

## 8<sup>th</sup> Grade Blue Team Spring-Summer 2022 Season

**Building Better Athletes since 2013** 

## What's Included:

(16) Team Practices Mon or Tues 3/21 - 5/24 then 6/27 -7/19

Up to (37) Pre-Hab Strength Sessions (Avail most M/W/TH)

Up to (32) Skills & Shooting Sessions Avail most W/TH/F except June

(11) Events (Including 2 NCAA Exposure Events)

(1) Weekend Open Gym at the Factory

Weekly Speed Training on our Wall Mounted Resistance System

Paid Coaches + Coaches Travel Expenses

## Schedule:

3/26 - 3/27	Training Camp – at The Factory
4/3	Open Gym at The Factory
4/9 - 4/10	Michigan Invitational – Brighton, MI
4/22 - 4/24	Attack the Rack- Brighton, MI
4/29 - 5/1	The May Event – Mt Pleasant, MI
5/7 - 5/8	The Cagers Invitational – Swartz Creek, MI
5/14 - 5/15	Grassroots Queen of the Rock – Toledo, OH
5/20 - 5/22	LBI May Madness (NCAA) – Brighton, MI
5/28 - 5/29	Grassroots Memorial Day Classic – Warsaw, IN
6/12	West MI Drive / MI Mystics / Factory – Flint, MI
6/30	Tune-up games vs Mystics – Clio, MI
7/5 - 7/9	USJN Premier Showcase (NCAA) – Indianapolis, IN
7/21-7/22	The Midwest Showdown – Brighton, MI

## Cost:

\$1145 per player Uniforms (if needed) \$150 for 2 Uniforms.