

## Paraclete High School All-Time Track & Field

(Rev: 10-16-2011)

All hand times (HT) will be converted to automatic time (AUT) equivalent for comparison purposes, but will list the original HT mark immediately to the right of the = sign. Times that have been converted will be listed in italics. Standard HT conversion is **+.24** for 200m or less, and **+.14** for greater than 200m. Other conversion factors, such as yards (y) to meters (m), will be listed at the very bottom of the final page. Wind readings (w) will also be converted if **+2.0** or greater (illegal wind), but the chart for positive and negative wind factors will not be included due to multiple variants depending on gender and altitude.

### Girls 4x100

- 46.61 = Chelsey Washington, Ashley Woodford, Mariah Gibson, Melanise Chapman, 5-23-09 CIF Finals 3<sup>rd</sup> place  
46.74 = 6-6-09 State Finals, 6<sup>th</sup> (Woodford, Washington, Gibson, Chapman)  
46.82 = 6-5-09 State Prelims (Woodford, Washington, Gibson, Chapman)  
46.97 = 5-29-09 Masters 6<sup>th</sup> place  
47.17 = 4-18-09 Mt. Sac, 1<sup>st</sup> place seeded  
47.57 = 5-16-09 CIF Pre 3<sup>rd</sup> place
- 47.63 = Chelsey Washington, Saedra Wright, Mariah Gibson, Melanise Chapman, 5-23-08 Masters, 7<sup>th</sup> place
- 48.39 = Ashley Woodford, Saedra Wright, Chelsey Washington, Melanise Chapman, 3-7-09 H Wyre, 1<sup>st</sup> place
- 48.47 = Megan Robertson, Chelsey Washington, Mariah Gibson, Melanise Chapman, 5-19-07 CIF Finals, 4<sup>th</sup> place
- 50.16 = Cherie Russell, Desiree Bunevacz, Alicia Guy, Marie Kerzie, 5-20-89 CIF Finals @ Cerritos, 2<sup>nd</sup> place

### Boys 4x100

- 43.09 = Rob Orwat, David Nottoli, Daryl Stewman, Mike Orwat, 5-23-87 CIF Finals @ Cerritos, 1<sup>st</sup> place  
(Originally finished 8<sup>th</sup> place, but race was "re-run" after officials determined team was interfered with resulting in dropped baton.)  
43.19 = 5-16-87 CIF Prelims @ Arcadia, 1<sup>st</sup> place
- 43.14 = (43.0 HT) Erick Jackson, Phillip Vargas, Marquis Chapman, Harvey Thomas, 4-24-02 dual w/Kilpatrick @ AVC, 1<sup>st</sup> place
- 43.70 = Alberto Torres, Anthony Miller, Jeff Baumann, Jim Nottoli, 5-23-80 CIF Finals @ Cerritos, 4<sup>th</sup> place
- 43.77 = Brandon Ulrich, David Nottoli, Daryl Stewman, Mike Orwat, 5-24-86 CIF Finals @ Cerritos, 3<sup>rd</sup> place
- 43.94 = (43.8 HT) Erick Jackson, Phillip Vargas, Joe Martin, Harvey Thomas, 3-21-02 dual w/Marshall @ AVC, 1<sup>st</sup> place

### Girls 1600

- 5:15.73 = Melissa Bauer, 5-10-08 CIF Prelims @ Carpinteria, 6<sup>th</sup> place  
5:18.72 = 4-18-08 Mt. Sac Invite, 7<sup>th</sup> place open  
5:19.15 = 3-8-08 Tri County Invite, 5<sup>th</sup> place Varsity  
5:19.53 = 3-28-09 Pasadena Invite, 4<sup>th</sup> place Inv  
5:19.54 = 3-22-08 Percy Knox, 1<sup>st</sup> place
- 5:16.54 = Heidi Rocha, 5-21-05 CIF Finals @ Cerritos, 4<sup>th</sup> place
- 5:19.20 = Jenny Keever, 5-24-86 CIF Finals @ Cerritos, 2<sup>nd</sup> place
- 5:20.36 = Jean Harvey, 5-19-90 CIF Finals @ Cerritos, 7<sup>th</sup> place
- 5:25.74 = Liz Phelan, 5-15-98 CIF Prelims, 2<sup>nd</sup> place
- 5:28.66 = Kaitlin Huerta, 5-13-06 CIF Prelims @ Carpinteria, 6<sup>th</sup> place
- 5:31.12 = Haley Kennedy, 5-12-07 CIF Prelims @ Carpinteria, 15<sup>th</sup> place
- 5:32.23 = Sabrina Huelga, 4-17-10 Russell Cup, 10<sup>th</sup> place
- 5:33.72 = Brianna Pagan, 4-28-07 Alpha League Finals @ Santa Monica College, 2<sup>nd</sup> place
- 5:34.34 = (5:34.2 HT) Heather Worden, 2001 Mt. Carmel Asics Invite, 3<sup>rd</sup> place heat
- 5:34.43 = Madison Grenier, 4-17-10 Russell Cup, 3<sup>rd</sup> place F/S

### Boys 1600

- 4:26.43 = Edwin Flores, 4-18-08 Mt. Sac Invite, 6<sup>th</sup> place seeded
- 4:27.14 = (4:27.0 HT) Joe Tamas, 5-17-97 CIF Prelims @ Arcadia. (4:35.63 @ Finals, 9<sup>th</sup> place)
- 4:28.94 = (4:28.8 HT) Wesley Washington, 4-23-09 dual w/Campbell Hall @ Birmingham, 1<sup>st</sup> place
- 4:32.56 = (4:34.0y HT for mile) Vince Burton, 5-8-75 Santa Fe League Finals @ Glendale College, 2<sup>nd</sup> place
- 4:36.74 = Brett Siddle, 5-14-05 CIF Prelims @ Carpinteria, 14<sup>th</sup> place
- 4:38.31 = Scott Bauer, 4-18-09 Russell Cup, 12<sup>th</sup> place V
- 4:38.52 = (4:40.0y HT for mile) Frank Griboski, 5-7-76 Santa Fe League Finals @ Glendale College, 2<sup>nd</sup> place
- 4:39.56 = Phillip Weary, 4-16-05 Russell Cup, 10<sup>th</sup> place
- 4:41.14 = (4:41.0 HT) Todd Kerzie, 4-19-86 Valencia Invite
- 4:41.59 = Jeff Fisher, 5-20-95 CIF Finals @ Cerritos, 9<sup>th</sup> place (4:40 @ prelims?)

### Girls 100 HH (beginning 1993)

- 15.11 = Zenzile Johnson, 1993 CIF Finals, 1<sup>st</sup> place.
- 16.38 = Saedra Wright, 5-12-07 CIF Prelims @ Carpinteria, 7<sup>th</sup> place
- 16.58 = Jenni Jacoby, 3-5-94 Quartz Hill Relays, 2<sup>nd</sup> place
- 17.71 = Mariah Gibson, 4-4-09 Michelle Perry Invite @ QH, 4<sup>th</sup> place
- 18.04 = (17.8 HT) Paige Vogenthaler, 4-14-11 dual w/Campbell Hall @ Birmingham, 1<sup>st</sup> place.
- 18.14 = (17.9 HT) Jesyca Harris, 1998
- 18.25 = Alicia Parra, 5-2-96 High Desert League Finals @ Kern Valley, 3<sup>rd</sup> place
- 18.45 = Jessica Dashnaw, 5-4-95 High Desert League Finals @ Desert, 2<sup>nd</sup> place
- 18.84 = (18.6 HT) Erin Michaels, 5-1-04 Alpha League Finals @ Azusa, 2<sup>nd</sup> place
- 18.88 = Adrie Young, 5-13-06 CIF Prelims @ Carpinteria, 23<sup>rd</sup> place

### Boys 110 HH

1. 14.89 = (14.6y HT for 120yd HH) Andy Dumas, 1981 Russell Cup, 1<sup>st</sup> place
2. 15.00 = David Bunevacz, 4-10-87 tri w/Rosamond/Mojave @ AVC, 1<sup>st</sup> place
3. 15.02 = Lamar Cole, 5-18-02 CIF Finals
4. 15.77 = Husan Thompson, 5-11-96 CIF Prelims @ Arcadia, 2<sup>nd</sup> place
5. 15.78 = (15.5y HT for 120yd HH) Andy Andreolli, 4-3-76 El Dorado Invite, 2<sup>nd</sup> place
6. 16.04 = (15.8 HT) John Taylor, 3-21-02 dual w/Marshall @ AVC, 1<sup>st</sup> place
6. 16.04 = (15.8 HT) Scott Otterson, 4-11-02 dual w/VC @ AVC, 1<sup>st</sup> place
8. 16.38 = (16.1y HT for 120yd HH) Eddie Roberto, 5-7-76 Santa Fe League Finals @ Glendale College, 2<sup>nd</sup> frosh/soph
9. 16.89 = (16.6y HT for 120yd HH) Kevin Hawkins, 4-30-82 Desert Inyo League Prelims @ AVC, 3<sup>rd</sup> place
10. 17.04 = (16.8 HT) Nick Jacoby, 4-24-97 dual @ Desert, 1<sup>st</sup> place (16.00 AV Press Season Leaders '97?)

### Girls 400

1. 56.74 = (56.6 HT) Melanise Chapman, 3-24-09 dual w/LAB @ QHill, 1<sup>st</sup> place
2. 57.05 = Chelsey Washington, 4-12-08 Arcadia Invite, 2<sup>nd</sup> place open
3. 58.96 = Mariah Gibson, 5-10-08 CIF Prelims @ Carpinteria, 7<sup>th</sup> place
4. 59.41 = Saedra Wright, 3-22-08 Percy Knox Invite @ College of Canyons, 8<sup>th</sup> place
5. 60.05 = Linsey Kelly, 5-6-11 Alpha League Finals @ Birmingham, 2<sup>nd</sup> place
5. 60.57 = Trina Guoan, 5-24-86 CIF Finals @ Cerritos, 5<sup>th</sup> place
7. 60.66 = Sabrina Huelga, 5-1-08 Alpha League Finals @ LAB, 3<sup>rd</sup> place
8. 61.01 = Kirsten Word, 5-6-10 Alpha League Finals @ LAB, 1<sup>st</sup> place
9. 61.14 = (61.0 HT) Jenna Novelli, 4-7-05 dual w/Village Christian @ AVC, 1<sup>st</sup> place
10. 61.44 = (61.3 HT) Elizabeth Ottersen, 5-1-04 Alpha Finals @ Azusa Pacific, 1<sup>st</sup> place

### Boys 400

1. 49.95 = (50.1y HT for 440y) Andre' Miller, 4-18-80 Southern Desert Inyo League Finals @ Desert, 1<sup>st</sup> place
2. 50.23 = Darian Thompson, 3-26-11 Percy Knox Invite, 2<sup>nd</sup> place
3. 50.64 = (50.5 HT) Chris Wehan, 5-6-00 Alpha League Finals, 1<sup>st</sup> place
3. 50.64 = Robbie Thompson, 5-23-09 CIF Finals @ Cerritos, 7<sup>th</sup> place
5. 51.24 = (51.4y HT for 440y) Alvin Miller, 5-8-80 Desert Inyo League Finals @ Desert, 3<sup>rd</sup> place
6. 51.28 = Alvin Marzan, 5-24-97 CIF Finals @ Cerritos, 3<sup>rd</sup> place (50.51 AV Press Season Leaders '97?)
7. 51.49 = Mike Orwat, 4-19-86 @ Valencia Invite, 3<sup>rd</sup> FS
8. 51.94 = (51.8 HT) Wesley Washington, 4-30-08 dual w/Village Christian @ QH, 1<sup>st</sup> place
9. 52.33 = (52.5y HT for 440y) Greg Wilson, 5-15-76 CIF Prelims @ Valencia, 7<sup>th</sup> place
10. 52.34 = (52.2 HT) Chris Covert, 3-30-00 dual w/Village Christian @ AVC, 1<sup>st</sup> place

### Girls 100

1. 11.79 = (+.08w) Melanise Chapman, 5-29-09 Masters, 3<sup>rd</sup> place
- 11.81 = (11.66 AUT with +2.8w) Melanise Chapman, 5-23-09 CIF Finals, 1<sup>st</sup> place
2. 11.83 = (+0.0w) Ashley Woodford, 4-18-09, Mt. Sac Invite, 1<sup>st</sup> place Inv
- 11.91 = (11.76 AUT with +2.8w) Ashley Woodford, 5-23-09 CIF Finals, 3<sup>rd</sup> place
3. 12.14 = (11.9 HT) Chelsey Washington, 3-24-09 dual w/LAB @ QH, 2<sup>nd</sup> place
4. 12.37 = Monica Griffiths, 3-5-94 Quartz Hill Relays, 2<sup>nd</sup> place
5. 12.43 = Saedra Wright, 3-8-08 Tri County Invite @ Moorpark, 2<sup>nd</sup> place Inv
6. 12.66 = Kirsten Word, 5-7-09 Alpha League Finals @ LAB, 3<sup>rd</sup> place
7. 12.79 = (12.86 with -1.1w) Zenzile Johnson, 1992 CIF Finals @ Cerritos, 6<sup>th</sup> place
8. 12.89 = (11.8y HT for 100y) Suzie Rogers, 3-4-82 quad w/Rosamond/Desert/Pater Noster @ AVC, 2<sup>nd</sup> place
9. 12.94 = (12.7 HT) Allison Muth, 4-21-04 dual w/Marshall @ QH, 1<sup>st</sup> place
10. 13.04 = (12.8 HT) Desiree Bunevacz, 3-24-88 tri w/Kern Valley/Rosamond @ AVC, 1<sup>st</sup> place
10. 13.04 = (12.8 HT) Dianne O'Meara, 4-21-04 dual w/Marshall @ QH, 2<sup>nd</sup> place

### Boys 100

1. 10.44 = (10.2 HT) Mike Orwat, 5-2-87 Desert Inyo League Prelims @ AVC, 1<sup>st</sup> place
- 10.45 = 4-2-87 tri w/Kern Valley/Boron @ AVC, 1<sup>st</sup> place
- 10.54 = 5-23-87 CIF Finals @ Cerritos, 1<sup>st</sup> place
- 10.84 = (10.6 HT) 3-24-88 tri w/Kern Valley/Rosamond @ AVC, 1<sup>st</sup> place
2. 10.82 = David Nottoli, 5-23-87 CIF Finals @ Cerritos, 3<sup>rd</sup> place
- 10.94 = 10.7 HT) 3-24-88 tri w/Kern Valley/Rosamond @ AVC, 2<sup>nd</sup> place
3. 10.99 = (9.9y HT for 100y) Jim Nottoli, 4-11-80 Mojave Invitational, 1<sup>st</sup> place
4. 11.04 = (10.91 AUT with +2.8w) Harvey Thomas, 5-11-02 CIF Prelims, 2<sup>nd</sup> place
4. 11.04 = (10.8 HT) Marquis Chapman, 4-1-04 dual w/Village Christian @ QH, 1<sup>st</sup> place
4. 11.04 = (10.8 HT) Braydon Maish, 4-21-10 tri w/C. Hall/D. Christian @ QH, 2<sup>nd</sup> place
4. 11.04 = (10.8 HT) Roosevelt Davis, 4-6-11 dual w/Marshall @ QH, 1<sup>st</sup> place
8. 11.09 = (10.0y HT for 100y) Bart Anderson, 4-24-76 All Valley Invitational Prelims @ AVC, 1<sup>st</sup> place/heat
9. 11.14 = (10.9 HT) Erick Jackson, 4-24-02 dual w/Kilpatrick @ AVC, 1<sup>st</sup> place
9. 11.14 = (10.9 HT) Jared Nelson, 4-1-04 dual w/Village Christian @ QH, 2<sup>nd</sup> place

### Girls 800

1. 2:17.10 = Jenna Novelli, 5-22-04 CIF Finals @ Cerritos, 1<sup>st</sup> place
- 2:17.71 = 4-10-04 Arcadia Invite, 2<sup>nd</sup> place open
- 2:18.06 = 4-16-05 Russell Cup, 1<sup>st</sup> place
- 2:18.37 = 5-21-05 CIF Finals @ Cerritos, 3<sup>rd</sup> place
- 2:18.70 = 5-14-05 CIF Prelims @ Carpinteria, 3<sup>rd</sup> place
- 2:20.11 = 5-17-03 CIF Prelims @ Mt. Sac, 3<sup>rd</sup> place
- 2:20.24 = (2:20.1 HT) 5-1-04 Alpha Finals @ Azusa Pacific, 1<sup>st</sup> place
- 2:20.83 = 5-24-03 CIF Finals @ Cerritos, 4<sup>th</sup> place
- 2:21.34 = (2:21.2 HT) 4-30-05 Alpha Finals @ Azusa Pacific, 1<sup>st</sup> place
- 2:21.45 = 5-8-03 Alpha Finals @ Oaks Christian, 1<sup>st</sup> place
- 2:21.76 = 4-9-05 Arcadia Invite, 7<sup>th</sup> place open
2. 2:23.25 = Sabrina Huelga, 4-16-11 Russell Cup, 3<sup>rd</sup> place
3. 2:23.48 = Gayle Deisinger, 5-22-82 CIF Finals @ Cerritos, 6<sup>th</sup> place
4. 2:24.74 = (2:24.6 HT) Melissa Bauer, 4-23-09 dual w/Campbell Hall @ Birmingham, 1<sup>st</sup> place
5. 2:25.04 = (2:24.9 HT) Amanda Pollock, 3-28-96 dual @ Bishop, 1<sup>st</sup> place
6. 2:25.14 = (2:25.0 HT) Jenny Keever, 1985
7. 2:29.63 = Brianna Pagan, 4-28-07 Alpha League Finals @ Santa Monica College, 1<sup>st</sup> place
8. 2:30.11 = Andrea Guitierrez, 4-16-05 Russell Cup, 7<sup>th</sup> place
9. 2:30.26 = Cheryl Cieslik, 1986 Desert Inyo League Finals, 1<sup>st</sup> place
10. 2:30.37 = Madison Grenier, 4-17-10 Russell Cup, 4<sup>th</sup> place frosh/soph

### Boys 800

1. 1:55.67 = Wesley Washington, 5-23-09 CIF Finals @ Cerritos, 2<sup>nd</sup> place
2. 1:56.75 = Bryan Beauchamp, 5-11-96 CIF Prelims @ Arcadia, 1<sup>st</sup> place
3. 1:57.64 = Chris Covert, 4-15-00 Russell Cup, 2<sup>nd</sup> place
4. 1:58.15 = (1:58.7y HT for 880y) Clay Starling, 5-22-76 CIF Finals @ Valencia, 2<sup>nd</sup> frosh/soph
5. 2:00.08 = Chris Wehan, 4-15-00 Russell Cup, 4<sup>th</sup> place
6. 2:00.14 = (2:00.0 HT) Jeremy Gocke, 1989 tri w/Kern Valley/Rosemead, 1<sup>st</sup> place
7. 2:01.11 = Ricky Ruelas, 5-6-10 Alpha League Finals @ LAB, 1<sup>st</sup> place
8. 2:02.62 = (2:03.2y HT for 880y) Ron Nielson, 5-8-75 Santa Fe League Finals @ Glendale College, 4<sup>th</sup> place
9. 2:03.81 = CJ Hanson, 5-24-97 CIF Finals @ Cerritos, 8<sup>th</sup> place
10. 2:05.54 = (2:05.4 HT) Austin Lyon, 4-28-05 Alpha League Finals, 1<sup>st</sup> place

### Girls 300 H

1. 47.09 = Mariah Gibson, 4-4-09 Michelle Perry Invite, 3<sup>rd</sup> place
2. 47.12 = Jenni Jacoby, 5-14-94 CIF Prelims @ Arcadia, 1<sup>st</sup> place
- 46.96 = 1994 Not Verified (Arcadia?)
3. 48.00 = Saedra Wright, 4-14-07 Russell Cup, 2<sup>nd</sup> place
4. 48.78 = Trina Guoan, 5-16-87 CIF Prelims @ Arcadia, 2<sup>nd</sup> place/heat
5. 49.24 = (49.1 HT) Gayle Deisinger, 1985 Desert Inyo League Finals (49.0 school record?)
6. 50.32 = Kirsten Word, 4-4-09 Michelle Perry @ QH, 4<sup>th</sup> place
7. 51.26 = Ann Buchanon, 1986 Desert Inyo League Finals, 3<sup>rd</sup> place
8. 51.33 = Megan Robertson, 4-14-07 Russell Cup, 5<sup>th</sup> place
9. 52.24 = (52.1 HT) Sarah Tadros, 1998
10. 52.34 = (52.2 HT) Denise Marriott, 5-2-90 Desert Inyo League Finals @ Tehachapi, 1<sup>st</sup> place

### Boys 300 H

1. 39.51 = (39.6y HT for 330y) Andy Dumas, 1980 SDIL Finals @ Desert, 1<sup>st</sup> place
2. 39.61 = (39.7y HT for 330y) Andy Andreolli, 5-17-75 CIF Prelims @ Valencia, 4<sup>th</sup> place/heat
3. 39.84 = Husan Thompson, 5-11-96 CIF Prelims @ Arcadia, 1<sup>st</sup> place
4. 40.44 = (40.3 HT) Lamar Cole, 4-24-02 dual w/Kilpatrick @ AVC, 1<sup>st</sup> place (40.25 auto?)
5. 40.70 = (40.8y HT for 330y) Eddie Roberto, 5-22-76 CIF Finals @ Valencia, 5<sup>th</sup> frosh/soph
6. 41.10 = (41.2y HT for 330y) Rolando Roberto, 1980 Desert Inyo League Finals @ Desert, 3<sup>rd</sup> place
7. 41.40 = David Bunevacz, 5-7-87 Desert Inyo League Finals @ AVC, 4<sup>th</sup> place
8. 41.74 = (41.6 HT) Sean Frohardt, 4-21-05 tri w/Kilpatrick/Marshall, 1<sup>st</sup> place
9. 41.90 = (42.0y HT for 330y) Kevin Hawkins, 4-30-82 Desert Inyo League Prelims @ AVC, 2<sup>nd</sup> place
10. 42.50 = (42.6y HT for 330y) Mark Anderson, 5-8-75 Santa Fe League Finals @ Glendale College, 1<sup>st</sup> place frosh/soph

### Girls 200

1. 24.08 = Melanise Chapman, 5-7-09 Alpha League Finals @ LAB, 1<sup>st</sup> place
- 24.35 = (24.21 with +2.5w) 5-23-09 CIF Finals, 2<sup>nd</sup> place
- 24.43 = (+1.9w) 6-5-09 State Prelims
2. 24.64 = Ashley Woodford, 5-7-09 Alpha League Finals @ LAB, 2<sup>nd</sup> place
- 24.79 = (+.09w) 3-14-09 Tri County Invite @ Moorpark, 1<sup>st</sup> place Inv
3. 25.44 = (25.2 HT) Chelsey Washington, 4-17-08 dual w/Campbell Hall @ Birmingham, 1<sup>st</sup> place
4. 25.89 = Saedra Wright, 3-8-08 Tri County Invite @ Moorpark, 1<sup>st</sup> place FS
5. 26.02 = Monica Griffiths, 1994 (26.84, 5-21-94 CIF Finals @ Cerritos, 7<sup>th</sup> place)
6. 26.14 = Kirsten Word, 5-7-09 Alpha League Finals @ LAB, 4<sup>th</sup> place nwi (26.40 CIF Pre '09)
7. 26.20 = Mariah Gibson, 5-12-07 CIF Prelims @ Carpinteria, 7<sup>th</sup> place
8. 26.54 = (26.3 HT) Cherie Russell, 4-20-89 tri w/Trona, Desert, 1<sup>st</sup> place
9. 26.66 = Trina Guoan, 4-10-87 tri w/Rosamond/Mojave @ AVC, 1<sup>st</sup> place
10. 27.04 = (26.92 with +2.1w) Elizabeth Otterson, 5-15-04 CIF Prelims @ Moorpark, 23<sup>rd</sup> place

### Boys 200

- 21.93 = Mike Orwat, 5-7-87 Desert Inyo League Finals @ AVC, 1<sup>st</sup> place  
21.9? = 5-17-86 CIF Prelims @ Arcadia, 1<sup>st</sup> place
- 22.05 = David Nottoli, 3-19-88 Alemany Relays, 3<sup>rd</sup> place
- 22.31 = (22.19 with +2.6w) Harvey Thomas, 5-11-02 CIF Prelims
- 22.54 = (22.3 HT) Darian Thompson, 3-30-11 tri w/Desert Christian/Boron @ QH, 1<sup>st</sup> place
- 22.81 = (22.7y HT for 220y) Jim Nottoli, 1981 Russell Cup, 1<sup>st</sup> place
- 23.01 = (22.9y HT for 220y) Bart Anderson, 5-7-76 Santa Fe League Finals @ Glendale College, 1<sup>st</sup> place
- 23.04 = (22.8 HT) Jerry Kelly, 3-22-07 dual w/Village Christian @ QH, 2<sup>nd</sup> place
- 23.14 = (22.9 HT) Jared Nelson, 4-21-04 dual w/Marshall @ QH, 1<sup>st</sup> place
- 23.34 = (23.1 HT) Jonathan Lewis, 3-25-04 quad w/LAB/Kilpatrick/Lutheran @ LAB, 2<sup>nd</sup> place
- 23.43 = (23.28 with +3.3w) Braydon Maish, 3-12-11 Tri County Invite, 5<sup>th</sup> place Invite  
John Zeitz 23.0, 220 yds?

### Girls 3200

- 11:14.64 = Melissa Bauer, 4-17-09, Mt. Sac Invite, 9<sup>th</sup> place Inv  
11:22.76 = 4-10-08 Arcadia, 5<sup>th</sup> place  
11:26.28 = 4-18-08 Mt. Sac Invite, 7<sup>th</sup> place Inv
- 11:28.22 = Jenny Keever, 5-25-86 CIF Finals @ Cerritos, 2<sup>nd</sup> place
- 11:28.99 = Jean Harvey, 5-12-90 CIF Prelims @ Arcadia, 4<sup>th</sup> place  
11:26.44 = (11:26.3 HT), 1989? Not Verified
- 11:32.93 = Heidi Rocha, 5-22-04 CIF Finals, 6<sup>th</sup> place  
11:33.34 = (11:33.2 HT) 4-30-05 Alpha League Finals @ Azusa Pacific, 1<sup>st</sup> place
- 11:38.84 = (11:38.7 HT) Kaitlin Huerta, 4-28-05 Alpha League Finals @ Azusa Pacific, 2<sup>nd</sup> place
- 11:54.48 = Liz Phelan, 5-23-98 CIF Finals @ Cerritos, 1<sup>st</sup> place
- 11:59.98 = Haley Kennedy, 4-28-07 Alpha League Finals @ Santa Monica College, 1<sup>st</sup> place
- 12:23.29 = Melanie Fujiwara, 4-16-11 Russell Cup, 7<sup>th</sup> place
- 12:26.19 = Brianna Pagan, 4-28-07 Alpha League Finals @ Santa Monica College, 3<sup>rd</sup> place
- 12:33.41 = Kristina Huelga, 5-15-10 CIF Prelims @ Carpinteria, 27<sup>th</sup> place

### Boys 3200

- 9:47.74 = (9:47.6 HT) Edwin Flores, 4-16-08 dual w/Campbell Hall @ Birmingham, 1<sup>st</sup> place  
9:47.82 = 5-19-07 CIF Finals @ Cerritos, 7<sup>th</sup> place  
9:50.70 = 5-10-08 CIF Prelims @ Carpinteria, 4<sup>th</sup> place  
9:51.96 = 3-8-08 Tri County Invite, 2<sup>nd</sup> place Junior/Senior
- 9:48.53 = (9:51.8y HT for 2 miles) Todd Kerzie., 4-26-86 Kern Relays, 5<sup>th</sup> place
- 9:58.47 = (10:01.8y HT for 2 miles) Frank Griboski, 5-15-76 CIF Prelims @ Valencia, 8<sup>th</sup> place
- 10:01.35 = Dillon Murphy, 4-16-11 Russell Cup, 5<sup>th</sup> place
- 10:04.36 = Scott Bauer, 4-18-09 Russell Cup, 7<sup>th</sup> place
- 10:06.57 = Vince Burton Jr., 5-21-94 CIF Finals @ Cerritos, 5<sup>th</sup> place
- 10:11.14 = (10:11.0 HT) Brett Siddle, 4-28-05 Alpha League Finals, 1<sup>st</sup> place
- 10:12.00 = (10:15.4y HT for 2 miles) Vince Burton, 4-1-75 St. Paul Relays @ Santa Fe Springs, 5<sup>th</sup> place
- 10:16.39 = Wesley Washington, 3-8-08 Tri County Invite @ Moorpark, 5<sup>th</sup> junior/senior
- 10:22.93 = (10:26.4y HT for 2 miles) Jeff Byerly, 5-3-72 Olympic League Finals @ Pater Noster, 1<sup>st</sup> place  
10:17.0 = Chris Covert, 1998 Kern Relays @ Bakersfield?

### Girls 4x400

- 3:49.33 = Melanise Chapman, Saedra Wright, Mariah Gibson, Chelsey Washington, 6-5-09 State Prelims  
(58.3, 58.7, 55.9, 56.0)  
3:50.23 = 6-6-09, State Finals, 8<sup>th</sup>  
3:50.47 = 5-23-09 CIF Finals 2<sup>nd</sup>  
3:53.94 = 5-29-09 Masters 9<sup>th</sup>  
3:54.18 = 4-12-08 Arcadia Invite, 7<sup>th</sup> place invite (Gibson, Chapman, Wright, Washington)  
3:55.25 = 3-29-08 Pasadena Invite, 2<sup>nd</sup> (Gibson, Chapman, Wright, Washington)  
3:55.41 = 5-16-09 CIF Prelims @ Carpinteria, 2<sup>nd</sup> place
- 3:55.82 = Sabrina Huelga, Saedra Wright, Mariah Gibson, Chelsey Washington, 5-17-08 CIF Finals, 2<sup>nd</sup> place
- 3:59.32 = Megan Robertson, Saedra Wright, Mariah Gibson, Melanise Chapman, 5-19-07 CIF Finals, 3<sup>rd</sup> place
- 4:04.26 = Ashley Woodford, Mariah Gibson, Sabrina Huelga, Chelsey Washington, 3-28-09 Pasadena, 3<sup>rd</sup> place
- 4:04.97 = Ali Huerta, Kirsten Word, Linsey Kelly, Sabrina Huelga, 5-22-10 CIF Finals @ Cerritos, 8<sup>th</sup> place

### Boys 4x400

- 3:25.85 = Robbie Thompson, Angelo Dracopoulos, Ricky Ruelas, Wesley Washington 5-23-09 CIF Fin 2<sup>nd</sup>  
(50.4, 53.6, 51.1, 50.6)
- 3:26.76 = Mike Orwat, Rob Orwat, Dennis Berry, David Nottoli, 5-23-87 CIF Finals @ Cerritos, 2<sup>nd</sup> place
- 3:26.94 = Andre' Miller, Mike Toker, Andy Dumas, Alvin Miller, 5-17-80 CIF Pre @ Aviation, 3<sup>rd</sup> place
- 3:28.54 = Mike Orwat, David Bunevacz, Daryl Stewman, David Nottoli, 5-24-86 CIF Finals @ Cerritos, 6<sup>th</sup>
- 3:28.77 = Chris Covert, Justin Kramer, Andy Urquart, Chris Wehan, 5-13-00 CIF Prelims, 4<sup>th</sup> place

### Girls HJ

minimum clearance 4' 9"

1. 5' 6" = Mariah Gibson, 4-4-09 Michelle Perry Invite @ QH, 1<sup>st</sup> place
2. 5' 4" = Gayle Deisinger, 1984
3. 4' 10" = Karen Kern, 3-6-76 tri w/Desert/Mojave @ Paraclete, 1<sup>st</sup> place
3. 4' 10" = Teresa Schmitt, 4-25-80 quad w/Trona/Mojave/@Tehachapi, 1<sup>st</sup> place
3. 4' 10" = Denise Marriott, 3-24-88 tri w/Kern Valley/Rosamond @ AVC, 1<sup>st</sup> place
3. 4' 10" = Zenzile Johnson, 5-2-90 Desert Inyo League Finals @ Tehachapi, 4<sup>th</sup> place
3. 4' 10" = Erin Perkowski, 3-10-10 dual w/AVHS @ AVHS, 1<sup>st</sup> place
8. 4' 9" = Shelby Mann, 3-10-11 tri w/Lancaster/AVHS @ AVHS, 1<sup>st</sup> place
- 9.
- 10.

### Boys HJ

1. 6' 4" = David Bunevacz, 4-23-87 tri w/Trona/Tehachapi @ AVC, 1<sup>st</sup> place
1. 6' 4" = John Taylor, 4-17-02 dual w/Los Angeles Baptist @ AVC, 1<sup>st</sup> place
3. 6' 2" = Mark Sisson, 5-6-82 Desert Inyo League Finals @ AVC, 2<sup>nd</sup> place
4. 6' 1" = Rellen Jones, 4-15-71, dual vs. Desert @ Edwards, 1<sup>st</sup> place
5. 6' 0" = Lamar Cole, 3-5-02 dual w/Lancaster @ AVC, 1<sup>st</sup> place
5. 6' 0" = Drew Engler, 5-4-10 Alpha League Finals @ LAB, 1<sup>st</sup> place
7. 5' 11" = Kenny Brown, 4-19-07 dual w/Campbell Hall @ Birmingham, 1<sup>st</sup> place
8. 5' 8" = Andy Andreolli, 3-25-76 dual w/Chaminade @ Paraclete, 1<sup>st</sup> place
8. 5' 8" = Shawn Preameyer, 3-19-88 Alemany Relays, 4<sup>th</sup> place frosh/soph
8. 5' 8" = Andy Fullerton, 5-5-94 High Desert League Finals @ Bishop, 1<sup>st</sup> place
8. 5' 8" = Stephen Shepard, 4-30-05 Alpha League Finals @ Azusa Pacific, 1<sup>st</sup> place
8. 5' 8" = Joseph Reutter, 4-25-96 dual @ Kern Valley, 1<sup>st</sup> place
8. 5' 8" = Justin Irey, 4-15-10 tri w/Los Angeles Baptist/Village Christian @ LAB  
Justin Lane 5'10" seed at '03 Alpha?

### Girls LJ

1. 17' 10" = Zenzile Johnson, 1993 Not Verified
2. 17' 8" = Siera Hearne, 3-16-07 dual w/Marshall @ QH, 1<sup>st</sup> place
3. 17' 4 ¾" = Jenni Jacoby, 5-21-94 CIF Finals @ Long Beach, 2<sup>nd</sup> place
4. 17' 1 ½" = Desiree Bunevacz, 5-13-89 CIF Prelims @ Arcadia, 2<sup>nd</sup> place
5. 16' 6" = Ashley Velazquez, 5-22-10 CIF Finals @ Cerritos, 6<sup>th</sup> place
6. 16' 5" = Gayle Deisinger, 3-4-82 quad w/Rosamond/Desert/Pater Noster @ AVC, 1<sup>st</sup> place  
Gayle Deisinger 2<sup>nd</sup> to Madette Smith, QH who jumped 17'0 in '85 tri meet., 2<sup>nd</sup> place distance uncertain
7. 16' 4 ½" = Denise Marriott, 5-20-89 CIF Finals @ Cerritos, 3<sup>rd</sup> place  
16' 9" reported school record per AV Press? Not Verified
8. 16' 1 ½" = Ashley Woodford, 3-14-09 Tri County Invite @ Moorpark, 2<sup>nd</sup> place junior/senior
9. 16' ½" = Monica Griffiths, 5-20-95 CIF Finals @ Cerritos
10. 15' 10 ½" = Kirsten Word, 5-16-09 CIF Prelims @ Carpinteria, 13<sup>th</sup> place

### Boys LJ

1. 22' 6" = Erick Jackson, 3-12-02 dual w/Marshall @ QH, 1<sup>st</sup> place
2. 22' 1 ½" = David Bunevacz, 1984 tri w/Quartz Hill/Desert @ QH, 1<sup>st</sup> place
3. 21' 5" = Andy Keever, 1985 tri w/Quartz Hill/Desert @ QH, 1<sup>st</sup> place
4. 21' 0" = Taylor Levine, 5-2-06 Alpha League Finals @ Oaks Christian, 2<sup>nd</sup> place
5. 20' 10 ½" = Roosevelt Davis, 3-5-11 Herb Wyre Relays @ AVC, 2<sup>nd</sup> place
6. 20' 9 ¾" = George Photias, 1985 Desert Inyo League Finals
7. 20' 5 ½" = Ray Wood, 5-4-72 Olympic League Finals @ Pater Noster, 2<sup>nd</sup> place
7. 20' 5 ½" = Curtis Brown, 2001 Asics Mt. Carmel Invite, 3<sup>rd</sup> place
9. 20' 4" = Braydon Maish, 5-4-10 Alpha League Finals @ LAB, 1<sup>st</sup> place
10. 20' 3" = John Farhar, 5-4-76 Santa Fe League Prelims @ Glendale College, 3<sup>rd</sup> place

### Girls TJ

1. 37' 2 ½" = Desiree Bunevacz, 5-13-89 CIF Prelims @ Arcadia, 2<sup>nd</sup> place
- 36' 1" = 4-20-89 tri meet w/Trona/Desert, 1<sup>st</sup> place
- 36' 0" = 1989 Arcadia 2<sup>nd</sup> place w/-0.1 w
- 35' 5" = 3-24-88 Tri vs. Kern Valley/Rosamond @ AVC, 1<sup>st</sup> place
2. 35' ¼" = Jenni Jacoby, 5-14-94 CIF Prelims @ Arcadia, 3<sup>rd</sup> place
3. 34' 8 ½" = Becky Errea, 3-5-94 Quartz Hill Relays, 1<sup>st</sup> place
4. 33' 8 5/8" = Denise Marriott, 5-12-90 CIF Prelims @ Arcadia, 6<sup>th</sup> place
5. 33' 4 ¾" = Kelsey Wittig, 5-14-11 CIF Prelims @ Carpinteria, 11<sup>th</sup> place
6. 33' 4" = Siera Hearne, 4-23-08 dual w/Village Christian @ QH, 1<sup>st</sup> place
7. 32' 11" = Christina Wilson, 4-25-96 dual @ Kern Valley, 1<sup>st</sup> place
8. 32' 8 ¾" = Jasmine McClendon, 5-15-04 CIF Prelims @ Moorpark, 16<sup>th</sup> place
9. 32' 6 ¼" = Sarah Bookman, 4-17-10 Russell Cup, 8<sup>th</sup> place
10. 32' 0" = Julia Kono, 4-20-89 tri meet w/Trona/Desert, 2<sup>nd</sup> place

### Boys TJ

1. 41' 11" = Lamar Cole, 4-24-02 dual w/Kilpatrick @ AVC, 1<sup>st</sup> place
2. 41' 9" = John Taylor, 4-17-02 dual w/Los Angeles Baptist @ AVC, 1<sup>st</sup> place
3. 41' 4 1/2" = Erick Jackson, 4-12-00 dual w/Los Angeles Baptist @ AVC, 1<sup>st</sup> place
4. 40' 5 1/2" = Steve Black, 1981 Desert Inyo League Relays @ Bishop, 1<sup>st</sup> place
5. 40' 4 1/2" = Andre' Miller, 4-11-80 Mojave Invitational, 2<sup>nd</sup> place
6. 40' 2" = Daron Payne, 4-24-97 dual @ Desert, 1<sup>st</sup> place (41' 4" AV Press Season Leaders '97?)
7. 39' 7" = Taylor Levine, 2004 Littlerock Invite, 1<sup>st</sup> place (40' 10" in '05?)
8. 39' 5" = Shinya Suzuki, 3-24-88 tri w/Kern Valley/Rosamond @ AVC, 1<sup>st</sup> place
9. 39' 3" = Jordan Aquino, 1998
10. 38' 11" = George Photias, 3-31-84 quad @ Bishop, 1<sup>st</sup> place frosh/soph

### Girls PV

1. 12' 10" = Siera Hearne, 5-4-10 Alpha League Finals @ LAB, 1<sup>st</sup> place
- 12' 7" = 3-31-10 dual w/Marshall @ Q Hill, 1<sup>st</sup> place
- 12' 5 3/4" = 4-17-10 Mt. Sac Relays, 1<sup>st</sup> place Invitational
- 12' 1" = 3-6-10 Herb Wyre Relays @ AVC, 1<sup>st</sup> place
- 12' 0" = 3-10-10 dual @ AVHS, 1<sup>st</sup> place
- 12' 0" = 4-15-10 tri w/Village Christian/Los Angeles Baptist @ LAB, 1<sup>st</sup> place
2. 9' 6" = Elizabeth Errea, 5-22-99 CIF Finals @ Cerritos, 2<sup>nd</sup> place
3. 9' 0" = Heather Kraehling, 5-3-11 Alpha League Finals @ Birmingham, 1<sup>st</sup> place
4. 8' 6" = Taylor Boehm, 5-19-07 CIF Finals @ Cerritos, 5<sup>th</sup> place
5. 8' 0" = Angela Kalogeras, 5-3-11 Alpha League Finals @ Birmingham, 2<sup>nd</sup> place
6. 7' 6" = Kelli Florez, 1998
7. 7' 0" = Kate Robinson, 4-25-96 dual @ Kern Valley, 1<sup>st</sup> place
7. 7' 0" = Ruta Bandziulis, 5-3-11 Alpha League Finals @ Birmingham, 3<sup>rd</sup> place
9. 6' 6" = Christine Reyes, 5-4-95 High Desert League Finals @ Desert, 2<sup>nd</sup> place
9. 6' 6" = Daina Bandziulis, 5-3-11 Alpha League Finals @ Birmingham, 4<sup>th</sup> place

### Boys PV

1. 15' 8" = Kurt Boehm, 5-28-04 Masters Meet @ Cerritos, 1<sup>st</sup> place
- 15' 6" = 5-1-04 Alpha Finals @ Azusa Pacific, 1<sup>st</sup> place
- 15' 4" = 5-30-03 Masters Meet @ Cerritos, 1<sup>st</sup> place
- 15' 0" = 5-24-03 CIF Finals @ Cerritos, 1<sup>st</sup> place
- 14' 9" = 5-8-03 Alpha Finals @ Oaks Christian, 1<sup>st</sup> place
- 14' 6" = 4-17-04 Russell Cup, 1<sup>st</sup> place
- 14' 1" = 4-10-04 Arcadia Invite, 3<sup>rd</sup> place
2. 12' 6" = Kyle Burkhardt, 2003?
3. 12' 2" = Keith Miller, 5-8-80 Desert Inyo League Finals @ Desert, 2<sup>nd</sup> place
4. 12' 0" = Neal Murphy, 3-6-82 Quartz Hill Relays @ Q Hill, 1<sup>st</sup> place
5. 11' 6" = David Wallis, 3-30-00 dual w/Village Christian @ AVC, 3<sup>rd</sup> place
6. 11' 0" = Phil Strack, 4-12-72 dual @ Harvard Westlake, 3<sup>rd</sup> place
6. 11' 0" = Kevin Miller, 5-7-76 Santa Fe League Finals @ Glendale College, 1<sup>st</sup> frosh/soph
6. 11' 0" = Jeffrey Hauge, 5-2-96 High Desert League Finals @ Kern Valley, 2<sup>nd</sup> place
9. 10' 6" = Oscar Rodriguez, 3-30-72 dual @ Los Angeles Baptist, 1<sup>st</sup> place B
9. 10' 6" = Dave Hicklin, 4-12-72 dual @ Harvard Westlake, 1<sup>st</sup> place C
9. 10' 6" = Joseph Reutter, 5-2-96 High Desert League Finals @ Kern Valley, 3<sup>rd</sup> place
9. 10' 6" = Robert Nelson, 3-30-11 tri w/Desert Christian/Boron @ QH, 1<sup>st</sup> place
9. 10' 6" = Phillip Grove, 5-14-11 CIF Prelims @ Carpinteria, 17<sup>th</sup> place

### Girls SP

1. 41' 6 1/2" = Siera Hearne, 5-4-10 Alpha League Finals @ LAB, 1<sup>st</sup> place
2. 41' 1 3/4" = Saibra Noel, 4-4-09 Michelle Perry Invite @ QH, 1<sup>st</sup> place
3. 39' 4" = Cassandra Dumas, 1984
4. 33' 6" = Dana Borne, 5-17-80 CIF Prelims @ Aviation, 5<sup>th</sup> place
5. 32' 10" = Kim Whisler, 4-18-96 dual w/Desert @ Paraclete, 1<sup>st</sup> place
6. 32' 1 1/2" = Alexa Gaddis, 4-2-11 Michelle Perry Invitational, 1<sup>st</sup> place
7. 31' 10" = Beverly Wright, 5-14-75 Mission League Finals @ Alemany, 2<sup>nd</sup> place
7. 31' 10" = Amiee Phelan, 5-13-00 CIF Prelims, 14<sup>th</sup> place
9. 31' 1 1/4" = Dominic DeSantis, 4-4-09 Michelle Perry Invite @ QH, 5<sup>th</sup> place
10. 29' 11" = Pauline Macias, 4-20-06 dual w/Marshall @ John Muir, 2<sup>nd</sup> place

### Boys SP

1. 53' 0" = Matt Phelan, 3-18-95 Herb Wyre Relays, 1<sup>st</sup> place three person shot put relay
- 53' 11" = previously listed record on "board" as of yet unverified date and location.
2. 52' 6 1/2" = Branden Owen, 4-16-10 Mt. Sac Invite, 1<sup>st</sup> place open
3. 51' 3 1/2" = John Dagata, 3-25-96 dual w/Crespi @ Sherman Oaks, 1<sup>st</sup> place
- 53' 5" = 5-11-96 CIF Prelims @ Arcadia, 3<sup>rd</sup> place NEEDS VERIFICATION
4. 50' 10" = Adam Boehm, 3-29-07 tri w/Kilpatrick/Desert @ QH, 1<sup>st</sup> place
5. 50' 5 3/4" = Rennie Hensley, 1983 Russell Cup, 1<sup>st</sup> place (51' 6" school record in 1983?)
6. 50' 2" = Mike Cantacessi, 3-30-72 dual @ Los Angeles Baptist, 1<sup>st</sup> place
7. 49' 7" = Mike Wilson, 4-20-72 dual @ Chaminade, 1<sup>st</sup> place
8. 47' 5 1/2" = Alex Williams, 5-19-01 CIF Finals, 6<sup>th</sup> place
9. 47' 3" = Rick Willey, 5-8-75 Santa Fe League Finals @ Glendale College, 2<sup>nd</sup> place
10. 47' 2" = John Farhar, 5-6-75 Santa Fe League Prelims @ Glendale College, 2<sup>nd</sup> place frosh/soph

### Girls DT

1. 109' 9 1/2" = Cassandra Dumas, 1984 Desert-Inyo League Finals @ AVC, 1<sup>st</sup> place
2. 107' 4" = Ashley Velazquez, 4-2-11 Michelle Perry Invitational, 1<sup>st</sup> place
3. 106' 5" = Saibra Noel, 5-5-09 Alpha League Finals @ LAB, 1<sup>st</sup> place
4. 106' 3" = Siera Hearne, 3-10-10 dual w/Antelope Valley High @ AVHS, 1<sup>st</sup> place
5. 96' 1" = Tara Monaghan, 1989 quad w/Kern Valley/Rosemead/Littlerock, 1<sup>st</sup> place
6. 93' 8 1/2" = Kasiri Landon, 3-22-07 dual w/Village Christian @ QH, 2<sup>nd</sup> place
7. 89' 7" = Alexa Gaddis, 3-12-11 Tri County Invite, 3<sup>rd</sup> place junior/senior
8. 88' 6" = Edan Lindamen, 5-13-00 CIF Prelims, 17<sup>th</sup> place
9. 88' 2" = Taylor Boehm, 3-1-08 Oaks Christian/Village Christian Invite @ OC, 2<sup>nd</sup> place
10. 86' 11" = Dominic DeSantis, 3-10-10 dual w/Antelope Valley High @ AVHS, 2<sup>nd</sup> place

### Boys DT

1. 161' 9" = John Dagata, 3-28-96 dual @ Bishop, 1<sup>st</sup> place
- 160' 11 3/4" = 5-11-96 CIF Prelims @ Arcadia, 1<sup>st</sup> place
- 160' 3" = all other marks below verified by LA Times, July 13, 1996 Div IV Leaders List
- 159' 7" = same above
- 157' 10" = same above
- 154' 6" = same above
2. 153' 10" = Branden Owen, 5-5-10 Alpha League Finals @ Burroughs, 1<sup>st</sup> place
3. 149' 1/4" = Rick Willey, 4-26-75 All Valley Invitational @ AVC, 2<sup>nd</sup> place
4. 140' 9 3/4" = Corey Rodrigo, 4-4-09 Michelle Perry Invite @ QH, 1<sup>st</sup> place
5. 134' 8" = Dustin Howard, 4-1-04 dual w/Village Christian @ QH, 1<sup>st</sup> place
6. 134' 7 1/2" = Adam Boehm, 3-16-07 dual w/Marshall @ QH, 1<sup>st</sup> place
7. 134' 3" = Rennie Hensley, 1983 Desert Inyo Relays @ AVC, 1<sup>st</sup> place
8. 134' 2" = Josh Foster, 5-17-97 CIF Prelims @ Arcadia
9. 133' 2" = Ryan Beebe, 5-14-05 CIF Prelims @ Carpinteria, 8<sup>th</sup> place
10. 131' 0" = Jason Hahne, 5-4-95 High Desert League Finals @ Desert, 3<sup>rd</sup> place

## Non-State Meet Events, All-Time Top 5 Track & Field

### Girls 100 LH (prior to 1993)

1. 14.76 = Zenzile Johnson, 1992
2. 15.76 = (16.00 w -3.3w) Denise Marriott, 1989 Arcadia Invite open heats, 3<sup>rd</sup> place
3. 16.84 = (16.7y HT for 110y LH) Judy Rushing, 1981 Desert Inyo League Relays @ Bishop, 3<sup>rd</sup> place
4. 16.94 = (16.7 HT) Kathy Yost, 1986
5. 17.02 = Ann Buchanon, 4-10-87 tri w/Rosamond/Mojave @ AVC, 1<sup>st</sup> place

### Girls 1500

1. 5:04.71 = Melissa Bauer, 3-1-08 Oaks Christian/Village Christian Invite @ OC, 2<sup>nd</sup> place
2. 5:14.79 = Sabrina Huelga (\*unattached), 1-29-11 AVC All Comer, 2<sup>nd</sup> place
3. 5:16.68 = Heidi Rocha, 3-8-03 CSUN/Alemanys Relays, 2<sup>nd</sup> place
4. 5:28.39 = Madison Grenier (\*unattached), 1-29-11 AVC All Comer, 4<sup>th</sup> place
5. 5:33.?? = Brandi Ellis, 3-18-00 CSUN/Alemanys Relays
5. 5:33.60 = Haley Kennedy, 3-1-08 Oaks Christian/Village Christian Invite @ OC, 6<sup>th</sup> place

### Boys 1500

1. 4:29.87 = Dillon Murphy (\*unattached), 2-5-11 AVC All Comer, 9<sup>th</sup> place
2. 4:30.47 = Wesley Washington, 3-1-08 Oaks Christian/Village Christian Invite @ OC, 2<sup>nd</sup> place
3. 4:32.71 = Ricky Ruelas, 3-6-10 Herb Wyre Relays @ AVC, 5<sup>th</sup> place
4. 4:42.09 = Alex Olivas (\*unattached), 1-29-11 AVC All Comer, 12<sup>th</sup> place in heat
5. 4:42.45 = Matt Theologidy (\*unattached), 2-5-11 AVC All Comer, 14<sup>th</sup> place

### Girls 3000

1. 10:39.62 = Melissa Bauer, 3-29-08 Pasadena Invite, 9<sup>th</sup> place
- 10:56.22 = 3-28-09 Pasadena Invite, 2<sup>nd</sup> place
2. 10:50.04 = (10:49.9 HT split, 1<sup>st</sup> 3k of 11:32.54 3200m) Jean Harvey, 1989 Arcadia Invite 12<sup>th</sup> place in 3200m
3. 11:30.?? = Chrystee Perkins, 3-19-88 Alemanys Relays, 5<sup>th</sup> place (Auto Timing in use)
4. 11:47.72 = Heidi Rocha, 3-8-03 CSUN/Alemanys Relays, 2<sup>nd</sup> place
5. 11:57.?? = Brandi Ellis, 3-18-00 CSUN/Alemanys Relays

### Boys 3000

1. 8:58.32 = Edwin Flores, 3-29-08 Pasadena Invite, 6<sup>th</sup> place
2. 10:02.84 = Dillon Murphy, 3-5-11 Herb Wyre Relays @ AVC, 5<sup>th</sup> place
3. 10:40.21 = Enrique Velazquez, 3-5-11 Herb Wyre Relays @ AVC, 14<sup>th</sup> place
4. 10:43.48 = Andrew Dowling, 3-6-10 Herb Wyre Relays @ AVC, 16<sup>th</sup> place
5. 10:49.76 = Matt Bauer, 3-5-11 Herb Wyre Relays @ AVC, 18<sup>th</sup> place

### Boys 2k steeple

1. 7:34.75 = Andrew Dowling, 3-6-10 Herb Wyre Relays @ AVC, 4<sup>th</sup> place
- 2.
- 3.
- 4.
- 5.

### **Boys 4x110m Shuttle Hurdles**

1. 1:03.20 = (1:02.9y HT for 4x120y HH) Andy Andreolli, Mark Anderson, Rick Roberto, Ed Roberto, 3-13-76 Alemany Relays, 1<sup>st</sup>
2. 1:03.50 = (1:03.2y HT for 4x120y HH) Mark Anderson, Andy Andreolli, Rick Roberto, Ron Nielson, 4-20-76 St. Paul Relays, 7<sup>th</sup>
3. 1:10.72 = (1:10.4y HT for 4x120y HH) Ed Roberto, Mark Anderson, Rick Roberto, Fred Strack, 4-19-75 Chadwick Relays, 2<sup>nd</sup> pl  
\*\*\*Strack fell on anchor w/30 yard lead, BROKE HIS JAW, but finished the race!
4. 1:15.14 = (1:15.0 HT) ?, Nick Jacoby, Alvin Marzan, Husan Thompson, 3-17-96 Herb Wyre, 2<sup>nd</sup> place
5. 1:22.04 = (1:21.9 HT) 3-21-98 Herb Wyre Relays @ Littlerock

### **Girls S Med (100-100-200-400)**

1. 1:57.09 = Veronica Cruz, Christine Kalogeras, Ali Huerta, Linsey Kelly, 3-26-11 Percy Knox Inv, 2<sup>nd</sup> place
2. 1:59.70 = Megan Robertson, Liz Otterson, Taylor Burrell, Mariah Gibson, 3-4-06 Herb Wyre, 1<sup>st</sup> place small schools
3. 2:00.11 = Nicole Davenport, Adeola Ayodele, Allison Muth, Alexis Velazquez, 3-19-05 P Knox, 5<sup>th</sup> place
4. 2:00.31 = Alexis Velazquez, Jessica Norton, Allison Muth, Nicole Davenport 3-5-05 Herb Wyre, 2<sup>nd</sup> place small schools
5. 2:00.48 = Ali Huerta, Veronica Cruz, Nia Burrell, Linsey Kelly, 3-5-11 Herb Wyre Relays, 3<sup>rd</sup> place

### **Boys S Med (100-100-200-400)**

1. 1:38.00 = Roosevelt Davis, Cameron Carvalho, Braydon Maish, Darian Thompson, 3-5-11 HWyre, 1<sup>st</sup> V
1. 1:39.55 = Roosevelt Davis, La'Vonte Barnett, Darian Thompson, Matt Kern, 3-26-11 Percy Knox Inv, 6<sup>th</sup> place
3. 1:41.34 = 3-13-04 Herb Wyre, 3<sup>rd</sup> place small
4. 1:42.46 = 3-3-07 Herb Wyre @ PK, 1<sup>st</sup> place
5. 1:42.84 = (1:42.7 HT) 2004 Littlerock Invite, 3<sup>rd</sup> place

### **Girls 4x200**

1. 1:45.89 = Ashley Woodford, Saedra Wright, Mariah Gibson, Melanise Chapman, 3-7-09 HWyre@PK, 1<sup>st</sup> place
2. 1:46.76 = Chelsey Washington, Saedra Wright, Mariah Gibson, Melanise Chapman, 3-1-08 OC/VC, 2<sup>nd</sup> place
3. 1:54.27 = 3-21-98 Herb Wyre Relays @ Littlerock, 3<sup>rd</sup> place
4. 1:57.98 = Ali Huerta, Veronica Cruz, Nia Burrell, Ashley Velazquez, 3-5-11 Herb Wyre Relays, 5<sup>th</sup> place V
5. 1:59.57 = Liz Otterson, Addie Ayodele, Melanise Chapman, Taylor Burrell, 3-4-06 Herb Wyre, 2<sup>nd</sup> place small schools

### **Boys 4x200**

1. 1:32.93 = ?, ?, ?, Christian Navarro, 3-21-98 Herb Wyre Relays @ Littlerock, 2<sup>nd</sup> place
2. 1:33.76 = Roosevelt Davis, Darian Thompson, Cameron Carvalho, Braydon Maish, 3-5-11 HWyre, 1<sup>st</sup> place V
3. 1:35.94 = John Lennox, Phillip Vargas, Jared Nelson, Marquis Chapman, 3-8-03 CSUN/Alemany Relays
4. 1:37.39 = ?, ?, ?, David Nottoli, 3-12-88 DIL Relays @ AVC, 1<sup>st</sup> place
5. 1:38.66 = (1:39.1y HT for 4x220y) ?, John Farhar, Frank Roberto, Rick Roberto, 3-13-76 Alemany Relays, 3<sup>rd</sup> place

### **Girls Middle (Mile) Medley (200-200-400-800)**

1. 4:53.46 = 3-22-98 Herb Wyre Relays @ Littlerock, 3<sup>rd</sup> place
2. 5:03.15 = 3-8-03 CSUN/Alemany Relays, 5<sup>th</sup> place
- 3.
- 4.
- 5.

### **Boys Middle (Mile) Medley (200-200-400-800)**

1. 3:51.90 = (3:53.1y HT for mile medley) J. Farhar, Rick Rommel, Kevin Miller, C. Starling, 4-20-76 St. Paul Relays, 1<sup>st</sup> place  
4:02.53 = (4:03.8y HT for mile medley), 3-13-76 Alemany Relays, 3<sup>rd</sup> place
- 2.
- 3.
- 4.
- 5.

### **Girls 4x800**

1. 10:19.44 = (10:19.3 HT) Kaitlin Huerta, Andrea Guitierrez, Heidi Rocha, Jenna Novelli, 4-3-04 Spartan Rio Mesa, 3rd place
2. 10:29.94 = (10:29.8 HT) Ali Huerta, Melissa Bauer, Brianna Pagan, Sabrina Huelga, 3-7-09 Herb Wyre, 1<sup>st</sup> place
3. 10:31.24 = (10:31.1 HT) 4-5-03 Spartan Rio Mesa, 3<sup>rd</sup> place
4. 10:38.82 = Jenna Novelli, Sabrina Albaran, Diane O'Meara, Alexis Velazquez, 3-5-05 Herb Wyre, 1<sup>st</sup> small
5. 10:46.14 = (10:46.0 HT) Gina Villanueva, Tiffany Marley, Amanda Pollock, Liz Phelan, 3-21-98 Mt. Sac

### **Boys 4x800**

1. 8:08.79 = Chris Covert, Alvin Marzan, CJ Hansen, Joe Tamas, 1997 Mt. Sac Relays, open heat 2<sup>nd</sup> place
2. 8:32.82 = Matt Theologidy, Scott Bauer, Ricky Ruelas, Wesley Washington, 3-28-09 Pasadena Invite, 9<sup>th</sup> place
3. 8:41.14 = (8:41.0 HT) ?, CJ Hansen, Joe Tamas, Bryan Beauchamp, 3-17-96 Herb Wyre, 2<sup>nd</sup> place
4. 8:42.91 = (8:45.8y HT for 4x880y) R. Nielson, F. Griboski, T. Lee, L. Gross, 3-13-76 Alemany Relays, 1<sup>st</sup> place
5. 8:48.52 = Matt Theologidy, Alex Olivas, Matt Kern, Ricky Ruelas, 3-26-11 Percy Knox Invite, 4<sup>th</sup> place

### **Girls DMR (1200-400-800-1600)**

1. 13:08.18 = Sabrina Huelga, Siera Hearne, Madison Grenier, Melissa Bauer, 3-20-10 Culver City Inv, 1<sup>st</sup> place  
13:15.00 = 3-6-10 Herb Wyre @ AVC, 1<sup>st</sup> place
2. 13:15.50 = (13:20.0y HT for 2.5 miles) Christy Parks, Trina Guoan, Cheryl Cieslik, Jenny Keever, 4-26-86 Kern Relays, 5<sup>th</sup> place
3. 13:24.94 = (13:24.8 HT) Brianna Pagan, Chelsey Washington, Sabrina Huelga, Melissa Bauer, 3-7-09 Herb Wyre, 1<sup>st</sup> place
4. 13:35.14 = (13:35.0 HT) Kaitlin Huerta, Catherine Pourdavoud, Andrea Guitierrez, Heidi Rocha, 3-5-05 H Wyre, 1<sup>st</sup> place small
5. 13:47.00 = Alexis Velazquez, Haley Kennedy, Brianna Pagan, Melissa Bauer, 3-1-08 OC/VC Invite, 2<sup>nd</sup> place



### **Boys DMR (1200-400-800-1600)**

1. 11:07.46 = Chris Covert, Chris Wehan, Daniel Eppink, CJ Hansen, 1998 Mt. Sac Relays, 13<sup>th</sup> place open
2. 11:23.14 = (11:23.0 HT) CJ Hansen, ? Bryan Beauchamp, Joe Tamas, 3-17-96 Herb Wyre, 2<sup>nd</sup> place
3. 11:23.30 = Matt Theologidy, Matt Kern, Ricky Ruelas, Dillon Murphy, 3-5-11 Herb Wyre, 4<sup>th</sup> place V
4. 11:23.62 = Matt Theologidy, Angelo Dracopoulos, Alex Olivas, Ricky Ruelas, 3-6-10 Herb Wyre, 4<sup>th</sup> place
5. 11:25.54 = (11:25.4 HT) Ricky Ruelas, Kyle Foss, Justin Irely, Wesley Washington, 3-7-09 Herb Wyre, 2<sup>nd</sup> place

### **Girls 4x1600**

1. 24:02.27 = 1999 Northridge/Alemanys Relays @ CSUN, 2<sup>nd</sup> place
2. 24:03.53 = 1998 Mt. Sac Relays, 24<sup>th</sup> place
3. 29:01.74 = (29:01.6 HT) Catherine Tan, McKayla Major, Emily Engler, Brittany Christian, 3-7-09 Herb Wyre, 4<sup>th</sup> place JV
- 4.
- 5.

### **Boys 4x1600**

1. 21:27.74 = (21:27.6 HT) Dillon Murphy, Kyle Foss, Andrew Dowling, Matt Theologidy, 3-7-09 Herb Wyre, 8<sup>th</sup> place
2. 22:24.24 = (22:24.1 HT) Drew Engler, Zach Giovannini, Earl Rocha, Robert Nelson, 3-7-09 Herb Wyre, 7<sup>th</sup> place JV
- 3.
- 4.
- 5.

### **Girls 8x200**

1. 3:58.84 = (3:58.7 HT) 2004 Littlerock Invite, 1<sup>st</sup> place JV
2. 3:58.99 = 3-3-07 Herb Wyre @ PK, 1<sup>st</sup> place
3. 4:02.41 = 3-8-97 Quartz Hill Relays, 2<sup>nd</sup> place
- 4.
- 5.

### **Boys 8x200**

1. 3:05.14 = (3:05.0 HT) 3-17-96 Herb Wyre, 1<sup>st</sup> place
2. 3:27.10 = 2005 Littlerock Invite, 2<sup>nd</sup> place
3. 3:27.59 = 3-3-07 Herb Wyre @ Pete Knight, 1<sup>st</sup>
4. 3:28.24 = (3:28.1 HT) 2004 Littlerock Invite, 4<sup>th</sup> place
- 5.

### **Co Ed 4x100**

1. 48.84 = (48.7 HT) Saedra Wright, Melanise Chapman, Skyler Martinez, Jerry Kelly, 3-15-08 Michelle Perry, 1<sup>st</sup> place
2. 49.04 = (48.9 HT) Ali Huerta, Linsey Kelly, Roosevelt Davis, Darian Thompson, 4-2-11 Michelle Perry, 5<sup>th</sup> place
- 3.
- 4.
- 5.

### **Co Ed 4x400**

1. 3:49.52 = Sabrina Huelga, Chelsey Washington, Wesley Washington, Robbie Thompson, 4-4-09 M Perry, 2<sup>nd</sup> place
2. 3:50.18 = Linsey Kelly, Sabrina Huelga, Angelo Dracopoulos, Ricky Ruelas, 4-3-10 Michelle Perry, 2<sup>nd</sup> place
3. 4:00.64 = (4:00.5 HT) Linsey Kelly, Sabrina Huelga, Ricky Ruelas, Matt Kern, 4-2-11 Michelle Perry, 3<sup>rd</sup> place
4. 4:06.88 = Chelsey Washington, Melanise Chapman, Skyler Martinez, Wesley Washington, 3-15-08 MPerry 1<sup>st</sup> place
- 5.

### **Co Ed 4x800**

1. 9:09.20 = Sabrina Huelga, Melissa Bauer, Scott Bauer, Wesley Washington, 4-4-09 Michelle Perry, 1<sup>st</sup> place
2. 9:25.49 = Melissa Bauer, Sabrina Huelga, Alex Olivas, Ricky Ruelas, 4-3-10 Michelle Perry, 1<sup>st</sup> place
3. 9:32.34 = (9:32.2 HT) Melanie Fujiwara, Sabrina Huelga, Dillon Murphy, Ricky Ruelas, 4-2-11 Michelle Perry, 3<sup>rd</sup> place
4. 9:46.77 = Melissa Bauer, Brianna Pagan, Edwin Flores, Wesley Washington, 2008 Michelle Perry, 1<sup>st</sup> place
- 5.

## **Indoor Results, All-Time Top 5 Track & Field**

### **Girls 55m**

1. 7.36 = Melanise Chapman, 1-19-09 Save Mart Invite @ Fresno, 5<sup>th</sup> place

### **Girls 60m**

1. 7.67 = Ashley Woodford, 2-15-09 JO Champs @ NAU\*, 1<sup>st</sup> place prelims
2. 7.69 = Melanise Chapman, 2-15-09 JO Champs @ NAU\*, 2<sup>nd</sup> place prelims
3. 7.95 = Chelsey Washington, 2-15-09 JO Champs @ NAU\*, 2<sup>nd</sup> place

### **Girls 200m**

1. 25.28 = Melanise Chapman, 2-15-09 JO Champs @ NAU\*, 1<sup>st</sup> place
2. 26.20 = Ashley Woodford, 1-16-09 Air Force Invitational @ USAF Academy, 5<sup>th</sup> place
3. 27.09 = Mariah Gibson, 1-16-09 Air Force Invitational @ USAF Academy, 14<sup>th</sup> place
4. 27.33 = Chelsey Washington, 1-16-09 Air Force Invitational @ USAF Academy, 18<sup>th</sup> place

### Girls 400m

1. 59.44 = Mariah Gibson, 2-15-09 JO Champs @ NAU\*, 1<sup>st</sup> place
2. 59.65 = Chelsey Washington, 1-16-09 Air Force Invitational @ USAF Academy, 4<sup>th</sup> place
3. 62.35 = Ashley Woodford, 1-16-09 Air Force Invitational @ USAF Academy, 12<sup>th</sup> place

### Boys 800m

1. 2:08.59 = (2:09.2y HT for 880y) Chris Covert, 1-22-00 SD Invite @ SD Sports Arena, 8<sup>th</sup> place
2. 2:13.41 = Wesley Washington, 1-16-09 Air Force Invitational @ USAF Academy, 17<sup>th</sup> place

### Boys Mile (1609.35 meters)

1. 5:06.37 = Wesley Washington, 1-16-09 Air Force Invitational @ USAF Academy, 16<sup>th</sup> place

### Girls 4x160 yd

- \* 1:15.69 = V. Droughn, M. Lee, **M. Chapman**, O. Hudson, 1-19-09 Save Mart Invite @ Fresno, 1<sup>st</sup> place

### Girls HJ

1. 5' 5" = Mariah Gibson, 1-16-09 Air Force Invitational @ USAF Academy, 1<sup>st</sup> place

### Girls PV

1. 11' 4" = Siera Hearne, 1-30-10 Pole Vault Summit @ Reno, flight 2, 9<sup>th</sup> place

### Boys DT

1. John Dagata 2-24-96 LA Invitational, results unknown

*\*Northern Arizona University (NAU) is an oversized track*

### Converting hand time (HT) to automatic time (AUT) and English-Distance times

The accepted methodology for assigning an "automatic" value to hand times, outdoors, is to add 0.24 seconds to hand times in the 100s, 200/220 and 120H/110H, and to add 0.14 seconds to hand times in the 400/440 and 4x110/4x100. The reason for this difference in conversion is based off of a "good" human reaction time in reference to the firing location of the starter's pistol (across the track vs. next to).

Conversion of HT to AUT is always done prior to any conversion of English-Distance times.

<b>Distance</b>	<b>Detailed Calculation</b>
100y to 100m	Add 0.85 seconds
220y to 200m	Multiply by 0.9942
440y to 400m	Multiply by 0.9942
880y to 800m	Multiply by 0.9942
Mile to 1600m	Divide by 1.0058
2 Miles to 3200m	Divide by 1.0058
120yH to 110mH	Multiply by 1.0025
330yH to 300mH	Multiply by 0.9942
4x110y to 4x100m	Multiply by 0.9942
4x220y to 4x200m	Multiply by 0.9942
4x440y to 4x400m	Multiply by 0.9942
4x880y to 4x400m	Multiply by 0.9942
4xMile to 4x1600m	Multiply by 0.9942
Sprint Medley (y to m)	Multiply by 0.9942
Distance Medley (y to m)	Multiply by 0.9942
4x120yH to 4x110mH	Multiply by 1.0025

<http://www.dvestatcal.com/ATHLETICS/TRACK/>

<http://www.dvestat.com/state/ca/>