

Covington High School

Athletic Events

Date _____

My daughter/son, _____, has my permission to attend the school-sponsored athletic events and to be transported via passenger van driven by certified driver.

I hereby release the certified adult driver, CHS and St. Tammany Parish School Board of liability only to the extent whereby it can be proven in a properly convened court of law that any and/or all of the aforementioned are not negligent in the event of bodily injury to or the death of the above named student.

Parent's Signature _____

Student's Signature _____

LHSAA MEDICAL HISTORY EVALUATION

IMPORTANT: This form must be completed annually, kept on file with the school, & is subject to inspection by the Rules Compliance Team.

Please Print

Name: _____ School: _____ Grade: _____ Date: _____
 Sport(s): _____ Sex: M / F Date of Birth: _____ Age: _____ Cell Phone: _____
 Home Address: _____ City: _____ State: _____ Zip Code: _____ Home Phone: _____
 Parent / Guardian: _____ Employer: _____ Work Phone: _____

FAMILY MEDICAL HISTORY: Has any member of your family under age 50 had these conditions?

Yes No Condition Whom	Yes No Condition Whom	Yes No Condition Whom
☐ ☐ Heart Attack/Disease _____	☐ ☐ Sudden Death _____	☐ ☐ Arthritis _____
☐ ☐ Stroke _____	☐ ☐ High Blood Pressure _____	☐ ☐ Kidney Disease _____
☐ ☐ Diabetes _____	☐ ☐ Sickle Cell Trait/Anemia _____	☐ ☐ Epilepsy _____

ATHLETE'S ORTHOPAEDIC HISTORY: Has the athlete had any of the following injuries?

Yes No Condition Date	Yes No Condition Date	Yes No Condition Date
☐ ☐ Head Injury / Concussion _____	☐ ☐ Neck Injury / Stinger _____	☐ ☐ Shoulder L / R _____
☐ ☐ Elbow L / R _____	☐ ☐ Arm / Wrist / Hand L / R _____	☐ ☐ Back _____
☐ ☐ Hip L / R _____	☐ ☐ Thigh L / R _____	☐ ☐ Knee L / R _____
☐ ☐ Lower Leg L / R _____	☐ ☐ Chronic Shin Splints _____	☐ ☐ Ankle L / R _____
☐ ☐ Foot L / R _____	☐ ☐ Severe Muscle Strain _____	☐ ☐ Pinched Nerve _____
☐ ☐ Chest _____	Previous Surgeries: _____	

ATHLETE MEDICAL HISTORY: Has the athlete had any of these conditions?

Yes No Condition	Yes No Condition	Yes No Condition
☐ ☐ Heart Murmur / Chest Pain / Tightness	☐ ☐ Asthma / Prescribed Inhaler	☐ ☐ Menstrual irregularities: Last Cycle: _____
☐ ☐ Seizures	☐ ☐ Shortness of breath / Coughing	☐ ☐ Rapid weight loss / gain
☐ ☐ Kidney Disease	☐ ☐ Hernia	☐ ☐ Take supplements/vitamins
☐ ☐ Irregular Heartbeat	☐ ☐ Knocked out / Concussion	☐ ☐ Heat related problems
☐ ☐ Single Testicle	☐ ☐ Heart Disease	☐ ☐ Recent Mononucleosi
☐ ☐ High Blood Pressure	☐ ☐ Diabetes	☐ ☐ Enlarged Spleen
☐ ☐ Dizzy / Fainting	☐ ☐ Liver Disease	☐ ☐ Sickle Cell Trait/Anemia
☐ ☐ Organ Loss (kidney, spleen, etc)	☐ ☐ Tuberculosis	☐ ☐ Overnight in hospital
☐ ☐ Surgery	☐ ☐ Prescribed EPI PEN	☐ ☐ Allergies (Food, Drugs) _____
☐ ☐ Medications _____		

List Dates for: Last Tetanus Shot: _____ Measles Immunization: _____ Meningitis Vaccine: _____

PARENTS' WAIVER FORM

To the best of our knowledge, we have given true & accurate information & hereby grant permission for the physical screening evaluation. We understand the evaluation involves a limited examination and the screening is not intended to nor will it prevent injury or sudden death. We further understand that if the examination is provided without expectation of payment, there shall be no cause of action pursuant to Louisiana R.S. 9:2798 against the team volunteer health-care provider and/or employer under Louisiana law.

This waiver, executed on the date below by the undersigned medical doctor, osteopathic doctor, nurse practitioner or physician's assistant and parent of the student athlete named above, is done so in compliance with Louisiana law with the full understanding that there shall be no cause of action for any loss or damage caused by any act or omission related to the health care services if rendered voluntarily and without expectation of payment herein unless such loss or damage was caused by gross negligence. Additionally,

- If, in the judgment of a school representative, the named student-athlete needs care or treatment as a result of an injury or sickness, I do hereby request, consent and authorize for such care as may be deemed necessary..... **Yes No**
- I understand that if the medical status of my child changes in any significant manner after his/her physical examination, I will notify his/her principal of the change immediately..... **Yes No**
- I give my permission for the athletic trainer to release information concerning my child's injuries to the head coach/athletic director/principal of his/her school..... **Yes No**
- By my signature below, I am agreeing to allow my child's medical history/exam form and all eligibility forms to be reviewed by the LHSAA or its Representative(s) **Yes No**

Date Signed by Parent _____ Signature of Parent _____ Typed or Printed Name of Parent _____

II. COMPLETED ANNUALLY BY MEDICAL DOCTOR (MD), OSTEOPATHIC DR. (DO), NURSE PRACTITIONER (APRN) or PHYSICIAN'S ASSISTANT (PA)

Height _____	Weight _____	Blood Pressure _____	Pulse _____
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GENERAL MEDICAL EXAM :

	Norm	Abnl
ENT	☐	☐
Lungs	☐	☐
Heart	☐	☐
Abdomen	☐	☐
Skin	☐	☐
Hernia	☐	☐
(if Needed)		

COMMENTS: _____

OPTIONAL EXAMS:

VISION: _____
 L: _____ R: _____ Corrected: _____
 DENTAL: _____
 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16
 31 30 29 28 27 26 25 24 23 22 21 20 19 18 17

ORTHOPAEDIC EXAM :

	Norm	Abnl
I. Spine / Neck		
Cervical	☐	☐
Thoracic	☐	☐
Lumbar	☐	☐
II. Upper Extremity		
Shoulder	☐	☐
Elbow	☐	☐
Wrist	☐	☐
Hand / Fingers		
III. Lower Extremity		
Hip	☐	☐
Knee	☐	☐
Ankle	☐	☐

From this limited screening I see no reason why this student cannot participate in athletics.

- [] Student is cleared
 [] Cleared after further evaluation and treatment for: _____
 [] Not cleared for: __contact __non-contact

Printed Name of MD, DO, APRN or PA _____ Signature of MD, DO, APRN or PA _____ Date of Medical Examination _____

This physical expires one year on the last day of the month that it was signed and dated by the MD, DO, APRN or PA.

Louisiana High School Athletic Association

Athletic Participation/Parental Permission Form

*This form must be completed and signed **each year** prior to a student's participation in an athletic contest and shall be kept on file with the school. This form is subject to inspection by the LHSAA Rules Compliance Team.*

PART I: To be completed and signed by student-athlete (Please Print)

Name: (Last, First, Middle) _____ School Year: _____

Home Address: _____ Parents' Home Address: _____

City: _____ Zip: _____ City: _____ Zip: _____

Date of Birth: _____ Date of Last Physical Exam: _____

I entered ninth grade in _____ (month and year). Last semester/year I attended _____
_____ School.

I certify the preceding information is correct, I have read the summary of LHSAA eligibility rules below and I am in compliance with these standards.

Date: _____ Student's Signature: _____

Telephone No: _____

ARE YOU ELIGIBLE?

As a student athlete in an LHSAA school, you must meet the following rules to be eligible for interscholastic athletic competition:

<u>RULE</u>	<u>COMMENTS</u>
BONA FIDE STUDENT	You must be counted as a student on the daily attendance records at your school. Attendance in one class makes you a student at that school.
ENROLLMENT	You must attend class during the first 11 school days of the first semester or you will be ineligible for the first 30 school days.
AGE	You cannot become 19 years of age prior to September 1 of this year.
PROOF OF AGE	You must provide legal proof of age, which meets the provisions of the LHSAA handbook, to your school administrator to be kept on file at school.
CONSECUTIVE SEMESTERS	Once you enter the ninth grade, you have eight consecutive semesters to play athletics. (EXCEPTION: Hold-Back Repeat Student – See Rule 1.31.9 of the LHSAA handbook)
SCHOLASTIC	For regular education high school students at the end of the first semester you must pass at least six subjects in all subjects taken. At the end of the year and prior to the next school year, you must have earned at least six units with an overall "C" average as determined by the LEA in all units taken. All seniors must take at least four (4) subjects each semester. Special education students must consult the school principal, athletic director, or coach for scholastic information.
RESIDENCE AND SCHOOL TRANSFERS	Upon entering high school for the first time, a student shall have the choice to attend any member school located in the parish in which the student resides with his/her parent(s)/guardian(s) or any other household with whom the student has been residing for the past calendar year and be immediately eligible unless an applicable exception applies. A transfer to another member school in the same parish will render the student ineligible for one calendar year.

(OVER)

UNDUE INFLUENCE	If you have been recruited to the school for athletic purposes, you will remain ineligible as long as you attend that school.
AMATEUR	You cannot play high school athletics if you lose your amateur status.
INDEPENDENT TEAM	In certain sports you cannot play on a school team and an independent team during the same sport season.
MEDICAL EXAMINATION	You must <u>annually</u> pass a physical examination given by a licensed physician/nurse practitioner that is in collaboration with a licensed physician or a licensed physician's assistant under the supervision of a licensed physician and complete an LHSAA Medical History Evaluation form prior to participating.
ATHLETIC PARTICIPATION/ PARENTAL PERMISSION FORM	A school shall be required to have this form completed and signed <u>every year</u> prior to a student's participation in LHSAA athletics at the school.
SUBSTANCE ABUSE/MISUSE CONTRACT & CONSENT FORM	A school shall only be required to have this form completed and signed prior to the first time a student participates in LHSAA athletics at the school.
SUSPENDED AND INELIGIBLE STUDENTS	Cannot participate in any interscholastic contest on any team at any school at any level.

LHSAA ELIGIBILITY RULES APPLY TO STUDENT ATHLETES ON ALL TEAMS AT ALL LEVELS OF PLAY AT ALL LHSAA SCHOOLS

Eligibility to participate in interscholastic athletics is a privilege you earn by meeting standards outlined on this form and other regulations and policies set by the LHSAA and your school. If you have questions or do not fully understand an eligibility rule, check with your principal, athletic director or coach. By following the intent and spirit of the rules, you can help prevent violations which may penalize you, your team and/or your school.

ONE INELIGIBLE STUDENT MAY DISQUALIFY YOUR WHOLE TEAM – KNOW YOUR ELIGIBILITY RULES

PART II – PARENTAL PERMISSION - To be completed and signed by parent

I have read and reviewed the general requirements for high school athletic eligibility on this form and have discussed these requirements with my student athlete. I understand additional questions /explanations and specific circumstances should be directed to my student's principal, athletic director or coach.

I certify the parents' home address, on the reverse, is my sole bona fide residence and will notify the school principal immediately of any change in residence, since such a move may alter the eligibility status of my student athlete. All other information on the reverse is also accurate and current.

I give my permission for the athletic trainer to release information concerning my child's injuries to the head coach/ athletic director/principal of his/her school. Additionally, I give the LHSAA or it representative(s) permission to review my child's scholastic records and all required eligibility forms.

If the medical status of my child changes in any significant manner after he/she passes his/her physical examination, I will notify his/her principal of the change immediately.

I hereby give my consent and approval for the student named on this form to participate in any of the following LHSAA sports:

BASEBALL	GOLF	SWIMMING
BASKETBALL	GYMNASTICS	TENNIS
BOWLING	POWERLIFTING	TRACK AND FIELD
CROSS COUNTRY	SOCCER	VOLLEYBALL
FOOTBALL	SOFTBALL	WRESTLING

Date: _____ Parent's Signature: _____

(Print Name) _____

Telephone No: () _____

LHSAA SUBSTANCE ABUSE/MISUSE CONTRACT AND CONSENT FORM

This form must be completed and signed and kept on file with the school and is subject to inspection by the LHSAA Rules Compliance Team.

As an LHSAA athlete, I, _____, agree to avoid the abuse or misuse of legal or illegal substances, including anabolic steroids and other performance enhancing drugs. I hereby grant permission to be tested for substance abuse/misuse as a participant in any LHSAA sports program. I furthermore agree to cooperate by providing a urine or hair specimen for testing upon the request of my principal. I understand that should my specimen indicate the abuse or misuse of legal or illegal substances, I will be subject to action specified in my School Drug Policy for Student Athletes.

I, _____, parent/guardian of the undersigned student-athlete, individually, and on behalf of my child, do hereby grant permission for and consent to said child being tested for substance abuse/misuse in accordance with his/her School Drug Policy for Student-Athletes and I understand that if any specimen taken from him/her indicates abuse or misuse of legal or illegal substances, including anabolic steroids and other performance enhancing drugs, he/she will be subject to action specified in the School Drug Policy for Student-Athletes for his/her school.

Dated: _____

Student-Athlete

Dated: _____

Parent/Guardian

Notes: Rule 1.9 of the LHSAA By-Laws, states that this contract shall remain in effect for the remainder of the student's eligibility. This means the contract only has to be signed once by both the student and his/her parent or guardian but the terms remain in effect for the student's entire high school career.

According to Rule 1.9.1 of the LHSAA By-Laws, without the signature of the student athlete and his/her parent/guardian, the student is ineligible to participate in interscholastic athletic contests at all levels of play in all LHSAA sports at all LHSAA schools until compliance with Rule 1.9.1 is obtained from both parties.

Any student participating in an interscholastic athletic contest(s) without a properly signed contract shall be classified as an ineligible student and both the student and school shall be penalized according to Rule 1.9.1.

Signature of the LHSAA's contract does not necessarily mean the student athlete will be tested. Federal courts have consistently ruled participation in high school athletics is a privilege, not an educational right.

SCHOOL WAIVER FORM EXTRACURRICULAR ACTIVITIES

The St. Tammany Parish School Board, its employees, agents and insurers have no liability, and accepts no liability for injuries or accidents occurring to students during their participation in interscholastic athletics or sports and related extracurricular teams or activities. The student and parent(s)/guardian(s) assume any and all risks, including without limitation risk of injury and risk of incurring medical expenses associated with the participation by the student.

Student's Name _____ Sports/Activities _____ Sex M F School _____

Grade _____ Age _____ Date of Birth ____/____/____

Parent's/Guardian's Name _____

Father's/Guardian's SS# XXX-XX-____ Mother's/Guardian's SS# XXX-XX-____

Work Address _____

Phone Number () _____

Home Address _____

Phone Number () _____

Another Person to Contact _____

Relationship _____ Phone Number () _____

Insurance Company _____

Policy Number and/or Group Numbers _____

ALLERGIES _____

Parent's Signature _____ Student's Signature _____

(if over age 18)

Date _____ Date _____

IMPORTANT NOTICE – It is the policy of the St. Tammany Parish School Board that ALL athletes participating in our school sports programs **MUST HAVE EITHER MEDICAL OR ACCIDENT INSURANCE IN ORDER TO PARTICIPATE!** Please be sure to provide that information on this form. This information also becomes important in case of injury or illness and we are unable to immediately contact parents/guardians.

**ST. TAMMANY PARISH SCHOOL BOARD STUDENT
ATHLETE CONTRACT AND AUTHORIZATION/CONSENT FORM**

As a student athlete in St. Tammany Parish schools, and as an LHSAA athlete, I fully realize the importance of being physically, mentally and morally fit. I vow to avoid the abuse or misuse of legal or illegal substances. I hereby grant permission to be tested for substance abuse/misuse during my tenure as a participant in any LHSAA sports program. I furthermore agree to cooperate by providing a specimen for testing upon request of my principal. I understand that should my specimen indicate the abuse or misuse of legal or illegal substances, I will be subject to action as stated in the St. Tammany Parish School Board Drug Testing and Referral Program for Athletes and in The Official Handbook of the Louisiana High School Athletic Association. I understand that, since athletics is an extra-curricular activity, St. Tammany Parish School Board takes added precautions to assure that an athlete will be afforded reasonable safety measures. I further understand that athletics is not an essential part of the educational process and thus is not mandated by the St. Tammany Parish School Board. I also understand and agree that participation in athletic activities is a privilege that may be withdrawn for violations of St. Tammany Parish School Board Policy and/or School Policy.

I understand that to pursue excellence on the playing field, I must not experiment with alcohol, illegal drugs or banned substances. I understand that the St. Tammany Parish School Board's main purpose of the random drug testing program is not to invade the privacy of the student athlete, but rather its intent is to identify a health or controlled substance dependence which by its very nature would be counterproductive to the safety of the athlete and his/her companions. I have received and read, and I am fully aware of and thoroughly understand the St. Tammany Parish School Board Drug Testing and Referral Program for Athletes, which includes (1) a Policy for Random Drug Testing of St. Tammany Parish School Board High School Students Participating in Interscholastic Sports; and (2) Procedures for Random Drug Testing of St. Tammany Parish School Board District Students Participating in Interscholastic Sports, dealing with drug use and also the additional rules set forth by the St. Tammany Parish School Board and my school's athletic department.

I understand and realize that there is risk of injury in participating in athletic activities, and I understand that when I participate in any athletic program, I will be subjected to random drug testing, and if I refuse, I will not be allowed to participate in any athletic activities. I have read the St. Tammany Parish School Board Student Athlete Contract and Authorization/Consent Form and agree to its terms. I understand that these tests will be strictly enforced and participation will be mandatory, since the parent(s)/guardian(s)/custodian(s) have freely chosen to allow their son(s)/daughter(s)/ward(s) to participate in athletic programs. No athlete will be tested unless at least one parent/guardian/custodian and the athlete sign a form giving permission to have drug testing performed. By signing, the parent(s) and athlete acknowledge that they have consented to the administration of the test and waive any claim of invasion of privacy and waive any objection to the necessary action in the furtherance of these safety proceedings. The undersigned do hereby authorize the St. Tammany Parish School Board to have the tests enumerated herein to be administered as part of its athletic program. I understand and agree that my refusal to allow and/or submit to these tests to be administered by the St. Tammany Parish School Board will immediately serve as notice that I, the student may not participate in any athletic extra-curricular activity, and do further agree and understand that failure and/or refusal to allow and/or submit to these tests shall be considered by the St. Tammany Parish School Board as a Positive result under the (1) Policy for Random Drug Testing of St. Tammany Parish School Board High School Students Participating in Interscholastic Sports; and (2) Procedures for Random Drug Testing of St. Tammany Parish School Board District Students Participating in Interscholastic Sports.

I understand that this is binding while I am a student in the St. Tammany Parish School Board school system and I understand the consequences that I will face should I violate these rules and/or policies, and understand that I am subject to penalties, including loss of athletic participation privileges.

I understand that should I have the need to discuss or seek assistance in reference to a drug or alcohol related matter, it is my responsibility to do this immediately. This can be done with a member of the coaching staff, a guidance counselor, or administrator. I know that if I ask for help I will receive help. I also understand that this does not relieve my obligation through the mandatory drug testing program.

As a Parent/Guardian/Custodian:

We have received and read, and we are fully aware of and thoroughly understand the St. Tammany Parish School Board Drug Testing and Referral Program for Athletes, which includes (1) a Policy for Random Drug Testing of St. Tammany Parish School Board High School Students Participating in Interscholastic Sports; and (2) Procedures for Random Drug Testing of St. Tammany Parish School Board District Students Participating in Interscholastic Sports, dealing with drug use and also the additional rules set forth by the St. Tammany Parish School Board and my student's athletic department. We have also read the St. Tammany Parish School Board Student Athlete Contract and Authorization/Consent Form and agree to all of its terms and conditions. As such, we pledge to promote healthy lifestyles for all student athletes of the School District.

We understand and realize that there is an assumed risk of injury involved for our son/daughter/ward as a participant in athletic activities. We also understand that our son/daughter/ward, when participating in any athletic program, will be subjected to random drug testing, and if they refuse, will not be allowed to participate in any athletic activities. We do hereby consent to allow the student named in this St. Tammany Parish School Board Student Athlete Contract and Authorization/Consent Form to undergo drug testing for the presence of illicit drugs or banned substances in accordance with the St. Tammany Parish School Board Drug Testing and Referral Program for Athletes.

We do hereby give our consent to the medical Vendor selected by the St. Tammany Parish School Board, their laboratory, doctors, employees, or agents, together with any clinic, hospital, or laboratory designated by the selected medical vendor, to conduct random drug testing on the student named herein below. We understand these results will be forwarded to the Building Principal and will also be made available to us.

We understand that consent pursuant to this Informed Consent Agreement will be effective for all athletic sports in which this student athlete might participate during the current school year, and we do hereby release the St. Tammany Parish School Board and its employees, designees and agents from any legal responsibility or liability for the release of such information and records, and for any responsibility in connection with the administration of test results, warranties as to accuracy of said tests and medical procedures used by the Vendor and/or any referring laboratory.

We further agree and understand that the St. Tammany Parish School Board and its Athletic Department assumes no responsibility for diagnosing or treating any disease that may become known as a result of said laboratory test(s), and that if the athlete has been taking medication, we should indicate this prior to the administration of the tests and notify the School Principal of the prescribing physician.

Student Athlete (print and sign name)

Date:_____

SS#:_____

Parent/Guardian/Custodian (print and sign name)

Date:_____

Telephone No.:_____

Address:_____

Parent/Guardian/Custodian (print and sign name)

Date:_____

Telephone No.:_____

Address:_____

UPDATED 7/16/2015

CONTINUED PARTICIPATION IN THE RESPECTIVE SPORTS EXCEPT THAT THE PARENT(S), GUARDIAN(S), CUSTODIAN(S) MAY APPEAL THE DENIAL IN THE SAME MANNER AS PROVIDED FOR EXPULSIONS AT LA R. S. 17:416 AS AMENDED.

Confidentiality Statement for Random Drug Test Program

I, _____, acknowledge that I will be privileged to hear and see sensitive information related to results of random drug testing performed on student athletes of St. Tammany Parish School Board Schools. I pledge to keep any information given to me in strict confidence and will only release this information to others as dictated by The Board Policy or with properly obtained permission of the student and a parent/guardian/custodian.

Signature