# 2015 Lady Elks

# New Player / Middle School / Youth

# Lacrosse Camp

Think you have what it takes to play Lacrosse? Are you fast enough, tough enough, smart enough to handle THE FASTEST GAME ON TWO FEET?

Join us for the 2015 Summer Camp!! This summer camp is designed to introduce/improve player skills in order to play youth, middle school, or high school lacrosse. The Varsity and JV coaches will be on hand to mentor campers.

ALL inbound 4th grade to 12th grade PLAYERS WELCOME!! No experience is needed. New for 2015!! Any new girl that has never played and who is thinking about trying lacrosse can join us as our guest for FREE the first week to get a feel for the players and the game.

Skills and Drills focusing on shooting, defending, passing/catching and ground ball control play will be taught on Mondays and Tuesdays from 7:00pm - 9pm.

Returning High School Players are scheduled to train 5:30 p.m. - 7:00 p.m., each Monday and Tuesday evening as well. (There is no fee for returning CHS Varsity or JV CHS players, unless you wish to order a camp T-Shirt.)

\*\*ANY LADY ELKS HIGH SCHOOL JV OR VARSITY PLAYER WHO BRINGS AT LEAST ONE NEW CAMPER WHO HAS NEVER PLAYED LACROSSE FOR CENTERVILLE (FAMILY MEMBERS EXCLUDED) THAT STARTS AND FINISHES SUMMER CAMP ON JULY 28 WILL GET HER SHIRT FOR FREE FROM COACH DINKLEDINE\*\*

## CAMP INFO

**When:** June 22 through July 28, 2015

Monday and Tuesdays

7:00pm – 9:00pm New Campers, Youth, Middle School players, and all new 4-12 graders.

**(\*\*Goalies attend camp for free.)**

**(Goalies should bring their own protective gear if possible.)**

**Final Night game / Camp Cookout: 6:00 pm August 4th (Pictures and T-Shirts will be handed out this night.)**

**Where:** Watts Middle School - Practice Field

**Register:** 12 dates for only $125.00

Registration due by Saturday June 20, 2015.

**\*\*DOWNLOAD REGISTRATION FORMS AT: www.chsladieslacrosse.com**

**What you need:** Eyewear, mouthpiece **(colored, not clear),** girls lacrosse stick, cleats, water, lots of water