

WEST BROWARD BOBCATS BASEBALL

TEAM CONTRACT: RULES AND EXPECTATIONS

Spring 2018

What's our mission:

To represent West Broward High School and our baseball program with pride and dignity in the same way that a role model and leader would do.

ACADEMICS AND ATTENDANCE:

- * As a student athlete at West Broward High School you will be a student first and athlete second.
- * Each student athlete's classroom performance will be observed closely.
- * You are a Student-Athlete, academics are always a priority, and before making a commitment to:
 - * Get to class on time.
 - * You will attend ALL classes REGULARLY and be ON TIME.
 - * Attending school the day of a game is **MANDATORY**. Failure to attend will result in the player not playing in that day's game and attending school the Friday before and weekend games is also **MANDATORY**.
- * Student athletes who do not maintain a team imposed 2.0 GPA will be put on team probation and will have one week to get the grades up and provide the coaching staff some form of documentation showing that the low grades have indeed improved. Failure to do so will result in a suspension from the team until the grades improve. Academics will always come first!

CHARACTER:

- * Not only as student athletes but as young men in general, you will be judged now and your entire life based on your character, and how you react not only to the good things, but when things do not go your way. We must never forget that we all individually represent something far bigger than ourselves!
- * Respect umpires.
- * Composure is key; remember how many people are observing your actions and they do so when you are generally struggling....it's easy to behave well when times are good, what will you do when times are not good.
- * Take full responsibility for your actions; don't look to point fingers at somebody else.

APPEARANCE:

- * Our program represents the community and the school. How you look is a direct reflection of the program.
- * Players will dress properly around campus and at baseball related functions. Remember, you represent your family, the baseball program and WBHS.
- * If you choose to have facial hair, it must be clean and well-groomed.
- * NO earrings will be worn on the field at any time.

CELL PHONE USAGE AND SOCIAL MEDIA:

- * Cell phones are not allowed to be out or used at all during practice. Under an extreme situation and the phone is needed, speak with a coach and get permission.
- * Social media is very risky. Remember that what you do on your social media accounts and what you are seen doing and involved in can have serious implications. Always put the team first and think about the consequences of misusing social media outlets.
- * Misuse of social media outlets and cell phones will result in a player suspension subject to the coaches decision at that time.

INJURIES & SICKNESS:

- * All injuries and sickness will be reported immediately to the coaches and trainers, so that treatment can be initiated as promptly as possible.
- * Players will inform a Coach that they will be going to see the trainer before the actually going.
- * Team Trainers will prescribe the limitations on practice and game performance and we have to adhere and respect their decisions.

PRACTICE:

- * Report to practice on time. **Never leave practice until you are excused.**
- * Missing practice without permission from the coach will have a direct effect on your playing time.
- * Missing a practice the day before a game is unexcused and will result in that player not playing in that game.
- * No Headphones or Phones are allowed at practice and / or game unless approved by a coach.
- * Players that miss or arrive late to practice because they are making up missed school work or test, must provide the coaches a written note from the teacher you were working with. If you are unable to provide documentation, you're considered late and there will be repercussions.
- * Players must be present at all practices, work days, team meetings, contests, special occasions and events. If for any reason you are unable to do so, you need to relay this to the coaching staff and we can handle every scenario case by case.
- * Wear baseball uniforms to practice, which consists of team issued pants, shirt, and a hat.

GAME DAY:

- * No spectators are allowed in the dugout during a game. This includes parents, family members, friends, girlfriends, etc. (nor are any non-player allowed to visit with you during a game)
- * Players are allowed to leave the dugout during a game only to get a foul ball, go to the bathroom, warm up/stretch/throw, or in a medical or weather related emergency. You're expected to perform the necessary function and return to the dugout without incident.
- * Any other request to leave the dugout should be discussed with and approved by a member of the coaching staff.
- * You should have all your drinks and your gear prior to warm ups. No drinks will be allowed to be given to players without a coach's permission once the game has started.
- * Players will be required to help with field duties before and after games. If any player leaves before being excused and the field has not been completely cleaned, will be suspended from the next game.

UNIFORMS:

- * Uniforms should be kept clean, in good condition, and always tucked in; from warm up's until the game is completed, uniforms should be worn.
 - * Hats should be worn correctly (straightforward). Rally caps are acceptable when appropriate.
 - * Bring a jacket to practice and games. Your arm is very important.
 - * Players are responsible for all equipment and uniforms issued to them. Stolen or damaged equipment or uniforms must be paid by the athlete or his Parent or an obligation will be filed with the school.
 - * When we arrive at our opponent's field you will be dressed (to play) with the exception of your cleats.
- No Cleats on the bus. **Turfs or Sneakers ONLY. No flip flops around the field during pre-game and game itself.**
- * Players will wear BP tops or jacket during all pre-game activities and will change into their Game Day uniform top prior to the start of the game.

EQUIPMENT:

- * Throwing and/or abuse of equipment is prohibited. In the event that equipment is thrown/abused and damaged, the player will be expected to reimburse the school for repair or replacement of the equipment.
- * Throwing of equipment may result in a player being removed from the game. This is at the Coach's discretion.
- * You are responsible for your own equipment and any issued to you.
- * All players will be required to help carry equipment at practices and at games.
- * All Equipment will be stored in its proper area.
- * Assignments and Duties will be announced before each season.

BATTING CAGE RULES:

- * Keep the cage area clean. No Eating and when drinking throwaway empty bottles and cans.
- * Always request permission from a coach to hit on your own and you can only hit when a coach is at Baseball facility.
- * All Bats and Baseballs must be put away when done.
- * No more than 2 players at a time in the cages.

USE OF TOBACCO, ALCOHOL OR DRUGS:

- * Smoking, the use of chewing tobacco and smokeless tobacco, drinking of alcoholic beverages, and the illegal use of drugs or performance enhancing drugs by any athlete is prohibited. Disciplinary action and or suspension from the team and/or school will be considered.

HAZING AND INITIATIONS:

- * An athlete who is deemed to have participated in acts of hazing will be dismissed from the team and referred to the administration for further discipline. Hazing is defined as committing acts of initiation
- * considered demeaning to the person of a teammate. These acts include forced haircuts, involuntary servitude and physical acts to the person.

SUSPENSION FROM TEAM:

- * Suspensions will be made by the Coach, Athletic Director or School Administrator. Causes for suspensions may include but not limited to the following:
 - * Grades are checked at random, don't maintain a 2.0, you have one week to provide documentation that the grades have improved. If you are unable to do so, you will be suspended until it is above the 2.0 mark.
 - * Personal misconduct. Student athletes are ineligible for practice or contest during periods of suspensions.
 - * Unexcused absences from meetings or practices.
 - * Unsportsmanlike conduct.
 - * Failure to adhere to 'any rules' set forth by the coaching staff

TRANSPORTATION & TRAVELING:

- * When traveling to and from contests, the team will meet at a designated location. Please make sure to have what is needed when getting on the bus.
- * Entire team **must return** on the bus back to school.
- * All team members will travel to and from all contests by means of transportation provided or organized by the Athletic Director's Office. On occasion, parents will be responsible for the transportation of their athletes.
- * There will be no profanity or abuse of any kind while riding a school bus traveling to and from games.

* You will be allowed to have music as long as you have headphones - only on the bus.

PARENTS:

- * **Practices are closed.** Parents will be alerted as to when intersquad games are open to parents.
- * Please show good sportsmanship and respect to all our visitors and opposing fans home or away at all times
- * Players, Student-Athletes and Coaches that are fined by the BCAA and/ or FHSAA must pay the fine themselves. It will not be paid for by the Bobcats Baseball Booster Club or the West Broward High School.

COMMUNICATION:

- * Any player can email me at bobcatscoachstein@gmail.com or communicate with me through remind101 or text message
- * You must communicate with the coaching staff for everything, when in doubt, ask me or let me know!!
- * The second source of information will be the team website which is: <http://wbbobcatsbaseball.com>

SUMMARY:

We need leadership, respect for the authority of the coaching staff and a disciplined effort by each team member in order to have a unified commitment to achieving our goals.

We need to understand the opportunity we have and the following three things will always put things into perspective when we think about how we should go about doing what we do on the ballfield and in representing the school:

1. Be Respectful
2. Do the right thing
3. Communicate