



2015-2016 Youth Wrestling Season

MEMBERSHIP PACKET



Registration Dates:

September 13, 20 & 27, 2015 3:30pm to 6:30pm

The 1st period is won by the best technician. The 2nd period is won by the kid in the best shape. The 3rd period is won by the kid with the biggest heart.

(Dan Gable)

**"Once you've
wrestled,
everything
else in life is easy"**
- Dan Gable



WARRIOR WRESTLING CLUB

YOUTH SEASON Membership Application

Member Name: _____

Email Address: _____

Effective Date: _____ Membership Level: _____

Payment: Cash ___ Check #: _____ Credit Card: _____

Parent/Responsible Party: _____

Address: _____ City: _____ ST: _____ Zip: _____

Phone #'s: (H) (Cell)

MEMBERSHIP AGREEMENT: This agreement by and between _____ (Member/Parent) and Alabaster Youth Wrestling Association (aka, Warrior Wrestling Club) shall be effective for the 2015-2016 Youth Season (October 21, 2015 – February 7, 2016). Upon signing this agreement, member shall receive access to all scheduled YOUTH SEASON practices and activities specific to the YOUTH SEASON.

RELEASE OF LIABILITY: Member/Parent represents that he/she is in good physical condition and able to use AYWA facilities. Member/Parent fully understands and agrees that in participating in Alabaster Youth Wrestling Association's facilities or programs therein, there is a possibility of accidental or other physical injury. Member/Parent further agrees to assume the risk of such injury and agrees to indemnify and hold harmless Alabaster Youth Wrestling Association, LGCA Properties, LLC, Warrior Wrestling Club or any employee, volunteer or otherwise, manager, trainer or coach from any and all liability. Member/Parent agrees to be responsible for any damage caused by Member.

RIGHTS OF ALABASTER YOUTH WRESTLING ASSOCIATION TO TERMINATE AGREEMENT: Alabaster Youth Wrestling Association reserves the right to terminate any membership, at any time, for non-payment of fees, or for behavior deemed unacceptable by Alabaster Youth Wrestling Association, its management, or Board of Directors. Upon termination, Member/Parent must pay all outstanding fees.

Parent Signature: _____

Alabaster Youth Wrestling Association: _____



AYWA/WWC WRESTLER INFORMATION SHEET

Athlete's Name: _____

Address: _____

Home Phone: _____ **Cell Phone:** _____

Email Address: _____

Grade Entering: _____ **Date of birth:** _____

Mom's first name: _____

Dad's first name: _____



AYWA/WWC Parent INFORMATION SHEET

Parent Name(s): _____

Child Name(s): _____

Address: _____

Home Phone: _____

Email Address 1: _____

Mom's cell phone: _____

Dad's cell phone: _____

Preferred payment method: cash check credit/debit card

Billing address (if different): _____

Health insurance Company: _____

Insurance policy number: _____



2015-16 AYWA/WWC Instructions for NEW coaches

*****These instructions are for individuals who have not been an AAU member*****

<http://www.aausports.org/Resource-Articles/ArtMID/1403/ArticleID/665>

AYWA/WWC Coaches Membership Release/Waiver of Liability Release and Waiver, Assumption of Risk, and Indemnity with Parental Consent ("AGREEMENT")

IN CONSIDERATION of being permitted to participate in any way in any event ("Activity") at any time during the current calendar year I, for myself, my personal representatives, assigns, heirs, and next of kin:

1. ACKNOWLEDGE, agree, and represent that I understand the nature of the Activity and that I am qualified, in good health, and in proper physical condition to participate in such Activity. I further agree and warrant that if, at any time, I believe the conditions to be unsafe, I will immediately discontinue further participation in the Activity.
2. FULLY UNDERSTAND that: (a) THIS ACTIVITY INVOLVES RISK AND DANGERS OF SERIOUS BODILY INJURY, INCLUDING PERMANENT DISABILITY, PARALYSIS, AND DEATH ("Risks"); (b) these Risks and dangers may be caused by my own actions or inaction, the actions or inactions of other participating in the Activity, the conditions in which the Activity takes place, of THE NEGLIGENCE OF THE "RELEASEES" NAMED BELOW; (C) there may be OTHER RISKS or SOCIAL AND ECONOMIC LOSSES either not known to me or not readily foreseeable at this time, and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL SUCH RISKS AND ALL RESPONSIBILITIES FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation, or that of the minor, in the Activity.
3. HEREBY RELEASE, DISCHARGE, AND COVENANT NOT TO SUE the sanctioning organization(s), their administrators, officers, members, volunteers, and employees, other participants, officials, rescue personnel, sponsors, advertisers, owners and lessees of Premises on which the Activity is conducted, (each of the forgoing shall be considered one of the RELEASEES herein) FROM ALL LIABILITY, CLAIMS, DEMANDS, LOSSES, OR DAMAGES ON MY ACCOUNT CAUSED, OR ALLEGED TO BE CAUSED, IN WHOLE OR IN PART BY THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, INCLUDING NEGLIGENT RESCUE OPERATIONS; AND I FURTHER AGREE that if, despite the RELEASE AND WAIVER OF LIABILITY, ASSUMPTION OF RISK, AND INDEMNITY AGREEMENT I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS EACH OF THE RELEASEES from any litigation expenses, attorney fees, loss, liability, damage, or cost which may be incurred as the result of such claim I ACKNOWLEDGE THAT I AM



OVER THE AGE OF 18 YEARS, HAVE READ THIS AGREEMENT AND FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, HAVE SIGNED IT FREELY AND WITHOUT ANY INDUCEMENT OR ASSURANCE OF ANY NATURE, AND I INTEND IT TO BE A COMPLETE AND UNCONDITIONAL RELEASE OF ALL LIABILITY TO THE GREATEST EXTENT ALLOWED BY LAW AND AGREE THAT IF ANY PORTION OF THIS AGREEMENT IS HELD TO BE INVALID, THE BALANCE, NOTWITHSTANDING, SHALL CONTINUE IN FULL FORCE AND EFFECT.

In compliance with Part IV, Section B, Line 13 of Federal Form 990, Return of Organization Exempt from Income Tax, Alabaster Youth Wrestling Association requests that any suspicious activity that a member, member's parent or guardian witness, be reported to ShadRissler@gmail.com

(Coach's Signature) _____ (Date) _____

(Print Name) _____

(Address) _____

(Email) _____

(Cell) _____



Practice Schedule- Mondays, Tuesdays and Thursdays from 6:00pm-7:30pm

What to wear to practice- Gym shorts, t-shirt, wrestling shoes, and headgear (optional). Please wait until you are in the building to change into wrestling shoes. We do not want wet, dirty, or muddy shoes on our wrestling mats. Wrestling shoes ONLY on our wrestling mats (not tennis shoes). If you do not have wrestling shoes yet, you may wear socks on the wrestling mats. We have a shoe exchange program where members who have outgrown their wrestling shoes leave them with us for new members who do not have shoes yet. You are welcome to borrow these shoes (if we have your size) for the season, but please return the shoes when the season is over. If your child has braces, it is recommended that they wear a mouthpiece to practice. Mouthpieces are required during tournaments for those who have braces.

Where to get wrestling shoes- Dick's Sporting goods and Hibbett's all sell kid's wrestling shoes. If they do not have your size, you can go online and find them. Below is a list of websites where you can find wrestling shoes:

wwwsport.com

wrestlinggear.com

weplaysports.com

Practice procedures- Please make every effort to be at practice on time. We will split the kids up into groups based on age, experience and skill level. For the younger kids, we will play many wrestling related games to keep their attention. We will try to teach them a little bit every practice, but make sure that they are having FUN. With the more experienced, older kids, we it will be more intense but still we will try to make the experience as enjoyable as possible for them.

Tournament Procedure- There are wrestling tournaments almost every weekend beginning November 7th and ending on February 6th. You must go online to trackwrestling.com and register for the tournaments. You must register by the Thursday night before the tournament. We will provide instructions to sign up for



TrackWrestling and how to register each week. The costs of the tournaments are between \$10 and \$15 per tournament. The tournaments run by age groups. Typically the youngest age group is the first session. Your child will need to be there 30 minutes before his age group starts to warm up. Each age group usually lasts 2-3 hours.

Weigh ins- We will weigh in your child after practice each Thursday. Your child must weigh in, and you must register your child at the weight that they weigh in at. We will write your child's weight on his arm and we will send in his weight to the tournament director. If your child wants to wrestle in the 55 lb. weight class, he must weigh in at 55.0 or less. If he weighs 55.1 he will have to wrestle the next weight up.

Fund-raising - Our program is funded in large part by private donations and fund-raising. We rely heavily of fund-raising and our few tournaments to support our program financially. We will host 2 (possibly 3) tournaments this season. The tournaments are our biggest fund-raisers and we will need everyone to volunteer to help to run our tournaments. Jobs for the tournaments include table workers, concessions, mat moving, set up, clean up and more. In addition to volunteering, we will also need people who are willing to donate supplies for our tournaments (drinks, cups, plates, food, etc...). Before our tournaments, we will send out additional information about what needs to be done. It is very important that everyone commit to help run the tournament.

We will also have an additional fund-raiser this year during the season. We have not completely settled on how this will run. We will be providing more information once the season gets rolling!

AAU Wrestling Card- Your child must have an AAU Wrestling Card to participate in practices or tournaments. AAU Wrestling is the National Governing Body for the



sport of wrestling, and they carry our insurance. For liability purposes, your child can not participate without an AAU Wrestling Card. **Your registration fee for Youth Season INCLUDES your AAU Wrestling card.** Once practice starts, we will print these cards and provide you a copy.

Singlets- Most children who wrestle wear singlets for competition. We will have singlets for you to purchase or rent. MMA type shorts and a fitted shirt are another option for competitions. **Your registration fee for Youth Season INCLUDES rental of a team singlet for the season.** The singlet may be purchased and kept for an additional \$50.

Other information- Please make sure that your child takes a shower (and scrubs with soap) after each wrestling practice. Proper hygiene is very important in keeping skin infections from occurring. We will clean our mats on a consistent basis to help as well, but it is very important that your child bathes after each practice to prevent skin infections.

SYWO Tournament Season – Year-round club members will also be automatically qualified for SYWO tournaments. These tournaments begin after the regular youth wrestling season that ends the first week of February. More details will follow once we get through with the regular season.

Coaches-

Shad Rissler

Shane Dempsey

Jeff Williams

Adam Waldrop

Caymon Holder



Club Volunteers

Parent Volunteers, it is hard to imagine a volunteer club functioning WITHOUT parents working together for the good of their children. Serving as a parent volunteer is vital to enriching your child's experience at the Warrior Wrestling Club. Volunteer efforts benefit the club greatly, but volunteering can be beneficial to the parents as well. It allows parents to meet other parents, which can enhance personal friendships and volunteering also allows parents to understand more fully how the club's mission is carried out. Volunteering also builds a relationship with club leadership and the youth, middle, and high school coaching staff. **Most importantly, volunteering is an expression of your interest in and commitment to your child's daily life.**

With this being said, we are asking that each family commit to a minimum of 5 hours of volunteer service this wrestling season.

Parent volunteers will be needed in the following areas:

Club Fund-raisers - home meets, lock-in chaperones, etc.

Food donations

Keeping the club clean (especially common areas such as the family room upstairs and the bathrooms)

Volunteer coaches

Please fill out the information below:

NAME: _____

ADDRESS: _____

BEST CONTACT NUMBER: _____

EMAIL ADDRESS: _____

Please select one of the following:

Yes! I want to get involved and can commit to a minimum of 5 hours of volunteer time this wrestling season. I am most interested in helping with: (Select one or more areas)

Club Fund-raisers - home meets, lock-in chaperones, etc.



Keeping the club clean (especially common areas such as the family room upstairs and bathrooms)

Volunteer coaches

Due to work/other obligations I am not able to commit to 5 hours of volunteer time, however I can support the club by donating one or more of the following:

- Cleaning supplies for WWC
- Paper products for home meets and paper towels/toilet paper for WWC
- Food donations for home meets and the club lock-in



CLUB CONTACTS

BOARD MEMBERS

Ben Wanagat
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422-1078

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COACHES

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Coach Caymon Holder