

# Bulldogs & Lady Bulldogs Lacrosse



**2015-2016 Fall Parent Meeting**

# **2015-2016 Face-Off Club Coaches & Board Members**

**Lady Bulldogs Head Coach – Meagan McLeod**  
**Bulldogs Head Coach – Joshua Smith**

**President- Reed Brunson**

**VP Boys- Kathy Allen**

**VP Girls- Carla Hansen**

**Secretary- Brittany Bailey**

**Treasurer- Kim Bacastow**



# Agenda

- Introduction of Coaches
- Player Fees and Due Dates
- Schedules (Practice/Game)
- Presentation of Annual Budget
- Fundraising Opportunities
- Sponsorships
- Volunteering
- Communications
- Spirit Wear



**Lady Bulldogs Head Coach**

**Meagan McLeod**

[mmcleod@forsyth.k12.ga.us](mailto:mmcleod@forsyth.k12.ga.us)

**Lady Bulldogs Assistant Coaches**

**Haley Holder**

[hholder01@yahoo.com](mailto:hholder01@yahoo.com)

**Nikki Elderly**

[nikki.erdely@gmail.com](mailto:nikki.erdely@gmail.com)

**Sara Fagan**

[sfagan03@forsyth.k12.ga.us](mailto:sfagan03@forsyth.k12.ga.us)



# Player Fees

Lady Bulldogs: \$400

Which Help Cover:

Transportation Costs

Referee Fees

Away Game Meals

Lay Coach Fees

Player Packs

Lacrosse Field Equipment



# How to Pay Player Fees

Check payable to “FCHS Face Off Club”

Online at [www.fchslax.com](http://www.fchslax.com)

Today via Kim Bacastow

Sponsorships and Fundraising



# Lady Bulldogs Practice Schedule

Starting January 25th

Monday-Friday  
(except on game days)

4-6pm



# Lady Bulldogs 2016 Varsity Schedule

**North- February 12<sup>th</sup> 10:00 Home, scrimmage (Friday, no school)**

**Peachtree Ridge- February 19<sup>th</sup> 5:55 Home**

**Blessed Trinity- February 22<sup>nd</sup> 5:55 Home**

**Sequoyah- February 24<sup>th</sup> 5:55 Home**

**Pinecrest- March 8<sup>th</sup> 7:30 Away**

**Meadowcreek- March 14<sup>th</sup> 6:00 Home**

**GAC – March 16<sup>th</sup> 5:30 Away**

**North Springs- March 18<sup>th</sup> 5:50 Away**

**Pace- March 19<sup>th</sup> 1:00 Home (Saturday game)**

**Buford- March 22<sup>nd</sup> 5:30 Away**

**Riverwood- March 24<sup>th</sup> 5:55 Away**

**Darlington- March 31<sup>st</sup> 5:30 Away**

**Holy Innocents- April 13<sup>th</sup> 5:55 Home**

**Forsyth Challenge April 16<sup>th</sup> @ West (Saturday game)**

**Wesleyan- April 18<sup>th</sup> 5:55 Home**

**Wheeler- April 20<sup>th</sup> 5:55 Home**

**Cambridge- April 26<sup>th</sup> 5:55 home**

**Carrollton- April 28<sup>th</sup> Away**





# Conditioning

**Monday through Friday 4-5, meet in arena**

**Now until January 25<sup>th</sup>**

- Monday- running/crossfit
- Tuesday- weight room with Coach Williamson
- Wednesday- stick skills
- Thursday- weight room with Coach Williamson
- Friday/Saturday- on your own
- Sunday- rest

# Transportation

**Buses to and from games except the ones below:**

Saturday games- parents drop off and pick up

- Home vs. North- February 12<sup>th</sup> 10:00 scrimmage (Friday no school)
- Home vs. Pace- March 19<sup>th</sup> 1:00
- Away at West- Forsyth Challenge- April 16<sup>th</sup> time tbd

Bus drop off, parent pick up

- Away at Pinecrest- March 8<sup>th</sup> 7:30
- Home vs. Cambridge- April 26<sup>th</sup> 5:55

Questions?



**Bulldogs Head Coach**  
**Joshua Smith**

[josmith@forsyth.k12.ga.us](mailto:josmith@forsyth.k12.ga.us)

**Bulldogs Assistant Coach**

**Mike Mamrick**

[mmamrick@gmail.com](mailto:mmamrick@gmail.com)



# Player Fees

Bulldogs: \$500

Which Help Cover:

Transportation Costs

Referee Fees

Away Game Meals

Lay Coach Fees

Player Packs

Lacrosse Field Equipment

Uniforms

Equipment



# How to Pay Player Fees

Bulldogs: \$500

Check payable to “FCHS Face Off Club”

Online at [www.fchslax.com](http://www.fchslax.com)

Today via Kim Bacastow

Sponsorships and Fundraising



# Conditioning

**Monday through Thursday 4-5, meet in arena near  
weightroom**

**November 16<sup>th</sup> until January 25<sup>th</sup>**

- Monday- Weight room
- Tuesday- Running/Crossfit
- Wednesday- Weight room
- Thursday- Running/Crossfit
- Friday/Saturday- on your own
- Sunday- rest

# Varsity Bulldogs Practice Schedule

Starting January 25th

Monday-Friday

*Some Saturdays*

(except on game days)

4-6pm







# Bulldogs 2016 Varsity Schedule

## Spring 2015 Boys Lacrosse Game Schedule

| <u>Date</u>            | <u>Competitor</u>            | <u>Where</u>                | <u>Time</u> |
|------------------------|------------------------------|-----------------------------|-------------|
| Feb 17 <sup>th</sup>   | Sequoyah                     | Forsyth Central             | 5:55pm      |
| Feb 23 <sup>rd</sup>   | Fellowship Christian Academy | Forsyth Central             | 5:55pm      |
| Feb 26 <sup>th</sup>   | South Cobb                   | Forsyth Central             | 5:55pm      |
| Feb 29 <sup>th</sup>   | Holy Innocents               | Forsyth Central             | 5:55pm      |
| Mar 3 <sup>rd</sup>    | Pebblebrook                  | Forsyth Central             | 5:55pm      |
| Mar 8 <sup>th</sup>    | Wesleyan                     | Forsyth Central             | 5:55pm      |
| Mar 10 <sup>th</sup>   | The Walker School            | Forsyth Central             | 5:55pm      |
| Mar 15 <sup>th</sup>   | Blessed Trinity              | @ Blessed Trinity           | 5:30pm      |
| Mar 17 <sup>th</sup>   | North Springs                | Forsyth Central             | 5:55pm      |
| Mar 22 <sup>nd</sup>   | Cambridge                    | @ Cambridge                 | 5:30pm      |
| Mar 24 <sup>th</sup>   | Carrollton                   | Forsyth Central             | 5:55pm      |
| Mar 29 <sup>th</sup>   | Riverwood                    | @ Riverwood                 | 5:30pm      |
| April 12 <sup>th</sup> | Greater Atlanta Christian    | @ Greater Atlanta Christian | 5:30pm      |
| April 14 <sup>th</sup> | River Ridge                  | Forsyth Central             | 5:55pm      |
| April 19 <sup>th</sup> | Southwest Dekalb             | Forsyth Central             | 5:55pm      |
| April 21 <sup>st</sup> | Buford                       | Forsyth Central             | 5:55pm      |
| April 26 <sup>th</sup> | Pinecrest Academy            | @ Pinecrest Academy         | 5:30pm      |
| April 28 <sup>th</sup> | Riverside Military Academy   | Forsyth Central             | 5:55pm      |

Questions?



# Presentation of Preliminary Annual Budget

Kim Bacastow



# Budget

## 2015 - 2016 FCHS Face-Off Club Preliminary Budget

| Income                   | Fee       | Est. Players | Total           |
|--------------------------|-----------|--------------|-----------------|
| Player Fees-Boys         | \$ 500.00 | 35           | \$17,500        |
| Player Fees-Girls        | \$ 400.00 | 35           | \$14,000        |
| <b>Total Player Fees</b> |           |              | <b>\$31,500</b> |

### Sales:

|             |         |
|-------------|---------|
| Concessions | \$2,000 |
| Spirit Wear | \$1,500 |
| Gate Fees   | \$3,800 |

**Total Sales** **\$7,300**



# Budget

## Fundraising Est.:

Sponsorships and In-Kind Donations \$8,000

Premium Meat Fundraiser \$3,000

Other Fundraising: Football Concessions,  
Dine & Donate, Raffles,  
Chick-fil-A Calendars, other \$1,000

**Total Fundraising \$12,000**



# Budget

## Cost of Goods Sold:

|  |               |
|--|---------------|
| Premium Meat Cost                        | (1,950)       |
| Concessions expense                      | (1,500)       |
| Spirit Wear expense                      | (1,200)       |
| Sponsorship Costs                        | ( 400)        |
| Payment Discounts & Fees                 | <u>( 400)</u> |
| Total Cost of Goods Sold                 | (5,450)       |
| <br>                                     |               |
| Fundraising Applied to Player Fees (Est) | (3,500)       |

## Gross Profit

**\$41,850**



# Budget

## Program Expenses:

|   |          |
|---|----------|
| Referee fees and supplies                     | (2,900)  |
| Transportation, boys & girls teams            | (2,000)  |
| Team Meals-Away                               | (2,100)  |
| Lay Coach Training/Certification/Compensation | (4,700)  |
| Player Equipment                              | (1,350)  |
| US Lax membership fees                        | (200)    |
| Uniforms, Player Packs                        | (13,550) |
| Game Video Editing Services                   | (1,500)  |
| Team Banquet, awards, Senior Gifts            | (5,000)  |
| Website Renewal                               | (360)    |

## Preliminary Budgeted Expenses:

**(33,660)**



# Budget

**Preliminary Budget**

**Net Income**

**\$8,190**

Bank Balance at 10/31/15  
before budgeted expenditures

**\$19,825**

**Estimated Fund Balance at 5/31/16**

**\$28,015**





# Fundraising/Sponsorships/Volunteering

Kathy Allen

Brittany Bailey

Carla Hansen



# Fall Fundraising

## Football Concession Sales

Many thanks to those who helped this fall!



# Fall Fundraising

## 2016 Chick-Fil-A Calendar Sales

- 2016 Calendar that will be for sale at Chick-Fil-A restaurants
- Monthly discounts throughout 2016
- \$10 per Calendar



# Fall Fundraising and Sponsorship Goal

2 Full Meat Cases

Or

4 Half Meat Cases

Or

\$150.00 Sponsorships

Or

Any Combination!



# Meat Fundraising Goals

## How it works



\$179.00 Per Box

**\$70.00** to Face-Off Club Per Box

Sell 2 boxes goal is met!

After that \$35 per box goes to reduce fees!

\$99.00 per ½ Box

**\$45** to Face-Off Club Per Box

Sell 4 boxes goal is met + \$20 toward fees.

After that \$22.50 per ½ box goes to reduce fees!

# Sponsorship Goals

## \$150.00 Per Player

\$250 Sponsorship

**\$150 Goal Met + \$50 toward player fees!**

\$500 Sponsorship

**\$150 Goal Met + \$175 toward player fees!**

\$1,000 Sponsorship

**\$150 Goal Met + ALL Player fees paid!**



# Sponsorships

**Hit the local community now to reduce your player fees!**

- ✓ 501c Charitable Contribution
- ✓ Sponsorship Package
- ✓ Local Businesses
- ✓ Family/Friends Donations



# Volunteers

## WE NEED YOU!!!!

- Game Day Meals
- Concessions / Tickets Sales
- Field Help
- Announcing
- Filming
- Scorekeeping
- Fundraising activities
- Banquet Planning & Setup





# Current LAX Website

[www.fchslax.com](http://www.fchslax.com)

Register and Pay Player Fees Online

Fundraiser Info

Sponsorship Packages Pay Online

Game Schedules

Updates

Online Store

Contact Info

And More...



# New Athletic Dept. Website for FCHS

[www.forsythcentralathletics.com](http://www.forsythcentralathletics.com)

Game

Schedules

Updates

Online Store

Contact Info



# Questions?

**Please see one of the coaches  
or board members following  
the meeting**



**Thank you for your  
dedication & support  
of FCHS Lacrosse!!!!**

