

Los Alamitos Griffin Baseball 2015 High School Summer Camp

**June 15th – June 25th (2 weeks)
Monday-Thursday**

Incoming K – 5th Grades Camp: Beginners Camp

12:00pm – 2:00pm

Incoming 6th to 9th Grades Camp: Intermediate Camp

12:00pm – 2:00pm

(Players with some experience and players entering high school)

High School Camp: Advanced Camp

Times and Schedule to be determined

(Schedule includes games and strength and conditioning)

Where: Los Alamitos Griffin Baseball Field

Cost: \$210.00

(Includes 2 Weeks of Summer Workout, LAEF Registration Fees, and T-Shirt)

Strength & Conditioning Camp for Current H.S. Players: Baseball Lifting Camp

Monday, Wednesday, Friday 9:30pm – TBD Cost: \$100.00

(For current H.S. players who will not be playing on the H.S. Summer Team)

Where: Los Alamitos High School Weight Room

How to Register:

Go to: www.laef4kids.org/programs

Click on "Register for Summer Sports Camps"

Choose "Sports Camps" from the "Season" pull-down menu,

Then click "Apply Filter"

Find your session(s), create a profile/log-in and sign up!

You may also select Matt Nuez in the "instructor" pull-down menu to further filter the camps.

What you will need to bring: Baseball Gear and Baseball Attire and Water

Other Info:

The summer camp is open to any player looking to improve and polish their baseball skills. We will be working on both individual and team skills.

Participation in summer camp does not guarantee enrollment in Fall Baseball Class.

Contact Matt Nuez: mattnuez@losal.org

Check our website: griffinsbaseball.com

Follow us on Twitter: [@losalbaseball](https://twitter.com/losalbaseball)

E-mail Mike Kahn at programdirector@LAEF4kids.org or call 562-277-6876

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