

A Weekly Look Into Region IX Athletics

Region IX Highlights

Week 5 • Sept. 25, 2013

Big matches highlight volleyball last week

There were plenty of big matches in volleyball last week. Western Wyoming Community College was involved in two of them when they faced No. 2 Western Nebraska and No. 8 Salt Lake Community College.

The other big match saw North Platte Community College drop No. 6 Central Community College-Columbus in a key Division II matchup.

North Platte registered an 18-25, 28-26, 25-19, 19-25, 15-13 in a match that was back and forth.

The fifth set was anyone's for the taking and North Platte survived Central. With the fifth tied at 13-13, the Knights received two kills to get the win.

Megan Anderson led Central with 13 kills while Skyler Erickson had 12 kills.

For North Platte, Samantha Kennedy led the Knights with a double-double with 10 kills and 10 blocks, while Shannon Liewer had 35 digs.

The Knights then came back to drop Hastings College junior varsity in four sets on Tuesday to increase their home win streak to 8-0 with a 25-17, 25-21, 18-25, 25-19 win.

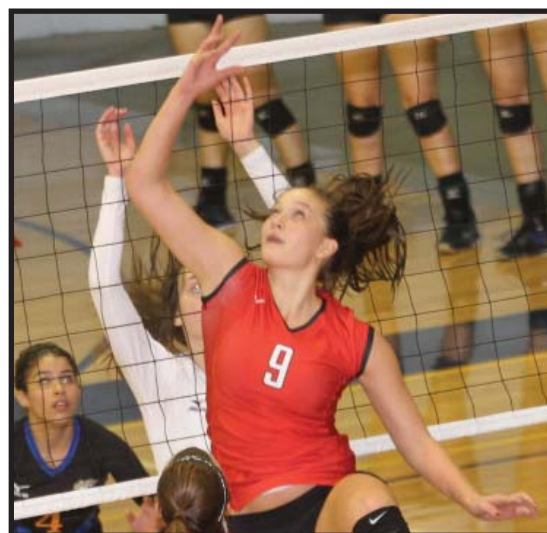
Central-Columbus, after the loss to North Platte, came back to battle No. 7 Iowa Western on Tuesday and gave the Reivers everything they had. Central captured the first set 25-22, before dropping the next three 25-18, 25-18, 25-22. Anderson had 11 kills for the Raiders in the loss.

But, the dogfight was the Western Wyoming and Salt Lake match on Tuesday. The Mustangs fell in straight sets to WNCC on

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Above: The Western Wyoming volleyball, men's soccer and women's soccer teams were all in Scottsbluff on Friday and after the women's soccer team defeated WNCC, the three teams got together for a picture after the volleyball team came to Landers Complex to cheer on the soccer team.



Right: Casper's Vivien Rechlin goes up for a play against Barton Community College on Saturday in the Wyo-Braska Invite. Casper won in four sets against Barton.

Region IX Volleyball Standings

Team	Conference					Overall								
	Record	Win %	Home	Away	GB	PF	PA	Record	Win %	Home	Away	PF	PA	Last 10
Western Nebraska CC	1-0	1.000	0-0	1-0	-	3	0	21-1	.955	5-0	16-1	63	15	10-0
Western Wyoming CC	2-0	1.000	0-0	2-0	-	6	2	16-4	.800	3-1	13-3	49	24	7-3
North Platte CC	1-0	1.000	1-0	0-0	-	3	2	13-4	.765	8-0	5-4	44	23	7-3
Otero Junior College	0-0		0-0	0-0	0.5	0	0	15-5	.750	7-0	8-5	51	27	5-5
Central CC-Columbus	1-1	.500	0-0	1-1	0.5	5	3	14-5	.737	7-0	7-5	47	23	8-2
Lamar Community College	0-0		0-0	0-0	0.5	0	0	13-5	.722	4-0	9-5	40	31	6-4
Northeastern JC	0-0		0-0	0-0	0.5	0	0	10-5	.667	3-3	7-2	34	23	6-4
Sheridan College	1-1	.500	1-1	0-0	1	4	3	14-8	.636	9-2	5-6	49	26	6-4
Casper College	2-0	1.000	0-0	2-0	-	6	0	10-11	.476	0-0	10-11	34	39	7-3
Southeast CC	0-1	.000	0-1	0-0	1	0	3	8-9	.471	3-2	5-7	29	37	3-7
Northwest College	1-1	.500	1-1	0-0	1	4	4	7-8	.467	2-1	5-7	25	26	4-6
Trinidad State JC	0-0		0-0	0-0	0.5	0	0	9-12	.429	2-0	7-12	40	43	6-4
Central Wyoming College	0-2	.000	0-0	0-2	2	1	6	9-12	.429	0-0	9-12	32	39	4-6
Laramie County CC	1-1	.500	1-1	0-0	1	3	3	8-12	.400	3-4	5-8	30	40	5-5
Eastern Wyoming College	0-2	.000	0-1	0-1	2	0	6	7-12	.368	2-3	5-9	28	40	4-6
Dawson CC	0-0		0-0	0-0	0.5	0	0	2-16	.111	2-8	0-8	11	51	2-8
McCook CC	0-1	.000	0-1	0-0	1	0	3	1-19	.050	0-6	1-13	13	59	1-9

Sub-Region Standings

North Division

School	Subregion	Overall
Western Wyoming	2-0	16-4
Casper Casper	2-0	10-11
Sheridan College	1-1	14-8
Northwest Wyoming	1-1	7-8
Laramie County	1-1	8-12
Central Wyoming	0-2	9-12
Eastern Wyoming	0-2	7-12

South Division

Western Nebraska	1-0	21-1
Lamar C.C.	0-0	13-5
Otero J.C.	0-0	15-5
Northeastern J.C.	0-0	10-5
Trinidad State	0-0	9-12
McCook C.C.	0-1	1-19

Division II

North Platte	1-0	13-4
Central-Columbus	1-1	14-5
Dawson	0-0	2-16
Southeast Nebraska	0-1	8-9



Northwest College's Mikaela Heble, of Parker, Colo., sets the ball during a match in the Wyo-Braska Invite on Friday in Scottsbluff. The Trappers went 1-3 at the Wyo-Braska tourney.

Upcoming Volleyball Matches

Thursday, September 26, 2013

Western Nebraska CC	vs.	Otero Junior College	7:00 PM	La Junta, Colorado
Northeastern Junior College	vs.	Lamar Community College	7:00 PM	Lamar, Colorado
Trinidad State Junior College	vs.	McCook Community College	7:00 PM	McCook, Nebraska
Sheridan College	vs.	Casper College	7:00 PM	Casper, Wyo.
North Platte CC	vs.	Southeast Community College	4:00 PM	Beatrice, Nebraska

Friday, September 27, 2013

Western Nebraska CC	vs.	Lamar Community College	7:00 PM	Lamar, Colorado
Northeastern Junior College	vs.	Trinidad State Junior College	7:00 PM	Trinidad, Colo.
McCook Community College	vs.	Otero Junior College	7:00 PM	La Junta, Colorado
Laramie County CC	vs.	Central Wyoming College	7:00 PM	Riverton, Wyoming
Eastern Wyoming College	vs.	Western Wyoming CC	7:00 PM	Rock Springs, Wyoming
Northwest College	vs.	Sheridan College	7:00 PM	Scottsbluff, Neb.
Central CC-Columbus	vs.	Johnson County Invite		Overland Park, Kansas
North Platte CC	vs.	Johnson County Community College	3:00 PM	Overland Park, Kansas
North Platte CC	vs.	Kirkwood Community College	5:00 PM	Overland Park, Kansas

Saturday, September 28, 2013

Western Nebraska CC	vs.	Trinidad State Junior College	1:00 PM	Trinidad, Colo.
Northeastern Junior College	vs.	Otero Junior College	1:00 PM	La Junta, Colorado
McCook Community College	vs.	Lamar Community College	1:00 PM	Lamar, Colorado
Dodge City C.C.	vs.	Lamar Community College	5:00 PM	Lamar, Colorado
Northwest College	vs.	Casper College	3:00 PM	Casper, Wyo.
Eastern Wyoming College	vs.	Central Wyoming College	3:00 PM	Riverton, Wyoming
Laramie County CC	vs.	Western Wyoming CC	3:00 PM	Rock Springs, Wyoming
Central CC-Columbus	vs.	Johnson County Invite		Overland Park, Kansas
North Platte CC	vs.	Iowa Lakes Community College	9:00 AM	Overland Park, Kansas
North Platte CC	vs.	Coffeyville Community College	11:00 AM	Overland Park, Kansas

Tuesday, October 1, 2013

Eastern Wyoming College	vs.	Western Nebraska CC	7:00 PM	Scottsbluff, Neb.
Northeastern Junior College	vs.	McCook Community College	7:00 PM	McCook, Nebraska
Lamar Community College	vs.	Otero Junior College	7:00 PM	La Junta, Colorado
Casper College	vs.	Western Wyoming CC	7:00 PM	Rock Springs, Wyoming
Northwest College	vs.	Rocky Mountain J.V.	7:00 PM	Billings, Montana

Wednesday, October 2, 2013

Southeast Community College	vs.	Central CC-Columbus	7:00 PM	Columbus, Nebraska
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Thursday, October 3, 2013

Colorado Christian J.V.	vs.	Northeastern Junior College	7:00 PM	Sterling, Colo.
Casper College	vs.	Central Wyoming College	7:00 PM	Riverton, Wyoming
Northeast Nebraska	vs.	North Platte Community College	7:00 PM	North Platte, Nebraska
Lake Region State College	vs.	Dawson Community College	7:00 PM	Glendive, Montana

Friday, October 4, 2013

Western Nebraska CC	vs.	Tyler, Texas Tourney		Tyler, Texas
Northeast Nebraska	vs.	McCook Community College	7:00 PM	McCook, Nebraska
Eastern Wyoming College	vs.	Sheridan College	7:00 PM	Sheridan, Wyoming
Laramie County CC	vs.	Northwest College	7:00 PM	Powell, Wyoming
Central CC-Columbus	vs.	Iowa Western Tourney		Council Bluffs, Iowa

Region IX Men's Soccer Standings

Team	Conference			Overall										Last 10	
	Record (W-L-T)	Win %		Home	Away	GB	GF	GA	Record (W-L-T)	Win %	Home	Away	GF		GA
Laramie County CC	5-0-0	1.000		4-0-0	1-0-0	-	14	0	6-3-1	.650	5-1-1	1-2-0	22	10	6-3-1
Trinidad State JC	3-2-0	.600		2-0-0	1-2-0	2	9	7	5-3-0	.625	4-1-0	1-2-0	15	11	5-3-0
Northwest College	2-1-2	.600		0-0-1	2-1-1	2	9	8	4-3-2	.556	1-1-1	3-2-1	14	13	4-3-2
Western Wyoming CC	2-2-0	.500		1-1-0	1-1-0	2.5	4	5	6-4-0	.600	3-2-0	3-2-0	29	15	6-4-0
Otero Junior College	2-3-0	.400		2-1-0	0-2-0	3	12	8	4-5-0	.444	3-1-0	1-4-0	22	14	4-5-0
Western Nebraska CC	1-2-1	.375		1-2-1	0-0-0	3	5	9	1-4-1	.250	1-2-1	0-2-0	6	19	1-4-1
Northeastern JC	1-2-0	.333		1-1-0	0-1-0	3	4	5	2-4-0	.333	2-1-0	0-3-0	7	12	2-4-0
Sheridan College	0-4-1	.100		0-0-0	0-4-1	4.5	2	17	1-4-1	.250	0-0-0	1-4-1	6	17	1-4-1

Men's Soccer Scores and Schedule

Wednesday, September 18, 2013

Laramie County CC	1	W	vs.	Western Wyoming Community College	0	L	1:30 PM	Cheyenne, Wyoming
Otero Junior College	3	W	vs.	Trinidad State Junior College	2	L	1:30 PM	La Junta, Colorado

Friday, September 20, 2013

Western Nebraska CC	1	L	vs.	Western Wyoming Community College	2	W	3:00 PM	Scottsbluff, NE
Trinidad State Junior College	3	W	vs.	Sheridan College	0	L	4:00 PM	Trinidad, Colorado
Otero Junior College	2	L	vs.	Northwest College	3	W	7:00 PM	La Junta, Colorado

Saturday, September 21, 2013

Western Nebraska CC	0	L	vs.	Laramie County Community College	6	W	1:30 PM	Scottsbluff, NE
Trinidad State Junior College	2	W	vs.	Northwest College	1	L	2:00 PM	Trinidad, Colorado
Otero Junior College	6	W	vs.	Sheridan College	0	L	3:00 PM	La Junta, Colorado

Tuesday, September 24, 2013

Laramie County CC	3	W	vs.	Northeastern Junior College	0	L	3:00 PM	Cheyenne, Wyoming
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Wednesday, September 25, 2013

Northeastern Junior College			vs.	Western Nebraska CC			2:00 PM	Sterling, Colorado
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Friday, September 27, 2013

Laramie County CC			vs.	Northwest College			1:30 PM	Cheyenne, Wyoming
Northeastern Junior College			vs.	Otero Junior College			1:30 PM	Sterling, Colorado
Western Wyoming CC			vs.	Sheridan College			2:30 PM	Rock Springs, Wyoming
Western Nebraska CC			vs.	Trinidad State Junior College			4:00 PM	Scottsbluff, NE

Saturday, September 28, 2013

Laramie County CC			vs.	Sheridan College			1:30 PM	Cheyenne, Wyoming
Northeastern Junior College			vs.	Trinidad State Junior College			2:00 PM	Sterling, Colorado
Western Nebraska CC			vs.	Otero Junior College			4:00 PM	Scottsbluff, NE
Western Wyoming CC			vs.	Northwest College			11:30 PM	Rock Springs, Wyoming

Monday, September 30, 2013

Northeastern Junior College			vs.	Western Wyoming Community College			2:30 PM	Sterling, Colorado
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Wednesday, October 2, 2013

Western Nebraska CC			vs.	Northeastern Junior College			2:00 PM	Scottsbluff, NE
Trinidad State Junior College			vs.	Otero Junior College			7:00 PM	Trinidad, Colorado

Friday, October 4, 2013

Sheridan College			vs.	Western Nebraska Community College			1:00 PM	Sheridan, Wyoming
Northwest College			vs.	Northeastern Junior College			4:00 PM	Powell, Wyoming
Trinidad State Junior College			vs.	Western Wyoming Community College			6:30 PM	Trinidad, Colorado
Otero Junior College			vs.	Laramie County Community College			7:00 PM	La Junta, Colorado

Saturday, October 5, 2013

Sheridan College			vs.	Northeastern Junior College			11:00 AM	Sheridan, Wyoming
Northwest College			vs.	Western Nebraska Community College			2:00 PM	Powell, Wyoming
Otero Junior College			vs.	Western Wyoming Community College			3:00 PM	La Junta, Colorado
Trinidad State Junior College			vs.	Laramie County Community College			3:30 PM	Trinidad, Colorado

Region IX Women's Soccer Standings

Team	Conference			Overall										Last 10	
	Record (W-L-T)	Win %		Home	Away	GB	GF	GA	Record (W-L-T)	Win %	Home	Away	GF		GA
Otero Jr. College	4-0-0	1.000		3-0-0	1-0-0	-	12	4	5-1-0	.833	3-0-0	2-1-0	22	10	5-1-0
Laramie County CC	3-0-0	1.000		2-0-0	1-0-0	0.5	15	1	8-1-0	.889	4-0-0	4-1-0	26	7	8-1-0
Western Nebraska CC	2-2-0	.500		2-2-0	0-0-0	2	7	5	4-2-0	.667	2-2-0	2-0-0	12	6	4-2-0
Northwest College	2-2-0	.500		0-0-0	2-2-0	2	4	4	3-4-1	.438	0-1-1	3-3-0	9	10	3-4-1
Trinidad State JC	2-3-0	.400		1-1-0	1-2-0	2.5	13	14	4-3-0	.571	3-1-0	1-2-0	22	18	4-3-0
Western Wyoming CC	1-3-0	.250		0-2-0	1-1-0	3	5	14	6-4-0	.600	1-3-0	5-1-0	23	24	6-4-0
Sheridan College	0-4-0	.000		0-1-0	0-3-0	4	0	14	0-5-0	.000	0-1-0	0-4-0	1	17	0-5-0

Women's Soccer Scores and Schedule

Wednesday, September 18, 2013

Otero Jr. College 3 W	vs.	Trinidad State Junior College 2 L	11:00 AM	La Junta, Colorado
Laramie County CC 5 W	vs.	Western Wyoming Community College 0 L	3:30 PM	Cheyenne, Wyoming

Friday, September 20, 2013

Otero Jr. College 1 W	vs.	Northwest College 0 L	4:30 PM	La Junta, Colorado
Western Nebraska CC 0 L	vs.	Western Wyoming Community College 1 W	5:00 PM	Scottsbluff, NE
Trinidad State Junior College 7 W	vs.	Sheridan College 0 L	6:00 PM	Trinidad, Colorado

Saturday, September 21, 2013

University of Wyoming club 1 L	vs.	Western Wyoming Community College 3 W		Laramie, Wyoming
Trinidad State Junior College 0 L	vs.	Northwest College 1 W	12:00 PM	Trinidad, Colorado
Western Nebraska CC 1 L	vs.	Laramie County Community College 2 W	4:00 PM	Scottsbluff, NE
Otero Jr. College 3 W	vs.	Sheridan College 0 L	6:00 PM	La Junta, Colorado

Wednesday, September 25, 2013

Trinidad State Junior College	vs.	Otero Jr. College	5:00 PM	Trinidad, Colorado
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Friday, September 27, 2013

Western Nebraska CC	vs.	Trinidad State Junior College	1:30 PM	Scottsbluff, NE
Laramie County CC	vs.	Northwest College	4:00 PM	Cheyenne, Wyoming
Western Wyoming CC	vs.	Sheridan College	5:00 PM	Rock Springs, Wyoming

Saturday, September 28, 2013

Western Nebraska CC	vs.	Otero Jr. College	1:30 PM	Scottsbluff, NE
Western Wyoming CC	vs.	Northwest College	2:00 PM	Rock Springs, Wyoming
Laramie County CC	vs.	Sheridan College	4:00 PM	Cheyenne, Wyoming
Johnson & Wales	vs.	Trinidad State Junior College	7:30 PM	Denver, Colorado

Sunday, September 29, 2013

Laramie County CC	vs.	Otero Jr. College	2:00 PM	Cheyenne, Wyoming
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Wednesday, October 2, 2013

Trinidad State Junior College	vs.	Otero Jr. College	5:00 PM	Trinidad, Colorado
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Friday, October 4, 2013

Sheridan College	vs.	Western Nebraska Community College	3:00 PM	Sheridan, Wyoming
Otero Jr. College	vs.	Laramie County Community College	4:00 PM	La Junta, Colorado
Trinidad State Junior College	vs.	Western Wyoming Community College	4:00 PM	Trinidad, Colorado

Saturday, October 5, 2013

Northwest College	vs.	Western Nebraska Community College	12:00 PM	Powell, Wyoming
Trinidad State Junior College	vs.	Laramie County Community College	1:30 PM	Trinidad, Colorado
Otero Jr. College	vs.	Western Wyoming Community College	6:00 PM	La Junta, Colorado

Lots of exciting matches in Region IX

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Thursday and didn't want to fall twice in a row to ranked teams.

Just like they did against Snow College, the Mustangs dropped the first two sets 25-22, 25-22. But, identical to Snow, the Mustangs won the next three in heart-breaking fashion, taking down the No. 8 team in the final three sets 25-18, 27-25, 20-18.

Western Wyoming's win on Tuesday after sweeping through the Wyo-Braska Invite by defeating Barton, Seward County, and Lamar.

In Region IX standings, WNCC holds a firm lead with a 21-1 record followed by Western Wyoming at 16-4 and North Platte at 13-4. Lamar, Otero, and Central-Columbus all have five losses on the season.

On the soccer front, the Laramie County men's soccer team took a firm step in capturing the conference title. The Golden Eagles are 5-0 in conference play and have won six straight since falling Sept. 1.

The Golden Eagles 17-2 in the last six games and have five straight shut outs, including a 3-0 win over Northeastern Junior College on Tuesday.

Trinidad State sits in second place in the conference race with a 3-2 conference mark and 5-3 overall followed by Northwest Wyoming at 2-1-2 and 4-3-2 overall.

Trinidad State won twice last week, dropping Sheridan 3-0 and Northwest 2-1.

Women's soccer standings is becoming really interesting with a battle between Otero and Laramie County. Both squads have just one loss on the season and undefeated in conference play.

Otero leads the conference with a 4-0-0 record and the Rattlers are 5-1 overall. Otero picked up two conference wins last week, defeating Northwest 1-0 and then getting by Sheridan College 3-0.

LCCC is 8-1 overall and 3-0 in conference play. The Golden Eagles, who are ranked No. 2 in the nation, have won eight straight since the season-opening loss to Iowa Western. Last week the Golden Eagles defeated Western Wyoming 5-0 before holding off WNCC 2-1.

The big contest will be on Sunday when LCCC and Otero do battle in Cheyenne at 2 p.m. Then, the two conference leaders will be back on the pitch on Oct. 4 in La Junta, Colo.



Laramie County's Sierra Kuno keeps possession of the ball from the defense of WNCC's Dani Copsy on Saturday. The Golden Eagles hung on to win 2-1.



Western Wyoming's Bernard Manuel gets ready to roll the ball for a free kick during a soccer match with Western Nebraska on Friday. Western Wyoming won 2-1.