

2013 Bountiful Rugby Season Information

The following is important information and dates

- Registration:
 - First Day Registration Monday, September 10, 2012. Receive all forms and documents.
 - All medical history, parental consent, player assent, codes of conduct, insurance, treatment for minor release, union by-law, union/club waivers forms and documents need to be filled out and returned to a coach no later than Friday, September 28, 2012. If you choose to mail them, the address is 714 West 850 South, Woods Cross UT, 84087, Patrick Rock.
- Dues
 - Club dues are \$180 and must be by paid by Friday September 14, 2012
 - All union fees are \$180 and must be paid in full by Thursday January 18, 2013
 - Union fees can be paid in full, in part, or by installment, to be specified at the time of registration, speak with the team's president, treasurer, or head coach for arrangements.
 - Money covers USA Rugby registration, Utah Youth Rugby Union dues, referee match fees, the team 501c3 account, mandatory staff certifications like CPR and first aid, the team website, player rugby IDs, practice equipment (balls, ball bags, kicking tees, scrimmage vests, etc), two match uniforms, team accessories, and team stationary for record keeping, and much more.

• Training Gear and Match Kit

- Players must purchase a mouth guard, and soccer cleats (without the front spike and no screw ins), or rugby boots.
- Players must bring proper attire, and 3L to a gallon of water is recommended at each practice.
- Rugby mitts for cold weather and wet conditions recommend for catching the ball.
 Scrum cap recommended for head protection, and cup, jock strap, under armor thermals, and compression items high recommended.
- The team will provide two team match kit (game uniforms, one red, and one white), which will include socks, shorts, and jersey.
- Scoreboard Sports, 509 West and 2600 South Bountiful, Utah 84010 (801) 292-3500 has several rugby items in stock and for order like shock doctor cup and compression shorts, rugby shorts, and a large array of soccer footwear.

Team Gear International, located on 8472 South State Street Midvale, Utah 84047 (801)
 304-9999 stocks limited rugby items but a large array of soccer items. For order available.

• Fund Raising and Finances

- The team will be operating under 501c3 tax exemption managed by our the team's CEO and a certified accountant.
- Individuals, friends, or family that wish to donate on behalf of a specific player, or the the team, may do so to Coach Patrick Rock or the club president.
- When the 501c3 is setup then it will be under the club name.
- Players are encouraged to raise the \$200 dollars by January to save parent's cost. The coaches have a list of fundraisers.

• Practices

- The club will practice four times a week, Monday, Tuesday, Wednesday, and Saturday.
 During the months of January, February, and March, practices will be held indoors,
 location TBD (due to availability, practice locations subject to change).
- Starting April, practices will occur outdoors.
- Practice times to be determined and announced but from past experience we alternated practice from 3:00-5:00 PM and 6:00-8:00 PM.
- Fall season commences Monday September 17, 2012 until concludes Friday November 30, 2012.
- Beginning Monday January 9, 2013, we resume training, weather permitting we may host practice outdoors.
- Periodically the team will have meetings, primarily to review video, classroom instruction, strategy briefings, general meetings, and drills.
- Prospective players are strongly encouraged to attend one training season, either September to November, or January to March, or both if possible
- The best physically preparation a player can do is use a Crossfit facility a full month before first match.
- Attendance to practice is mandatory. Absences must be vocalized 24 hours in advance thru the team managers. A reason must be provided.
- For game consideration and eligibility (to play on the team), prior to a players first match, the player must complete tackle orientation, and pass player qualification.
- We will field the best-qualified players to ensure player safety, match competition, and team success.
- Any young man may join and train with the team, with no intention of competing as long as the player provides \$55 USA Rugby CIPP Catastrophic Accident and Liability insurance and the appropriate forms have been paid and signed. There also is a \$10 due.

- Important Dates
 - 4 Sept 2012 Union Application
 - 10 Sept 2012 First Club Meet and Greet, \$180 Club Dues Unless Prior Arrangements Were Made At Time of Registration.
 - 15 Sept 2012 All Registration Forms and Club Fees Due, Last Day Payment.
 - 18 Sept 2012 First Day of Fall Practice.
 - 30 Nov 2012 Last Day Fall Practice.
 - 9 Jan 2013 Spring Training Resumes.
 - 18 Jan 2013 Second Payment \$180 Union Dues Paid in Full Unless Prior Arrangements
 Were Made At Time of Registration (Hopefully Fundraising Can Help Mitigate Fee).
 - 25 Jan 2013 Payment Plan Dues Must Be Paid in Full.
 - 28 Feb 2013 Season Schedule is posted.
 - 8/9 March 2013 First Season game. Games are mostly Fri/Sat with the exception of blackout dates to be posted.
 - 10/11 May 2013 Playoffs begin and run thru 17/18 May 2013
 - 24/25 May 2013 Utah Rugby High School State Championship.

Team Links

- Facebook: South Davis Rugby Club
- Utah Youth Rugby: http://hometeamsonline.com/teams/default.asp?s=htosports&t=c&u=UYR
- Utah Rugby Football Union: http://hometeamsonline.com/teams/?u=utahrfu&s=htosports&t=c
- Pacific Coast Rugby Football Union: <u>http://www.pacificcoastrugby.com</u>
- USA Rugby: <u>http://www.usarugby.org</u>