



I hope that as we approach the start of the season this week, players have been getting out and preparing both mentally and physically. This is an exciting time of year as we get to begin practice!

We will begin our tryout process this week on Friday (1/16) after school. This will be a three-day tryout, with tryouts continuing on Saturday (1/17) and Monday (1/19). This schedule will allow us to observe players in multiple ways throughout the tryouts while also giving players multiple opportunities to showcase their abilities.

On Friday (1/16), players in the athletic period will be put through a workout during the period that will continue after school. All players who were not on the varsity roster last season will report to the field at 4:30 p.m. for the tryout combine. Tryout players will then continue tryouts on Saturday (1/17) at 9:00 a.m. with a live scrimmage. Returning varsity players and players we ask to stay and help run practice will practice at 11:30 a.m. On Monday (1/19), the tryout time and format will be determined later this week.

While the weather looks agreeable this week, please be prepared for cooler temperatures, as temperatures will drop once the sun goes down. Players will need to wear cleats (no metal spikes), baseball pants (any color/length), a belt (any color), a shirt (green, black, silver, or white preferred), a hat (any color), and a glove. Players are also advised to bring a jacket or hoodie that can be worn while playing if they begin to feel cold.

We will host a players' meeting on Tuesday (1/13) at 3:45 p.m. in the big study hall for players not in the athletic period to double-check all paperwork and review the tryout process. I look forward to a great start to the year!



CEDAR PARK HIGH SCHOOL BASEBALL

WEEK AT A GLANCE

WEEK OF
1/12-1/17

Monday

ATH PERIOD

LIFT

After School

Tuesday

ATH PERIOD

THROWING
PROGRAM/
DEFENSE

After School

3:45 PM -
TRYOUT
MEETING -
Big Study

Wednesday

ATH PERIOD

LIFT /
MEETING

After School

Thursday

ATH PERIOD

THROWING
PROGRAM/
HITTING

After School

Friday

ATH PERIOD

TEAM
MEETING/P
RACTICE

After School

Saturday

ATH PERIOD

9:00 AM -
TRYOUTS

11:30 PM -
PRACTICE

After School

#WTD



#MUDITA