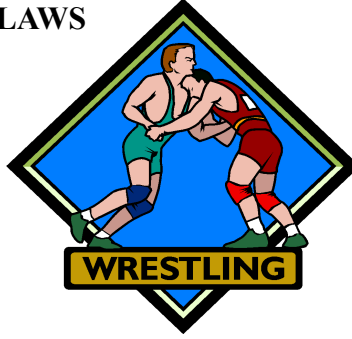


REGION III TOURNAMENT BYLAWS WRESTLING

Last Revised: November 2025

| Adopted: April 2024



ARTICLE X: BYLAWS

Section 1: Governing Rules

Wrestling competition in Region III will follow the guidelines established by the National Federation of State High Schools Association Wrestling Rule Book and all applicable rules and regulations established by ASAA and Region III.

Section 2: Classification

DI (Northern Lights Conference) teams:

- **Colony, Palmer, Wasilla, Kodiak, & Soldotna**

The top five boys per weight class will earn berths to State from the Northern Lights Conference Tournament; the top two girls per weight class will earn berths to State.

DII (Kachemak Conference) teams:

- **Cook Inlet Academy, Cordova, Grace Christian, Holy Rosary Academy, Homer, Houston, Kenai, MCCA, Nikiski, Ninilchik, Redington, and Seward.**

The top three boys per weight class will earn berths to State from the Kachemak Conference Tournament; the top girl per weight class will earn a berth to State.

Section 3: Weigh-In Limitations

No weigh-ins or matches will be allowed during the week of the conference tournaments.

Section 4: Tournament Entries

1. In the NLC, each team will be allowed to enter **three** wrestlers per weight class.
2. In the Kachemak Conference, each team will be allowed to enter three wrestlers per weight class, but only the wrestler from each team who has earned the most points for that team per weight class will be the one who scores team points.
3. All Schools are to maintain complete match records using Trackwrestling throughout the season.
4. Once the wrestler is designated as an entrant in a specific weight class, he/she cannot be moved to a different weight; however, if he/she is withdrawn, he/she may be replaced. If the withdrawn wrestler is a seeded competitor, the weight class will be reseeded. This means there will be no changing weight classes after the entry deadline.

5. Schools failing to comply with the record submission timeline or requirements for specific information will be reported to the Region III President. It will be the tournament director's responsibility to report violations.

Section 5: Board of Control

A tournament Board of Control shall be chosen for each Region III sponsored event that shall consist of three individuals who have sufficient knowledge of the sport to make educated and fair decisions when necessary. It is recommended that one Board of Control member represent the school that will host the tournament during the following year. In the event of a dispute, the tournament Board of Control's decision will be final. The B.O.C will break all ties.

Section 6: Tournament Seeding

1. The Tournament Director and the Board of Control shall use TrackWrestling to seed the top 6 participants prior to the coaches meeting. The following national criteria (adopted by the Board of Directors in 2014) will be used to seed wrestlers in this prioritized order:
 - a. Up to 6 wrestlers per weight will be seeded using the TrackWrestling system. All other wrestlers will be randomly drawn.
 - b. DI Wrestlers must have winning varsity records (51% winning percentage). DII wrestlers must have a 40% winning percentage or greater, for Girls there is no minimum percentage.
 - c. Wrestlers must have wrestled in at least 6 varsity matches.
 - d. All matches must have been entered into TrackWrestling, including dual and tournament matches.
 - e. Matches must have been designated as either Varsity or Junior Varsity
 - i. The ASAA seeding criteria will be used to determine placement
2. The pre-seeding will be revealed and explained at the coaches meeting. The Tournament Director will conduct the meeting and allow for a limited amount of discussion. In the event of a lack of consensus by coaches, the Board of Control shall have the final decision on any seeding determination. Unseeded wrestlers and byes will be drawn by the Board of Control once seeded wrestlers are determined.
3. Only one representative (coach) may participate and speak at the coaches seeding meeting.

Section 7: Weigh-in Procedures

1. If a wrestler cannot make weight during the designated weigh-in periods, the wrestler is disqualified and the match is recorded as a bye. The wrestler may not be replaced, and the weight class is not reseeded unless required to even out the byes.

2. The Tournament Director will automatically move up seeds and redraw the bracket if a seeded wrestler does not make weight, etc, or if there are uneven “byes” in the bracket.
3. If a seeded wrestler is disqualified for medical reasons, we will bump the seeds up.
4. The host school is required to have a physician with sound knowledge of skin infections and diseases present at weigh-ins who will make a final decision on any questionable skin conditions on athletes that do not have a physician’s note. Any wrestler disqualified for medical reasons may not be replaced, and the weight class will not be re-seeded. The physician on site will be considered the official physician.

Section 8: Tournament Procedures

Northern Lights

1. Tournament will utilize a 16 man bracket; wrestle back to 6th place. An 8 person bracket may be used, Individual points earned in an 8 person bracket will be the same as a 16 person bracket.
2. This will be a one-day tournament, preferably on Saturday.
3. When athletes from the same school meet, the winner automatically receives pin points (2).
4. If the second place wrestler is an automatic qualifier, a true second match will be wrestled for girls brackets if the competitors did not wrestle earlier in the tournament.

Kachemak

1. Tournament will utilize the 16-man bracket. In the event that a weight class has more than 16 entries, a 32-man bracket will be used for that weight class only. In the event that a weight class has three entries, a Round Robin bracket will be used. In the event a weight class has two entries, a best two out of three bracket may be used, this must be decided at the coaches meeting. If the second place wrestler is an automatic qualifier, A true second match will be wrestled for girls brackets if the competitors did not wrestle earlier in the tournament.
2. The top six places will be scored.
3. Rounds 5 and 6 will be held simultaneously on separate mats.

4. When athletes from the same school meet, the winner automatically receives pin points (2).
5. If the tournament host decides on a one day tournament, all member schools must be notified prior to the first day of the season. If notification is not made, the tournament will be two days.

Section 9: Tournament Awards

Tournament trophies will include plaques for the first place teams (male and female), the outstanding wrestler (male and female), and Coach of the Year as chosen by the coaches and turned in at the conclusion of the last match. Medals will be awarded to all wrestlers that have earned an automatic state berth.

A "Good Sport Team" will be chosen as follows: At the coaches meeting, each coach will select one athlete on the team who displayed good sportsmanship throughout the entire season. These athletes will be recognized at the awards ceremony with a special medal.

During the coaches meeting, a discussion should be facilitated by the host school regarding any concerns or changes needed to the bylaws. These concerns will then be presented at the next region meeting.