

"Train with the Best, Be the Best!"

Oct 30 - Nov 3rd 2013 Fort Lauderdale, Florida

www.ISPSSoftball.com

ISPS Slow Pitch Softball Camps brings you to a whole new level of the sport you love! Our camps focus on intensive training that is essential for improving as a total athlete, no matter what level you are currently at. Every phase of the game is covered - hitting, fielding, base running, team play and more. Our goal is that of improving your performance as an overall player, along with your self-confidence and sportsmanship. But keep in mind that it is up to each individual player to take what they have learned in practice and apply it to Real-Live Game situations.

ISPS is pleased to announce the 2013 ISPS Slow Pitch Softball Camp from Oct 30th - Nov 3rd at Mills Pond Softball Complex in Ft. Lauderdale, FL. Directed by certified professional Instructors, ISPS Directors & Major Conference Players. Our Coaches & Instructors will ensure a camp that competitive, educational and fun. ISPS guarantees players will leave camp with a better understanding of the game than ever before and the knowledge to apply that information into their athletic abilities.

Highlights Include

- 6:1 camper to instructor ratio
- Hotel Accommodations (4 Nights/5 Days Oct 30-Nov 3)
- Daily Food Breakfast, Lunch, Dinner
- Transportation to/from practice facilities
- Daily emphasis on Slow Pitch Softball fundamentals, team play, strength & conditioning and more
- Video Swing Analysis Before/After Camp
- Official ISPS Camp T-Shirt
- ISPS Camp Goodie Bag
- Graduation Certificate
- Camp Playbook
- Product Giveaways and Demos
- Raffles & Prizes
- Complimentary Admission to the ISPS International Convention (Nov 1 3)
- Complimentary Admission to the ISPS World Championships (Nov 1 3)

Campers train at **Mills Pond Softball Complex**, located beautiful Ft. Lauderdale, FL at 2201 NW 9th Ave, Ft Lauderdale, FL 3301. This multi-field clover complex was recently redone and is now one of the premier softball complexes in South Florida.

Pricing

Full Day CAMP (Hotel Included)

- Full Day Camp PLAYER with Hotel Accommodations \$2000pp
- Full Day Camp TEAM with Hotel Accommodations \$1800pp (Minimum of 10 Players)

Extended Day CAMP (NO Hotel Included)

- Extended Day Camp PLAYER NO Hotel Accommodations \$1800pp
- Extended Day Camp TEAM NO Hotel Accommodations \$1600pp (Minimum of 10 Players)

Half Day CAMP (Hotel Included)

- Half Day Camp PLAYER with Hotel Accommodations \$1700pp
 - Half Day Camp TEAM with Hotel Accommodations \$1500pp (Minimum of 10 Players)

Half Day CAMP (NO Hotel Included)

- Half Day Camp PLAYER NO Hotel Accommodations \$1200pp
- half Day Camp TEAM NO Hotel Accommodations \$1100pp (Minimum of 10 Players)

Email <u>info@internationalslowpitchsoftball.com</u> for more information and Military/Police/Fire Discounts.

Sample Daily Schedule

- 7:00 a.m. Wake up
- 7:30 a.m.Breakfast (Overnight Campers)
- 8:45 a.m.Half & Extended Day Campers Arrive/Warm-up/throwing and fielding mechanics
- 9:30 a.m.Group Training Drills and Contests
- 10:15 a.m.Defensive Position Training
- 12:00 p.m.Lunch
- 1:15 p.m.Warm-up/running drills and contests
- 2:15 p.m.Offensive and Skill Station Circuit Training
- 3:00 p.m.Half Day Campers Depart
- 3:15 p.m.Team Organization
- 3:45 p.m.Free Time
- 5:00 p.m.Dinner
- 6:15 p.m.Warm Up/Stretch
- 6:30 p.m.Games
- 9:00 p.m.Extended Day Campers Depart
- 10:00 p.m.Full Day Campers to Rooms/Lights out

Check In:

Wednesday

Wednesday, 1:00-2:00 p.m. – All campers Ocean Sky Hotel & Resort 4060 Galt Ocean Drive Ft. Lauderdale, FL 33308

Overnight Campers stay in the Ocean Sky Hotel & Resort. Rooms are air conditioned. Extended Day Campers will depart that evening at 9 p.m.

All Campers are invited to stay until 9 p.m. on the first day. Dinner will be provided.

Thursday

Camp Activities
ISPS International Convention Events

Friday

Camp Activities
ISPS International Convention Events
ISPS World Championships

Saturday

Camp Activities
ISPS International Convention Events
ISPS World Championships

Sunday

12:00 p.m. - Hotel Check-Out Awards Ceremony. Check-out to immediately follow.