



**NFWB VIKINGS 2013
INFORMATION MEETING**



Agenda



- I. Welcome & Introduction of 2013 Vikings Board of Directors
- II. What's New with OMYFA/NFWB
- III. Football Information
- IV. Cheer Information
- V. Volunteer Philosophy
- VI. Important Information & Dates For 2013 Season
- VII. Q & A



2013 Board of Directors



Lynn Williams – President

Rob Johnson – Vice President

Debbie Fuller – Secretary

Summer Quirolo – Treasurer

Tom Jozwiak – Football GM

Sherry Tatum – Cheer GM

Carmita Lanier – Assistant Cheer GM

Joe Hinckley – Volunteers Director

Terri Markray – Fundraising Director

Trisha Balazovic – Communications Director

Rob Wiggle – Director / Equipment

Pat Laird – Director

Email: nfwbvikings@gmail.com

Website: www.nfwbvikingsyf.com



What's New in 2013?



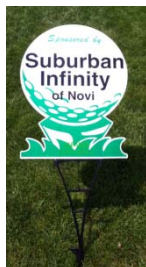
- Better Website!
- Board Expansion from 9 to 12 Members
- Farmington Rockets Out, Waterford Corsairs In
- Code of Conduct for Players Coaches & Parents + Enforcement procedures.
- Heightened Concussion Awareness
- New cheer practice schedule
- Must have paperwork requirements and payment before equipment is handed out to player
- Equipment deposit
- Volunteer policy changes
- First annual NFWB Vikings Golf Outing

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First Annual NFWB Golf Outing!



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2013 Head Football Coaches



Football GM – Tom Jozwiak

Varsity – Rob Johnson

Junior Varsity – Mac Gaines

Freshmen – Matt Balazovic

Flag – Alex McNeece

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Scheduling Information



- Sat July 27 & Sun July 28 Conditioning Camp 9:00am - Noon
- Sat August 3 Equipment Handout – Storage Shed
- Sun August 4 NFWB Discount Day – Dicks in Novi
- Practice Field E. Side of Farmington Rd., N. of 13 Mile
- Mon August 5 1st Practice – helmet & cup, no pads.
- Thur August 8 1st Practice with pads
- Fri August 16 Scrimmage Walled Lake Gators
- Before 1st Game Mon – Fri, 5:30 – 8:00
- After 1st Game Tue - Fri, 5:30 – 7:30
- Saturday Practice – instead of Friday when possible. See your team coach.

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Game Schedule



<u>Date</u>	<u>Day</u>	<u>Time</u>	<u>Description</u>	<u>Location</u>
16-Aug	fri	7pm	Scrimmage vs Walled Lake Gators	North Farmington HS
24-Aug	sat	10am	Game 1 at Roseville Broncos	Roseville
30-Aug	fri	3pm	Game 2 Waterford Corsairs	North Farmington HS
8-Sep	sun	10am	Game 3 Clawson Mavericks	North Farmington HS
15-Sep	sun	10am	Game 4 Shelby Lions	North Farmington HS
21-Sep	sat	10am	Game 5 at Hazel Park Raiders	Hazel Park
29-Sep	sun	10am	Game 6 Royal Oak Chargers	North Farmington HS
6-Oct	sun	10am	Game 7 at Berkley Steelers	Anerson Middle School, Berkley MI
12-Oct	sat	8am-8pm	FLAG BOWL	Madison Heights
13-Oct	sun	TBD	Game 8 Romeo Red	Romeo
20-Oct	sun	8am-8pm	Legends Playoffs	North Farmington HS
26-Oct	sat	8am-8pm	Division Championships	Clawson
2-Nov	sat	TBD	Cheer Off	Romeo Red
3-Nov	sun	TBD	Super Bowl	Royal Oak Chiefs

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Equipment Basics



	Provided By NFWB	1st Three Days of Practice + "No Pads" Days	Regular Practice	Game	Flag
Helmet	YES	X	X	X	
Shoulder Pads	YES		X	X	NO
Thigh & Knee Pads	YES		X	X	NO
Hip & Tail Pads	YES		X	X	NO
Mouth Guard	YES	X	X	X	
Practice Jersey	YES		X		
Practice Pants	YES		X		
Game Jersey Purple	YES			X	
Game Jersey White	YES			X	
Game Pants Black	YES			X	
Game Pants White	YES			X	
Cup	NO	X	X	X	
Girdle (Hip & Tail Pad Provision)	NO		X	X	NO
Cleats	NO	X	X	X	
Socks	NO	X	X	X	
Shirt (Under Pads)	NO	X	X	X	
Water Jug	NO	X	X	X	

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Equipment Basics



Water Jug



Padded Girdle



or



Socks



- Tall Black
- Tall White
- Anklets

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Equipment Basics



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Optional Equipment



Clear Face shield



Integrated shirt



Integrated girdle



Gloves



Cold condition gear

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New Equipment Policies



- **Equipment will not be dispensed to players if payment and paperwork requirements are not complete.**

- **\$100 check will be required at equipment pick up. It will not be cashed unless:**
 - Equipment is not turned in on scheduled dates**

 - Equipment is not cleaned**

 - Equipment is damaged by abuse**



Rules



- **MHSAA Rules**
- **OMYFA Rules**
 - Age & Weight (in full uniform, with pads, no helmet)

FLAG	AGE	WEIGHT
1	5 & 6	
2	7	
FRESHMAN	AGE	WEIGHT
3	8	125
4	9	125
JUNIOR VARSITY	AGE	WEIGHT
5	10	145
6	11	145
VARSITY	AGE	WEIGHT
7	12	170
8	13	170

- 4 play minimum, 4 sit minimum per half
- 4 x 12 minute quarters
- Attendance - 2 unexcused, or 3 total missed practices = no game play that week.

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Concussions



1. All OMYFA coaches and city board members must complete an online training course and print the completion certificate when done for proof of training.
2. All OMYFA participants and their parents must sign the concussion acknowledgement form.
3. A return to play form must be completed in the event of a participant concussion.
4. More info on vikings website:
www.nfwbvikingsyf.com. See “links” & “documents”



Communication



- **Website: nfwbvikingsyf.com**
- **Email or Txt**
 - Always let your coach know if your child will not be at practices or games
- **Discussions with Coach**
 - Head Coach
 - Avoid before/during game & practice
 - Request, schedule it
 - If emotional – 24 hour rule
- **Discussions with Football GM – call anytime**
 - Tom Jozwiak
 - 248-321-4017

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Conduct



- Avoid “coaching” from stands.
- Be an example of sportsmanship for our football players and cheerleaders.
- Player, parent, and coach codes of conduct are posted on our website. If you need an emailed copy or paper copy let a board member know. Read them as you will be expected to follow them.
- Realize that everyone involved is working toward the same objective:

A positive and developmental football experience for all of the players



2013 Cheerleading Coaches



Cheer GM – Sherry Tatum

Carmeta Lanier

Tiffany Johnson

Arianna Jackson

Micayla Kersch

Raven Tatum

Email: nfwbvikings@gmail.com

Website: www.nfwbvikingsyf.com



Cheerleading Information



- Girls should not get their ears pierced during the Cheer Season
- No hair clips or beads can be worn during practice or games
- No earrings of any kind should be worn during practice or games as this is a safety issue
- Practice Schedule (NEW)
 - Before First Game: 5 days / week, 5:30 – 8:00
 - After First Game: 3 days / week
 - 5:30 – 7:30 Freshmen, JV, and Varsity
 - 5:30 – 7:00 Flag
- When it starts to get cold we will go indoors. The indoor facility will be announced at a later time. When we go indoors, we may alter the time to allow for travel from one location to the other for those who have siblings playing on football.

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Cheerleading Information



- We will be stunting during the season. Therefore tumbling is a requirement.
- All girls cheer- Our program is about teamwork and having fun.
- The first few weeks of practice we will learn the cheers thereafter we will begin to work on our competition cheer and dance
- Cheer competition is scheduled for November 2, 2013. This years cheer competition is being hosted by Romeo.
- Must cheer in minimum of 6 games to be eligible.

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Volunteer Philosophy



- Volunteers are the life-blood of our organization
- Coaches and Board Members devote more than 200+ hours a year to our program
- Every family is expected to volunteer for one shift on each home game
 - We are requiring each family to volunteer for 5 games
- It takes 70 parents to conduct a home game



Volunteer Philosophy



- Volunteer Areas:

- Press box
- Newsletter
- Concessions
- Admissions
- Hot Dog Roast
- Apparel
- 50/50 Raffle
- Cheerleading Coaching
- Coaching
- Fundraiser/Sponsors **(new)**
- Parent Watch
- Banquet
- Football Coaching
- Chain Gang
- Parent Safety **(new)**
- Clean Up **(new)**

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Volunteer Philosophy



Changes to Volunteer Program

In order to make it simpler for everyone we are going to try a new system for volunteering this season.

- Flag Parents will work the Freshmen Games
- Freshmen Parents will work set-up and Flag Games
- J.V. Parents will work Varsity games
- Varsity Parents will work the J.V. Games

(Some adjustments will be made to accommodate parents with multiple children in the program)

When you sign up, you will be signing up for the same job at every game. This will increase our effectiveness and reduce the training involved every week.



Volunteer Philosophy



Changes to Volunteer Program-Missing a game

Should you know in advance that you will not be at the game to work your shift, YOU need to find a replacement for that shift. Try contacting the team Mom's (or Joe Hinckley) to get an email out to see if someone can switch shifts with you.

Should you miss your shift without notice or finding a replacement you will need to meet with all available board members on the Tuesday following the game at 7:30 pm at the clock near the entrance to the field.

1st offense is a \$ 50.00 fine (payable before the next game)

2nd offense is a \$ 75.00 fine and the player/cheerleader will be receive a one game suspension for the next game.

Please direct any questions or comments to Joe Hinckley. I can be reached by email at jhinckley4@gmail.com

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Important Information



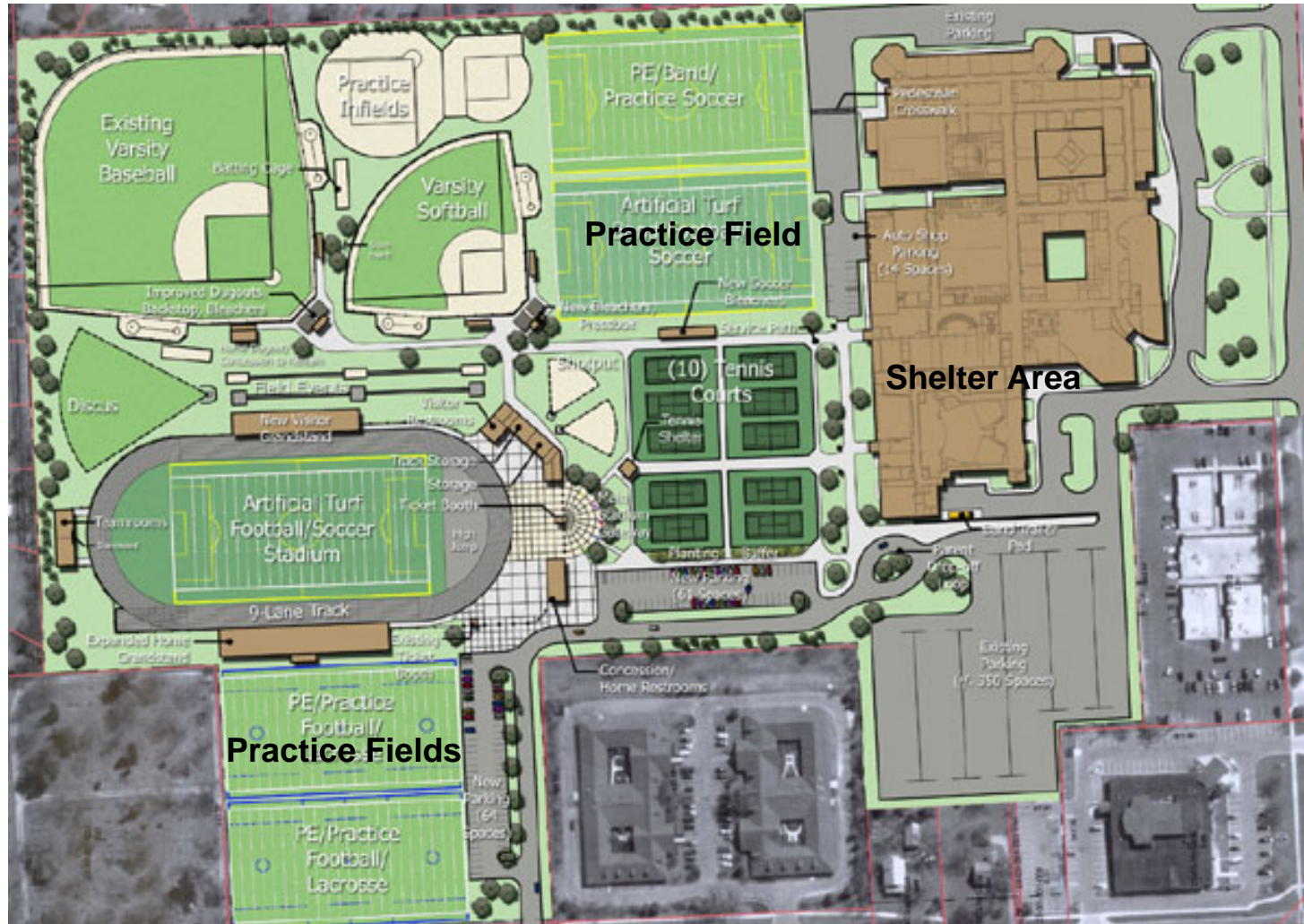
- Use the Vikings website for as primary information source throughout the season. www.nfwbvikingsyf.com
- Show up for all games and practices unless you are notified otherwise
 - Football is an “All Weather” Sport. We play and practice in everything except for SEVERE Weather situations.
- Inclement Weather Plan (Practices and Home Games)
 - Players and Cheerleaders stay with their coaches and head towards shelter area.
 - Shelter Area is the Auditorium Entrance of North Farmington HS (SW corner of the school)
 - Parents pick child up from coach at shelter area

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North Farmington High School Map



13 Mile Rd

Farmington Rd

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Website: www.nfwbvikingsyf.com



Don't Forget



- Sat/Sun July 27/28 Conditioning Camp
- Sat Aug. 3 Equipment Hand Out
- Sun Aug. 4 NFWB Discount Day at Dicks
- Mon Aug. 5 1st Day of Practice
- Registration Items
 - Forms Completed
 - Physical
 - Photo
 - Birth Certificate
 - Full payment

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Q & A

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