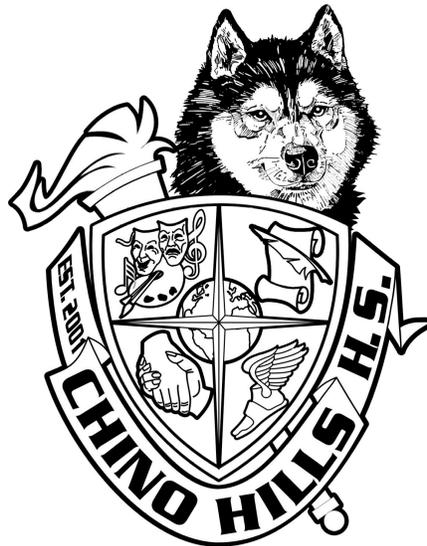


# **Chino Hills High School**

## **Husky Spiritleaders**

**2013-2014**



Try-Out Information,  
Constitution and Code of  
Conduct

**Clinic and Try Out Rules**  
**April 22-25, 2013**

***Monday, April 22 - 3-5:30 pm Glacier Gym (small gym)***

***Tuesday, April 23 - 3-5:30 pm Glacier Gym***

***Wednesday, April 24- 3-5:30 pm Glacier Gym***

***Thursday, April 25 Try-outs (start at 3 pm) Glacier Gym***

**Qualifications to Participate in the CHHS Spiritleader Tryout Clinics**

1. Parent/Guardian and Spiritleader candidate must read, agree to and complete the application cover sheet handed out at the MANDATORY MEETING ON MARCH 25 or 26, 2013:
2. All girls returning or otherwise must try-out. Girls that are currently on the team have no advantage over girls who are not. Video submissions are not permitted. All girls must be present to participate.
3. Spiritleader candidates will fill out the ONLINE APPLICATION and submit by: April 11, 2013 at 2:30 pm. The Spiritleader candidate must have and maintain a 2.0 GPA. (a copy of report card from the Fall semester ending January 2013 must be turned in with the tryout packet)
4. Turn in two-teacher evaluation forms (each Spiritleader candidate needs to attach an envelope to the evaluation forms with their name on the outside) The teacher should return the envelope **sealed** and **signed** to you to turn in with your application packet.
5. Be on time everyday to clinics. Remember 3 PM – Glacier Gym (We are aware that some junior highs get out later and tardies will be allowed if candidates make the advisors aware of this scheduling conflict)
6. Have a high school sports physical form completed and turned in with this packet.

**WHAT TO WEAR**

**There is a clinic and try-out dress code.**

All Spiritleader Candidates are required to wear:

\*Husky P.E. Shirts and Shorts (eighth graders may wear their middle school P.E. shirts and shorts)

OR the spirit pack shirt and bow.

\*Hair needs to be pulled away from your face in a high ponytail.

\*Absolutely no glitter or jewelry is allowed. It is a safety hazard for some and could possibly detract from your performance.

\*Athletic tennis shoes for cheer and yell crew. Jazz shoes or athletic tennis shoes for song.

Please tuck in your shirt. You are jumping, rolling and moving around a lot, and we do not want to "flash" anyone, especially the judges at tryouts. Please bring a water bottle. **Cell phones should be put on "silent" or turned off and should not be a distraction to the clinic candidate or others. We politely ask that cell phones are not to be brought out during the duration of clinics, including break times.**

You will be required to wear a tryout number throughout the entire week. These numbers will be given to you during role call on the first day of clinics on Monday, April 22. Remember that clinics begin at 3 pm in Glacier Gym. It is recommended that you arrive at least 15 minutes early to each day of clinics.

Results of tryouts will be posted according to your tryout number.

## **WHAT CAN A CANDIDATE TRY-OUT FOR?**

### **\*CHEERLEADER\***

### **SONGLEADER\***

### **\*MASCOT\***

Mascots should have wild spirit and want to do whatever it takes to get the crowd pumped up. Candidates will attend most Varsity sporting events to lead the Dog Pound and the entire Husky Fan Base as the Husky Mascot. Mascots will also compete.

Cheerleaders tumble, perform stunts and dance in addition to lead cheers at Husky athletic events. Candidates should be able to show athleticism through jumps, strong motions and technical skills such as tumbling and dance.

There is no skill requirement for trying out, however, cheer candidates are encouraged to have at minimum a level toe touch and a standing backhand spring or round off back hand spring. Candidates can successfully make the squad and work on those skills during the year, however, they should know that tumbling scores are based on the level of difficulty during the try-out. Candidates will try-out on a mat. Candidates may not ask for a “spot” during try-outs.

Songleaders dance with poms and perform kicklines and various dance skills such as leg hold turns and leaps. Candidates should be able to show dance experience through strong motions and technical skills.

There is no skill requirement for trying out, however, song candidates are encouraged to have at minimum a level toe touch, double pirouettes, double pencil (leg hold) turns, Straight, tilt, fan kicks and inside fans and a la seconde turns (at least one eight count). Candidates can successfully make the squad and work on those skills during the year, however, they should know that those skill scores are based on the level of performance and difficulty during the try-out.

## **\*CLINICS\***

Clinics begin on **Monday, April 22, 2013** at 3 pm.

Being absent from any day of clinics *may* forfeit your privilege to try out.

Senior Spiritleaders, and CHHS staff will teach the routines. Each candidate will learn requirements that are dependent on which squad he/she is trying out for.

### **SONG AND CHEER CANDIDATES:**

Candidates will learn a game-action sideline cheer. Candidates will be judged on crowd participation, spirit and voice projection. Each candidate will be asked to introduce each cheer to the "crowd" (judges).

**Junior Varsity & Varsity Cheer:** At cheer clinics each candidate will learn motion placement, jumps, dance technique and tumbling execution. Candidates will need to show some form of gymnastic skill. Tumbling skills can include: round offs, front rolls, cartwheels, round off back hand springs, standing back hand springs or any form of advanced tumbling that the candidate is comfortable performing. At try-outs the candidate will perform a combination of 3 jumps, show their gymnastics, one dance/performance cheer and a sideline chant. Eighth, Ninth and tenth graders may try-out for junior varsity and tenth and eleventh graders may try out for varsity cheer. We are looking for approximately, 10-16 junior varsity cheerleaders and 12-16 varsity cheerleaders. As always, the number is dependent on candidates trying out and ability level.

**Junior Varsity & Varsity Song:** Candidates will perform the game action cheer and one dance routine. Songleaders do not stunt. At clinics each candidate will learn motion placement, jumps, and dance technique. At try-outs the candidate will perform a combination of jumps, leaps and turning sequences, one dance, and a sideline chant while demonstrating dance skill in kick lines and a *minimum* of double turn (two rotations). Eighth, Ninth and tenth graders may try out for junior varsity song. Tenth and eleventh graders may try-out for varsity song. We are looking for 10-14 junior varsity song leaders and 7-12 varsity song leaders. As always, the number is dependent on candidates trying out and ability level.

**During clinics the candidates will be judged on attendance, attitude, effort and Husky spirit. At one point during the clinic days candidates will be pulled out for a short interview with the CHHS spirit staff. They will be scored by the coaches and advisors.**

**Clinics and Try-Outs are closed to parents and friends. Only CHHS administration, spirit staff and graduating senior instructors are allowed in the gym. No video recording of senior instructors are allowed.**

### **\*Try-outs\***

Tryout check in will begin promptly at 3 pm in front of the CHHS Glacier Gym on Thursday April 25. Approximate squad try out times will be announced during clinic week. Candidates will tryout in pairs of two or groups of 3. Candidates will be able to pick their partner (s). In the event that there are an uneven number of candidates, a candidate may perform twice with the candidate trying out, but will only be judged once.

Please plan accordingly; we cannot make any special arrangements for your tryout time. Depending on the number of candidates, tryouts for each squad may run from 1 hour -2 1/2 hours. Please leave ample time for the process. The order of tryouts will be random and not according to your number. The numbers will be selected on Wednesday, April 24.

### **Squad Member Placement**

The number of candidates placed on each squad will be determined by the natural break in the score points. The points will be determined by:

**Clinics:** 15 points possible (5 per day)

**Teacher Evaluations:** 15 points possible (times 2 teachers)

**Report Card:** 10 points possible

**Candidate Interview:** 20 points

**Tryout Judge Sheets:** 100 points possible per judge (minimum of 3)

Final squad numbers are also dependent on the number of candidates trying out. The Spirit Staff and the CHHS administration make the final placement decision. It is final upon posting. New squad listings will be posted by 3 pm on April 26, 2013 on the following website:

[www.chhshuskyspirit.com](http://www.chhshuskyspirit.com)

**New squad members will be listed according to their try-out number.**

## **Chino Hills High School Spiritleaders Constitution and Code of Conduct 2013-2014**

The purpose of the Chino Hills Spiritleaders is to:

1. Develop school spirit
2. Encourage and lead positive crowd participation
3. Strive for excellence in routines and performances
4. Serve as student role models by displaying
  - a. Academic good standing
  - b. Outstanding citizenship
  - c. Sportsmanship
  - d. Quality leadership by being a positive example at all school activities while representing Chino Hills High School.

### **Qualifications of a Chino Hills Mascot, Cheer and Song Spiritleader**

The student must:

1. Understand and agree to all requirements set out in this contract
2. Maintain a 2.0 GPA

Falling below a 2.0 will result in a 6-week suspension from Spiritleading; failing to have a 2.0 GPA a second time will lead to dismissal from the squad. A suspended squad member may not dress for the given period of time and may not represent the school at any rally, game or competition.

3. Be cooperative, dependable, and maintain a good attitude
4. Be of good health and stamina showing a positive physical

### **School Involvement**

Spiritleader members cheer at at:

1. All football games
2. All basketball games
3. Other sporting events as time allows
4. Rallies and other school activities, community affairs as scheduled.

Our purpose is to provide leadership and school spirit for all athletics at Chino Hills High School. At times, the squad will be split to cover overlapping events. AS A SQUAD MEMBER IT IS YOUR RESPONSIBILITY TO TREAT EVERY EVENT AS EQUAL IN IMPORTANCE.

### **Athletics other than Spiritleading**

Spiritleaders should think seriously about participating in any other sports or school activities (for example pageantry and athletic trainer) during the Fall, Winter and Spring seasons. This is because many of these activities occur simultaneously with events that Spiritleaders cover. Spiritleading takes priority. Students who feel they have a special circumstance should speak to the advisors PRIOR to the start of try-out clinics.

### **Parent Involvement**

The success of our program is intrinsically tied to the involvement of our parents and family. Parents are requested to be active members in the Spirit Booster Parent Group. The spirit boosters are organized to support the program; including the advisors, coaching staff and spiritleaders. There is a variety of opportunities for parents to volunteer. A few examples include squad parents, chairs for various committees such as fundraising and competitions and carpool organization. If we want to continue having a successful program it is important that every spiritleader be represented in the Boosters.

### **Fundraisers**

Spiritleading is not funded by CHHS ASB, athletics or district programs. It is not a Title IX program. Therefore, the success of the program is dependent on fundraising and parent donations. Donations help pay for:

1. Uniform
2. Choreographer/Coach
3. Other various spirit items

Fundraisers are needed to supplement donations for the spirit family and the program. It is the intention of the program to have different opportunities for families to balance the cost of Spiritleading.

The Spiritleaders will take part in several program fundraisers this year. Program fundraisers need the full support of parents and Spiritleaders. The Spiritleaders are a part of the General Booster Group to help raise funds.

\* Parents are encouraged to become involved and help make your child's Spiritleading experience all it can be. One of the main fundraisers that needs full parent support is Bingo. Every family will need to sign up for Bingo. The number of Bingos will be determined by the number in the program and annual program goals. The Spiritleaders will also put on a Mini-spiritleader camp for the community.

\* Our biggest fundraiser is hosting our "Spirit Spectacular" competition. Every family must be involved and the date is the second or third Saturday in January 2014. This event not only pays for competition but also banquet; coaching and other needs of the spirit program.

### **Donations**

Parent donations are voluntary. In order to keep our program at the level we have always had, we need to raise approximately \$2,200 per family over the course of 10 months. Donations are not required to be on the team, however if we do not raise enough money, some programs such as homecoming, and banquet will be cut. The last thing that will be cut will be performances, including competitions and coaching for such performances.

### **Uniforms and Camp**

Uniforms are optional for parents to purchase. If your spiritleader wants a custom fit uniform, you must pay for it separately. You may request a standard fit. If the booster club pays for your spiritleaders's uniform, it cannot be altered in any way. The cost of the standard spirit pack will be approximately \$400.00. Please see the example of potential/optional items available for purchase at the end of this packet.

Camp is optional, however, all camp material must be learned by the Wednesday prior to the first football game. All sideline cheers must be learned by the Wednesday prior to the first Football game. It is at the discretion of the CHHS spirit staff to remove a spiritleader from any performance. The camp package will include camp attire.

### **Participation in Program**

All spiritleaders are expected to maintain the skills which they held at try-outs. Tumbling and Technique classes are HIGHLY ENCOURAGED and offered at the Talent Factory as CHHS classes on Mondays. More information will be given out at the completion of Try-Outs.

JV and Varsity spiritleaders are required to participate in 85% of all scheduled games that are on the calendar or scheduled by the athletic director, school administration, or the activities director 1 week in advance. Spiritleaders who do not participate in 85% of games will be sanctioned and lose banquet/end of the year honors and privileges.

Spiritleaders who do not attend practice at least 85% of the time will not earn a varsity letter or all squad patch at the end of the year. Non-participation due to medical releases will be reviewed on an individual basis. Only extreme illness covered by a doctor's note will be excused or a family emergency such as a funeral. Unique circumstances to this policy may be reviewed by the spirit staff on an individual basis.

Spiritleaders and their families receive the spirit calendar and schedule at least one month in advance in most cases. CIF play off game schedules may impact calendars and spirit families will be notified ASAP when schedules have been changed.

All JV spiritleaders are required to participate at all Varsity home games in the Spirit spot next to the Dog Pound or on the track with Varsity.

JV will travel to select varsity football games and will be in the spirit spot for all play off games. JV spiritleaders should assume they are traveling to all varsity games unless specifically told at least 3 days in advance.

**Practice and Game Expectations:**

*Spiritleaders should be respectful to CHHS spirit staff, CHHS teachers and parents at all times.*

As in a classroom setting, talking should be at a minimum when instruction is occurring. Spiritleaders will be asked to run, do other forms of conditioning or be asked to leave if the attitude of the spiritleader(s) is negatively affecting the goals of practice or a game/performance.

No food is allowed in or around the cheer mats or dance area. Any snacks should be consumed prior to practice.

Be on time and in correct game/practice attire. Cheer/jazz shoes must be worn at all times.

Midribs and short-shorts are not allowed. Briefs or “spankies” must be worn underneath shorts. Excessive rolling of waistbands are not permitted.

Hair must be pulled back in a neat ponytail at all times.

Cell phones need to be put away and are not allowed around the practice area. See cell phone guidelines below.

Spiritleaders may text/call parents during appropriate break times at the discretion of the spirit staff. Practices are closed. Friends/family may attend if set up with CHHS spirit staff prior to the visit.

The spirit staff has the right to replace a spiritleader in any routine or stunt to advance the success of said routine or stunt at any time.

Spiritleaders who miss practice at any time during a minimum of one week prior to any competition may be removed or placed in an alternative spot of the routine at the discretion of the spirit staff.

Any spiritleader who does not comply with practice/game expectations may be asked to leave and his/her absence will be unexcused.

Spiritleaders will abide by all dress codes in and out of uniform. **Spiritleaders will wear hair in a slicked back ponytail and the designated squad bow while in uniform.** Spiritleaders who are not in uniform during school will not perform at the corresponding game or rally.

Rallies: Spiritleaders are allowed to wear their class color in the form of a tank top or t-shirt and knee socks. Spiritleaders must wear their skirt on rally days. Spiritleaders who are in ASB *may* be exempt on rally days if they are participating in the rally and must wear a costume.

Spiritleaders must attend school on the day of a game/rally and/or 4 periods of the school day. This is a school/district policy.

**Program Time Commitments:**

Spiritleading is a year long activity. Spiritleaders must be available:

**Fall Season:**

Tuesdays and Wednesdays 2:45-5:30 pm

Thursdays for JV games (JV)

Friday nights (all JV and Varsity).

Tuesday and Thursdays for Rivalry games for volleyball and water polo.

**Winter Season:**

Wednesdays and Fridays for basketball/water polo/soccer season. (anywhere from 3-8:30pm)

Occasional Tuesday and Thursdays for home or Ayala Rivalry wrestling matches. (3-8:30 pm)

Fridays for practice.

**Spiritleaders who cannot meet the required days for games and practices may be replaced in routines or removed from the squad.**

**Competition:**

Competition is a part of being a CHHS spiritleader and is seen as an integral part of positively representing Chino Hills High School in the 2013-2014 school year.

Competition squads may be formed by combining Varsity and JV members together. This decision may be made after the introduction of new teams. CHHS spirit staff may use alternates for competition. For example: 18 JV cheer are on the squad but only 14 will compete with 4 alternates in anticipation of skill levels not met or academic or health issues of a spiritleader.

All spiritleaders will compete in a minimum of 4 competitions including USA Nationals if they qualify. (This qualification does not include academic and health limitations). Traveling out of state is optional for spirit squads who are invited.

It is at the discretion of CHHS spirit staff and boosters to use funds raised for hotel rooms, food or other events/activities. Funds may be used for competition and coaching only if fundraising goals are not met. Activities planned and provided by Boosters are a privilege, not a right. Parents should participate in booster meetings to have their voices heard.

Please keep these dates open as *possible* competition dates. Most dates are not confirmed by the competition companies until Fall.

November 23, 2013- Jamz Bid Challenge at Anaheim Convention Center

December 7 & 8, 2013- USA regional and USSL Winter Classic

January 18, 2014- USSL Spirit Spectacular

January 25, 2014- Cheer Pros State Championships

February 20-24, 2014 Jamz Nationals in Vegas/ King of the Bleachers

\*optional out of state trip

1<sup>st</sup> weekend of March- Best of the West

USA Nationals: March 28-30, 2014.

CHHS Try-Out information as of March 25, 2013 11:45 pm

### **CHHS Communication Protocol for Parents and Students**

Chino Hills HS is committed to providing the best quality learning opportunities for all students and encourages partnership and cooperation between families and staff. Open and on-going communication is essential for all stakeholders to work together effectively.

It is important to realize that decisions are based on established policies, regulations and procedures.

From time to time there may be a misunderstanding, a lack of communication, or a conflict that needs to be addressed. When this happens, all parties must work together to resolve the issue.

A parent or guardian has the right to express concerns, a staff member has the right to respond and Chino Hills HS has an obligation to support students, parents/guardians and staff.

If a parent or guardian has a concern about a school matter, the following steps are to be followed:

**Step 1** A. The parent should discuss their concern or issue with the Advisor(s) at a mutually convenient time. The parent should write a note, send an email or call to set up an appointment.

B. At the Advisors' discretion, it will be taken for discussion with the team(s).

**Step 2** If the parent and the Advisors are unable to resolve the issue, the parent may contact the Activities Director, Janet Roberts. The Activities Director will investigate the matter and respond to the parent.

**Step 3** If the parent and the Activities Director are unable to resolve the issue, the parent may contact the Assistant Principal to discuss the concern. The Assistant Principal will investigate the matter and respond to the parent. In an exceptional situation where a resolution can not be reached the Assistant Principal may consider scheduling a mediation session with the parties involved.

(If a member quits or is dismissed from the squad, the family remains responsible for the financial commitment of non-returnable and non-refundable if the optional items were requested to be purchased.)

### **Code of Conduct and Dismissal from Squad**

We believe that spiritleaders are responsible for their conduct and involvement in their high school experience. This means that spiritleaders should be responsible for knowing their call times, dress requirements, etc. The CHHS spirit staff expects parents to support this. Dedication to the program and a squad is important for success. A squad is only as strong as its weakest link. CHHS Spiritleaders would like to think that there is no weak link. Squad members should be dependable and work together for a common goal, whether it is to perfect a stunt or routine, or get the crowd pumped at a game. Spiritleaders will be subject to disciplinary action for the following.

1. Lack of dependability.
2. Inappropriate behavior
  - a. Dress code and grooming standards should be followed as enforced by the Chino Valley Unified School District and Chino Hills High School.
  - b. example: School dances and other events while the spiritleader is NOT in uniform is included in this.
3. The breaking of rules/regulations as noted in the CHHS Constitution.
4. The CHHS spirit staff does not condone negative representation of the spiritleader, spirit program and or Chino Hills High School. Social Media use (such as pictures taken on phones and messaged to others, website postings, Facebook, Instagram, Twitter, etc.) should be used positively and should not reflect poorly on the spirit, pride and integrity of the school.
  - a. Alcohol or drug use will be grounds for immediate removal from the squad.
  - b. Any disciplinary action that incorporates school suspension or legal and criminal action outside of Chino Hills High School will be grounds for immediate removal from the squad.
5. The CHHS spiritleaders follow the CELL PHONES AND ELECTRONIC DEVICES ON CAMPUS protocol as established by the CVUSD and Chino Hills High Administration.

Cell phones are allowed on campus only if they are NOT VISIBLE OR AUDIBLE IN CLASSROOMS OR IN THE LIBRARY. Students May Not Use Their Cellphones During Any Class Time. The school cannot accept responsibility for lost or stolen cell phones. Students may not use cell phones to call a parent if they feel ill – all releases for illness must be processed through the health and attendance offices. Students may be disciplined for not following this protocol. All other electronic devices are not allowed on campus and will be confiscated if visible or audible.

**Accountability Action Plan (Example)**

**Parents, CHHS Spirit Staff and CHHS Administration may use this plan to appropriately manage a situation. Each situation is unique to the individual and the circumstance.**

**Step 1-** After two tardies or one absence parent contact will be made.

-Immediate removal from performance. (sitting out on a game day for partial or full length of performance depending on infraction)

- a. -Summer practices or when there is no game or performance: the time missed during practice or a game will be made up supporting program needs such as poster making.

If attendance, tardiness or behavior does not improve within a reasonable amount of time then Step 2-will be put into action.

**Step 2-** Parents will be contacted via phone or email to discuss spiritleader's conduct and goals set.

**Step 3-** Meeting between spirit staff, parent and spiritleader. Contract established to ensure improvement if necessary.

**Step 4-** Administrative conference with parent, spiritleader, CHHS spirit staff and CHHS administrator..

**Step 5-** Removal from squad.

Spiritleaders who miss a practice or game will commit that time lost to supporting other parts of the spirit program such as poster making and spirit decoration. It is left to the discretion of the spirit staff to initiate