

# REGION III BASKETBALL

## TOURNAMENT BYLAWS

### Northern Lights Conference

**Revised: November, 2025 | Adopted: November 2024**



#### ARTICLE X: BYLAWS

##### **Section 1: Governing Rules**

Basketball competition in Region III will follow the guidelines established by the National Federation of State High Schools Association Basketball Rule Book and all applicable rules and regulations established by ASAA and Region III.

##### **Section 2: Scheduling and Video Exchange**

###### **A. Scheduling**

All participating member schools must compete within the designated Region III district. A maximum of a 22 game schedule in one season, exclusive of post-season tournament play consists of a home-home schedule unless the game is canceled due to weather or natural disaster and/or other circumstances beyond the control of the school(s). In this case, every attempt will be made to try and reschedule the canceled games. In the event one or more schools in the district fails to complete their home and home schedule due to the above conditions, the offending school(s) will still be allowed to participate in the seeding process.

###### **B. Hudl Game Film**

Both boys' and girls' basketball programs will use the Hudl video exchange program. Each school (program) is responsible for signing up and maintaining the cost of the Hudl account. Complete schedules must be sent into Hudl by December 1st of each season. Each school (program) is also responsible for posting each of their games into the NLC folder. For weekend conference games, the home team will be responsible for posting the game film in the shared folder by 3pm Sunday of each week. For weekday conference games (Mon-Thur.), games should be posted by midnight of game day.

##### **Section 3: Tournament Bracketing**

**A. Teams Involved: ACS, Colony, Grace, Kodiak, Palmer, Soldotna, and Wasilla.**

## **B. Tournament Bracketing**

A Six Team bracket will be used with the first and second seeded teams receiving a first round bye. The fourth and fifth seeded teams will play on the top of the bracket with the number one seeded team, and the Third and Fourth seeded teams will play on the bottom of the bracket with 2nd seed. See Attached game schedule for even and odd years.

## **C. Seeding of the Tournament**

Teams will be seeded according to the following criteria:

1. Overall Region Record;
2. Head to Head Competition in Region Play;
3. Highest Rated RPI



In the case of a three or four way tie, only the head to head records between the teams that are tied will be considered. Once the original tie is broken, the tiebreaker process starts over again at step 2 for each subsequent tie needing to be broken.

The higher seeded team in each contest will be designated as the home team and will be awarded all privileges normally assumed by the home team except when playing the host school. The host school will be the home team (regardless of seed) throughout the tournament. They will sit on the home bench and be home on the scoreboard.

All ties will be broken by the Board of Control. Each school involved in the tie process will designate a person to represent their school either in person or via conference call. If a coin toss is needed, the Board member breaking the ties will designate a team “heads” based on the first letter of the school in alphabetical order, and the other team “tails” before flipping the coin. Final team seeding will be faxed and emailed to all teams by the tournament director.

## **Section 4: Team Rosters**

Team rosters are not to exceed 15 players and must be submitted to the host school on the official form, which will have spaces for 15 players. This 15 player roster will be used for T-shirts and programs. This needs to be done no later than 10 days prior to the day of the region tournament. Changes to a team's 15-person pre tournament roster can be made up until the start of the coaches meeting. A final team roster of 12 players must be submitted to the tournament director at the conclusion of the coaches meeting prior to the tournament beginning. Changes can be made to the 12 Person roster provided the substitution is one of the original 15 players submitted. The 12 Person roster represents the only players that may be in uniform during the tournament.

## **Section 5: Time Schedule**

The Region Tournament will be scheduled over 3 days. The tournament director shall arrange the scheduled games as to the session and location in which games shall be played for the tournament's first day of play. The host school may exercise the option of having their first round game played in the evening. The tournament will rotate genders in terms of who plays

first. On even numbered years, the girls will play the first games and on odd numbered years, the boys will play first.

### **Section 6: Board of Control**

A tournament Board of Control shall be chosen for each Region III sponsored event. The board shall consist of three individuals who have sufficient knowledge of the sport to make educated and fair decisions when necessary. It is recommended that one Board of Control member represent the school that will host the tournament the following year. In the event of a dispute, the tournament Board of Control's decision will be final. The Board of Control will break all ties for Region awards; only one plaque will be presented for each gender.

### **Section 7: Officials**

The tournament director shall select the officials for the region tournament in the following manner:

1. A minimum of six certified officials are required for the boys/girls tournament;
2. The tournament director shall designate one of the six officials as the assigning official;
3. Effort will be made to select officials from all geographic regions of the school participating.
4. The coaches of the schools competing in the championship games and the assigning official for the tournament will determine the officials for the championship contests in the following manner:
  - a. On odd years the boys coaches choose first and on even years the girls coaches pick first;
  - b. The coaches that are picking first will list their top choice and submit it to the tournament director or a board of control member;
  - c. The two officials chosen will work that game. If the same official is selected by both coaches, they will be asked to submit the name of another official. If two different names are submitted for the second official, the board of control will decide whom the second official will be;
  - d. A new list will be provided to the coaches that choose second that does not include the officials already chosen;
  - e. Each coach will list his/her top choice from the new list and follow the same procedure spelled out in 4b & c;
  - f. The assigning official will assign the third official for both championship games.

### **Section 8: Trophies/Awards**

Trophies and awards will be purchased by Region III and the costs will be shared equally by the teams involved. There will be a team award for 1<sup>st</sup> place and individual medals for first and second place team members.

A Coach of Year Award for both boys and girls will be voted on at the coaches meeting prior to the tournament beginning. Each school's head coach or his/her designee shall have one vote. The voting for this award will take place right after the coaches select the All Region Team and

the voting will be supervised by the tournament director and the board of control. Coaches **cannot** vote for themselves.

A Region III Good Sport Team will also be chosen at the coaches meeting prior to the tournament. Each boys and girls head coach will nominate an athlete for this team. The nominee should be a team member who has displayed good sportsmanship throughout the entire season. The members of this team will be recognized at the awards ceremony with a special medal.

### **Section 9: All Region Team Selection**

A boys and girls All Region team will be selected at the coaches meeting prior to the beginning of the region tournament. Selection to the team will be based on the player's performance during the 22 game regular season.

The All Region selection process will look as follows:

1. Prior to the start of the tournament, each head coach will submit names of players they deem worthy of consideration for all region selection. The names will be submitted to the tournament director by a given date. Names will not be added or changed once the meeting starts;
2. At the coaches meeting, the boys and girls coaches will be split into two groups and time will be allowed for each coach to talk about their nominations;
3. Each school will have their head coach or a designated voter present at the coaches meeting; Once all of the coaches are done talking about their nominations, each coach or designated voter will select what they consider to be the top 7 players from Region III. Ballots will be weighted in reverse order with the top player receiving 7 points, the second best player 6 points, etc. In order for a schools athletes to be eligible for post season awards, all schools are required to vote a complete ballot for All-Region voting.
4. Coaches can vote for their own athletes. Once votes are received by the board of control, the athletes will be sorted to create a list reflecting the vote tallies Highest to lowest.
5. The Board of Control will supervise the voting process. Should any discrepancies arise, the Board has the option of nullifying the vote and conducting a re-vote. In this case, the tournament director or member of the Board of Control will send a letter to the Region III President and the principal(s) of the offending schools explaining the situation. The B.O.C. will break all ties.
6. Awards

#### **First Team All Region- Athletes ranked 1-5**

- If there is a tie between 5th and 6th ranked athletes, a vote will be taken to break the tie of the athletes involved in the tie.

**Second Team All Region** - Athletes ranked 6-10th

- If there is a tie for athletes 6-10th the tied athletes will be recognized as 2nd team.

**Honorable mention All Region**- remaining athletes that were nominated and received a vote.

**NLC Most Valuable Player Male/Female (MVP)** -

- The 3 athletes receiving the most votes are eligible for consideration of MVP. Coaches will submit one name from the list of 3. Coaches can vote for their own athlete.
- The player with the most votes will receive the Most Valuable Player Plaque instead of a medal. If a tie for this award takes place the tie will be broken using the Region tie breaking procedure.

**Good Sport Award**

- Each team will nominate 1 individual from their team to receive the good sport award. Recipients will receive a medal.

**Defensive Player Award**

- Each team will nominate 1 individual from their team to receive the defensive Player award. Recipients will receive a medal.

**Male/Female Coach of the Year Award**

- Each coach will nominate 1 Head coach from the conference to receive the Male/Female Coach of the year. If a tie for this award takes place the tie will be broken using the Region tie breaking procedure.

Award List:

8 First Team All Region Medals

1 Northern Lights Conference MVP -Male

1 Northern Lights Conference MVP -Female

12 Good Sport Medals

12 Defensive Player Medals

1 Northern Lights Conference Coach of the Year -Male

1 Northern Lights Conference Coach of the Year- Female

**REGION III BASKETBALL  
NORTHERN LIGHTS CONFERENCE TOURNAMENT CHAMPIONSHIPS  
EVEN YEAR SCHEDULE**

**Thursday**

Game 1 (Girls) #4 vs # 5 Seed

Game 2 ( Boys) # 4 vs # 5 Seed

Game 3 (Girls) # 3 vs # 6 Seed

Game 4 (Boys) # 3 vs # 6 Seed

**Friday**

Game 5 (Girls) Loser of Game 1 vs Loser of Game 3

Game 6 (Boys) Loser of Game 2 vs Loser of Game 4

Game 7 (Girls) # 1 seed vs Winner of Game 1

Game 8 (Boys) # 1 seed vs Winner of Game 2

Game 9 (Girls) Winner of Game 3 vs # 2 Seed

Game 10 (Boys) Winner of Game 4 vs # 2 Seed

All -Conference Awards and Tournament awards

**Saturday**

Game 11 (Girls) Loser of Game 7 vs Loser of Game 9 -3rd Place

Game 12 (Boys) Loser of Game 8 vs Loser of Game 10 -3rd Place

Game 13 (Girls ) Winner of Game 5 vs Loser of Game 11 - 4th Place

Game 14 (Boys) Winner of Game 6 vs Loser of Game 12 -4th Place

Game 15 (Girls ) Winner of Game 7 vs Winner of Game 9 - 1st Place

Game 16 (Boys) Winner of Game 8 vs Loser of Game 10 -1st place

**REGION III BASKETBALL  
NORTHERN LIGHTS CONFERENCE TOURNAMENT CHAMPIONSHIPS  
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Game 2 ( Girls) # 4 vs # 5 Seed

Game 3 (Boys) # 3 vs # 6 Seed

Game 4 (Girls) # 3 vs # 6 Seed

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Game 5 (Boys) Loser of Game 1 vs Loser of Game 3

Game 6 (Girls) Loser of Game 2 vs Loser of Game 4

Game 7 (Boys) # 1 seed vs Winner of Game 1

Game 8 (Girls) # 1 seed vs Winner of Game 2

Game 9 (Boys) Winner of Game 3 vs # 2 Seed

Game 10 (Girls) Winner of Game 4 vs # 2 Seed

All -Conference Awards and Tournament awards

**Saturday**

Game 11 (Boys) Loser of Game 7 vs Loser of Game 9 -3rd Place

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Game 14 (Girls) Winner of Game 6 vs Loser of Game 12 -4th Place

Game 15 (Boys ) Winner of Game 7 vs Winner of Game 9 - 1st Place

Game 16 (Girls) Winner of Game 8 vs Loser of Game 10 -1st place

During the coaches meeting, a discussion should be facilitated by the host school regarding any concerns or changes needed to the bylaws. These concerns will then be presented at the next region meeting.

### ***Hudl exchange instructions:***

#### Instruction for Basketball Hudl League Exchange

- 1.Once you are logged into your Hudl, hover over the “Team” tab on the top left.
- 2.Select “Team Profile”
- 3.Select “Edit Profile” on the top right.
- 4.Select the “Details” tab on the top left.
- 5.Change your team’s name to “Your School Boys/Girls Basketball.”  
a.ex: Kodiak Boys Basketball
- 6.Once you have changed your name, hover over the Exchange tab on the top left.  
a.You should see Direct and Leagues.  
b.If you do not see Leagues under the exchange tab you will need to contact Hudl Support at [support@hudl.com](mailto:support@hudl.com) to make sure this gets set up.
- 7.Check out this [tutorial](#) for information on how to record video and upload to your League Exchange.
- 8.Remember, it is the responsibility of the Home Team to upload game film from Conference games to the League Exchange.  
a.Weekday games must be entered by midnight of the game day.  
b.Weekend games must be entered by 3 pm Sunday.