REGION III/V TOURNAMENT BYLAWS

Eastern Conference Basketball Adopted: November 2021

Last Revised: November 2025

ARTICLE X: BYLAWS





Section 1: Governing Rules

Basketball competition in the Eastern Conference will follow the guidelines established by the National Federation of State High Schools Association Basketball Rule Book and all applicable rules and regulations established by ASAA and Regions III and V.

Section 2: Scheduling

A maximum 22 game schedule in one season, exclusive of post-season tournament play, consists of a home-home schedule unless the game(s) is cancelled due to weather and other circumstances beyond the control of the school(s). In the event one or more schools in the district fails to complete their home and away schedule due to the above conditions, the offending school(s) will still be allowed to participate in the seeding process. Schedules are to be checked prior to the season to make sure all conference games are scheduled.

The Eastern Conference will consist of the following schools:

Southern Division: Mt. Edgecumbe High School, Sitka High School Northern Division: Houston Jr./Sr. High School, Redington Jr./Sr. High School

Schools in the same division will play each other on a home and away basis during the regular season for a total of (at least) two games. Schools in opposing divisions will play each other twice on a home and away basis during the regular season for a total of four games.

Section 3: Tournament Seeding

Teams will be seeded according to the following criteria in this priority order:

- 1. Conference record
- 2. Regular season head to head competition
- 3. Record against team(s) with a higher seed
- 4. Coin toss

The tournament bracket will be a four team double elimination format.

In the case of a three way or four way tie, only the head to head records between the teams that are tied will be considered. Once the original tie is broken, head to head competition must be considered first between the remaining teams before using steps three and four. All ties will be broken by representatives from the Region III and V boards in person or by remote conference with the schools involved. A board member will designate a team "heads" based on the first letter of the school in alphabetical order, and the other team "tails" before flipping the coin. Final team seeding will be communicated to all teams by the Tournament Director.

Section 4: Team Rosters

Team rosters are not to exceed fifteen players, and must be submitted to the host school by participating schools prior to the first day of the tournament. A final team roster of twelve players must be selected from the original list and submitted to the tournament official book by that team's first game of the tournament. Thereafter, no changes or substitutions shall be permitted.

Section 5: Time Schedule

The tournament will be scheduled over a three day period. The tournament director shall arrange the scheduled games as to the session and location in which games shall be played. The host school may exercise the option of having their first round game played in the evening.

Section 6: Board of Control

A tournament Board of Control shall be chosen that shall consist of three individuals with sufficient knowledge of the sport to make educated and fair decisions when necessary. It is recommended that one Board of Control member represent the school that will host the tournament during the following year. The B.O.C. will break all ties.

Section 7: Jurisdiction

In the event of a dispute, the tournament Board of Control's decision will be final.

Section 8: Officials

The tournament director shall select the officials for the regional tournament.

The coaches of the schools competing in the championship game will determine the officials for that game in the following manner.

- 1. On odd years, the girls teams coaches choose first; on even years, the boys coaches will choose first.
- 2. The coaches that choose first will list their top choices and submit to a board of control member or tournament director.

The order of the championship and consolation games will alternate boys and then girls playing first. In odd numbered years girls will play first, in even numbered years, boys will play first.

Section 9: Trophies/Awards

Trophies and awards will be purchased by Region III and the costs shared by the Eastern Conference teams. There will be a team award for the 1st place team. Individual medals for first and second place teams will be provided.

A Coach of the Year award for both boys and girls teams will be voted by the coaches. Coach of the Year nominations may be submitted in writing by anyone to the Tournament Director at least one week prior to the tournament. Nominations shall include the name of the person nominating the head coach along with rationale for their nomination. The tournament director will include that information in the packet for the coaches meeting. Other nominations may be accepted at the meeting before voting. Each school's head coach or his/her designee shall have one vote.

A "Good Sport Team" will be chosen as follows:

At the coaches meeting, each coach will select one athlete on the team who displayed good sportsmanship throughout the entire season. These athletes will be recognized at the awards ceremony; medals will be purchased by Region III and the cost shared by the Eastern Conference teams.

Section 10: All-Conference Team Selection

Prior to the start of the conference tournament, each head coach will submit names of players for consideration of an All-Conference team. In order for a school's athletes to be eligible for postseason awards, all schools are required to vote a complete ballot for All-Conference voting.

At the coaches meeting, each coach will have an opportunity to speak to his/her nominations. At least one representative from each team must be present. All head coaches (or designated proxy) will then vote for nine athletes from the list of nominations. Coaches may not vote for their own players. Ballots will be weighted according to numerical priority (i.e. the first name entered will be given nine points; the second name is given eight points, etc.) All coaches will mark their ballots in full, submit them to the meeting host. The vote will be tabulated and then presented verbally and visually with all coaches present. If at this time more discussion is needed, the Board of Control will facilitate discussion and re-vote of the All-Conference Team.

All Conference Team = the nine athletes receiving the most votes. (The player with the most votes receives the MVP Plaque instead of a medal.)

Section 11: Pep Bands

Pep Bands will be limited to playing only during the 20 minute warm-up periods, time-outs, and halftimes. They will not be allowed to play during live ball time including the shooting of free throws.

During the coaches meeting, a discussion should be facilitated by the host school regarding any concerns or changes needed to the bylaws. These concerns will then be presented at the next region meeting.