

Warriors Board Brief

We're well into our first month of the season and the Warriors are already performing at a high level! JV & Varsity are getting ready to travel to Madison for a tournament in early November and all 3 teams will be playing over the Thanksgiving holiday. As a bonus, our JV team was invited to play in the Chicago Fall Classic on October 21, 22 & 23 (for free!) at Fox Valley Arena. They will face U16 teams from Nashville, Denver and Atlanta. Go Warriors!

LEAGUE PLAY RECAP

Varsity (2-1-1)

After losing their first 2 games (one of them in a shoot-out vs. OPRF), Warriors are on a 4 game winning streak!

9/24 vs. Naperville Central	L	3-5
9/25 vs. OPRF	L	3-4 Shoot-out win
10/1 vs. Sandburg	W	7-5
10/9 vs. Lincoln-Way	W	5-2
10/14 vs. Plainfield	W	10-1
10/16 vs. Lyons Township	W	5-4 Shoot-out win

Junior Varsity (6-0-0)

Great start to the season! Our goalies are shining, each with a save percentage >97% and goals against average <1!

	9/24 vs. Naperville Central	W	6-0
	9/25 vs. OPRF	W	2-0 Zarembski – shut out
	10/1 vs. Sandburg	W	6-o Lee – shut out
	10/2 vs. Glenbard	W	5-1
	10/7 vs. OPRF	W	2-1
	10/9 vs. Lincoln-Way	W	5-0 Zarembski shut out
\triangleright	10/16 vs. Lake Park	W	11-4

JV Gold (2-1-0)

JV Gold are 2&1 after 3 games. The team found its scoring touch in the $3^{\rm rd}$ game against Kankakee, scoring 6 unanswered goals for the win. The team has a short break until the next game on 10/24. Plenty of time for coach Hill, Andrews & Olenski to get the boys in game shape...

	9/25 vs. Crown Point	W	3-2
\triangleright	10/1 vs. Mid Valley	L	1-3
	10/9 vs. Kankakee	W	6-1

MIKE SVAC – DISABLED HOCKEY REPRESENTATIVE

The Warriors are very proud to announce that USA Hockey named past Warriors President and current Director of Hockey Operations Michael Svac as the new Disabled Hockey Representative for their Central District (Illinois, Wisconsin, Missouri, Iowa, Kansas, and Nebraska).

In this role, Svac will be responsible for working with all disabled hockey programs within the Central District to help them grow and develop in order to allow more individuals with disabilities to have the opportunity to play hockey. The disabled hockey programs include Amputee, Blind, Deaf, Sled, Special and Warriors. On a national level he will continue to assist in the development of training, new tools and resources and represent Disabled Hockey.

Svac, a USA Hockey Level 5 coach, was originally introduced to Disabled Hockey in 2007 and became the Hockey Director for Chicago Blackhawks Special Hockey. His focus on skill development, using USA Hockey's American Development Model for over 100 Special Needs players across three locations in the Chicago area, created an opportunity to expand his reach throughout the District. In 2015, with the support of the NHL's Chicago Blackhawks, he helped establish Chicago Blackhawks Blind Hockey program which now has 18 players. This program is the first in the nation to have all players from one geographic area and includes all skill levels (from "learn to skate" to advanced).

On a general note, over the past six years Several Warrior players have been involved in the Chicago Blackhawks Special Hockey Program. Currently, Alex Lee (JV) and Cade Kenyon (Varsity) are junior coaches and have been part of program for over two years.

PLAYER LEADERSHIP

I would like to extend my congratulations to the players who have been selected as captains and alternate captains for the 2016/17 season. These individuals will serve as leaders on and off the ice and in the dressing room and will set the tone for their respective teams. Captains & alternates should be motivators, knowing when to praise and when to challenge teammates, and serve as role models for the rest of the team. This includes showing a strong work ethic, focusing players on the goals of the team and enforcing standards & rules.

VARSITY

Captain – James Fort Alternate – Gary Stanley Alternate – Carson Quackenbush

JUNIOR VARSITY

Captain – John Schmitt Alternate – Jeremy Pietrarosso Alternate – Matthew Ellsworth

JV GOLD

Co-Captain – Quentin Tiscareno Co-Captain – Elliot Villeneuve Alternate – Trent Kenyon Alternate – Michael Staskon

INDIVIDUAL/TEAM PHOTO SESSION

MARK YOUR CALENDARS...Individual & team pictures will be taken on Thursday, November 10th at All Seasons. We have contracted PMI Photography for the shoot which will coincide with the JV/Varsity practices. Players are asked to bring both game jerseys (white jerseys for individual photo and black jerseys for team picture) and to wear DARK socks (for the team picture). The tentative schedule is as follows:

6:30	Varsity players arrive & dress
7-7:30	Varsity individual pictures
7:00	JV Gold players arrive & dress
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7:30 (when ice is clean) - JV Gold team picture

7:40 Varsity team picture 7:45 - 8:45 Varsity team practice

7:40 - 8:15 JV Gold & practice squad individual pictures

7:50 JV players arrive & dress 8:20-8:55 JV individual pictures

8:55 (when ice is clean) - JV team picture

9:00 JV team practice

Order forms will be available at the photo session and will also be emailed by team managers. The photographer's website is www.pmiphoto.com

HOCKEY HELMET RATINGS





One of our parents, Rob Cummings, made me aware of a study performed by Virginia Polytechnic Institute and State University researchers in 2015 (that some of you may already know about). In this study, researchers rated hockey helmets on a scale of NR (not recommended), 1 (marginal) to 5 stars (best available) based on their ability to lessen the effects of a hit leading to a concussion. More specifically, the "STAR value represents the theoretical incidence of concussion for one player season assuming that the player experienced the same range of head impact conditions and frequency". The institute spent 3 years and \$500,000 developing the ratings (none of the funding coming from the helmet industry). Thirty-eight helmets were tested: none achieved the top 2 categories (4 stars – very good, 5 stars – best available), only two achieved 3 stars and many popular helmets were rated as not recommended.

While the study did receive criticism from various groups (including the helmet industry), a previous study of football helmets (2011) did lead to companies overhauling their product lines (after also drawing criticism). The Warriors organization is not taking a stance on the study (for or against) but thought that you might use it as one of the data points towards the purchase of your next helmet. You will note that price doesn't appear to be correlated to the rating...See the link below for the study...

http://www.beam.vt.edu/helmet/helmets_hockey.php

CASINO NIGHT – BETTING ON THE WARRIORS



Just under 100 people came together at the 2nd annual casino night on September 23rd at Aurora Turners. The evening was a great success, we enjoyed good food, drinks and lots of gambling! And many went home with terrific prizes!

As with the Pow Wow tournament, we have many people to thank for the events: Patti Podlesack was our event coordinator and did so much in such a short time! Dana Schubert whipped up awesome meatballs! Maureen Quaid went above & beyond collecting gifts from a number of retailers. We also have many families to thank for their donations:

Pearce family Quaid family Hallam Family

Kozari family Torres family

Our committee consisted of Patti Podlesack. as mentioned above, Maureen Quaid, Dana Schubert, Melissa Naffziger, Rachel Kenyon, Michelle Georgiou, Diana Kozari, Sarah Lee, Steve Pearce, Matt & Andrea Hallam.

Then there are our dealers. They had minimal training and yet, some of them seem to have a future in Vegas (but most shouldn't quit their day jobs)!

Dana Schubert Gary Stanley Matt Hallam Gary Hill Katie Hill Denis Lee Sarah Lee Mike Jacovich

Patti Podlesack

Finally, so many others helped out with the reception table as well as with set up & clean up. We are, again, so grateful for your participation in making this event a success!

MEET OUR GOALIE COACH

BOB GATTO

Bob is a USA Hockey Level 3 Coach specializing in goaltending. With nearly 8 years of coaching experience, Bob started his coaching career in 2008 as an assistant goalie instructor for the Geneva Cyclones and took over the program in 2012. He started his association with the Warriors in 2014.



Bob played Tier 2 hockey in Chicago and was an all-star goalie for Driscoll Catholic High School. Following Driscoll, Bob served in the U.S Marines for four years in North Carolina, Japan, and Korea.

Bob currently is the Goaltending Director of, Cyclones Hockey Association, Chicago Bruins Hockey Club, Waubonsie Valley Hockey Club, and the Squirt Major / Peewee Minor goalie coach at Team Illinois, where his son also has played the past two seasons.

Bob considers himself a student of the goalie position and is constantly learning and applying new techniques with his goaltenders. He has had the opportunity to work with some of the top goaltenders from US and Europe, and learn from, Jim Bedard, Goaltending Coach of the Detroit Red Wings. He attends an annual coaching symposium lead by; Mike Valley, Dallas Stars Director of Goaltending, Thomas Magnusson, Director of Goaltending Development for the Swedish Ice Hockey Association, and Hannu Nyquist, Goaltending Coach for the Finnish National Team. Goaltending is constantly evolving and Bob never stops learning new concepts and techniques from his mentors and goalies alike.

A STEP aHEAD CONCUSSION BASELINE TESTING

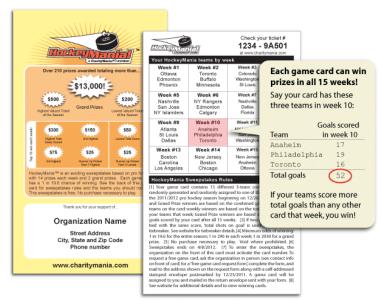
It's not too late to get your baseline testing done!



Amateur Hockey Association of Illinois (AHAI), Athletico Physical Therapy, the Chicago Blackhawks, and NorthShore University HealthSystem has come together to create the AHAI: A Step aHEAD Baseline Testing initiative to combat one of the most common head injuries: concussions. Through A Step aHead, these organizations offer free baseline concussion testing, as well as educational programs, to youth hockey players in the AHAI program. The program is offered free of charge to players 11 to 18 years of age.

For more information contact an Athletico Baseline Testing Professional by emailing baselinetesting@athletico.com.

HOCKEY MANIA!



HockeyMania is an exciting sweepstakes fundraiser based on goals scored by NHL teams. All game cards have an equal chance to win thousands in prize money based on the performance of the 3 random hockey teams printed on the back during the last 15 weeks of the NHL season (you get 3 new teams each week). To play the game, participants simply add up the goals scored by their 3 teams. Every week, the 10 highest scoring game cards and the 4 lowest scoring game cards win prizes... a new chance in each of the 15 weeks of the sweepstakes! There are 4,060 unique game cards, each of which has a minimum 1 in 19.6 chance to win a prize. Each HockeyMania card is \$20, see your team manager for more details.

WARRIORS ASSIST

Warriors Assist recognizes that our communities, other hockey families, friends and/or organizations sometimes need an "assist" to reach their goal.

- ➤ Both player volunteer hours and monetary donations
- ➤ Last season nearly 100 collective community service hours
- Programs we'll support this year include:
 - > The Naperville Marathon (Oct. 22/23)
 - ➤ The Naperville Noon Lions Club Annual Turkey Trot (Nov 23)
 - Cal's Angels

If there's a program you feel could benefit from Warriors Assist, please contact Rachel Kenyon @ rkenyon19@aol.com

WRAP-UP...

Lots to look forward to in the next month including tournaments, photo sessions and we are starting to plan for our Christmas party, community events as well as senior night in January. As always, I'm grateful for your feedback, good or bad. GO WARRIORS!!

I'll see you at the rink.

Jacques Villeneuve

President, Warriors Hockey Club