Instruction</th>
<th>Example</th>
</tr>
</thead>
<tbody>
<tr>
<td>Go to <a href="http://www.swol123.net">www.swol123.net</a></td>
<td><img src="image6.png" alt="Image" /></td>
</tr>
<tr>
<td>Enter your Email Address and password, click the <strong>Login</strong> button.</td>
<td><img src="image7.png" alt="Image" /></td>
</tr>
<tr>
<td><strong>Email</strong> = the one you signed up with <strong>Password</strong> = child’s birthday</td>
<td><img src="image8.png" alt="Image" /></td>
</tr>
<tr>
<td>This opens the “Athlete’s Portal”</td>
<td><img src="image9.png" alt="Image" /></td>
</tr>
</tbody>
</table>
| **COMPLETE:**  
  General Tab  
  Emergency Tab  
  Medical Tab  
  2 FORMS — “electronically save” by clicking **save and submit** | ![Image](image10.png) |
| **Select My Info:**                             | ![Image](image11.png) |
**UPDATE THE FOLLOWING**

**Under the “My Info” Tab:**

Under Alerts, please select (or type in) any medical conditions and or allergies your child may have.

If there are none, please choose “No Known Allergies” “No Known Med Problems”

Under the Drugs Taken section, please type in any medications that your child takes regularly. If there are no medications, please type in “None.”

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**GENERAL Tab**

**EMERGENCY Tab**

**MEDICAL Tab**

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**Click on the 2 Forms**

1. **IQ Form (Insurance Questionnaire)** Fill out and sign – CLICK SAVE and SUBMIT to complete the electronic signature as the parent/guardian

2. **Concussion Handout** – Read with your child (not a fillable pdf) – CLICK SAVE and SUBMIT to complete the electronic signature as the parent/guardian

*Student athletes CANNOT sign these forms – ONLY the parent/guardian*

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**Forms**

You have 2 form(s) to complete/download.

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*REMINDER* The IQ Form is a fillable pdf AND the Concussion Form you just read with your child and click “Save and Submit” to electronically sign both of them
NOTE: The Pre-Participation Physical Exam process has not changed. The IHSAA Idaho Health Examination and Consent form needs to be completed and signed by a physician! Physicals are to be completed during the athlete’s 9th and 11th grade years (per IHSAA rules). Physical Exams will still be hard copies and are turned in to the Mountain View High School athletic trainers (Shayla Foster and Taylor Clark) prior to participation in any Mountain View High School athletics. IQ and Concussion forms are to be completed yearly and completed online on the SWOL profile before your child can participate in school sanctioned athletics.

If you have any questions, please contact Shayla Foster (foster.shayla@westada.org) or Taylor Clark clark.taylor@westada.org) via email for assistance.

Sincerely,
Shayla Foster & Taylor Clark
MVHS Certified Athletic Trainers
HEALTH EXAMINATION and CONSENT FORM

It is required all students complete a history and physical examination prior to his/her first 9th and 11th grade practice in the interscholastic (9-12) athletic program in the State of Idaho. The exam is at the expense of the student and may not be taken prior to May 1 of the 8th and 10th grade years. This examination is to be done by a licensed physician, physician's assistant or nurse practitioner under optimal conditions. Intermittent forms are required during the 10th and 12th grade years and must be submitted to the school administration prior to the first practice.

Name: ___________________________ Sex: M / F Date of birth: ___________ Age: ______
Address: ________________________ Phone: ____________________________
School: __________________________ Sports: ____________________________ Participation Grade: ____________

MEDICAL HISTORY

Fill in details of "YES" answers in space below:

1. Have you ever been hospitalized? □ Yes □ No
   Have you ever had surgery? □ Yes □ No

2. Are you presently taking any medication or pills? □ Yes □ No

3. Do you have any allergies (medicine, bees, other insects)? □ Yes □ No

4. Have you ever passed out during or after exercise? □ Yes □ No
   Have you ever been dizzy during or after exercise? □ Yes □ No
   Have you ever had chest pain during or after exercise? □ Yes □ No
   Do you tire more quickly than your friends during exercise? □ Yes □ No
   Have you ever had high blood pressure? □ Yes □ No
   Have you been told you have a heart murmur? □ Yes □ No
   Have you ever had racing of your heart or skipped heartbeats? □ Yes □ No
   Has anyone in your family died of heart problems or a sudden death before age 50? □ Yes □ No

5. Do you have any skin problems (itching, rash, acne)? □ Yes □ No

6. Have you ever had a head injury? □ Yes □ No
   Have you ever been knocked out or unconscious? □ Yes □ No
   Have you ever been diagnosed with a concussion? □ Yes □ No
   Have you ever had a seizure? □ Yes □ No
   Have you ever had a stinger, burned or pinched nerve? □ Yes □ No
   Have you ever had heat or muscle cramps? □ Yes □ No
   Have you ever been dizzy or passed out in the heat? □ Yes □ No
   Do you have trouble breathing or do you cough during or after exercise? □ Yes □ No
   Do you use special equipment (pads, braces, neck rolls, mouth guard or eye guards, etc.)? □ Yes □ No
   Have you ever had problems with your eyes or vision? □ Yes □ No
   Do you wear glasses, contacts or protective eyewear? □ Yes □ No
   Have you had any other medical problems (infectious mononucleosis, diabetes, etc.)? □ Yes □ No

11. Have you had a medical problem or injury since your last evaluation? □ Yes □ No

13. Have you ever sprained/strained, dislocated, fractured, broken or had repeated swelling or other injuries of any of bones or joints?
   □ head □ back □ shoulder □ forearm □ hand □ hip □ knee □ ankle
   □ neck □ chest □ elbow □ wrist □ finger □ thigh □ shin □ foot

14. Were you born without a kidney, testicle, or any other organ? □ Yes □ No

15. When was your first menstrual period? ____________________________
    When was your last menstrual period? ____________________________
    What was the longest time between your periods last year? __________

Explain "YES" answers: ____________________________

CONSENT FORM

(Parent or guardian and student permission and approval)

I hereby consent to the above named student participating in the interscholastic athletic program at his/her school of attendance. This consent includes travel to and from athletic contests and practice sessions. I further consent to treatment deemed necessary by physicians designated school authority for any illness or injury resulting from his/her athletic participation. I also consent to release of any information contained in this form to carry out treatment and healthcare operations for the above named student.

PARENT OR GUARDIAN SIGNATURE: ____________________________ DATE: __________

This application to compete in interscholastic athletics for the above school is entirely voluntary on my part and is made with the understanding that I have not violated any of the eligibility rules and regulation of the State Association.

SIGNATURE OF STUDENT: ____________________________ DATE: __________
# Idaho High School Activities Association

## Physical Examination Form

<table>
<thead>
<tr>
<th>Name:</th>
<th>Date of Birth:</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Height</th>
<th>Weight</th>
<th>BP</th>
<th>Pulse</th>
</tr>
</thead>
<tbody>
<tr>
<td>Vision</td>
<td>R 20/</td>
<td>L 20/</td>
<td>Corrected: Y/N</td>
</tr>
<tr>
<td>Normal</td>
<td>Abnormal findings</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Medical</th>
</tr>
</thead>
</table>
Pulses   |
| Heart   |
| Lungs   |
| Skin    |
| Ears, nose, throat |
| Abdomen |
| Genitalia (males) |

<table>
<thead>
<tr>
<th>Masculoskeletal</th>
</tr>
</thead>
<tbody>
<tr>
<td>Neck</td>
</tr>
<tr>
<td>Shoulder</td>
</tr>
<tr>
<td>Elbow</td>
</tr>
<tr>
<td>Wrist</td>
</tr>
<tr>
<td>Hand</td>
</tr>
<tr>
<td>Back</td>
</tr>
<tr>
<td>Knee</td>
</tr>
<tr>
<td>Ankle</td>
</tr>
<tr>
<td>Foot</td>
</tr>
<tr>
<td>Other</td>
</tr>
</tbody>
</table>

### CLEARANCE / RECOMMENDATIONS

**Clearance:**

A. Cleared for all sports and other school-sponsored activities.

B. Cleared after completing evaluation/rehabilitation for:

C. **NOT** cleared to participate in the following IHSAA sponsored sports /activities:
   - baseball
   - basketball
   - cheer/dance
   - cross country
   - football
   - golf
   - soccer
   - softball
   - swimming
   - tennis
   - track
   - volleyball
   - wrestling

   **NOT** cleared for other school-sponsored activities *(example: lacrosse)*:

D. Student is **NOT** permitted to participate in high school athletics.

   **Reason:**

   **Recommendation:**

   **Name of physician:**

   **Address:**

   **Phone:**

   **Signature of physician/medical provider:**

   **Date:**

   *(This Physical Examination Form MUST be signed by a licensed physician, physician assistant or nurse practitioner)*
MISSION/PURPOSE STATEMENT: The Mountain View Football Boosters is an Association of actively involved parents, guardians, alumni, coaching staff, and program stakeholders who provide support to the football program at Mountain View High School. We coordinate fundraising events and activities in an effort provide the financial resources necessary to constantly improve and advance the quality of the football program for coaches, team staff, and players. The MVFB Association will also strive to build team unity and pride in our program by organizing social events for players, coaches, and their families throughout the year.

What Mountain View Football Boosters do for the Team:

- Maintain Website — mvhsmavericks.com
- Host Family Barbecue – Meet & Greet
- 7 on 7 / Lineman Challenge — Lunch
- Coordinate Pre-Game Meals
- Apparel Shed — Maverick Apparel
- Field Painting
- Chain Crew for home games
- Fundraising — Sponsorships
- Game Day Spirit Shirts
- Senior Night – dinner & recognition
- Travel / Food Expenses for Play Off Games
- End of Season Banquets
- Help fund Coaches Requests

How do I become a Football Booster Member?

1. Go Online to mvhsmavericks.com
   a. Boosters Tab
   b. Booster Membership

2. Membership Forms available tonight!

How do I Volunteer?

1. Signup sheets available tonight!
2. Watch website, Facebook, and email for links to PerfectPotluck.com and Signup Genius

How do I receive football updates?

1. Emails — Sign Up for Emails on Website - mvhsmavericks.com
   a. Boosters Tab / Subscribe for Newsletter

2. Provide cell phone number for Remind updates

3. Facebook
   a. Mountain View Football Boosters

GET INVOLVED!!!! GET INVOLVED!!!! GET INVOLVED!!!!
The Mountain View Football Program depends on YOUR SUPPORT of the MAVERICKS to make it a success. Everyone has something to contribute and WE appreciate your help! PLEASE complete the form below and select from the following volunteer opportunities. You will be contacted about specific dates and needs for service.

Parent Name ___________________________________________ Grade in Fall 2018 ____________________________
Parent Phone ___________________________ Parent Email ______________________________________________

☐ **Bull City Shed & Chain Gang:** Freshman/JV parents work Varsity games selling apparel/merchandise in the shed or working the chains during the game. Varsity parents work Fresh/JV games selling apparel/merchandise in the shed.

  Coordinator: Dot Stark & Margaret Dziok

☐ **Field Painting:** Painting the practice and game fields once a week, generally on Wednesday Nights.

  Coordinator: Monte Stark

☐ **Photo/Video:** Records game for Hudl of Freshman, JV & Varsity games.

  Coordinator: Jeremy Erickson

☐ **7 on 7 / Lineman Challenge:** Help with organizing and setting up lunches for the 7 on 7 & Lineman Challenge

  Coordinator: Kristi Halford

☐ **Senior Night Dinner & Recognition:** Freshman/Sophomore/JR Parents will host a dinner, set up family pictures and setup a 50 yard precession of the Senior players and their families.

  Coordinator: Jaymi Hugo

☐ **End of Season Banquet:** Parents help with three End of Season Banquets. Dates are in November and December

  Coordinator: Tina Kierce

**All Parents are asked to participate in the Pre-Game Meals:** Meals are a weekly event where parents prepare & serve meals for the teams the day before a game. We use Perfect Pot Luck to sign up and bring items. Generally Fresh/JV eat on Wednesday after practice and Varsity eats on Thursday after practice.

  Coordinator: We need Freshman, JV and Varsity Team reps.

  **$50.00 Pre-game Meal Contributions are accepted if unable to bring food or volunteer each week.**
Please complete this form in its entirety. Your email address will be used to deliver meeting updates, newsletters and information regarding team events.

Please Print:

Booster Name(s) ____________________________________________

Player Name_________________________ Grade in Fall 2018: 9 10 11 12

Phone_________________________ Email_________________________

Membership Level:

**Individual:** $20 with no reserved seat (allows one vote at meetings & must be a paid member to serve on the board per bylaws Article V)

**Individual:** $40 Includes Membership & 1 (one) reserved seat on 50-yard line at Varsity Home Games

**Joint:** $80 Includes Joint Membership & 2 (two) reserved seats on 50-yard line at Varsity Home Games
 Additional seats can be purchased for $10 per seat.

**Pre-Game Meal:** $50.00 MIN (for pre-game meal Food Contribution if not able to get food to school each week)

Sign up online at: [http://www.mvhsmavericks.com/](http://www.mvhsmavericks.com/)

Or Make Checks payable to: MVFB

Mail to:

MVFB
P.O. Box 190724
Boise, ID 83719-0724

**MVHS Football Booster Mission Statement:**

To provide encouragement and generate support for the football program of Mountain View High School. Working for the development of a constructive attitude by all students towards all levels of athletic endeavors.

**HORNS UP!**