

Cook Inlet Football
Conference
(CIFC)

Constitution and Bylaws

Adopted 1982

Revised 2023

ARTICLE I

Purpose To provide opportunities for student-athletes to improve self-esteem, self-discipline, goal-setting strategies, teamwork, sportsmanship, physical fitness, and inter-personal skills through participation in the school football program.

ARTICLE II

Membership Bartlett High School
Colony High School
Dimond High School
Bettye Davis East Anchorage High School
Juneau-Douglas High School
Service High School
South Anchorage High School
West Anchorage High School

ARTICLE III

Officers and Duties
Bartlett High School, Administrator-in-Charge
Bettye Davis East Anchorage High School, Administrator-in-Charge
Colony High School, Administrator-in-Charge
Dimond High School, Administrator-in-Charge
Juneau-Douglas High School, Administrator-in-Charge
Service High School, Administrator-in-Charge
South Anchorage High School, Administrator-in-Charge
West Anchorage High School, Administrator-in-Charge
Coaches' Representative, elected by CIFC Coaches
Conference President, Unit Principal of Coordinating School

ARTICLE IV

Section I

The CIFC Officers shall constitute the Executive Council and Administrative Council of the conference.

Section 2

The CIFC Officers shall have general supervision of the football program and shall interpret the rules thereof.

Section 3

The CIFC Officers shall rule on all appeals of protests and make a final determination of the penalties.

Section 4

The Conference President is the Unit Principal of the coordinating school. The conference President will appoint a Conference Coordinator to handle all the CIFC business as directed by the CIFC Constitution, Bylaws, and Executive Council. The CIFC President shall receive and rule on all protests and determine penalties, but all appeals of these rulings and penalties may go to the Executive Council.

Section 5

All rules and regulations of the Alaska School Activities Association (ASAA) shall be followed.

BYLAWS

Item 1 – Bylaws

These Bylaws will be in effect immediately upon passage and remain so until changed by a majority vote at a duly authorized meeting of the CIFC Executive Council.

Item 2 – Meetings

The CIFC shall meet at least once each school year. The yearly meeting shall follow within 60 days of the close of the football season. Additional meetings of the Executive Council may be called at the discretion of the CIFC President.

Item 3 – Practice Start Times

The football practice starting dates shall be established each year by the Executive Council within the limits established by ASAA.

Item 4 – Participation Rule

A player may participate in six (6) quarters of play per week, with an exception for kicking specialists. Any kicking or punting specialists may play in up to eight quarters per week, provided that in four quarters they do no more than kick or punt.

Any athletes become ineligible for a lower level of participation when they have played a total of seven quarters at the varsity level. Playing is defined as being on the field of play during a live ball. The exception is that any kicking or punting specialists may only kick or punt at the varsity level without those quarters in which they do so counting toward those seven.

A football player has four years of eligibility. Eligibility begins the first semester of the ninth grade year and ends at the end of the eighth consecutive semester.

Item 5A – Championships Team

Championship

A Conference championship team shall be designated on the basis of the win-loss conference record **based on conference play before week 9. In the case of a tie for any place in the conference, the following tiebreaker rules will be applied to decide the Conference Championship and the Runner Up teams.** The tiebreaker rules will also be applied to decide seeding for playoff games. Each time a team is eliminated from a tie using the previous steps and seeded, the process shall be continued with the remaining tied teams if more than two teams were tied for the same place and not restarted from Step 1. Eliminated means that a team has been decided as a higher seed based upon tiebreaker criteria.

Clarification: In the event of a second set of tied teams (e.g both first place tie and fourth place tie), the process begins at step one for each set of tied teams.

Step 1. If there are 2 teams in a tie, then the winner of the head-to-head matchup is awarded the higher seed. If the 2 teams tied during the regular season or didn't face each other, go to the next step. If there are 3 or more teams in a tie, then records versus teams in the tie will be compared.

Step 2. Record against other conference teams, which rank above the tie situation.

Amendments to Tie-Break Process:

Step 3. The fewest defensive points allowed in head-to-head competition(s). If in a three-way tie by Step 3, this is the combined defensive points allowed against all tied teams still left in the tiebreaker. **If a team forfeited against one of the other teams involved in the tiebreak they are immediately eliminated.**

Step 4. The fewest defensive points allowed against all conference opponents. **If a team forfeited at any point during the season in conference play they are immediately eliminated.**

Step 5. In the unlikely event of a tie existing after the tiebreaker process has been exhausted, a coin flip will make the final decision.

Item 5B – Cook Inlet Representation in State Playoffs

Week 9 of the regular season will be a "non-conference week" designated to determine which CIC teams will be sent to the state playoffs. The week shall be scheduled as follows (based on conference play before week 9):

Game A: 1st Seed hosts 8th Seed

Game B: 2nd Seed host 7th Seed

Game C: 3rd Seed hosts 6th Seed

Game D: 4th Seed hosts 5th Seed

The winners of Games A-D will advance to the state playoffs. The losers of Games A-D will be eliminated from state playoff eligibility.

The CIC will send the following teams to the State Playoffs in this order:

Winner A vs. Winner D (higher seed hosts)

Winner B vs. Winner C (higher seed hosts)

Item 6 – Varsity, JV & C Team Schedules

The conference coordinator will plan the Varsity schedule, JV, and C team schedule, which will be approved by CIFC.

Item 7 – National Federation Regulations

National Federation regulations will apply with regard to jersey colors. Game balls will be consistent with National Federation regulations. In the case of jersey colors, they will be assigned as follows: Bartlett – royal blue, gold, white; Chugiak – Columbia blue, black, white; Colony – kelly green, white, and black;

Dimond – maroon, gold, white; East – red, Columbia blue, white; Eagle River – navy blue, silver, and white; Juneau-Douglas – black, silver, and white; Service – forest green, gold, white; South – black, Vegas gold, and white; West – black, orange, white. Varsity programs should have appropriate colors for their home and away games (dark and light respectively).

One or more of the following neutral, accent, or base colors can be included: grey, silver, black or other design as part of the color scheme for jerseys.

Item 8 – Conference President and Conference Coordinator/Director

The responsibility of the Conference President and the Conference Coordinator/Director shall be assigned to the Anchorage high school in charge of coordinating football.

Item 9 – All-Conference Team and Coaches

A. CIFC All-Conference selection process

An All-Conference “lineup” will be created. This lineup is intended to mirror an actual football team, with players dispersed across all positions. Each team (based upon conference playoff seeding) will be provided with player nominations. These nominations will then be voted on by conference coaches, by a majority vote. If a player is nominated as All-Conference on offense, that nomination equals one spot. If the same player is nominated as All-Conference on defense, that will count as a second nomination.

The 1st place coach nominates his top fourteen players, regardless of their position, spread over both sides of the ball. Coaches in 2nd through 5th place nominate their players, regardless of position, with the number of nominations dependent upon team placement.

- 1st Place = 14 player nominations
- 2nd Place = 12 player nominations
- 3rd Place = 10 player nominations
- 4th Place = 10 player nominations
- 5th Place = 6 player nominations

The offense will be comprised of the following numbers of players by position:

Offensive Lineman: 5

Quarterback: 1

Running back: 2

Tight End: 1

Receiver: 3

The defense will be comprised of the following numbers of players by position:

Defensive Lineman: 4

Linebacker: 4

Defensive Back: 4

If deemed practical by a majority vote of conference head coaches at the time of the All-Conference meeting, the numbers of selections for each position can be increased or decreased by one (ie. 5 defensive linemen, 4 receivers, 2 quarterbacks, 3 linebackers, etc.)

As different teams may categorize and designate the positions of players differently, it is up to individual coaches to nominate their players in the position category they deem necessary.

If at the time of voting, a complete “lineup” is not established (holes at certain positions), all coaches may each nominate one additional player. Coaches may choose not to nominate an additional player. Coaches will vote on the addition to the lineup, with a majority vote deciding on any addition.

A 2nd Team All-Conference “lineup” will also be created, with the same numbers of selections and provisions as outlined above for 1st Team selections.

Any players nominated for 1st Team that were not voted to the 1st Team will be automatic 2nd team selections, except for additional player(s) that were nominated as a result of a hole in the 1st team lineup. The rest of the 2nd team will be voted on, with each team being provided the following number of 2nd team nominations:

- 1st Place = 7 player nominations
- 2nd Place = 6 player nominations
- 3rd Place = 5 player nominations
- 4th Place = 5 player nominations
- 5th Place = 3 player nominations

If a team has a player that was automatically selected for 2nd Team as a result of not being voted to the 1st Team, this will count against their nomination total for the second round (ie. If the 3rd place team has 2 players that were not voted to 1st team, these 2 players will automatically be second team selections, and the 3rd place team will now have 3 player nominations).

Honorable mentions will simply be allotted by each coach, regardless of position. No voting will take place for Honorable Mention selections. An Honorable mention “lineup” will not be created. Each team will have the following numbers of Honorable Mention allotments:

Honorable Mention

- 1st and 2nd = 5 players each
- 3rd and 4th = 4 players each
- 5th = 3 players

Coach of the Year

The coaches shall nominate and vote on one head coach and one assistant coach of the year award.

B. Timeline

On the Monday after the end of the regular season, 1st Team All-Conference nominations are due by email by 2:00 pm to the CIFIC Coordinator.

On the Tuesday after the regular season, during the first week of the playoffs, the All-Conference meeting will be held at 6:30 pm to vote on the 1st Team All-Conference lineup, the 2nd Team All-Conference lineup, and the 10 specialty awards. Honorable Mention selections will be designated by individual coaches and will be provided to the CIFIC Coordinator by the conclusion of the meeting.

Item 10 – Medical Personnel

A CIFC contracted medical team shall cover all C, JV, and Varsity games played. Coaches must defer to the CIFC contracted medical team, and to the parent, if present, in all decisions regarding players. CIFC teams are allowed to have their own medical personnel (paid or volunteer), and if this person is a certified MD, the coach may defer to the MD.

Item 11 – Administrator-in-charge

The playing schools' administrators-in-charge are requested to check in with the stadium manager upon arrival to the football stadium. The administrators-in-charge will help supervise spectators on their team's sideline and help keep them from interfering with coaches, players, officials, and other spectators.

Item 12 – Filming of Games

Teams may film other CIFC games they are not playing in, but will not be provided press/coach box space to use for filming.

Coaches are required to provide the previous two weeks of films by 5:00 pm Sunday.

Item 13 – Press Boxes

At Mulcahy Stadium, two press boxes will be provided at all varsity games near the 50-yard line for coaching staff and film crews. The home box can only be used by the timer, scorer, P.A., and radio announcers, and up to two (2) representatives of the teams playing. The visiting team is to use the box on the visitors' side. When the visiting team is from outside Region IV, one person may be in the home box to film the game.

At other sites, areas will be provided for representatives of both teams for the purpose of filming.

Provisions shall be made for press and radio crews. Each school must provide their own field phones.

Item 14 – P.A. Announcer

There shall be a P.A. announcer at all varsity games.

Item 15 – Certified Officials

Certified officials shall be contracted for use in all C, JV, and Varsity games played.

Item 16 – Grievance Against an Official

Procedure for grievance against an official shall be handled in the following manner: The head football coach will meet with his/her school administrator and review the incident; then the school administrator will call the CIFIC coordinator and identify the official in question and the incident (followed by a letter). The CIFIC coordinator will call the official's association to seek resolution to the problem. If satisfaction does not result from the above procedure, the CIFIC Executive Council shall settle it.

Item 17 – CIFIC Revenue

A. Gate Revenue

1. The home school will keep all gate revenue from regular season games.
 - i. Each school will be responsible for staffing their own stadium and paying their stadium workers.
 - ii. Each school will be billed directly by the officials.
 - iii. Each home school will arrange and pay for Rent-a-Can rentals.
 - iv. Medic bills and other bills pertaining to CIFIC will be sent to the coordinating school (East) for payment. Each school will be billed equally for these expenses and the end of the season. (Secondary Education will continue to pay the rental fee for AFS)

B. Concessions

1. The home school will retain the right to sell concessions at all of their home games. There will be no fee paid to CIFIC.

C. Playoff Game Money

Any CIFIC team playing in a quarterfinal game designated as the home team will receive 100% of the gate revenue. The home team will pay for staffing and officials directly. Medics will be billed to CIFIC.

D. Program Money

A percentage of all program revenues collected in Anchorage shall be shared equally among the Anchorage schools with a varsity program. The amount to be shared shall be determined by the contract awarded to the program provider (vendor) for the season. A one (1) contract to provide an official CIFIC program shall be awarded to the highest bidder based on the percentage of profits to be shared with CIFIC. Once a program vendor has been selected, no team/club may distribute any programs on their own at

AFS. CIFIC reserves the right to refuse the bid of any potential vendor at the recommendation of the CIFIC Executive council. In the absence of an official program vendor, teams/clubs may distribute their own programs at games they play in.