



# California Interscholastic Federation

Marie M. Ishida, Executive Director  
STATE OFFICE  
4658 Duckhorn Drive  
Sacramento, Ca 95834  
Phone 916-239-4477 Fax 916-239-4478

[www.cifstate.org](http://www.cifstate.org)

## CIF Bylaw 313

A student-athlete who is suspected of sustaining a concussion or head injury in a practice or game shall be removed from competition at that time for the remainder of the day. A student-athlete who has been removed from play may not return to play until the athlete is evaluated by a licensed health care provider trained in the evaluation and management of concussion and receives written clearance to return to play from that health care provider.

### Coaches:

- Shall immediately remove from practice or game competition any athlete who is suspected of sustaining a concussion or head injury and remain out of practice or play for the rest of the day.
- Shall not allow an athlete who has been removed from play because of a suspected concussion/brain injury to return to play until the athlete has received written clearance from a licensed health care provider trained in the evaluation and management of brain injuries.
- The State CIF Sports Medicine Committee strongly recommends that schools use the Acute Concussion Evaluation (ACE) form for the doctors to complete for return to play and a copy can be accessed and downloaded from the State CIF at [http://www.cifstate.org/health\\_safety/concussion/school.html](http://www.cifstate.org/health_safety/concussion/school.html)