## **Philosophy of Camp**

To provide and promote opportunities to the total volleyball student-athlete experience. This camp will expose players to the opportunities of playing volleyball at all collegiate levels and the responsibilities that come along with it. This camp is designed for players who have a desire to play in college and want to learn from and be recognized by college coaches at all levels.

## Staff

The Camp staff consists of college coaches at the D-I, D-II, D-III, and NAIA levels. They will instruct the campers thru all drills, skills and instruction. Camp counselors are former and current collegiate players.

## **Location and Facility**

ALL NEW FOR 2012! The camp will be held on the beautiful campus of California University of Pa. Just off of I-70. New Convocation center holds 8 courts and camp capacity of 11 courts on campus.

## **Special Features**

### Special Guest Speakers

Experts speaking on topics such as: Important Nutrition Tips for Athletes and Training for Mental Toughness

### **Special Sessions**

Collegiate Strength and Conditioning Trainers will work with campers "off-court" in developing the proper training techniques.

### Parent and Camper Workshops

Workshops will be held throughout the camp providing information to parents and campers on understanding the recruiting process, how to market the student athlete, including our popular roundtable discussion with many of our college coaches.

**Expanded Camp Tournament** Campers will play in a competitive tournament

## **Optional 1/2 day Position Clinic**

(Cost \$75.00) – Sunday afternoon Clinics- Instruction by PREMIER COLLEGE COACHES AND PLAYERS - Hitters, Defense, Setters

### **Camp Registration/Orientation**

Sunday, June 23rd Welcome and Orientation

### **Camp Times**

Sunday, June 23 Monday June 24 Tuesday June 25 Wednesday June 26

### **Participants**

All high school girls who are graduating in the classes of 2016 and 2017 (Class of 2018 with 2 years experience also accepted)

3:30pm - 5:30pm

6:30pm - 7:00pm

7:00pm - 9:00pm

9:00am - 8:00pm

9:00am - 8:00pm

9:00am - 3:00pm

### What to bring

Campers should bring volleyball shoes, socks, knee pads, t-shirts, shorts, bedding, linen or sleeping bag, pillow, towels, and training supplies (tape, ace bandage, etc.). A camp store will sell shirts and refreshments.

### Camp Cost \$325 (Overnight) \$250 (Commuter)

The cost includes: camp T-shirt, lunch all three days, camp instruction, seminars, handouts and camp tournament.

**Overnight camp includes**: "air-conditioned" dorm rooms, meals, and evening activities, including beach volleyball, movies and other exciting events.

## **Reserve Your Spot**

Register online or fill out the attached and send with a \$100.00 deposit. The balance is due by May 1, 2013. Please see our Cancellation Policy on our website.

## Register online and pay now with PayPal on our website

### Our website

Please visit our website frequently for all staff and guest speaker updates. Keep posted for new and exciting upcoming events.

www.tristateelitevb.net

## The following Coaches have worked the camp in the past.

Jennifer Harrison Jennifer is the Head Coach of Clarion University

Fred Wallace Fred is Head Coach of Morrisville College

#### Zach Shaver Zach is the head volleyball coach at Indiana University of Pa.

**Dale Starr** Dale is the head volleyball coach at Robert Morris University.

### Steve Brewer

Steve is the head volleyball coach at Thiel College.

Brooke Turner Brooke is the head volleyball coach at W&J College

Latonia Allen Latonia is the head volleyball coach at Tennessee Temple U.

Wendy Smith Wendy is the head volleyball coach at Geneva College

#### Phil Pisano

Phil is the head volleyball coach at Penn State Behrend college.

John Pursell John is the assistant volleyball coach at Lafayette University.

#### Laurie Lokash Laurie is head volleyball coach at Slippery Rock University.

**Gina Ullery** Gina is the assistant volleyball coach at Duquesne University.

**Inga Kurgonaite** Inga is an assistant volleyball coach at Northern Michigan U.

## Please follow our website for additional Rising Star Coaching staff.

www.tristateelitevb.net

## Please Complete Thoroughly and Neatly \*\*Online registration is also required\*\*

I am registering for:	Rising Sta	ar Cam		ght) ter)
Optio ½ Day Hitters C ½ Day Setters C ½ Day Defensive ½ Day Middle Hi	linic e Clinic			
Name				
Address				
City	5	State		Zip
Date of Birth	Phone			
Registrant email:				
Parent/Guardian Email: _				
Graduating Class of		G	PA	
Name of School				
Position	Years Playing			
Shirt size (Adult) S	M L		XL	
USAV Club Team				
Position	Years Pla	aying C	lub	
Sports Honors				
Room Mate Request				

#### AUTHORIZATION FOR MEDICAL TREATMENT OF MINOR AND PHOTOS

Name of minor:

I, \_\_\_\_\_\_, being the parent and legal guardian of the above named, do hereby certify that my daughter is in good health and may participate in all camp activities. I hereby appoint Tri-State Elite Volleyball, to act on my behalf in authorizing medical attention. Camper will be responsible for medical costs. I also give Tri-State Elite Volleyball camp permission to use, at their discretion, any camp photos.

Insurance company or program

ID or contact #

Emergency phone #

Parents/guardian signature

### 2013 TSEVB RISING STAR CAMP

### CAMP ITINERARY INCLUDES:

- TEAM AND POSITION DRILLS
- SPECIAL SESSION SPEAKERS FOR CAMPERS AND PARENTS
- PHYSICAL ABILITY TESTING
- CAMP TOURNAMENT
- OVERNIGHT CAMP AVAILABLE

### **REGISTER NOW!**

To reserve a spot in one of the fastest growing camps in the nation only a \$100.00 deposit is required. Balance due by May 1<sup>st</sup>, 2013 Please see our Cancellation Policy on our website.

### Register online and pay now with PayPal on our website

or

Send the registration form and check to:

TSEVB P.O. Box 18355 Pittsburgh, Pa. 15236-0355

Payable to: TSEVB

Online registration is also required prior to camp

Questions: Call Mike Davic 1 (800) 621-7320 Gary Lucsko 1 (800) 621-7320

www.tristateelitevb.net

## 7<sup>th</sup> Annual Tri-State Elite Girls Volleyball



# Rising Star Camp

Now held at: California University of Pa.

For girls entering into  $8^{\rm th}, 9^{\rm th}$  and  $10^{\rm th}$  Grade in the fall of 2013

June 23 – June 26, 2013

A Coaching Staff of First Class College Volleyball Programs

www.tristateelitevb.net