IDAHO REBOUNDS

STAGE 1: PROTOCOLS FOR YOUTH ACTIVITIES

After all criteria are met
May 1 – May 15***

Youth activities considering resuming on May 1 should have an operational plan in place to mitigate the risk of spreading COVID-19. Youth activities may include youth day camps that also provide childcare for working parents; and youth sports, music, religious, scouting, and other organized youth activities. Guidance for operating childcare facilities should also be reviewed by day camp operators for additional information.

Youth activities do not include large events like tournaments, competitions or performance, especially those that involve overnight camps or overnight trips. Participation in the program and travel should be limited to within youths' own community and in keeping with CDC and Idaho's guidance on limiting non-essential travel. Out-of-state travel for organized youth activities is not allowed.

Operational plans do not need to be submitted for review or approval. However, youth organizations are encouraged to make plans available to staff, parents and youth they serve. Requirements for safe participation in the activities should also be posted on the organization's website and at the facility. Plans should include the following elements based on guidance from the State of Idaho and as recommended by CDC.

YOUTH ORGANIZATIONS SHOULD USE THE FOLLOWING **PROTOCOLS** AS THEY PREPARE TO OFFER ACTIVITIES ON **MAY 1.**

Establish protocols to maintain the six (6) foot physical distance among participants, where possible, and between youth, adult leaders and coaches, and parents or other spectators.

- Consider how to limit the number of participants to allow physical distancing and prevent crowding
- Limit carpooling to practices, camps, etc. Only members of the same family should be in a vehicle together
- Consider how activities may be conducted outside, if possible, and ensure optimal ventilation for inside activities
- Limit spectators as needed to ensure physical distancing
- Limit, where possible, physical contact among participants
- Prevent youth from sharing cups, water bottles or other items
- Keep the youth activities local

Establish protocols to reduce the risk of spread of COVID-19 among adult leaders, youth, and their families

- Organizations should acknowledge and support decisions to not participate among youth, parents, and adult leaders who are uncomfortable participating for any reason
- Have parents / guardians pick up their youth outside. If the youth need supervision while waiting for pickup, adults should be at least six (6) feet apart
- Consider use of cloth facial covering or masks for adult leaders and youth where possible
- Instruct youth and adult leaders to avoid physical contact with one another, e.g. hugs, high-fives, etc.
- Ensure adult leaders, youth and their families are aware that they may not enter the facility or recreational area if either they or a household member has had onset of illness with symptoms compatible with suspected or lab-confirmed COVID-19 in the prior 14 days
    - o Symptoms of COVID-19 can include fever (>100.4) or feverishness, cough, shortness of breath or difficulty breathing, chills or shaking chills, muscle pain, headache, sore throat, and new loss of taste or smell.

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***Dates are estimated targets

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Establish protocols to reduce the risk of spread of COVID-19 among adult leaders, youth, and their families

- Screen adult leaders and youth each day prior to the activity for any symptoms of COVID-19 and exclude if ill.
    - Ideally, greet the youth outside the facility or recreational area at arrival and administer screening questions about illnesses in youth or their household members
    - Check the youth's and other participant's temperatures, if possible
    - Adult leaders should self-monitor and stay at home if they have any COVID-19-like illness symptoms

Establish plans to provide adequate hand hygiene and sanitation

- Identify how the organization will provide for disinfection of meeting spaces and regular cleaning of high-touch surfaces
- Have youth and adults wash hands or use hand sanitizer before allowing participation, directly after participation, and frequently during the youth activity, including before food preparation and eating, and after touching shared surfaces or items (e.g. shared sports equipment)
- Avoid sharing equipment where possible
- Frequently disinfect items touched by more than one person, e.g. basketballs, Frisbees, other equipment, between groups of youths and at the end of the day

Identify strategies for working with public health to notify adult leaders, youth and their families if the organization learns a participant or adult leader has developed COVID-19 and may have been infectious to others while at a youth activity

- Maintain confidentiality of the COVID-19 infected person
- Develop plans for temporary closure of indoor facilities and cancel outdoor activities or camps to properly disinfect and ensure other adult leaders or youth are not infected
- Consult the local health district for guidance for specific situations

Resources:

- CDC recreational guidance: (https:/www.cdc.gov/coronavirus/2019-ncov/community/parks-rec/index.html)
- EPA list of COVID-19 effective disinfectants: (https:/www.epa.gov/pesticide-registration/list-n-disinfectants-use-against-sars-cov-2)
- Caring for Our Children(CFOC) standards for cleaning, sanitizing and disinfecting educational facilities for children: https:/nrckids.org/CFOC/Database/3.3v

***Dates are estimated targets