

**2019 – 2020**

**Arizona College Prep Knights**

**BASKETBALL**



**ATHLETE-PARENT**

**HANDBOOK**

**DEDICATION, DISCIPLINE & TOUGHNESS!**

# **Arizona College Prep Basketball**

## **Boys Basketball Parent-Player Handbook**

### **To The Parents of Players**

Thank you for supporting and encouraging your son and for helping him be a part of our program. He is important to you and he is important to his team and our coaches. We want him to be a successful player, yet we know that basketball success must come after family and academic success.

We will require grade checks and expect proper dress and behavior as he represents our Knights basketball program.

We are passionate about building an exciting and successful program at Arizona College Prep. Your son belongs to one of the best districts in the state and one of the most competitive athletic sections in all sports. In order to become as successful as possible we need to recognize the efforts of many, including parents, administrators, community supporters, ACP instructors and staff, other ACP sports programs, and our coaches. Visit our program website for additional information throughout the year. The website is as follows: [www.acpboysbasketball.com](http://www.acpboysbasketball.com)

Please support your son and our team in positive ways. Encourage them at home, cheer for them at games and enjoy the season.

Please allow the referees and opponents to do their jobs without negative comments; help make ACP a place where every game is enjoyable.

Again, thank you for all your help and support. It is appreciated.

#### **Coaching Staff:**

##### **Varsity:**

##### **Junior Varsity:**

##### **Freshmen:**

#### **Head Coach**

Clint Treadway

Caden Towt

Sergio Valladolid

#### **Assistant Coach**

Caden Towt

Yassine Mazboudi

Fabian Valladolid

## **PROGRAM GOALS**

To provide the Chandler Unified School District with:

1. A basketball program that meets the needs of the athletes of Arizona College Prep.
2. A basketball program that develops athletes physically, mentally and emotionally.
3. A basketball program that respects all people and represents itself as first class on and off the court.
4. A basketball program that provides an equal opportunity for all basketball players to reach their full potential.

# PLAYER EXPECTATIONS

Dress, act and speak in ways that bring respect and dignity to you, your family, our school and our team in the class, on the court and in the community.

- ♦ School is our main priority. Players need to plan ahead so that schoolwork and basketball do not conflict. If players are struggling in school, talk to the coaches. They can help you work out a plan to balance both priorities.
- ♦ All forms and fees must be filled out and submitted prior to the first game. Student-Athletes cannot practice or play until their pay to play fee is received.
- ♦ Student-Athletes need to be on time to class and practice and **attend all basketball functions.**
- ♦ Give full attention to coaches. Give 100% effort in practice and competition. Work hard to accomplish team goals. Perfect attendance does not guarantee playing time.
- ♦ Student-Athletes are expected to participate in all fundraisers. \$\$ due December 14<sup>th</sup>, including tax credit donations.
- ♦ Display good sportsmanship in winning and losing. You are representing Arizona College Prep at all times. What you do doesn't only represent yourself. Your actions represent your family, the Knights basketball program, ACP and the community.
- ♦ This program is an educational experience. We want you to become confident, competitive, assertive and aggressive in a team situation. This demands commitment, unselfishness and loyalty.

# **GRADES**

The coaching staff will issue grade checks periodically. The administration will also check for eligibility. The student must pass all classes at the end of each grading period and not carry any "Unsatisfactories", "Incompletes" and have a GPA of 2.0 or higher.

# TEAM RULES

- ◆ During practice, games or entering any gymnasium the athletes will not be wearing hats, sunglasses, or distracting jewelry. At home games the players will sit with the student body and on road games behind our team. During the varsity halftime the JV/F players may be in the dressing room to learn.
- ◆ On Game days, phones will be collected by coaches when the players get to the gym and returned after the game. Phones will be collected on bus for away games.
- ◆ No athlete may participate in any athletic event if he has not attended a full and normal class schedule on the day of the event. Exceptions to this rule would be an excused absence or a family emergency.
- ◆ Student-Athletes currently receiving a D or F in any class are required to get extra help during teacher office hours, until their grade is raised.
- ◆ All student-athletes will be dealt with individually if an issue may arise. No situation is exactly the same; therefore all consequences will be at the coaches discretion.

# LOCKER ROOM

- ◆ No horseplay!
- ◆ Keep your locker locked at all times. All equipment should be in your locker when not in use. Personal belongings should not be left outside your locker.
- ◆ Place all drinks and used tape in the trash. Do not leave any trash lying around.
- ◆ The locker room is for ACP basketball student-athletes only. Parents and friends of athletes may not come into the locker room at any time.

# **DISCIPLINE**

Discipline will be handed out in a fair and firm manner. Each incident will be handled individually and the disciplinary action will be based on the severity of the offense. The following are consequences when needed:

**A) Running**

**B) Loss of playing time**

**C) Suspension**

**D) Removal from the team**



## **PRACTICE PREPARATION**

- ◆ Be at practice on time (15 minutes early) with full attention and effort. Practice with a purpose.
- ◆ Attend all practices including Saturdays and during Thanksgiving and winter break. To be a successful program, it is important to use every practice opportunity that we can.
- ◆ Be prepared with proper gear. Issued practice shorts and jersey. No colored undershirts or socks. Black or white is acceptable.
- ◆ Have a goal, even if small, for every practice. Improve at something everyday.

## MISCELLANEOUS

- ◆ During drills, everyone will participate either by performing or encouraging. Concentration should be high for ultimate performance. No sitting and/or chatting during drills.
- ◆ Bickering on or off the court is unacceptable. Do not waste practice time with complaining, arguing, and/or gossiping. Respect each other!
- ◆ Absolutely no hazing will be tolerated.

## **GAME DAY DRESS**

The athletes in the ACP basketball program will wear one of the following three options to school on game day. Each level in the program will choose what they want to wear as a team.

- ◆ ACP Knights T-shirt/hoodie with uniform bottoms.
- ◆ ACP Knights travel gear (Varsity - away games only).
- ◆ Dress shirt and tie (Home games only).

# GAME DAY UNIFORMS

We want to establish a first class look, so we have set the following game day guidelines pertaining to dress.

- ◆ All game jerseys are to be tucked in and shorts pulled up at all times.
- ◆ Each player on the team should be wearing appropriate undershirts and socks.
- ◆ Players are not to wear their basketball uniforms outside of competition.
- ◆ No cutoff t-shirts. No individual head or armbands. No distractions.

## **GAME DAY TRAVEL**

Every varsity athlete must ride the bus to and from every away game. Exceptions will be made in case of emergency.

JV and freshmen can arrange a ride home after the game as long as that arrangement is communicated with their coach.

Athletes are expected to be on the bus at the scheduled time of departure. Failure to be on the bus will result in not playing in the game except for emergency situations. During the travel to the game, the focus is on the task at hand (game); therefore, conversation should be used for personal focus. Cell phones will be collected before players get on bus and will be returned after the game.

# COMMUNICATION - PARENTS/GUARDIAN/COACH

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefit to our children. As parents, when your child becomes involved in the Knights basketball program, you have a right to understand what expectations are placed on your child. This begins with clear communication from the coaches.

## **Communication You Should Expect From Your Child's Coach**

1. Philosophy of coaching.
2. Expectations the coach has for your child as well as all the players on the squad.
3. Locations and times of all practices and contests.
4. Team requirements (i.e. fees, special equipment, off-season conditioning).
5. Procedures should your child be injured during participation.
6. Discipline as the result of your child unable to follow team rules and expectations.

## **Communication Coaches Expect From Parents**

1. Concerns expressed directly to the coach and not via social media.
2. Notification of any schedule conflicts well in advance.
3. Specific concern in regard to coaches expectations.

As your child becomes involved in the ACP basketball program, he will experience some of the most rewarding moments of his life. It is important to understand there may be times when things do not go the way you or your child wishes. At these times, discussion with the coach is encouraged.

# COMMUNICATION - PARENTS/GUARDIAN/COACH CONTINUED

## Appropriate Concerns To Discuss With Coaches

1. The treatment of your child mentally and physically
2. Ways to help your child improve.
3. Concerns about your child's behavior.

It is very difficult to accept your child not playing as much as you would like. Coaches are professionals. They make judgment decisions based on what they believe to be best for all student-athletes involved. As you have seen from the list above, certain things can be discussed with your child's coach. Other things, such as those in the next paragraph must be left to the discretion of the coach.

## Issues Not Appropriate To Discuss or Question With Coaches

1. Playing time.
2. Team strategy, play calling and philosophy.
3. Other student-athletes.

There are situations that may require a conference between the coach and the parent. These are encouraged. It is important that both parties involved have a clear understanding of the other's position. When these conferences are necessary, the following procedures should be followed to help promote a resolution to the issue of concern. **If these non-appropriate issues are brought up, then the player will lose playing time.**

# **COMMUNICATION - PARENTS/GUARDIAN/COACH CONTINUED**

## **If You Have A Concern To Discuss With a Coach**

1. Call to set up an appointment with Coach Treadway at 480-424-8023.
2. Do not confront a coach before or after a game or practice. These meetings do not promote resolutions.

## **What Can A Parent Do If The Meeting With The Coach Did Not Provide An Agreeable Resolution?**

1. Call and set up an appointment with the Athletic Director, Ms. Heather Osborn, to discuss the situation.

Since the research indicates that a student involved in extracurricular activities has a greater chance for success during adulthood, this program has been established. Many of the character traits required to be successful participant are exactly those that will promote successful life after high school. We hope this information makes both your child's and your experience with the Arizona College Prep basketball program very enjoyable.



## **PLAYING PHILOSOPHY**

The Arizona College Prep basketball program is a competitive program. The coaching staff makes every effort on the freshmen and JV teams to allow all players playing time and still maintain this competitive philosophy. Thus, all players do not receive the same amount of playing time. They will, however, receive the same in-depth instruction, which will enable them to become the best basketball player they can.

The players that makeup the varsity team are those that the coaching staff feels gives them the best chance of being successful and at the same time still develop to their fullest potential. There are no guaranteed amounts of playing time for those athletes who make up the varsity team. The coaching staff will make decisions that they feel benefits the entire program.

The coaching staff wants to win every night and win bad.

# The official site of the Arizona College Prep Knights

[www.acpboysbasketball.com](http://www.acpboysbasketball.com)

- **ACP Boys Basketball 2020 – 2021 Master Calendar**
- **Social Media Links - @ACPKnightsHoops**
- **Tax credit forms – Under Basketball Links**
- **Other important information including**
  - Rosters and Player Profiles**
  - Schedules**
  - Recaps**
  - Statistics and Records**
  - Camp Information**
  - Coaches**
  - Program Sponsors**
  - Archived Seasons**



# Sign up for Remind App

Tell people to text @acpbball to the number 81010

They'll receive a welcome text from Remind.

If anyone has trouble with 81010, they can try texting @acpbball to (540) 657-3483.

