

Seymour Owis Football



August 2014

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Stay Informed!

- Www.seymourowlsfootball.com
- Twitter: @ seymourowlsfb
- Coach Shattuck's Twitter: @coachshattuck
- Facebook: Seymour High School Football

Successful Summer Program comes to an end with Night of Champions

As many of you are well aware, July was an extremely busy month for the Seymour Owls Football Program. Your Owls participated in scrimmages at North Harrison and Salem, while hosting those same teams at Bulleit Stadium later in the month. The FUNdamental Youth Camp in early July was a success, as nearly 50 campers enjoyed a great week of football and fun! In the middle of the month, we had an extremely productive week of Owl Pride Team Camp for grades 7-12 which really helped

bring us all closer together as a football family. During our last week together in the summer, we had over 12 young Quarterbacks attend our three day Quarterback Technique Clinic.

As you could imagine, our football program is being reinshowcase the gains that we have made, we hosted our 1st annual Night of Champions at Bulleit Stadium on Thursday, July 24th. The Night of Champions is a night where our



student-athletes were tested in ten different events, including the 20 yard dash, 40 yard dash, box jumps, tire flips, snake run, 400 meter run, bench press, power clean, parallel squat and the agility bag run.

Student-athletes were given a sheet of paper that went with

vented each and every day. To Those who worked with us all summer long saw significant gains in their strength, speed and agility. These individuals have now put themselves in a position to succeed on the

> football field. When a group of individuals improves themselves, like our kids have done this summer, we can reach our goals and make great gains

> The Night of Champions was a great way to end what was a great summer of vast improvement for the Seymour Owls Football Program!

Connect with Seymour Owls Football!

One key aspect of any organization is communication. As a football program, we strive to offer as many avenues of communication as possible to get to various audiences. Please take advantage of the many ways to keep up with Seymour Football!

Website:

www.seymourowlsfootball.com

Twitter:

@seymourowlsfb

@coachshattuck

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Seymour High School Football



Owls Gain Competitive Experience in July Scrimmages

In July, the Owls Varsity Football team participated in four scrimmages. The first scrimmage was Tuesday, July 8th at North Harrison High School. The two-team scrimmage included 7 on 7, lineman challenge, inside run, team, and goalline situation scrimmages. The North Harrison scrimmage was a great first time out for our kids against another team.

A week later, on July 15, the Owls hosted North Harrison to a similar scrimmage at Bulleit Stadium. This was a great opportunity to get back to work after correcting some errors made in the prior scrimmage. It was great for our kids to be able to see the progress they had made in the matter of just a few days.

On Friday, July 18th, the Owls traveled to Salem High School to participate in a three-team scrimmage with Salem High

School and Corydon High School. This scrimmage did not include any 7 on 7 or situational aspects, so it was great to get a lot of full-team repetitions for our kids

The following Monday, July 21st, Salem made the trip to Bulleit Stadium for a two-team scrimmage to conclude our summer scrimmage schedule. This was an extremely competitive scrimmage, as both teams were sharp after a summer of weights, camps, and scrimmages.

Overall, our summer scrimmage schedule was a success. Our players were extremely competitive and got better each and every time out. Mistakes were made and mistakes were corrected, which is exactly what the summer is all about!



Student Athlete of the Month: Cailen Shepherd

"Cailen is an extremely smart

player, which is also evident in his

academics"

The Student-Athlete of the Month for July is Sophomore Offensive Lineman Cailen Shepherd. As a freshman in 2013, Cailen was called up to the Varsity Football team and started two games at Guard. As a football player, Cailen is a dedicated, hard worker

who will be a big part of our future moving forward.

Part of what allows Cailen to be such an intregal part of our program is his intelligence on the field. He is an extremely smart player, which is also evident in his academics. Not only does Cailen earn good grades in school, but he is a great leader in the classroom. Having had him in class, I can tell you first-hand that he is always prepared for class

and always attentive to what is going on each and every day. Your hard work is appreciated Cailen!

Great job!



Owls Hire Coach Jeff Klopf

The Seymour Owls Football Program is proud to announce the hiring of Jeff Klopf to the staff. Jeff comes to us from Cypress, Texas where he was a Middle School Teacher. Prior to his stint in Texas, Coach Klopf was the Wide Receivers Coach at Ferris State University under Head Coach Tony Annese

Coach Klopf has a long history with the game of football. He was an all-state player in High School and later an All-

Conference Quarterback at Saginaw Valley State University in Saginaw, Michigan. After college, Coach Klopf had a short stint with the lowa Barnstormers of the Arena Football League before getting noticed by NFL teams. He was eventually picked up by the Cleveland Browns of the NFL where he played Wide Receiver and Special Teams during the 2000 football season.

Coach Klopf will be coaching Quarterbacks for the Varsity this season. He will also be teaching Health and Physical Education at Seymour High School. He and his wife Shay live in Seymour with their three kids Brooklyn, Jeffery, and Kennedy.

Welcome to Seymour Coach Klopf!

SEYMOUR OWLS FOOTBALL

VOLUME I, ISSUE 8

SAYFL Ready for Take-Off!

In last month's newsletter, the new youth football league in Seymour was announced. The Seymour Area Youth Football League (SAYFL) will provide a comprehensive youth football organization for grades 3-6 to Seymour! With it being the first year of this special league, there have been many questions about sign-ups. The SAYFL Board of

Directors have issued multiple sign-up dates to allow for parents to get their sons signed up.

The league will be split into a 3rd/4th grade division and a 5th/6th grade division. The league is also currently accepting coaching applications for any individuals looking to get involved either as a head coach of a team or an assistant coach with a team.

The next opportunity to sign-up for the SAYFL will be on Thursday, July 10 at 12:00noon at Bulleit Stadium. This is directly after the last day of

our FUNdamental Youth Camp for grades K-6. There will also be formal sign-ups on

"Each game is only played once

and the outcome is directly

related to the extent of how we

August 20 and 21 from 5-7pm at Bulleit Stadium.

Please note that the Seymour High School Football program will continue to run a Flag Football Program for all students in grades K-2 in the fall. Information regarding Flag Football will be distributed at the beginning of the school year to all local Elementary schools.

We are extremely excited to redefine youth football in the Seymour community!

If you have questions regarding the SAYFL, please contact them via e-mail at sayfl.contact@gmail.com



Coaches Corner: Coach Klopf

I would first like to take this opportunity to express my gratitude to be a part a special school, and foot-

ball program. I have only been here a short time and have witnessed the beginning qualities of a championship team. We are moving forward with a commitment to one

another by focusing on hard work,

dedication, and consistency. These qualities will be essential to our success as a team. I believe that we

are conceptualizing the fact that each game is only played once and the outcome is directly related

to the extent of how we prepare. All other activities and distractions can be duplicated at another time, and may require an adjustment of priorities. You only have one opportunity to experience Seymour football. We are raising the expectations in everything we do for the program and in the classroom, be proud of who we are, Seymour Owls.

GO OWLS!

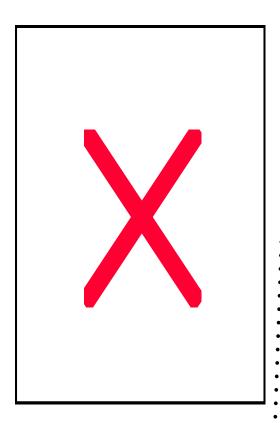
-Coach Klopf

Quote of the Month:

"We all have experiences in our lives that change us, and we all learn from other people, but at the end of the day, it's only us. We are the ones responsible for making ourselves happy."

-Tom Brady





We're on the web! www.seymourowisfootball.com

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Thoughts From the Head Coach: No Bad Days!

No Bad Days. This is an extremely straight forward and bold statement. "No Bad Days" has become our motto as a football program this summer. While it may seem like a relatively simple thing to say, it is a much more difficult thing to accomplish.

There are going to be days that are better than others and days that are worse than others. These days cannot be confused with the "No Bad Days" mantra. As a coach, I define a bad day simply as a day in which our team and program do not improve. Improvement can be measured in an unlimited number of ways. We improve when we learn from mistakes. We improve when we make adjustments to get better at something we may already be good at to begin with. We improve when we listen to others and take advice. We improve when we condition.

As we head into the beginning of the 2014 season, we all understand that we are a part of a once-proud football program in

search of rebuilding and getting back to those glory days. I have personally stressed to our kids the importance and weight of what they have in front of them. No team has ever gone from 0-10 to state champions in one season. That is not our realistic goal. Our realistic goal is to set a standard for Seymour Owls Football that others will be forced to follow. Our goal is to keep raising the bar, every coach, every player, every administrator, one notch at a time. To do this, we must have No Bad Days.

We cannot go backward. We cannot stay the same. We must improve in every single aspect of our program in every way, every day. The process that lies ahead of us will be long and grueling. There will be days where you question whether or not it is worth it to be a Seymour Owl Football Player. However, the rewards will be great, and I can personally guarantee you that

On August 4th, we will begin our journey to help restore the rich and proud tradi-

tion of Seymour Owls Football in a way that will make our community proud. We look forward to having No Bad Days!

Go Owls!

-Coach Shattuck

