

# Lion Elite Novice

Sunday, December 18, 2016 Lansing High School 1412 147th St, Lansing, KS 66043

## MEDALS FOR ALL WRESTLERS

HWT

Fee: \$15 (non-refundable)

Admissions: \$3 (12 and under free)

#### **SCHEDULE**

Coaches Meeting: 8:00am New to wrestling clinic 8:10am All wrestling begins at 8:30 am

### REGISTRATION DEADLINE

Register at <a href="www.trackwrestling.com">www.trackwrestling.com</a> by Friday, December 15, 2016 at 11:59am or until tournament is full – limited to first 500 wrestlers. Register and pay online through trackwrestling.

### **WEIGH-INS**

Each club will conduct their own weigh-ins and skin/nail checks on December 16, 2016.

No on-site weigh-ins.

Coaches must input weights on trackwrestling by 10pm December 16, 2016. Instructions (username & password) for inputting weights will be sent out on December 15, 2016. Send club email addresses to lionelitewrestling@yahoo.com by December 15, 2016 so we can send you the weigh-in information.

We reserve the right to combine weights and brackets.



### **DIVISIONS**

**6-U NOVICE:** 37, 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 70, 73, 76, 80, 88, 95, HWT **8-U NOVICE:** 40, 43, 46, 49, 52, 55, 58, 61, 64, 67, 70, 73, 76, 80, 88, 95, 110, 125, HWT **10-U NOVICE:** 52, 55, 58, 61, 64, 67, 70, 73, 76, 79, 82, 85, 90, 95, 100, 110, 120, 130, 150, 170,

**12-U NOVICE:** 64, 68, 72, 76, 80, 84, 88, 92, 96, 100, 105, 110, 115, 120, 130, 140, 150, 165, 190, 215, 240, HWT

**14-U NOVICE:** 75, 80, 85, 90, 95, 100, 105, 110, 115, 120, 125, 130, 135, 140, 145, 150, 155, 160, 165, 175, 205, 235, 265, HWT

### RULES

This is a sanctioned event. All wrestlers must have a valid USAW card.

Periods: 6U, 8U and 10U: 1-1-1 / 12U and 14U: 1.5-1.5-1.5

Child abuse of any form - mental or physical - will not be tolerated!



Lansing High School, employees, administrators, USD 469, volunteers and/or Lion Elite Wrestling Club will not be responsible for any injury or lost/stolen property during the tournament whether directly or indirectly related to this event.