Davidson County Youth Basketball League
Basketball Rules and Regulations

National Federation High School Rule Book and North Carolina High School Athletic Association Handbook will be used with the exceptions listed below.

League:

The Davidson County Youth Basketball League will offer a Little League, Junior program for both boys and girls, and Senior Boys program. The Davidson County Youth Basketball League will provide officials, gym supervisors, deputy, scorekeeper, and clock operator and be the administrative unit over program.

I. Age Requirements

a. Little League: Any boy/girl is eligible if he/she is 9 years of age on or before August 31st and not 12 years of age on or before August 31st of that playing year. Each child will have 3 years of eligibility. The Little League boys' and girls' basketball programs will be divided into two divisions. There will be an instructional division for 9-year-old children (i.e. the children in their first year of eligibility in this program.) The purpose of this division is to allow the 9-year-old child to compete against other children of the same age. The regular division will be for any 9-year-old child that a local booster club deems ready for this division and all other children in this age grouping (second and third years of eligibility.)

b. Junior League: Any boy/girl is eligible if he/she is 12 years of age on or before August 31st and not 14 years of age on or before August 31st of that playing year. Each child has 2 years of eligibility.

c. Senior League: Any boy is eligible if he is 14 years of age on or before August 31st and not 17 years of age on or before August 31st of the playing year. Each child has 3 years of eligibility. Can not turn 18 before March 31st of the year following season start.

d. There is no playing up or playing down allowed. All players must play where their birthdate places them. Only exception is for little league. If a booster club doesn't have enough players for a little league instructional team, then they can move players up to little league, but they are still limited to 3 years of eligibility in little league.

Any child who participates on (public/private) high or middle school basketball teams will be ineligible in this program.

Any student suspended from school will not be permitted to participate in any games, until the suspension has been lifted and the student has returned to class.

II. **Registration Requirements**

County Residents: The following criteria will be used to determine with which of the 15 booster clubs a youth should participate:

a. When entering the Davidson County Youth Basketball program, each youth has a choice to participate with the Booster club that represents the public elementary school district in which he/she lives or if the child attends a different public elementary school, he/she may participate with the booster club of that district.
b. Once a child's booster club is determined, his/her eligibility would change only if there were a change in the following: * WHERE HE/SHE LIVES OR * WHICH PUBLIC ELEMENTARY SCHOOL HE/SHE ATTENDS
c. NOTE: the domicile of their legal guardian (with whom the child lives) living in Davidson County will determine a youth's resident status.
d. Elementary school District is the standard graduation of elementary to middle to high school all within the same district.
e. It is the responsibility of each local booster club to verify both the school attendance/residency requirements and the parent/guardian signature on this form.
f. The Davidson County Youth Basketball League reserves the right to review any registration forms and declare a participant ineligible who has given false information.
g. A Parent/Guardian may request a Participation Transfer Request to participate from one Booster Club to another Booster Club all within the same high school district. The transfer is for one year only.
h. Charter/Private schools – If players attend a charter or private school but live in Davidson County, they must play with the booster club associated with their address.

Out of County Residents:

Out of County youth will be allowed to participate in Davidson County Youth Basketball League youth programming with following guidelines.

i. Only three (3) out of county players allowed per division.
ii. They must choose a booster within the county.
iii. Once they start an athletic event must participate with that booster club for their entire eligibility in that athletic event.
iv. Once a child's eligibility is up in athletic event he/she may move to another booster club.
v. All outside county participates must pay a $55.00 non-resident fee to Davidson County Youth Basketball League. Due at roster turn in.

It is the responsibility of each booster club to verify both the school attendance/ residency requirements and the parent/ guardian signature on this form. This can be verified through driver's license, utility bill, or tax bill.

III. Drafts

Any time a Booster Club has two or more teams in any one level, a fair and equal draft will be held to distribute the talent equally. The following regulations govern the draft:

a. The drafting of players on a team will be done within the Booster Club.
b. Teams will be totally re-drafted every year.
c. Only the head coach's child will be locked in. (No assistant coaches will have lock-ins, this will be strictly enforced. No assistant coaches will be picked until after the drafts are done. If brought to the attention of the Davidson County Youth Basketball League that assistant coach's child was locked in. The Davidson County Youth Basketball League will order a re-draft of all teams within the age group.)
d. The drafting order will follow the guidelines as follows:
    a. 2 Year Program:
        i. First year of eligibility will be second pick.
        ii. Second year of eligibility will be first pick.
    b. 3 Year Program:
        i. First year of eligibility will be third pick.
        ii. Second year of eligibility will be second pick.
        iii. Third year of eligibility will be first pick.
    c. Coaches must draw to establish the drafting order. In the first round, coaches will draft according to the order drawn. Then in the second round,
    the order will be reversed with the last coach drafting first. This procedure will be used until all players are drafted.
    Example: 1 2 3
    3 2 1
    1 2 3
    3 2 1
    d. Brothers/sisters should play on the same team. If a brother/sister is picked in the draft, the second brother/sister must be picked in the next round of drafting. Brothers/sisters may play for different teams with the approval of the family and Booster Club.
    e. A Booster Club can call for a re-draft of its teams, if they feel the situation warrants a re-draft.
    f. All Booster Clubs must turn in their drafting order sheets with their rosters.

The drafting order sheets will be used to place additional players on teams and used to check to make sure the proper drafting procedures were followed

g. If the Davidson County Youth Basketball League feels that a Booster Club draft did not follow proper draft order in preseason, a redraft will be held. If
after the season starts, and after a review and discussion with all parties involved, the Davidson County Youth Basketball League still feels that proper drafting procedure was not followed, team will be ineligible for tournament.

h. The people responsible for overseeing the draft will consist of the following:
Booster Club President/Officer, one (1) Booster Club Board Member, 3 at large representatives of which one (1) must be female, and by all the opposing coaches of teams being drafted in that age group. After the teams are drafted the people overseeing the draft and all coaches in that age group must sign the roster and by doing so will approve the roster and draft.

IV. **Roster**

a. Rosters must be filled out in the form provided and turned into the Davidson County Youth Basketball League.
b. Teams are limited to one head coach, one assistant coach, and one scorekeeper on the team bench. Scorekeeper is a non-coaching role.
c. Highlight in yellow any out of county player or city player.
d. All rosters are due to Davidson County Youth Basketball League on Monday, November 9th.
e. Penalty:
For ineligible player(s) is forfeiture of any game they participate in. Any coach that uses an ineligible player will be suspended from all Booster Club related youth sports programming for one year from the date of the first date of the suspension.

V. **Coaches**

a. All coaches must be 18 years old or older
b. All coaches (head and assistant) must complete a volunteer coach and background check form and abuse & training certification, before they are allowed to coach.
c. All coaches' forms are due on Monday, November 9th.
d. The Head Coach is responsible for his assistant coach, players, and spectators always conduct during practices and games.

VI. **Sportsmanship/ Ejection Policy**

a. Any coach who is ejected shall leave the vicinity of the playing area immediately and is prohibited from further contact, direct or indirect, with the team during the reminder of the game. Players must stay on the bench.

Any coach refusing to leave the game immediately and peacefully will result in an automatic rest of season suspension including any post season tournament games and the game will be forfeited.

b. Players meeting one of the five criteria will be suspended for 2 games.
c. Biting observed by an official.
d. Taunting, baiting or spitting toward an opponent.
e. Profanity- directed toward an opponent or official.
f. Obscene Gestures- including gesturing in such a manner to intimidate.
g. Disrespectfully addressing or contacting an official.
h. Fighting: (will not be tolerated in any way)
    i. 1st offense- ejection from contest, and the next four games.
    ii. 2nd offense-ejection from contest and suspended for rest of season and tournament.
    iii. Any coach ejected from a game will be suspended for the next (2) games. If the ejection occurs in that team's last game, the suspension will be for the first (2) games of the next sport they coach or participate in.
    iv. Any teams having two incidents with coaches/parents/spectators being ejected or removed from game site will be disqualify from participation in post- season tournament.
    v. No appeals

VII. Postponed Games/ Inclement Weather

a. Coaches will be responsible for checking the Davidson County Youth Sports League website to see if games are canceled or postponed due to weather.
b. Once games have started, gym supervisors or Director on duty will have sole authority to stop, postpone, or cancel games at their site if they feel conditions warrant.

VIII. Practices

a. Note: These are rules set by the league but could change due to what is set by County Administration and/or Principals
b. Practices may begin: Monday, November 9th.
c. No practices or games during the Christmas Holiday, starting December 21st through, January 4th.
d. If schools are closed due to weather on any date, there will be no practices on that day.
e. A team practice exists when a team assembles under the supervision and instruction of the head coach and/or assistant.
f. Once practices start, teams are allowed to practice 2 times per week (Sunday thru Saturday, if Sundays are needed to be used). One practice is recommended to be on Saturday.
g. Starting with the week the season begins, teams are allowed 1 practice per week.

h. If a team has a scheduled bye, then the team may have 2 practices the week of their bye.
i. All practice will be limited to 1 hour and 30 minutes; all practices must end before 9:00 p.m.
8) For high school teams, using high school facilities, in emergency situations due to an unplanned time extension for a school event (high school wrestling match), practices may be held until 9:30 p.m., but are still limited to the 1 hour and 30-minute practice time.
j. Participation in any pre-season tournaments will follow these practice guidelines.
k. Penalty: If a coach violates practice rules, the coach will be suspended for two games and placed on probation. If a coach second violation of these rules, he/she will be suspended for the remainder of the season.

IX. League Play

a. Games will start on Friday, December 4th.
b. Once schedules are done and released no changes can be made to accommodate teams that have conflicts with games scheduled, unless for a school function that involves participates receiving a grade.
c. Any game that is forfeited beforehand will remain a forfeit whether games are played
d. Games may be started with 4 players.

X. **Tournament**

a. The tournament will be a team tournament format.
b. All teams will play in the end of season tournaments.
c. All regular season rules will apply in the tournament. The mandatory playing time responsible lies with the head coach of the team, not Davidson County Youth Basketball League.
d. Penalty for Violation of Mandatory Playing Time in Tournament:
    i. The team in violation will receive a loss and forfeits their right to participate in the tournament any further.
    ii. The team that was playing the violating team will advance to the next round of the tournament.
    iii. All ties will be broken by using the Davidson County Youth Basketball League. Head-to-head if still tied teams will draw for a seating.
    iv. Once tournament brackets are done and released, there will be no changes made to accommodate teams that have conflicts with games scheduled.

XI. **Protest**

There are no protests by North Carolina High School Athletic Association Handbook.

XII. **Mandatory Playing Time**

a. Instructional, Little League, and Junior:

i. Each player must play 9 minutes per game.
ii. They must play 3 consecutive minutes, 3 times any time during the game

b. Senior League
i. Each player must play 12 minutes per game.
ii. They must play 4 consecutive minutes, 3 times any time during the game.

c. The responsibility for players meeting the MPT rule lies with the coach.
d. Coaches are not obligated to play an individual the mandatory playing time under the following conditions:
i. A player that arrives after the second quarter has begun. (If a coach chooses to play a player that arrives late, that player must get all his/her mandatory playing time in.)
ii. The player had an unexcused absence from practice in the week prior to the game.
iii. A player has been a discipline problem.
iv. A player has an injury that prevents them from playing. (If a player is injured during the game, cannot continue, and has not meet the mandatory playing time this is excusable. If the player re-enters the game, then the player must meet their mandatory playing time.)
v. The head coach must call the Davidson County Youth Basketball League Director prior to the game and notify their Booster Club Basketball Director for numbers 2 and 3 above. The head coach must write out to the side of the players name on score sheet the reason, if this is not done then the mandatory playing time will be considered violated.
vi. Penalties for violation of Mandatory Playing Time Rule:
1. 1st violation, the coach will be placed on probation for the remainder of the basketball season, and the team shall receive a loss in the loss column. The non-violating team does not receive a win because of the violation.
2. 2nd violation, the coach will be suspended for 2 games, and the team shall receive another loss in the loss column. The non-violating team does not receive a win because of the violation.
3. 3rd violation, suspended for the rest of basketball season, and the team shall receive another loss in the loss column. The non-violating team does not receive a win because of the violation.

XIII. **Playing Rules**

a. Instructional and Little League games will consist of four 6-minute quarters.
b. Junior League will consist of four 7-minute quarters.
c. Senior League games will consist of four 8-minute quarters.

d. Overtime periods will be 2 minutes. (All Leagues)
e. The clock will run continuously except for shooting fouls and time-outs, until last two minutes of each half in which the clock will stop as outlined in the NFHS rulebook.
f. Mercy Rule: When a team is ahead by 20 or more points, all players on the defense must stay within 3-point arc until which time the score goes below 20 points. The clock will run continuously (even during free throws) except during timeouts and injuries. Again, if the score differential drops below 20 points, the clock will run according to our normal rules. (All leagues)
   Violation of Full Court Press: 1st violation: Team warning, 2nd violation: The technical foul shall be awarded to the bench, not the player committing the violation. (All Leagues)
g. The clock will be stopped at the mid-point of each quarter to allow substitutes to enter the game. Coaches should have their players at the scorers' table before the 3-minute mark, ready to enter the game. (All Leagues) Penalty: The violating team(s) will be charge with one of their four-time outs.
h. Instructional League: The free throw line shall be 12 feet from the basket: however, the 3 second lane violation is counted within the regulation 15 foot free throw line. No (3) three points shot in instructional league.
   Little League, Junior, and Senior: (NFHS rule)
i. Instructional, Little League (All Leagues) will use the Women's size ball (28.5)
j. Junior and Senior Boys' League will use the Men's size ball (29.5).
k. Jerseys
    i. Must be reversible, have legal basketball numbers on the front and back. 0, 1, 2, 3, 4, 5, 00, 10, 11, 12, 13, 14, 15, 20, 21, 22, 23, 24, 25, 30, 31, 32, 33, 34, 35, 40, 41, 42, 43, 44, 45, 50, 51, 52, 53, 54, 55
    ii. One side of the jersey must be white and other side of jersey shall be dark color.
    iii. Black can be used as the "away" color for any booster club to give teams an additional choice when necessary.
    iv. Jersey "fronts" may have booster club name and/or mascot name and number prominently and clearly displayed on the jersey.
    v. Jerseys "backs" may have player name or sponsor but MUST have number prominently and clearly displayed.
    vi. Writing and numbers on white side of jersey will be in the dark jersey color, and dark side of jersey will be in white.
    vii. A small graphic design (logo) is allowed on front of jersey only.
    viii. Uniform Shorts shall be similar in color. Uniforms are to be worn as manufacturer designed.
    ix. No jewelry or headwear (hats) may be worn by boys or girls. Solid color headbands, wristbands, arm sleeves do not have to match

uniforms (no advertisements, logo, slogan) are allowed. Undergarments are to be one solid color only and do not need to be the color of uniform. No advertisements, logo, slogan. (All Leagues) Penalty: Illegal Undergarments and Not Wearing Uniform as Designed: The player will be removed from the game and will not be allowed to re-enter the game until corrected.

l. Free Throws-NFHS. (All Leagues)
m. Timeouts- NFHS (All Leagues).
n. Back Court Defense:
    i. Instructional League: Once the defensive team has clearly established possession of the ball and they make no attempt to immediately advance the ball up court, no pressing defense shall be allowed in the back court until the last two (2) minutes of the game and any overtimes.
    ii. Little League: Once the defensive team has clearly established possession of the ball and they make no attempt to immediately advance the ball up court, no pressing defense shall be allowed in the back court until the last two (2) minutes of each half and any overtimes.
    iii. Junior and Senior Leagues-NFHS
o. There will be 5 minutes for halftimes. (All Leagues)
p. Game time is game time. There is no grace period for any games. (All Leagues)
q. Davidson County Youth Basketball League reserves the right to take any action necessary to accomplish the objectives of the program.

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