

HEAD COACH Kelly Lickert-Orr

Kelly Lickert-Orr was named SUNY Cortland's women's lacrosse head coach in September 2014. She served as women's lacrosse head coach from 2011-14 at Keuka College, where she posted a 52-11 overall record, including a 32-1 mark in the North Eastern Athletic Conference (NEAC).



Lickert-Orr earned NEAC Coach of the Year honors in both 2013 and 2014 after guiding Keuka to back-to-back league titles and NCAA Div. III tournament appearances. Keuka won a school-record 16 games in 2014 and was the NCAA Div. III leader in scoring defense at 5.47 goals per game allowed. She also was NEAC Coach of the Year in 2011 as the Storm won the NEAC title, although the league did not have an NCAA automatic berth that season.

In the summer of 2012, Lickert-Orr led a U.S. travel squad that finished in third place at the annual European Championships. Lickert-Orr served as an assistant coach at Nazareth College in 2011, and she has coached the Finger Lakes Flamingos club lacrosse team since 2012.

Lickert-Orr earned a bachelor's degree in health and wellness from Limestone College (S.C.) in 2009 and is the school's all-time scoring leader with 259 points (121 goals, 138 assists). A three-time All-America attacker, she helped the Saints win three Conference Carolinas titles and earn three trips to the NCAA Div. II Final Four.

MISSION

Cortland Summer Sports Camps purpose are to build confidence, sharpen technical skills and improve individual and team game play all while encouraging interest, passion and enjoyment for the sport. An emphasis is placed on individual evaluation and development with the use of age appropriate instruction. Our experienced and motivated staff creates a positive learning environment, which enables all players to advance their skills and realize their potential to play at the next level. Maximum participation is always a high priority.

PAYMENT, REFUND, CANCELLATION POLICIES

Payment is due in full at the time of registration. You may register by paying online using a credit card or by mailing in a money order along with a registration form. All payments, except for a \$20 processing fee, will be refundable up to 14 days prior to the start of camp. If you need to cancel after that date, but before the day camp begins, your refund will be 70% of your payment. Once camp begins, there will be no refunds. We reserve the right to cancel any camp up to 10 days prior to the start of the camp. You will be notified via e-mail and phone if this unlikely event were to occur and a full refund will be issued.



CONTACT

For registration or payment questions please contact
Summer Camps Office
607-753-2739 Phone
607-753-4929 Fax
summersportscamps@cortland.edu
Director Heidi Woodcock
Assistant Director Robert Emmett
For sport specific questions please contact Head Coach
Head Coach Kelly Lickert-Orr
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SUNY CORTLAND ATHLETICS

At Cortland, athletics are viewed as having an important role in the educational mission of the College. During the fall, winter and spring seasons, Cortland participates in 25 intercollegiate sports — 14 women's and 11 men's — in an attempt to provide a broad program which meets the needs, interests and abilities of its students.

The Cortland athletic program placed 11th nationally out of approximately 440 colleges and universities in the 2012-13 all-sport Learfield Sports Directors' Cup Division III standings. Cortland is the only New York school and one of only four nationwide to finish in the top 20 each of the last 18 years. Since 1989, the Red Dragons have captured 15 NCAA Division III team titles.

The College offers its student-athletes excellent athletic facilities. The state-of-the-art on-campus stadium features two artificial turf fields. One field seats 6,500 spectators, the other 1,500. The Cortland football, field hockey, men's and women's soccer, men's and women's lacrosse and men's and women's track and field teams are among those who utilize the facility, which the New York Times called "...a new stadium worthy of a major university power."

The Bessie L. Park Physical Education and Recreation Center, opened in 1973, features the Whitney T. Corey Gymnasium with a 3,500 seating capacity; the Olympic-sized Harriet Holsten swimming pool with gallery seating for 1,500; the Alumni Ice Arena, a facility which can accommodate 2,500 spectators; a 500-seat gymnastics arena; racquetball and squash courts; a wrestling room; modern athletic training facilities; and the Francis Woods Fitness Facility.

Nearby Clayton R. Lusk Field House, with its tartan-textured surface, is home for the indoor track teams, varsity practice sessions and recreational activities. Cortland's soccer teams play on Jets Field with its plush, natural-grass surface. T. Fred "Prof" Holloway Field, which has lights for night contests, also is utilized by the soccer teams. Additionally, the College has 22 outdoor tennis courts and two outdoor basketball courts and boasts Robert H. Wallace Field (baseball) and Dragon Field (softball) as part of its 51 acres of athletic fields.



SUNY
Cortland

CORTLAND RED DRAGONS GIRLS LACROSSE CAMP



June 28- July 1, 2015



**IMPORTANT
CAMP INFORMATION**

- There are two options for our Girls Lacrosse camp: Commuter or Resident campers. Our Resident campers receive three instructional sessions per day, three hot meals in our dining facilities and lodging in our on-campus residence halls. Local campers have the option of commuting. This alternative offers the same features as the resident camp minus breakfast and the overnight lodging.
- Ages restrictions for campers are from 12 to 18 years old
- Check-in for Girls Lacrosse camp is Sunday, June 28 from Noon-1:00p.m.; residence hall location will be sent via e-mail prior to the start of camp
- Checkout is on Wednesday, July 1 at Noon at the residence hall
- Commuter campers are dropped off each morning at 8:30 a.m. at the residence hall, except for the first day when they should arrive around 12:30 p.m. to check in. Pick up is at 8:30 p.m. at the residence hall.
- Registration for Resident campers closes strictly on June 23 to ensure proper staffing, housing and food for those attending. Commuter campers registration remains open until the start day of camp.
- All campers are required to show proof of health insurance and a physical within one calendar year of the start of camp. In addition, there are required health forms to be filled out and brought with you to check in. (Copies of the form will be e-mailed to you upon registration as well as available as a link on our camp website). Please bring a copy of your physical, a copy of both sides of your insurance card and the health forms with you to check in.
- All campers should bring practice clothes for each day, a lacrosse stick, mouth guard, goggles, cleats, water bottles, sunscreen, and sneakers.
- Resident campers also need to bring sheets, blanket, pillow, towel, shower supplies, sandals, clothes to sleep in and a fan (recommended, dorms are not air conditioned).
- Each camper will receive a reversible

CORTLAND GIRLS LACROSSE CAMP REGISTRATION

FIRST NAME:_____ LAST NAME:_____ AGE AS OF JULY 1:_____

ADDRESS:_____

CITY:_____ STATE:_____ ZIP:_____ PHONE: (_____)_____

E-MAIL:_____ (PLEASE PRINT)
THIS E-MAIL ADDRESS WILL BE USED TO CORRESPOND WITH YOU A CAMP CONFIRMATION AND ITINERARY.

SCHOOL:_____ EXPERIENCE: (CIRCLE ONE) BEGINNER MODIFIED JV VARSITY CLUB

GENDER: M F POSITION:_____ REVERSIBLES: S M L XL

REGISTRATION FEE
PLEASE CLEARLY SELECT ONE OPTION

_____RESIDENT \$399 _____COMMUTER \$300

NAME OF PREFERRED ROOMMATE:_____
(ONLY ALLOWED TWO PER ROOM DUE TO NYS FIRE CODE!)

OTHER REQUESTS (ALTHOUGH CANNOT BE GUARANTEED):_____

METHOD OF PAYMENT
YOU MAY REGISTER ONLINE USING A CREDIT CARD OR
BY MAIL USING A MONEY ORDER; PAYABLE TO CORTLAND SUMMER SPORTS CAMPS.
PAYMENT IS DUE IN FULL AT THE TIME OF REGISTRATION
WWW.CORTLANDREDDRAGONS.COM/SUMMERCAMPS

ATHLETICS-SUMMER CAMPS
SUNY CORTLAND
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CORTLAND, NY 13045