

Camping at Cattails

- Meet:** Joe Vigil XC Invitational, September 10th, 2016
- Date:** September 9th, 2016 (camping)
- Time:** 8pm 9/9/16 – 11am 9/10/16
- Meals:** **Dinner** - Bistro Rialto, 7pm; Buffet-style dinner for the team, \$13/head; We wear red/black team sweats for dinner, so help the kids pack appropriately.
- Breakfast** – kids are on their own. We usually shop at City Market the night before. If you send food, please keep it healthy and avoid food that produces acid (orange juice, etc.) or is hard to digest (i.e., apples with pectin in their skin); No fruit loops or other sugary junky cereals.
- Lunch** – we will stop at City Market after the race.
- Details:** We will be camping in our usual location next to the golf driving range on Friday night. The kids will be camping in two large groups under school canopies. No isolated camping will be permitted. Girls will be under one canopy, boys another. Coaches and chaperones will separate the groups. If the weather is inclement, we will still camp and will erect a few larger tents and put the sides up on the canopies.
- Weather:** Weather is expected to be cool and clear with day time high of 75F and a nighttime low of 39F
- What to bring:** DXC running uniforms, warm-ups, and racing flats. Camping gear, to include the following:
- Sleeping bag
 - Pillow
 - Sleeping pad (river pad or “thermorest” equivalent)
 - Waterproof bag or plastic garbage bag to keep things dry (if it is predicted to rain – which NOAA says it is NOT!!)
 - Warm dry sweats layer for night time (as its been cool this fall)
 - Personal toiletries