



PSouth LAX Roadmap

Introduction

Welcome to the Parkway South Boys Lacrosse Association (PSBLA). We hope you find this roadmap helpful as you navigate the ins and outs of our sport, our club and our way of doing things. While every effort has been made to address all issues pertinent to an incoming Player and his family, if there are any questions that are not answered herein, they can be directed to the President of the Parkway South Boy's Lacrosse Association (PSBLA), and if there is a discrepancy between this guide and the PSBLA By-Laws, the By-Laws will always take precedence.

Any boy in grades nine through 12 at Parkway South High School (PSHS) is welcome to play on the team. Additional players may come from any nearby school that does not have a lacrosse program in accordance Missouri Scholastic Lacrosse Association (MSLA) rules. Historically we have taken students from Valley Park High School and John F. Kennedy Catholic High School.

At this time Boy's Lacrosse is considered a "Club" sport by the Missouri State High School Activities Association (MHSAA), unlike Girl's Lacrosse which is classified as an "Emerging" sport. The biggest difference between the Club and Emerging classifications is sponsorship. Specifically, Girl's Lacrosse is supported directly by PSHS. Boy's Lacrosse on the other hand is not sponsored by PSHS and therefore the PSBLA was created.

Further, as a Club sport we receive no funding from PSHS or Parkway School District. And while we may use school facilities, we have to approach the District like any other outside organization. Also, we depend upon both fund raising and volunteers to successfully compete. Regardless, we have the support of the PSH Administration, Staff and Athletic Department, and our Club status does not interfere with our Players being embraced as full members of the PSHS sports community.

The near-term goal of the PSBLA is to provide a quality program and competitive team. The long term goal is to put ourselves out of business and help Boy's Lacrosse to eventually be classified and accepted as an Emerging Sport under the auspices of the MHSAA and PSHS.



PSBLA Organization and You

The PSBLA is governed by a volunteer Board made up of Player's Parents and consists of a President, Vice President, Secretary and Treasurer. Major Club activities are handled through parent led committees, including Fundraising (Mouse Races and Mulch Sales), Awards Banquet, Field Maintenance and Uniforms/Equipment.

Parents are required to volunteer and help the PSBLA in the operation of each of these committees and their subcommittees. There are no "buyouts" for volunteer services. Parent participation is valued (and needed!) more than financial support. **Failure to sign-up and volunteer may result in your child losing playing time.**

Registration, Fees and Refunds

PSBLA registration can be completed by downloading and returning the forms indicated on the PSBLA website www.psouthlax.org. **All registration forms and deposits must be submitted and all fees paid on or February 4, 2013.**

The registration fee for the 2013 season is \$375 for all Players. The registration fee covers the Club's equipment expenses (goals, nets, field paint, balls, etc.), officials, sideline medics, field maintenance, MSLA fees, uniforms, coach salaries and other costs associated with the running of the Club. For convenience, fees can be paid in two installments, but all funds must be paid by the deadline.

For the PSBLA, team insurance coverage is a medical supplement provided through US Lacrosse (USL). Therefore all players must be registered with the USL which requires a **\$35 USL Membership fee**. The PSBLA does not cover the cost of USL Membership but will require proof of membership on or before February 4th.

The PSBLA will refund all fees paid (less \$35.00) up until the first scheduled game, minus any additional incurred expenses, i.e. uniform or equipment damage. No refunds, partial or otherwise will be allowed after this date.



Equipment & Uniforms

The second major cost for a parent of a lacrosse player is personal equipment. Luckily, some of the equipment and clothing is covered by the Club.

Team equipment, (i.e. goals, nets, balls, etc.) are provided by the PSBLA, however Players are not permitted to use any team equipment for their own personal use.

Uniforms are provided by the Club and include a reversible game jersey, reversible shorts and an equipment bag. **A \$150 deposit is collected for the uniforms.** The check will not be cashed and will be returned in its entirety at the conclusion of the season when the entire uniform is returned, clean and in reasonable condition. All or a portion of the deposit may be forfeited depending on the circumstances.

Practice Packs are provided to the Player at no cost. Practice Packs include shorts, a reversible practice jersey and a team t-shirt. Practice Pack items are the property of the Player and do not have to be returned unless the Player withdraws prior to the first game. All players will receive a pair of game socks to be used for games only. Additional socks may be available for sale depending on availability. Socks will also be the property of the Player.

Individual equipment is the sole responsibility of the Player. Each Player must have a helmet, mouth guard, shoulder pads, arm pads, gloves, stick, protective cup and athletic cleats as listed below. Goalies are not required to wear arm or shoulder pads, but must have a throat and chest protector. Varsity Players must abide by the MSLA requirements for equipment color; specifically that helmets, gloves, under shirts and socks must be the same for all players.

Equipment	Goalie	Attack/Middie	D-Pole
Helmet	<input checked="" type="checkbox"/> See Coach	<input checked="" type="checkbox"/> See Coach	<input checked="" type="checkbox"/> See Coach
Gloves	<input checked="" type="checkbox"/> Red	<input checked="" type="checkbox"/> Red	<input checked="" type="checkbox"/> Red
Shoulder Pads	<input type="checkbox"/>	<input checked="" type="checkbox"/> Player Choice	<input checked="" type="checkbox"/> Player Choice
Arm Pads	<input type="checkbox"/>	<input checked="" type="checkbox"/> Player Choice	<input checked="" type="checkbox"/> Player Choice
Throat Protector	<input checked="" type="checkbox"/>	<input type="checkbox"/> N/A	<input type="checkbox"/> N/A
Chest Protector	<input checked="" type="checkbox"/> Player Choice	<input type="checkbox"/> N/A	<input type="checkbox"/> N/A
Cleats	<input checked="" type="checkbox"/> See Coach	<input checked="" type="checkbox"/> See Coach	<input checked="" type="checkbox"/> See Coach
Stick	<input checked="" type="checkbox"/> Goalie Stick	<input checked="" type="checkbox"/> Short Stick	<input checked="" type="checkbox"/> Long Stick
Mouthpiece	<input checked="" type="checkbox"/> No Clear	<input checked="" type="checkbox"/> No Clear	<input checked="" type="checkbox"/> No Clear
Shorts	<input checked="" type="checkbox"/> Provided	<input checked="" type="checkbox"/> Provided	<input checked="" type="checkbox"/> Provided
Jerseys	<input checked="" type="checkbox"/> Provided	<input checked="" type="checkbox"/> Provided	<input checked="" type="checkbox"/> Provided
Socks	<input checked="" type="checkbox"/> Provided	<input checked="" type="checkbox"/> Provided	<input checked="" type="checkbox"/> Provided



Fundraising and Student Accounts

Additional operating income for the PSBLA is provided through two mandatory fundraisers. There is a Mouse Race/Silent Auction held March 2nd and a Mulch Sale conducted through the month of March. Players are expected to sell a minimum number of tickets for the and a minimum number of bags of mulch.

All proceeds from the Mouse Races go to the PSBLA and there is no buyout option because we really need you to participate!

For the Mulch Sale, Players are required to sell a minimum of 60 bags. However, if the Player sells more than the minimum a portion of the proceeds will be credited to their Player Account. Conversely, if the Player sells fewer than 60 their Player Count will be charged (about \$2 per bag). **There is a \$200 buyout option for the Mulch Sale, but if the buy out option is chosen, payment must be made with the registration.**

In addition to the two major fundraisers, there are a few individual fundraisers (pizza sales, etc) where all proceeds go to the Player's Account.

Players may pay PSBLA expenses (registration fees, award banquet tickets, etc.) using their accounts. **However, due to IRS rules regarding non-profit organizations, no Student Account funds can be used for expenses outside of the PSBLA.** For players that do not return the following season for any reason (including graduation, injury or loss of interest) the funds in their accounts will be forfeited to the PSBLA.

Hardship Cases

It is the desire of the PSBLA that every boy interested in lacrosse is able to play regardless of their financial situation. At the time of registration, the first installment of registration fees is expected, however financial assistance may be available for those in need.

If financial assistance is needed potential Players or their parents are encouraged to contact the Board Treasurer. Hardship cases will be granted based on the sole discretion of the PSBLA Board. Inquiries will be handled confidentially. **If a hardship case is granted, terms must be met and agreed to prior to the Player practicing with the team**



Communications

The PSBLA website (www.psouthlax.org) contains game schedules, links to the PSHS Store, team rosters, coach information, and a bulletin board with pertinent club information. PSBLA also has a closed Facebook Group. "Like" Parkway South Lacrosse 2013 on Facebook to keep connected.

PSH Academic and Participation Requirements

Although Boy's Lacrosse is not a sponsored sport at PSH, the PSBLA and its' Players abide by the standards and procedures as set forth by PSH, including the academic guidelines outlined by the School. The PSH Sponsor will monitor grades and the Board and Head Coach will be notified if any Player falls below the minimum academic standard. **A suspension from school is a suspension from the Parkway South Boy's Lacrosse Team.**

All other requirements, including physicals, parental permission, student agreement and the Code of Conduct are all addressed in the Parkway South Athletic Participation Packet that will be used for registration and found on the PSBLA website (www.psouthlax.org).

Coaching, Game Play and Practice

To accomplish the PSBLA's purposes, a Head Coach and Staff have been contracted, who are responsible for all matters pertaining to lacrosse play, practice and conditioning.

To the maximum extent possible, the PSBLA Board does not interfere with the Coaching Staff in the execution of their duties. In turn, issues pertaining to game specifics are not addressed within this guide, and instead are described in the By-Laws and the individual Coaching Contracts which can be provided upon request.

Reporting Complaints

If you see behavior by a volunteer you believe to be inappropriate, or if you experience behavior from a player or parent that you believe to be inappropriate, report it immediately to any PSBLA Board member.

If as a parent you have an issue with the Head Coach or his Staff, bring it to the PSBLA Board immediately. In order to maintain order, direct confrontation of the Head Coach or his Staff is strongly discouraged.



Parkway South Boys Lacrosse Assn.



Complaints will be taken seriously. If a volunteer or coach has violated policy they will be subject to discipline, which may include dismissal.