

T.W.I.T.W.B. NEWSLETTER



Volume 1, Issue 3

January 19, 2025



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Special points of interest:

- No School or Practice Tuesday, Jan 21, 2025
- Meeting the Timberwolves Baseball meeting Wednesday, Jan 22, 2025 @ 6:30 PM in study hall.



GREAT OPENING TO THE SEASON

This was an awesome first "week" of the season. We, as a coaching staff, were able to see a bunch of really great things from all our Timberwolves who have come out. These first two days of practice have been a great experience not only for our players but also for our coaching staff. We were able to get in two days of great work and also evaluate our players. We, as coaches, have been very pleased with what we have seen so far and can't wait to see what lies ahead for us this season.

We were able to get in some quality "innings" with our younger group of players to evaluate their skills in live baseball situations. During the intersquad, some of you may have noticed the caged structure between the mound and the plate. This was

our newly purchased Rapsodo. It allowed us to gather a ton of metrics on not only our hitters but also our pitchers. This machine can track the flight of the ball and provide data on things like spin rate, pitch velocity, exit velocity, launch angle, and many other metrics. This tool is something we will be using to help develop our players throughout the season.

With the older group of players, we were able to get in a great first full practice of the season. This would not have been possible without the assistance of Coach Darling at Glenn High School, who allowed us to use their field to get our work in.

We will be wrapping up the tryout phase tomorrow at D-Bat. Please make sure you stay connected to SportSYou, as it is the best way for me to send out information. - Coach Huffman

WEEKLY AGENDA

Our agenda this week will be very weather dependent:

Mon 1/20:

- 9/10: @ D-Dat
- 11/12: @ D-Bat

Tues 1/21 :

- NO PRACTICE

Wed 1/22:

- After School: Team Meeting
- Workout on Turf/Grass
- Meet the Timberwolves @ 6:30PM

Thurs 1/23:

- Workout on Turf/Grass

Friday 1/24:

- Workout on Turf/Grass

Saturday 1/25:

- Var @HITFORTH—9 AM
- JV's @School—12 PM

OTHER UPDATES

On Monday, we will be practicing at the D-Bat facility here in Cedar Park. The address is:

**12617 Ridgeline Blvd, Building B
Cedar Park, TX 78613**

Do not forget that we have another team meeting on Wednesday, January 22, 2025, at 6:30 PM in the study hall. During this meeting, we will introduce all the players in the program, provide important information for the upcoming season, give Booster Club updates, and much more.

On Saturday, we are going to take our Varsity Baseball players to get a hitting workout at the Hitforth facility in Austin. This is a top-of-the-line facility that focuses on hitting development. We will be there from 9:00 AM to 11:00 AM. The address is:

**7601 S Congress Ave Suite 460
Austin, TX 78745**