

# LHSAA SUBSTANCE ABUSE/MISUSE CONTRACT AND CONSENT FORM

This form must be completed and signed and kept on file with the school and is subject to inspection by the LHSAA Killes Compilance Team.
As an LHSAA athlete, I,, agree to avoid the abuse or misuse of legal or illegal
substances, including anabolic steroids and other performance enhancing drugs. I hereby grant permission to be tested
for substance abuse/misuse as a participant in any LHSAA sports program. I furthermore agree to cooperate by
providing a urine or hair specimen for testing upon the request of my principal. I understand that should my specimen
indicate the abuse or misuse of legal or illegal substances, I will be subject to action specified in my School Drug Policy
for Student Athletes.
I,, parent/guardian of the undersigned student athlete, individually, and on behalf
of my child, do hereby grant permission for and consent to said child being tested for substance abuse/misuse in
accordance with his/her School Drug Policy for Student Athletes and I understand that if any specimen taken
from him/her indicates abuse or misuse of legal or illegal substances, including anabolic steroids and other performance
enhancing drugs, he/she will be subject to action specified in the School Drug Policy for Student Athletes for his/her
school.
Dated:
Student Athlete
Dated:
Parent/Guardian
Dated: Principal
Dated: Head Coach or AD

1.10 ABUSE AND/OR MISUSE OF ILLEGAL SUBSTANCES - Each member school shall develop and implement a substance abuse/misuse policy including procedures for chemical testing of student-athletes. To be eligible for interscholastic athletics, prior to practicing or participating in a sport at an LHSAA school, a student-athlete and his/her parent(s)/guardian shall sign the LHSAA Substance Abuse/Misuse Contract developed and distributed to all schools by the LHSAA. Once signed, the LHSAA Substance Abuse/Misuse Contract shall remain in effect for the remainder of the student-athlete's eligibility. Schools may also have the student and parent/guardian sign a school issued form in addition to the LHSAA Substance Abuse/Misuse Contract. Schools shall be required to keep the signed form on file at the school.

- **1.10.1** The penalties for failure to have the required LHSAA Substance Abuse/Misuse Contract(s) for all students completed, properly signed, and maintained in the school files shall be:
- 1. A school shall be fined \$50 per student, per sport for each LHSAA Substance Abuse/Misuse Form not completed, properly signed, and on file with the school not to exceed \$500 per sport.
- 2. A student in violation of this rule shall not be ruled ineligible for this infraction, but shall be withheld from further team practices and interscholastic athletic participation until a copy of this form is completed and submitted to the Executive Director. The completed form must be faxed or postmarked prior to the athlete's participation

Signature of the LHSAA's contract does not necessarily mean the student athlete will be tested.

# Louisiana High School Athletic Association

Athletic Participation/Parental Permission Form

This form must be completed and signed by the student-athlete's parent prior to a student's participation in an athletic contest and shall be kept on file with the school. It shall remain in effect for the remainder of the student's eligibility unless the student transfers to another member school. This form is subject to review/inspection by the LHSAA or its representative.

# PART I: STUDENT INFORMATION (Please Print)

TART II OTOBERT IN ORR	IATION (Fredse Frint)
Student's Name: (Last, First, N	Middle)School Year:
Date of Birth:	Last Four Digits of SSN:
Home Address:	
City:	Zip:
My child entered ninth grade in	n(month and year). Last semester/year he/she attended High School.
	ARE YOU ELIGIBLE?
A student athlete in an LHSAA sc	hool must meet the following rules to be eligible for interscholastic athletic competition:
RULE	<u>COMMENTS</u>
BONA FIDE STUDENT	A student shall be enrolled in and attending an LHSAA member school on a regular basis and taking the required number of subjects which shall be recorded on the student's official transcript unless student is a special education student or in the 8 <sup>th</sup> grade or below. A student shall must be counted as a student on the daily attendance records of the school he/she attends. Attendance in one class makes you a student at that school.
ENROLLMENT	A student shall be enrolled and attending a school in the first 11 school days of the school semester at any school or will be ineligible for the first 30 school days.
AGE	A student shall not become 19 years of age prior to August 1 of this year.
PROOF OF AGE	A student shall provide legal proof of age, which meets the provisions of the LHSAA handbook, to the school administrator to be kept on file at school.
CONSECUTIVE SEMESTERS	Once a student shall enter the ninth grade, he/she shall have eight consecutive semesters to play athletics. (EXCEPTION: Hold-Back Repeat Student – See Rule 1.26.6 of the LHSAA handbook)
SCHOLASTIC	For regular education high school students at the end of the first semester a student shall pass at least six subjects in all subjects taken.
	At the end of the year and prior to the next school year, a student shall must have <b>earned at least six units with an overall "C" average for the entire previous school year</b> as determined by the LEA in all units taken. All seniors must take at least four (4) subjects each semester.
	Special education students must consult the school principal, athletic director, or coach for scholastic information.
RESIDENCE AND SCHOOL TRANSFERS	Upon entering high school for the first time, a student shall have the choice to attend any member school located in the attendance zone in which the student resides with his/her

**UNDUE INFLUENCE** 

If a student shall has been recruited to a school for athletic purposes, he/she shall remain

parent(s)/guardian(s) or any other household with whom the student has been residing for the past calendar year and be immediately eligible unless an applicable exception applies. A transfer to another member school in the same attendance zone shall render the student

ineligible as long as the student attends that school.

**AMATEUR** A student cannot play high school athletics if he/she loses their amateur status.

ineligible for one calendar year.

**INDEPENDENT TEAM** In certain sports a student cannot play on a school team and an independent team during the

same sport season.

**MEDICAL EXAMINATION** 

A student shall annually pass a physical examination given by a licensed physician/ nurse practitioner that is in collaboration with a licensed physician or a licensed physician's assistant under the supervision of a licensed physician and complete an LHSAA Medical History Evaluation form prior to participating.

ATHLETIC PARTICIPATION/

A school shall only be required to have this form completed and signed prior to the first time PARENTAL PERMISSION FORM a student participates in LHSAA athletics at the school unless the student transfers to another member school.

SUBSTANCE ABUSE/MISUSE A school shall only be required to have this form completed and signed prior to the first time a **CONTRACT & CONSENT FORM** student participates in LHSAA athletics at the school.

**SUSPENDED AND** 

**INELIGIBLE STUDENTS** Shall not participate in any interscholastic contest on any team at any school at any level.

#### LHSAA ELIGIBILITY RULES APPLY TO STUDENT-ATHLETES ON ALL TEAMS AT ALL LEVELS OF PLAY AT ALL LHSAA **SCHOOLS**

Eligibility to participate in interscholastic athletics is a privilege a student earns by meeting standards outlined on this form and other regulations and policies set by the LHSAA and the student's school. If you have questions or do not fully understand an eligibility rule, check with your child's principal, athletic director or coach. By following the intent and spirit of the rules, you can help prevent violations which may penalize the student, his/her team and/or his/her school.

ONE INELIGIBLE STUDENT MAY DISQUALIFY YOUR WHOLE TEAM - KNOW THE ELIGIBLITY RULES

### PART II - PARENTAL PERMISSION

I have read and reviewed the general requirements for high school athletic eligibility on this form and have discussed these requirements with my child. I understand additional questions/explanations and specific circumstances should be directed to my child's principal, athletic director or coach.

I certify the home address listed on this form is my sole bona fide residence and that I will notify the school principal immediately of any change in my residence, since such a move may alter the eligibility status of my child. All other information given is also accurate and current.

I give my permission for the athletic trainer to release information concerning my child's injuries to the head coach/ athletic director/principal of his/her school. Additionally, I give the LHSAA or it representative(s) permission to review my child's scholastic records and all required eligibility forms however submitted by the school or myself.

If the medical status of my child changes in any significant manner after he/she passes his/her physical examination, I will notify his/her principal of the change immediately.

I hereby give my consent and approval for my child to participate in any of the following LHSAA sports:

BASEBALL **GOLF SWIMMING** BASKETBALL **GYMNASTICS TENNIS BOWLING POWERLIFTING** TRACK AND FIELD **CROSS COUNTRY** SOCCER **VOLLEYBALL FOOTBALL SOFTBALL** WRESTLING

I certify all the information is correct, that I have read the summary of LHSAA eligibility rules below and I am in compliance with these standards. I also acknowledge that my child, by my signature below, has my permission to participate in interscholastic athletics during his attendance at this school. I also understand that this form shall only be completed prior to my child's first participation in any athletic contest of any sport and shall remain in effect for his/her entire athletic eligibility unless he/she transfers to another member school.

By signing below, I agree that my child and I will support and comply with all rules, policies and procedures of the LHSAA as set forth in its Handbook, including its Constitution and Bylaws.

Date:	Parent's Signature:	
Relationship to Student	(Print Name)	
(Principal Signature)		<u></u>

# ST. TAMMANY PARISH SCHOOL BOARD STUDENT ATHLETE CONTRACT AND AUTHORIZATION/CONSENT FORM

As a student athlete in St. Tammany Parish schools, and as an LHSAA athlete, I fully realize the importance of being physically, mentally and morally fit. I vow to avoid the abuse or misuse of legal or illegal substances. I hereby grant permission to be tested for substance abuse/misuse during my tenure as a participant in any LHSAA sports program. I furthermore agree to cooperate by providing a specimen for testing upon request of my principal. I understand that should my specimen indicate the abuse or misuse of legal or illegal substances, I will be subject to action as stated in the St. Tammany Parish School Board Drug Testing and Referral Program for Athletes and in The Official Handbook of the Louisiana High School Athletic Association. I understand that, since athletics is an extra curricular activity, St. Tammany Parish School Board takes added precautions to assure that an athlete will be afforded reasonable safety measures. I further understand that athletics is not an essential part of the educational process and thus is not mandated by the St. Tammany Parish School Board. I also understand and agree that participation in athletic activities is a privilege that may be withdrawn for violations of St. Tammany Parish School Board Policy and/or School Policy.

I understand that to pursue excellence on the playing field, I must not experiment with alcohol, illegal drugs or banned substances. I understand that the St. Tammany Parish School Board's main purpose of the random drug testing program is not to invade the privacy of the student athlete, but rather its intent is to identify a health or controlled substance dependence which by its very nature would be counterproductive to the safety of the athlete and his/her companions. I have received and read, and I am fully aware of and thoroughly understand the St. Tammany Parish School Board Drug Testing and Referral Program for Athletes, which includes (1) a Policy for Random Drug Testing of St. Tammany Parish School Board High School Students Participating in Interscholastic Sports; and (2) Procedures for Random Drug Testing of St. Tammany Parish School Board District Students Participating in Interscholastic Sports, dealing with drug use and also the additional rules set forth by the St. Tammany Parish School Board and my school's athletic department.

I understand and realize that there is risk of injury in participating in athletic activities, and I understand that when I participate in any athletic program, I will be subjected to random drug testing, and if I refuse, I will not be allowed to participate in any athletic activities. I have read the St. Tammany Parish School Board Student Athlete Contract and Authorization/Consent Form and agree to its terms. I understand that these tests will be strictly enforced and participation be mandatory, since the parent(s)/guardian(s)/custodian(s) have freely chosen to son(s)/daughter(s)/ward(s) to participate in athletic programs. No athlete will be tested unless at least one parent/guardian/custodian and the athlete sign a form giving permission to have drug testing performed. By signing, the parent(s) and athlete acknowledge that they have consented to the administration of the test and waive any claim of invasion of privacy and waive any objection to the necessary action in the furtherance of these safety proceedings. The undersigned do hereby authorize the St. Tammany Parish School Board to have the tests enumerated herein to be administered as part of its athletic program. I understand and agree that my refusal to allow and/or submit to these tests to be administered by the St. Tammany Parish School Board will immediately serve as notice that I, the student may not participate in any athletic extra curricular activity, and do further agree and understand that failure and/or refusal to allow and/or submit to these tests shall be considered by the St. Tammany Parish School Board as a Positive result under the (1) Policy for Random Drug Testing of St. Tammany Parish School Board High School Students Participating in Interscholastic Sports; and (2) Procedures for Random Drug Testing of St. Tammany Parish School Board District Students Participating in Interscholastic Sports.

I understand that this is binding while I am a student in the St. Tammany Parish School Board school system and I understand the consequences that I will face should I violate these rules and/or policies, and understand that I am subject to penalties, including loss of athletic participation privileges.

I understand that should I have the need to discuss or seek assistance in reference to a drug or alcohol related matter, it is my responsibility to do this immediately. This can be done with a member of the coaching staff, a guidance counselor, or administrator. I know that if I ask for help I will receive help. I also understand that this does not relieve my obligation through the mandatory drug testing program.

#### As a Parent/Guardian/Custodian:

We have received and read, and we are fully aware of and thoroughly understand the St. Tammany Parish School Board Drug Testing and Referral Program for Athletes, which includes (1) a Policy for Random Drug Testing of St. Tammany Parish School Board High School Students Participating in Interscholastic Sports; and (2) Procedures for Random Drug Testing of St. Tammany Parish School Board District Students Participating in Interscholastic Sports, dealing with drug use and also the additional rules set forth by the St. Tammany Parish School Board and my student's athletic department. We have also read the St. Tammany Parish School Board Student Athlete Contract and Authorization/Consent Form and agree to all of its terms and conditions. As such, we pledge to promote healthy lifestyles for all student athletes of the School District.

We understand and realize that there is an assumed risk of injury involved for our son/daughter/ward as a participant in athletic activities. We also understand that our son/daughter/ward, when participating in any athletic program, will be subjected to random drug testing, and if they refuse, will not be allowed to participate in any athletic activities. We do hereby consent to allow the student named in this St. Tammany Parish School Board Student Athlete Contract and Authorization/Consent Form to undergo drug testing for the presence of illicit drugs or banned substances in accordance with the St. Tammany Parish School Board Drug Testing and Referral Program for Athletes.

We do hereby give our consent to the medical Vendor selected by the St. Tammany Parish School Board, their laboratory, doctors, employees, or agents, together with any clinic, hospital, or laboratory designated by the selected medical vendor, to conduct random drug testing on the student named herein below. We understand these results will be forwarded to the Building Principal and will also be made available to us.

We understand that consent pursuant to this Informed Consent Agreement will be effective for all athletic sports in which this student athlete might participate during the current school year, and we do hereby release the St. Tammany Parish School Board and it's employees, designees and agents from any legal responsibility or liability for the release of such information and records, and for any responsibility in connection with the administration of test results, warranties as to accuracy of said tests and medical procedures used by the Vendor and/or any referring laboratory.

We further agree and understand that the St. Tammany Parish School Board and its Athletic Department assumes no responsibility for diagnosing or treating any disease that may become known as a result of said laboratory test(s), and that if the athlete has been taking medication, we should indicate this prior to the administration of the tests and notify the School Principal of the prescribing physician.

Student Athlete (print and sign name)	Parent/Guardian/Custodian (print and sign name)
Date:	Date:
SS#:	Telephone No.:
	Address:
Parent/Guardian/Custodian (print and sign name)	
Date:	
Telephone No.:	
Address:	

# SCHOOL WAIVER FORM EXTRACURRICULAR ACTIVITES

The St. Tammany Parish School Board, its employees, agents and insurers have no liability, and accepts no liability for injuries or accidents occurring to students during their participation in interscholastic athletics or sports and related extracurricular teams or activities. The student and parent(s)/guardian(s) assume any and all risks, including without limitation risk of injury and risk of incurring medical expenses associated with the participation by the student.

Student's Name	Sports/Activities			Sex □M □F		
School	Grade	Age	Date of Birt	h/		
Parent's/Guardian's Name						
Father's/Guardian's SS# XXX-XX						
Work Address						
Phone Number ( )						
Home Address						
Phone Number ( )						
Another Person to Contact						
Relationship			oer ( )			
Insurance Company						
Policy Number and/or Group Numbers						
ALLERGIES						
Parent's Signature	Stı	udent's Signature				
Date		over age 18) te				

<u>IMPORTANT NOTICE</u> – It is the policy of the St. Tammany Parish School Board that **ALL** athletes participating in our school sports programs <u>MUST HAVE EITHER MEDICAL OR ACCIDENT INSURANCE</u> <u>IN ORDER TO PARTICIPATE!</u> Please be sure to provide that information on this form. This information also becomes important in case of injury or illness and we are unable to immediately contact parents/guardians

LHSAA MEDICAL HISTORY EVALUATION

IMPORTANT: This form must be completed <u>annually</u>, kept on file with the school, & is subject to inspection by the Rules Compliance Team.

Sport(s):				Sex: M / F Date of	Birth:	Age:Cell Phone:_		
Home Address:			City:_	Sta	te:Zip Code	e:Home Phone:		
Parent / Guardia	ın:			Employer:		Work Pho	ne:	
FAMILY MEDIC	AL HISTORY	Has any member o	f your fan	nily under age 50 had these con	ditions?			
Yes No Condi	ition	Whom	Yes No	Condition	Whom	Yes No Condition	Whom	
				Sudden Death		☐ ☐ Arthritis		
□ □ Stroke □ □ Diabete	es .					<ul><li>☐</li></ul>		
				nad any of the following injuries?		п п триоро)		
Yes No Condi	ition	Date	Υ	es No Condition	Date	Yes No Condition	Dat	e
	Injury / Concuss			□ □ Neck Injury / Stinger		□ □ Shoulder L / F	₹	
☐ ☐ Elbow			_	☐ ☐ Arm / Wrist / Hand L / R☐ ☐ Thigh L / R		□ □ Back □ □ Knee L / R		
□ □ Lower	Leg L / R		_	☐ ☐ Chronic Shin Splints		☐ ☐ Ankle L / R		
□ □ Foot L				☐ ☐ Severe Muscle Strain		□ □ Pinched Nerv	е	
□ □ Chest				Previous Surgeries:				
Yes No Condi		: Has the athlete h	nad any o <b>Yes N</b>	or tnese conditions?  No Condition	Yes No	Condition		
		Pain / Tightness		□ Asthma / Prescribed Inhaler		Menstrual irregularities: La	ast Cycle:_	
□ □ Seizur				☐ Shortness of breath / Cough	~	Rapid weight loss / gain		
	y Disease lar Heartbeat			<ul><li>☐ Hernia</li><li>☐ Knocked out / Concussion</li></ul>		Take supplements/vitamin Heat related problems	S	
□ □ Single				☐ Heart Disease		Recent Mononucleosi		
☐ ☐ High E	Blood Pressure			☐ Diabetes		Enlarged Spleen		
☐ ☐ Dizzy	/ Fainting Loss (kidney, s	nleen etc)		<ul><li>□ Liver Disease</li><li>□ Tuberculosis</li></ul>		Sickle Cell Trait/Anemia Overnight in hospital		
□ □ Medic	ations			Prescribed EPI PEN  Measles Immunization:  PAPENTS: WAIVE				
List Dates for:	: Last Tetanus S	Shot:		Measles Immunization:  PARENTS' WAIVER		_Meningitis Vaccine:		
This waiver student athlete recaused by any a was caused by £ 1. If, in the judg or sickness, 2. I understand I will notify hi 3. I give my per director/princ 4. By my signar by the LHSA	r, executed on the named above, is not or omission regross negligence gment of a school I do hereby request that if the medicisher principal of mission for the cipal of his/her sture below, I am A or its Represent	done so in compliar elated to the health of the health of the health of the health of the consent and autoral status of my child of the change immediathletic trainer to relacion	e named set thorize for the changes liately	gned medical doctor, osteopathicouisiana law with the full undersices if rendered voluntarily and vistudent-athlete needs care or treor such care as may be deemed in any significant manner after remation concerning my child's in medical history/exam form and ature of Parent  OSTEOPATHIC DR. (DO), NUI	standing that there without expectation eatment as a resul necessaryhis/her physical e juries to the head all eligibility form	e shall be no cause of action of payment herein unless to fan injury  xamination,  coach/athletic  s to be reviewed  Typed or Printed Na	r for any lo such loss ofYesYesYesYesYesYes	No No No No No Teent
CENEDAL MED	NCAL EVAM		OPTI	ONAL EVAMS.		ORTHODAEDIC EVAM	_	
GENERAL MED	Norm :	Abni	VISIO	ONAL EXAMS: ON:		ORTHOPAEDIC EXAM	Norm	Abnl
ENT				R: Corrected:		I. Spine / Neck		
Lungs Heart			DEN	TAI ·		Cervical Thoracic		
Abdomen				3 4 5 6 7 8 9 10 11 12 13 14	15 16	Lumbar		
Skin				29 28 27 26 25 24 23 22 21 20		II. Upper Extremity	_	-
Hernia (if Needed)						Shoulder Elbow		
(ii ivoeueu)	COMMENT	'S:				_ Wrist		H
					_	Hand / Fingers		
						_ III. Lower Extremity		
						Hip	_	П
From this limite	d screening I s	ee no reason why t	his stud	ent cannot participate in athle	tics.	Knee		
[] Student is o	cleared er further evalu	ee no reason why to ation and treatmentnon-contact			tics.	Knee Ankle		_ 