Franklin Community Elementary Basketball League

PLAYING RULES

ALL GAMES WILL BE PLAYED UNDER THE IHSAA RULES WITH THE FOLLOWING EXCEPTIONS:

Basketball Size:

- All basketballs will be women's size (28.5) with goals at ten feet height and free throws from 12 feet *(player may choose to shoot from 15 feet as well).*

Game Time Factors:

- Games shall be four periods of 6 minutes each.
- All overtimes will be 3 minutes. Each team will receive 1 full time out.
- Games are limited to 2 overtime periods in a regular season. There are unlimited overtime periods in tournament play.
- Every player must sit out at least one complete quarter and play at least one complete quarter. **THIS CANNOT BEDIVIDED UP BY MINUTES. IT MUST BE ONE COMPLETE QUARTER, START-TO-FINISH.**
- If one of the teams has 6 or less players then both teams need only adhere to the "play a complete quarter" rule. It is mathematically impossible to adhere to both sides of the rule above with less than 7 players.
- Each team will receive (3) full time outs and (2) 30 sec. time outs.

Defense:

- No zone defenses or half-court trapping will be allowed, teams must play man-to-man defense in the half court. This includes the basic ball side/help side man-to-man principles, which may be taught in teaching proper defensive position. Switching will be allowed. No double-teaming will be allowed unless it occurs inside the free-throw lane.
- Full-court pressing will be allowed in the last three minutes of the second half unless a team is ahead by more than 20 points, at which time the leading team must drop back and pick other team up at the ten second line. The team that is trailing may continue to press. You may use man-to-man, 2-2-1 or 1-2-1-1 pressing alignment as long as traps occur before the ball crosses the ten second line, at that time you must fall back into a man defense following above rule. Help-side Man-to-Man defensive principles should be taught and executed.

Technical Fouls & Suspensions:

- The referee may assess a technical foul against a player, coach or parent/spectator *(to be assessed against a player's team)* for any act of unsportsmanlike conduct the referee feels warrants the situation. Two (2) technical fouls in a game result in a player or coach's disqualification. Any player or coach who is disqualified from a game for poor conduct will automatically be disqualified from the next contest. Repeat violations *(or serious first time violations)* can result in disqualification from the league. If a game is called or ended by a referee, then the team that is the cause of the ending of the game will forfeit. The score will be noted as 2-0 in the scorebook favoring the other team.
- **PROFANITY AND/OR FIGHTING FROM PLAYERS, COACHES OR PARENTS WILL RESULT IN EXPULSION FROM THE LEAGUE WITH NO REFUND.**

Team Practices:

- League would prefer that every team have 1-2 practices each week. Providing gym time is available through school system.

Cheerleader Guidelines:

- Participants are not to be stacked more than hip high.
- Participants are not to use any trampolines or such devices.

Coach Guidelines:

Coaches must remain seated on the bench at all times except to:

- Confer with bench personnel and players within the confines of the bench area during a charged time out or the intermission between quarters and extra periods.
- Rise and stand in front of their seat to signal players to request a time out or to call a time out.
- Confer with personnel at the scorer's tables to request a full length time out for a correctable error.
- Request a full time out from personnel at the scorer's table in order to: prevent or rectify a timing mistake, scoring mistake, or an alternating possession mistake; to confirm playing time for players; time-outs remaining; or, fouls per player.
- Attend to an injured player when beckoned onto the court by an official.
- Replace or remove a disqualified or injured player directed to leave the game.

Bench Personnel Shall Not:

- Disrespectfully address an official.
- Object to an official's decision by rising from the bench or using gestures.
- Incite undesirable crowd reactions.

Game Responsibility:

- The home team (first team listed) will supply a clock operator for their games.
- The visiting team (second team listed) will supply a bookkeeper for their games.

Parent Representatives/Volunteers:

- Each school will be required to host a minimum of one Saturday game each session. When hosting each team should provide 2 parents to run the admission table. Admission will be $1.00 per person (K-Adult) or $3.00 per family.
- Admission will be collected until half time of second game. When hosting, each team needs to provide parent volunteers to work the gate and concessions, if needed.