POTEAU HIGH SCHOOL BASEBALL CONTRACT "Burn the Boats"

This document is a binding, written agreement, involving the player, coach, team, and parent/guardian. This contract is a promise by solemn agreement requiring players, coaches, and families to take responsibility for their actions.

This document entails sections on EXPECTATIONS, ACADEMICS AND CITIZENSHIP, VALUES, EXCELLENCE, SYNERGY, MOTIVATION, and LOYALTIES AND RESPONSIBILITY.

I. EXPECTATIONS

- 1. At all times represent their school in a positive manner.
- 2. Be on time, be enthusiastic, dependable, loyal, and cooperative.
- 3. Be responsible and open to coaching.
- 4. Be a team player.
- 5. Abide by the general rules of discipline as established for you by Poteau High School.
- 6. Attendance at all meetings, practices and games is required. If a player must be absent, he must let the coach know beforehand. No unexcused absences.

A. Students will be removed from the team after three unexcused absences occur. Unexcused absences include reasons like work; hair appointment's; after school detention; not informing coach beforehand of any absence, any absence without a valid excuse. Valid excuses could include medical appointments, family emergencies, and educational conflicts. 1st unexcused absence=game suspension / 2nd unexcused absence=2 game suspension / 3rd unexcused absence= Dismissal from team

B. Be prepared and on time for all meetings, practices, and games. Lateness will not be tolerated. Three lates = 1 Unexcused absence.

- 7. Give 100% effort in everything we do.
- 8. Remember a PHS baseball player is a role model. Behave honorably, respecting all
- opponents, coaches, and umpires.9. Every player is expected to help set up for practices and games and pick up afterwards, including field maintenance. No player may leave until everything is finished.
- 10. Attending school, being on time, following all school rules, and representing PHS properly are all part of our Code of Conduct and are not hard to uphold. Misuse of the most important part of this code can have severe consequences. Breaking the Code of Conduct is not just about you! Your teammates will suffer for someone else's selfish act!

II. ACADEMICS AND CITIZENSHIP

Be a good student. You attend PHS to get an education. Make the most out your high school experience. The better you do in school, the more options you will have upon graduation. Do not alienate others with your behavior off the baseball field. Social Media (Parents & Athletes) make good decisions that represent the behavior and the betterment of a program. Don't be a keyboard warrior come to us with problems and we will discuss them as adults should.

III. VALUES

- 1. Being a PHS Baseball Player is something special. Be a good teammate. Positive thinking lets you do everything better than negative thinking.
- 2. Profanity will not be tolerated. Don't swear.

- 3. Don't argue with umpires. They are seldom responsible for your success; so don't blame them for your failure.
- 4. Transfer of blame is not accepted in this program. Don't alibi, or place blame on others for any lack of success.
- 5. Attitude is more important than aptitude.

IV. EXCELLENCE

- 1. We must be willing to sacrifice in order to have success.
- 2. We will have a continuous, relentless, never-ending commitment to improve.
- 3. Excellence will be achieved as a gradual result of always trying to get better.
- 4. When looking at yourself as a player, take a critical look. Improve your weaknesses, and you improve as a ball player.
- 5. Success is costly. You must exchange something solid in yourself for success. It's easy to give up if you have nothing invested.
- 6. No player ever becomes a success by giving up. Keep trying.
- 7. We can't control the outcome of games. We can only be the best player, the best teammate, the best person we can be.

V. SYNERGY

- 1. We must work together to achieve excellence.
- 2. Synergism can be defined as: two or more people working together in a way that their combined power is more than just the sum of their individual effort.
- 3. We play our best 9 together.

VI. MOTIVATION

- 1. We will hustle on and off the field.
- 2. In the dugout we will inspire each other through clapping and cheering.
- 3. We understand that the game of baseball is statistically very challenging. A .300 hitter fails 7 out of 10 times. We will never allow ourselves to display negativity if we fail. Stay up. No pouting or poor body language.
- 4. If we strike out we hustle to the bench. If we make an error, we maintain a positive demeanor. This is a team game and no one of us is bigger than all of us. Remember everything counts.
- 5. PHS Baseball players will play with passion and excitement.
- 6. Success is never final; failure is never fatal. What counts is the courage to go on. We will look at failure as a learning experience, a temporary setback. After a loss we'll ask 1) what did we do right to get this far? And 2) what can we do differently to get it right next time?
- 7. We will be resilient, persistent, and relentless.

VII. LOYALTIES AND RESPONSIBILITY

- 1. We will always remain loyal to our team thinking of our team first.
- 2. Team definition A group of peers who combine their talents and efforts to accomplish a specific goal or series of goals. Teamwork is what allows us to remember each other 30+ years later.
- 3. Trust. We understand that trust is a fragile thing and can easily be broken. We will develop the utmost faith in each other so we can be free to be a true teammate. Like the "Pledge", starting with one and ending with all, we will remember that we are in this together.
- 4. Every decision we make as individuals affects all of us.
- 5. Remember we will have no transfer of blame. We will take responsibility for our own actions.

We agree to the terms of the PHS Baseball Contract

Baseball Player_____

Parent/Guardian_____