

MEDICAL & INSURANCE INFORMATION

Coverage for accidental injury is required for all participants. In most instances, family insurance provides adequate coverage.

Please indicate your family Health Coverage Below:

Name of participant _____

Health Insurance Co. _____

Policy Number _____

I/We being the legal guardian(s) of the participant, authorize All American Option Football Camps LLC and its agents permission to request medical treatment as necessary to insure the well-being of our dependent.

Parent or Guardian Signature

Print Parent or Guardian's Name

I/We, the undersigned, for ourselves, our heirs, executors, and administrators, waive and release and forever discharge All American Option Football Camps LLC, it's staff, officers, agents, representatives, employees, successors, assigns of and from any and all rights and claims for damages to person or property which may be sustained or occur during participation in camp activities whether said damages, injury, or loss are due to negligence or not.

I certify that the participant is in good physical condition, allowing him to participate in the All American Option Football Camp.

Parent Signature

Person to contact in case of emergency Phone

MEDICAL RESTRICTIONS/LIMITATIONS (please be complete)

Medical Condition _____

Current Medications _____

Allergies _____

Name of Doctor _____

Doctor's Phone Number _____



11th Annual Option Football Camp

“Your Only Option” 2015

Finally a football camp dedicated to option football.

July 19,20,21

Dickinson College

Carlisle, PA

“Your Only Option” Football Camp is dedicated to teaching all phases of Option Football to Teams and Individuals.

We know you have OPTIONS when choosing your summer football camp; here is why you should consider us, Your Only Option.

All types of Option football is taught based on your team’s preference.

- ✓ Veer/Midline/Zone Read/Jet Read
- ✓ Shot gun and under center formations
- ✓ Passing game from Option Actions
- ✓ Clinic and roundtable discussions on option football in the evenings
- ✓ 7 on 7 as well as 11 on 11 sessions
- ✓ Plenty of individual drill time and Plenty of TEAM time
- ✓ Great for team building
- ✓ Sessions on Defense and defending the option as well
- ✓ Practice sessions recorded on hudl for teaching and learning
- ✓ One coach per ten players provides for multiple reps and in depth instruction
- ✓ Certified Trainer on Staff
- ✓ Flexible practice planning and scheduling
- ✓ We will hire one coach from your staff for every 10 campers you bring

Daily Schedule

7-8am Breakfast

9-11 Session #1

11:30-12:30 Lunch

2-4 Session #2

4:30-5:30 Dinner

6:30-8:30 Session #3

9-11 Meetings/Film Review/Coaches Clinic

11pm Lights Out

Dickinson College has newly renovated, air conditioned dorms, excellent dining facilities, and the camp has use of multiple fields including the new stadium turf.

Your Only Option Football Camp

Registration Form

July 19, 20, 21 2015

Cost \$300

Name _____

Address _____

City _____ State _____ Zip _____

Phone _____

Age _____ Birthdate _____

School _____

Coach _____

Grade as of 2015-16 School yr _____

Offensive Position _____

Defensive Position _____

Roommate Preference _____

Shirt Size S M L XL XXL

What to Bring

Shorts, T-Shirts, Socks for 7 practices

Football Shoes and sneakers

Casual Clothes for Non-Practice Times

Helmet, Shoulder Pads, Mouthpiece

Toiletries

Please give your completed registration form, medical form, and fee to your coach. Checks payable to “All American Option Football Camps”. Coaches please send forms to:

Steve Mitten
912 Chickadee Ln
West Chester, PA 19382
email: cmitten@wcasd.net
phone 484.356.3799