



by Charles Power

Theodore High School in Theodore, Ala. has had it's fair share of top prospects over the years, most notably former Alabama linebacker and recent first round pick, **C.J. Mosley**. Next in line for the Bobcats is 2016 running back, **Lamical Perine**.



Perine is already considered one of the state's top RB prospects as a rising junior.

The 5-foot-11, 210-pounder burst on the scene as a sophomore, rushing for 210 yards and 3 touchdowns on just 14 carries in Theodore's 2013 season opener against Baldwin County. Big things are expected of the rising junior, who is currently wrapping up spring practice with the Bobcats.

"As a sophomore it can be tough to fill big shoes, but I came in and tried to help out the juniors and seniors. I just want to help my teammates out, make everything better for us, stay healthy, and help us make the playoffs this year, hopefully," said Perine.

Alabama assistant coach **Lance Thompson** evaluated Perine earlier this spring and the in-state runner plans to camp in Tuscaloosa later this summer, as well as Florida and UCLA.

"It was just a great experience just to hear from (Alabama). They're trying to get me up there in June. I'm going to UCLA and Florida, too."

Perine has an outstanding football pedigree. His grandfather, **James Perine** was a longtime coach at Vigor High School and his father, **T.J.** played at Auburn. Perine is also related to 2014 Oklahoma running back signee **Samaje Perine** as well as UCLA freshman All-American **Myles Jack**. The visit to UCLA this summer will provide the younger Perine with the opportunity to spend time with Jack.

The rising prospect views himself as a multi-dimensional runner and listed a few of his favorite players.

"I think I'll be over 220 pounds. Probably around 225 or 230. I think I'm a balanced back. I like **T.J. Yeldon** for real, he's a good running back. I like **Tre Mason Marshawn Lynch**, and **Legarrette Blount**." Which teams did Perine watch growing up?

"Growing up, I liked Alabama and Florida."

Theodore head coach has nothing but praise for his star runner, who is expected to be the focus of the Bobcats' offense in 2014.

"First off, Lamical is hard-nosed. He has good top end speed, doesn't mind getting downhill on you. Great hands and just overall a great athlete. He has the top end speed to get out and stay out. That's why these schools love him. He can get in there and bang with you, too. He had a great year for us. We had (**Jerry Gibson**) who went to Minnesota and those two split time. (Perine) did a great job for us.

"He's had a great offseason and his spring has been really good. We're expecting some great things out of him."

Collier adds that Perine possesses a quiet, workmanlike attitude that serves him well.

"He's a lot like **C.J. (Mosley)** in that you don't hear a lot from him. He comes in, works his butt off, and he goes home. He's not one of those that is going to go out and make himself seen. He's going to do exactly what you tell him to do full speed. The other day I told him we were going to hold him a little bit during the inside period and he said, 'Coach, whatever we need to do for the team.' He's that type of kid."

Numerous SEC schools, in addition to the aforementioned Alabama, have already been by to scout Perine and offensive lineman **Zeke Mayblen**.

"Alabama's been by. Alabama's real high on him. Auburn came through, but that was before we went out for spring practice

Theodore High School



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